What will our future be like in 20 years?

By Sally Rummel

Robots roaming the aisles, retail customers scanning QR codes on mannequins with an app, families dining on insects and algae. These are just a few of the lifestyle predictions being made today about what our lives might be like just 20 years from now.

Now that we have a few moments to reflect on our past year and are making plans for 2019, let’s take a look through a crystal ball at two decades into our future.

Our homes

Just about everything in our homes will be “smarter” than we are.

“Your home will definitely be leaning toward ‘smart’ connectivity, being able to tell you the condition it’s in,” said local builder Jeff Wedding of Lakes & Land Custom Homes.

Your HVAC system, windows, blinds, lighting, appliances and See FUTURE on 11

Expect more growth in the tri-county area in 2019

Chamber Forecast Breakfast assembles leaders, business owners to predict the new year

By Sally Rummel

Fenton — The stock market may be up and down, but local leaders expect a steady upward trend this year in business growth, infrastructure projects and other signs of a strong economy.

“The economy has turned around,” said Fenton City Manager Lynn Markland. He and other leaders spoke to a packed house at the annual Chamber Forecast Breakfast on Wednesday, Jan. 9 at the Fenton Community & Cultural Center.

See FORECAST on 15

Learning takes on new heights

Trash collector critically injured in collision

Eighty-six-year old Fenton man crashes into garbage truck

By Hannah Ball

Deerfield Twp. — A 42-year-old Troy man was critically injured in a 7:33 a.m. crash involving a Chevrolet Malibu and a garbage truck Wednesday, Jan. 9 on Bennett Lake Road, near Crosby Road in Deerfield Township.

Livingston County Sheriff Michael Murphy said Friday morning that the injured man had surgery and has a long recovery ahead of him.

See COLLISION on 8

An 86-year-old Fenton man’s car struck a 42-year-old trash collector on Bennett Lake Road on Wednesday, Jan. 9. Photo: Hannah Ball

While self-driving vehicles are being developed, such as this model on display at the 2018 North American International Auto Show, they may not be widespread in the next 20 years.

Times file photo

I love the way Fenton has been transformed over the last 10 years. It’s wonderful. But maybe it’s time to slow down a bit and consider how the actual residents are gaining anything from all this other than traffic congestion. Thank you.”
New On Market

Fenton $357,900
11356 Bancroft Ct
Beautiful Elevated Vista
Is The Setting For This
Spacious Hills Of Tyroise
Ranch. Open Design,
With 3 Bedrooms, 3.5
Baths, Den, French Great
Room, HW Floors, Vaulted
Ceilings And Finished
LL. Walkout With Theater
Room. Lush Landscaping
w/7-Tier Waterfall, Deck
And Brick Paver Patio.

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Heather Guminski
Nicole Dzendzel
Lanphear Team
Jeremy Hoover
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Stacey Hinds
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Grand Blanc $149,000
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Sleepy Hollow Sub!
Two Story Unit Features
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Corner FP, 2nd Flr Laundry
And 2-Car Attached Garage.

Open Sunday 1-3 pm

Nicole Dzendzel

Grand Blanc $259,000
Darling Cape Cod Offers 4 Bedrooms,
3.5 Baths, 1,380 SF Of Living Space
w/Finished Daylight LL. Relax On Back Deck,
Enjoy View Of Pond And Nature.

Open Sunday 1-3 pm

Heather Gaminski

Linden $219,900
13105 River Rock Pass
Medically Kept Updated Ranch!
4 Bedrooms, 3 Full Baths,
Finished LL, Gorgeous Kitchen w/Rich
Cherry Cabinets.

Open Sunday 1-3 pm

Stacey Hinds

Fenton $294,000
11442 Nora Dr
Lovely 4 Bedroom Home
In Tyroise Twp.
On Large ¾ Acre Lot
With In-Ground Pool,
Pool House
And Beautifully
Mancured Grounds.
Updated Granite Kitchen
Open To Great Room,
HW Floors.
1st Floor Laundry,
Partially Finished LL.

Open Sunday 2-4 pm

Jeremy Hoover

Condo
Sleepy Hollow

Grand Blanc Twp $149,000
5397 Tall Oaks Dr
Wonderfully Maintained Ranch In Grand Blanc
Schools! Home Features 3 Bedrooms, 2 Full Baths.
Beautiful Sunroom And Over 2,100 SF w/Partially
Finished LL.

Open Sunday 1-3 pm

Trish Zito-Smith

Flint Twp $225,000
525 3rd St
Updated And Remodeled 3 Bedroom, 1 Bath Home
Sitting On A Large Corner Tier Lined Lot.
Enjoy The Backyard Patio w/Fire Pit, 2-Car Garage.
Walking Distance To Downtown Fenton.

