TRY RACE WALKING

‘It gives you a full body workout’

By Hannah Ball

Fenton, Twp — More than a dozen people came out to Linden County Park on Saturday, Oct. 10 to learn a new skill and exercise — race walking.

Kathy Gurin, a Lapeer resident, and Robin Keene, who’s from Swartz Creek conducted the race walking clinic, which was the first event in the LAF-FAPALOOZA 2020 series to celebrate the opening of the new Argentine Township non-motorized pathway.

“Race walking could still be really big. It’s a great option instead of running. It’s still competitive. It’s a technique,” Gurin said.

On Saturday, they went through the basic technique of race walking. This includes what stretches to do before racing.

The dozen participants at the race walking clinic learned what shoes to wear, how to avoid injuries, and the proper technique for race walking. Photo: Hannah Ball

See RACE WALKING on 20
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Robin Keene, a Swartz Creek resident, demonstrates the proper way to race walk. After demonstrations, the two instructors worked with people one-on-one to help them walk faster. Photo: Hannah Ball

RACE WALKING
Continued from Page 19
and after a workout, what shoes to wear, what clothes to wear and more. They also taught how not to get injured and how important it is to listen to your body.

“It gives you a full body workout,” Keene said. “You are working different muscle groups then when you run. It does your inner and outer thighs, your glutes, abdominal muscles, and you don’t have the impact that you have from running.”

She switched from running to race walking in 1991 when she was pregnant with her son, and she discovered she could walk as fast as she was jogging.

Keene got Gurin into race walking when Gurin was going through chemotherapy to treat cancer.

“She came to my house, got me off the couch and said, ‘come on, I’m going to teach you how to race walk. It’ll be good for you. That’s kind of where the whole thing started,’” Gurin said.

They’ve raced walked together for years and have done marathons together. They did the Crim this year, which was virtual, and Keene has previously won two marathons in race walking.

Both have done dozens of races. Race walkers can find competitions for 5Ks, 10Ks and more.

“Those who want to learn to walk faster, we can do that. Those who want to learn to race walk, we’ll show them how to get started with the race walking and techniques,” Keene said.

Gurin said the best piece of advice was to invest in a good pair of shoes.

“Believe it or not, you can easily put 500 miles on a pair of shoes,” Gurin said.

They recently found out about the paths around the tri-county area. Keene said pathways are “really nice” to walk on. They don’t have many in Swartz Creek, so she walks mainly in subdivisions.

They’ve trained on all kinds of roads, and some can be more dangerous than others, especially on streets with traffic.

“This is a beautiful thing for these guys to have, somewhere where kids can ride and walk and be a little bit safer,” Gurin said, mentioning the pathway in the Linden County Park.

The new Argentine Township pathway starts at Haviland Beach Drive and Lobdell Road, which is the beginning of the Phase 1 Pathway, and continues into the Linden schools campus where it heads north and then onto Silver Lake Road heading east to the city of Linden.

Other LAFFAPALOOZA 2020 events:
These free fitness-related demonstrations will be held from 11 a.m. to 12 p.m. at Blue Jay Picnic Pavilion at Linden County Park. The schedule is as follows:
• Oct. 17 - Bicycle Maintenance & More with Cycle Fit
• Oct. 24 - Yoga for Runners & Walkers with Lynn North
• Oct. 31 - Juggling with Heather with Heather Durham
Show your Appreciation

Sweetest Day is Oct. 17

By Sharon Stone

Saturday, Oct. 17 was Sweetest Day, but who’s to argue against using some of these ideas any day to show the “sweet” people in your life just how important they are.

Sweetest Day typically falls before Halloween on the third Saturday of October.

Dating back to 1922, this sweet holiday is believed to be created by a Cleveland candymaker. According to a story by News 5 Cleveland, Sweetest Day first got its start when candy employee wanted to do something for those who tended to be forgotten or overlooked. He would often bring small treats to orphanages and elderly homes and the inclusive gesture took off from there.

Ways to show you care

Spell it out with cookies

Treat your sweet person to some specialty cookies as a show of your appreciation. From custom decorated sugar cookies to a handmade family recipe, there are options for every budget.

Give a self-care package

If there’s one thing we could all use some extra of this year it’s self-care. Put together a personalized self-care package filled with anything from bath bombs and lotion to a soothing neck massager.

Win them over with wine

If inviting them over for a wine night isn’t possible, think about dropping off one of their favorites or a surprise bottle with a personalized label that expresses your love, has a pop of humor, or incorporates favorite photos.

Arrange a dinner delivery

If you aren’t able to drop off a meal, consider giving them the luxury of ordering what they want by sending a gift card or meal voucher.

Say it with a custom card

When this thoughtful gesture arrives at their doorstep, it’ll let them know you’re thinking about them.
Fenton, Linden soccer end up tied atop Metro with Goodrich again

**Tigers defeat Swartz Creek 4-2 to earn share of league championship**

*By David Troppens*

All the Fenton varsity boys soccer team could do on Monday was take care of its business.