Open Sunday 1-3 pm

Sue Yeotis

Fowlerville $227,000
8655 Manistee River
Located Minutes To I-96.
Red Cedar Offers Small
Town Feel W/Big Conveniences.
Never 3 Bedroom Home
Includes Appliances, Spacious Floor Plan,
2.5 Baths And Over 2,000 SF Of Living Space.

Open Sunday 1-3 pm

Jackie Sperre

Grand Blanc Twp $172,500
3397 Tall Oaks Dr
Wonderfully Maintained Ranch In Grand Blanc
Schools! Home Features 3 Bedrooms, 2 Full Baths.
Large Kitchen, Dining Area, Corner FP,
2nd Flr Laundry And 2-Car Attached Garage.

Open Sunday 1-3 pm

Michael Papadourakis

Fenton $231,000
1495 Ray Rd
New On Market Is This 3 Bedroom,
2 Bath Home w/Updated Kitchen w/Granite,
Cabinets, Copper Farm Sink And Island.
Partially Fin. LL W/O, 3-Car Garage
32’x24’ Pole Barn, Fenced 1 Acre Lot.

Open Sunday 1-3 pm

Jerry Rule

Fenton $219,900
11365 Bancroft Ct
Spacious Hills Of Tyrone
w/7-Tier Waterfall, Deck
Baths, Den, Firelit Great
Room. Lush Landscaping
2nd Flr Laundry And Brick Paver Patio.

Open Sunday 1-3 pm

Dennis Niec

Byron $130,000
Ranch Peacefully Situated On A Spacious
Lot. 2.2 Acre Lot. Attached 1.5 Car Garage,
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Estate-Sized Home On Quiet Cul-de-sac
Surrounded By Woods And Privacy.
5 Bedrooms, 3 Full, 2 Half
On Large ¾ Acre Lot.

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Karen Esker

New On Market

Fenton $219,900
City Of Fenton Gem! 3 Bedrooms,
2 Full Baths, Finished LL w/Addional 4th Bedroom,
Stunning Kitchen. Spacious Fenced Yard,
Shed And 2-Car Garage.

Open Sunday 1-3 pm

Steven Melchor

New On Market

Fowlerville $164,800
8655 Manistee River
Located Minutes To I-96.
Red Cedar Offers Small
Town Feel W/Big Conveniences.
Never 3 Bedroom Home
Includes Appliances, Spacious Floor Plan,
2.5 Baths And Over 2,000 SF Of Living Space.

Open Sunday 1-3 pm

Michele Papadourakis

New On Market

Flint Twp $225,000
Sitting On A Large Corner Tree Lined Lot.
Walking Distance To Downtown Fenton.

Open Sunday 1-3 pm

Steven Melchor

Berkshire Hathaway
HomeServices
Michigan Real Estate
Euphoria through body art

Tattoos are not only therapeutic for some, they provide a means to display their life story.

By Vera Hogan

The practice of marking one’s skin goes back to ancient civilizations, when tattoos served as a symbol of status, coming of age, or life achievements. Today, people get tattoos for many reasons that include self-expression, artistic freedom, rebellion, and having a permanent visual display of a personal story, to name a few.

What was once considered self-mutilation and a psychiatric problem has now become almost normal behavior. Some people mark themselves for life to remind them of past family members, ancient sayings, religious scriptures, names of their current family or love interest.

Society today craves individuality and self-expression, and many people choose to wear their artistic expression — on their skin.

We interviewed three local people who are passionate about their body art.

Chuck Berra of Fenton is one of them. “Getting a tattoo doesn’t make me feel better. In fact, I didn’t get my first one until I was 71. All of my tattoos have special meaning to me. My first one was an anchor with a guitar in the middle — for my time in the Navy and the fact that I play the guitar in our church praise band.”

Creating a home gym

Think about atmosphere and equipment, such as inexpensive resistance bands.

By Hannah Ball

Maintaining a resolution to get healthy and work out can be difficult in a crowded gym. If you wish to avoid people, sweaty machines and judgment from other people, a home gym is a great option.

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Resistance bands are a popular workout tool to have in your home gym. They help build muscle without having to haul and store bulky weights. Photo: youtube.com

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Social news is no longer published in the Tri-County Times or its affiliates due to privacy and safety practices. This includes content such as birth announcements, birthdays, school graduations, weddings or engagement announcements and wedding anniversaries. Recognition of members of our communities serving on active duty in the Armed Forces will be published at no charge.
Come Heller high water...