The Tigers had to beat Swartz Creek in order to have any chance of earning a three-way-Metro League championship with Linden and Goodrich for the second straight season.

After that, the Tigers had to hope Goodrich could beat Linden to force the three-way tie.

The Tigers (10-1) took care of business. Des Coughlin scored a goal just four minutes into Fenton’s road contest at Swartz Creek and never trailed in a 4-2 victory against the Dragons.

The Martians — and Mother Nature — helped out with the rest as Goodrich won a 1-0 verdict at Linden, a game that was called at halftime due to weather. That meant for the second straight season, the three teams tied for the league crown. It also meant Fenton earned at least a share for three straight seasons and four of the last five seasons. Of course,

See LEAGUE on 25

**Eagles fall to Goodrich, creates three-way deadlock for title**

*By David Troppens*

Linden — The Linden varsity boys soccer team entered its battle with Goodrich already knowing it was going to at least share the Flint Metro League championship.

The Eagles could also leave with an outright championship.

The end result was the Eagles had to settle for a three-way tie atop the final Flint Metro League standings with Fenton and Goodrich for a second straight season.

The three-way tie happened because the Eagles lost to Goodrich by a 1-0 score, tying those two teams atop the standings. Finally, Fenton defeated Swartz Creek 4-2 to also earn a spot atop the final league standings.

Linden had two opponents it had to battle on Monday. First off, the Eagles had to beat the Martians. Secondly, once they fell behind, they had to also find a way to beat out Mother Nature. As the first half continued, it became apparent thunderstorms were going to be a part of the night’s future, making it appa-
Bronchos remain perfect in Metro, defeats Fenton

By David Troppens

Holly — In Metro League history, the Holly Bronchos have never won an outright championship in volleyball.

The Bronchos have just two championships to their name. Holly shared the title with LakeVille during the 1993-94 school year, and shared the Metro League Stripes Division crown with Flushing last season.

This season has the possibility of being the first. Holly captured another big victory in the pursuit of that goal by defeating the Fenton Tigers in three sets 25-15, 25-20, 25-11. The win keeps the Bronchos (6-0) undefeated in Metro League Stripes Division play, one game ahead of the Flushing Raiders. The Raiders are the only team that has a realistic shot at catching the Bronchos. Fenton fell to 3-3 in league play with the loss. And for the Bronchos, it’s always nice to beat the Fenton Tigers.

“It’s always a big rival so we know we have to work even harder because we want to beat them really bad,” Holly senior Paige Weeder said. “We know we have to come together and play as a team and we won.”

The Bronchos started out a little slow in the opening set, but it didn’t matter too much because the Tigers did as well.

Holly had hitting errors on the first two points of the set, but the Tigers followed that with a service error and a hitting error of their own. See BRONCHOS on 25

Tigers open D1 district action with 5-0 victory vs. Davison

By David Troppens

A year ago, the Fenton varsity boys soccer team had an incredible 2019 postseason.

The Tigers edged out the Linden Eagles in a shootout in a Division 2 district title match and eventually advanced all the way to the D2 state semifinal round before seeing their season end.

This year the dynamics have changed. The Tigers are now in Division 1 and will have to face some larger sized schools if they want to make a similar tournament run this year.

The Tigers won their opening game of their D1 tournament (being hosted by Fenton) by defeating Davison 5-0 Wednesday night at Fenton High School.

“The boys came out fired up tonight,” Fenton varsity boys soccer coach Matt Sullivan said. “They know it’s uncharted territory being in Division 1, but we can not change the way we play. We have to outwork our opponents if we want a chance to win, and that is what we did tonight.”

The Tigers took control of the contest early on, scoring just eight minutes into the contest. Calvin Curtis crossed a ball into the middle of the goal where Will Dickens capitalized on the cross, scoring the opening goal. The Tigers led 1-0 and were now in control.

Any chances of a Davison comeback came back ended when the Tigers (13-2-1) scored a fourth goal halfway through the second half. It came when Des Coughlin scored on a Dickens’ cross. See TIGERS on 25
**BOYS SOCCER**

- Fenton 2, Powers 0: Andrew Hutchins and Ben Chapple scored Fenton’s goals while Calvin Curtis and Desmond Coughlin had assists. Brandt Sanchez and Gannon Welch combined to earn the shutout in goal.
- Owosso 2, Holly 1: The game was tied at 1-1 until Owosso’s Brennen Baran scored the game-winning goal during the 79th minute of the contest. Holly (1-10) had 12 shots on goal but were unable to score the second goal.
- Brandon 2, Lake Fenton 0: The Blue Devils saw their season end in the first round of districts in the shutout. Lake Fenton also lost to the Blackhawks by the same 2-0 score the last time the squads played. Lake Fenton ended the season with a 7-7-2 overall record.
- Pontiac 3, Holly 0: The Bronchos (2-14) fell to Pontiac in the first round of the district tournament.

The following content appears to be a notice of a public hearing for the renewal of a Tax Increment Financing (TIF) and Development Plan. It includes details about the location, time, and how to participate. There is also information about the proposed plan and a opportunity for public comment.

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**VILLAGE OF HOLLY**

**PUBLIC HEARING ON THE TIF/DEVELOPMENT PLAN RENEWAL**

**NOTICE IS HEREBY GIVEN**, that a public hearing will be held on the proposed renewal of the Village of Holly Downtown Development Authority Tax Increment Financing (TIF) and Development Plan renewal. A TIF/Development plan was established in 2000. The renewal will be for twenty (20) years.

**DDA District Legal Description:**

It is hereby described as consisting of the general properties fronting or with addresses on the following Village streets: Grange Hall Road, North Holly Road, South Broad Street all to the Village limits, North Saginaw Street, South Saginaw Street, West Maple Street, East Maple Street from Saginaw Street to Railroad Tracks, North Broad Street, Front Street, Battle Alley, and the 100 blocks of First Street and Michigan Avenue.

Council will hold a public hearing to receive written and verbal comments from citizens regarding the TIF and Development Plan renewal on November 10, 2020 at 7:00 PM during the regular Council meeting which will be held electronically. Members of the public may participate electronically as described below.

Written comments may be submitted by email to the Village Clerk/Treasurer at dbigger@hollyvillage.org prior to the meeting.

Individuals needing assistance to participate are asked to contact the Village offices at least 24 hours prior to the meeting at (248) 634-9571 during regular business hours. An attempt will be made to make reasonable accommodations. 

**Deborah J. Bigger**
Clerk/Treasurer
Village of Holly

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**EAGLES**

**Continued from Page 22**

Eagles lose to Flushing, earn 1-2 record at recent quad

By David Troppens

The Linden varsity volleyball team had a busy early part of the week and did so to mixed results.

The Eagles competed at the Brown City quad on Monday, going 1-2 in three matches. On Wednesday, the Eagles lost to one of the defending Metro League Stripes Division champions, the Flushing Raiders.


In those matches, Maddy Shier had a big night at the net collecting 17 kills and nine blocks. Emma Mossing had 14 kills and four blocks while Hannah Lewandowski had 11 kills. Defensive- ly, Payton Somers led the Eagles with 18 digs. Lewandowski followed her with 11 digs.

The Eagles played a four-set match with the Raiders on Wednesday night, losing by a 15-25, 25-15, 25-17, 25-20 score. Linden (2-4 in the Metro and 4-10 overall) had several players have strong defensive nights. Drew Kinney had a team-high 17 digs while Braylin Robbins had 12 digs. Kendall Miller contributed eight digs. At the net, the Eagles presented a solid block with Robbins having six blocks and Miller five blocks.

Offensively, Miller had 18 assists with Kinney leading the way with seven kills. Robbins had six kills.

the Martians typically controlled the ball against the Eagles, which meant more scoring chances during the 40-minute contest. Early in the game, a shot by Goodrich’s Luke Kowalczyk sailed just wide three minutes into the game. Goodrich took four of the first five shots. However, Linden’s one chance during that time was a pretty good chance, needing a save off a corner kick attempt.

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Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

The letters of these crazy words are all mixed up. To play the game, put them back into the right order so that they all make real words you can find in the dictionary. Write the letters of each real word under each crazy word, but only one letter to a square.

Now you’re ready to solve today’s Jumble for Kids. Study the picture for a hint. Play around with the letters in the circles. You’ll find you can put them in order so that they make your funny answer.

Print Answer Here

Weekend Sudoku

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

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Answers in this edition of the Tri-County Times
Mr. Alton “Al” Wagner
1929 – 2020

Mr. Alton “Al” Wagner – age 91, of Fenton, passed away peacefully Saturday, October 10, 2020. He was preceded in death by his parents Edward and Lydia Wagner; sister, Marion Ingersoll; and daughter, Sherry Wagner. He will be lovingly remembered by his wife, Dona Wagner; children, Wayne (Kathryn) Wagner, Nancy (Emil Sabolish), and Matthew Wagner; grandchildren, Krystyn (Gabriel) Perez and Christopher Wagner; and great-grandchildren, Oliver and Abigail Perez. A native of Flint, Al attended Flint Central High School, graduating in 1947. He served proudly in the National Guard, achieving the rank of Sergeant First Class. Al and Dona met during their high school days, married in 1949, and celebrated their 71st anniversary in August. Following in his father’s footsteps, Al was a skilled builder and craftsman by trade. He founded Wagner Homes, and built many beautiful homes throughout the greater Flint area. He Deer camp in November was a favorite of his for 70 years. His children have fond memories of ski trips up north and family vacations, and Al and Dona traveled worldwide during their retirement years. The family would like to extend special thanks to the kind and caring staff of Vicinia Gardens of Fenton, and The Medical Team Hospice. A private funeral service will be held at Sharp Funeral Homes, Fenton Chapel. 1000 Silver Lake Road, Fenton. The family welcomes memories and messages to be shared on Al’s tribute page at www.sharpfuneralhomes.com. In lieu of flowers, contributions may be made in Al’s memory to the charity of one’s choice.
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