My whole life, it’s taken me three months each January to stop thinking it was still the old year. This year I immediately started writing 2019 on checks (yes, I still write a few of those) and saying 2019 when I’m talking about … 2019. What I can’t figure out is why, I didn’t suddenly get smarter. Clearly. So what’s going on here?

What I also notice as the old year ends and the new one begins is how many people — almost by reflex — say “good riddance, it was awful” about the old year. I find that odd. If you always think the old year stank then maybe it’s not the year but you. Not trying to be harsh. Just saying.

A possible antidote: A book that’s on my reading list, “The Rational Optimist” by Matt Ridley, makes the case that humanity, by almost any objective measure, is doing far better than ever and that hundreds of years ago we didn’t even have the idea of disease, the potential for meat substitute.

If you were to get a tattoo, what would you get?

“I want to get a heart on my hand, where Fenton would be on a mitten. It’s representa-tive of living in and growing up in Michigan.”

Sarah Lowell
Junior

“I want a compass on my forearm. When I was young, I went out fishing with my great-grandpa, and he gave me a compass, so it’s sym- bolic.”

Kevin Hall
Junior

“I would get both sides of a penny, it’s like my good luck charm. I always find them during the bad parts of my life.”

Olivia Diesch
Senior

“The first stamp on my pass port, which is Costa Rica. I really like to travel and that first place started my adventure.”

Justice Fredrick
Senior

“I would get Roman numerals of my grandparents’ birthdays because I’m really close with them.”

Bree Soule
Freshman

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Bree Soule
Freshman
A special Thank You... to the following merchants for your support to the St. John’s Fenton Outreach

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Due to your donations, we helped provide a Merry Christmas for over 100 families in our community.

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- Community Threads
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- Al Serra
- Century 21 Metro Brokers
- Gerych’s
- Harris Financial
- Mancino’s of Fenton
- Peabody Insurance
- Pipsqueak Boutique
- VG’s

We would also like to thank all the individuals and families that provided so generously to help meet the needs of our community with your time and donations. Without your help... we would not have been able to provide a wonderful Christmas to so many families!

JESUS, I trust in YOU!
The naked truth about balding

- Genetics, steroids, lack of iron can be factors for losing hair

By Tim Jagielo

For me, it started when I cut my hair short before my senior high school prom. I noticed the receding hair at my temples and buckled down for my inevitable baldness. For others it can start later or earlier.

WebMD labels “male pattern baldness” as the most common cause of baldness. Specifically this means the constricting of hair follicles, which makes the hair that does grow, thinner, shorter and eventually takes much longer to grow back.

There are quite different patterns to hair loss in men. Some start with the thinning patch at the back of the head. Others thin overall on top and some, like me, start with receding temples which in my opinion, is the kindest pattern nature can inflict.

The root cause is genetics, or as I knew it, “looking at my bald uncles, grandfather and dad with thinning hair” and seeing my future.

Hair loss is harmless, except in cases when it’s the cause of another more serious disease like anemia or thyroid problems. Chemotherapy for cancer can also cause full-body hair loss. Anabolic steroids have been known to cause hair loss and scalp infections. A lack of iron in the diet can also have an impact.

Patchy hair loss can be caused by alopecia areata, a common autoimmune skin disease, according to the Mayo Clinic.

Also according to WebMD, women are nearly as likely to lose or have thinning hair. Genetics are also the most common cause.

My father now has more hair than I do because he started using topical medication before middle age.

Other causes for hair loss according to the Mayo Clinic

- Family history (heredity)

The most common cause of hair loss is a hereditary condition called male-pattern baldness or female-pattern baldness. It usually occurs gradually with aging and in predictable patterns — a receding hairline and bald spots in men and thinning hair in women.

- Hormonal changes and medical conditions

A variety of conditions can cause permanent or temporary hair loss, including hormonal changes due to pregnancy, childbirth, menopause and thyroid problems. Medical conditions include alopecia areata (al-o-PEE-see-uh are-uh-tuh), which causes patchy hair loss, scalp infections such as ringworm and a hair-pulling disorder called trichotillomania (trik-o-til-o-MAY-nee-uh).

- Medications and supplements

Hair loss can be a side effect of certain drugs, such as those used for cancer, arthritis, depression, heart problems, gout and high blood pressure.

- Radiation therapy to the head

The hair may not grow back the same as it was before.

- A very stressful event

Many people experience a general thinning of hair several months after a physical or emotional shock. This type of hair loss is temporary.

- Certain hairstyles and treatments

Excessive hairstyling or hairstyles that pull your hair tight, such as pigtais or cornrows, can cause a type of hair loss called traction alopecia. Hot oil hair treatments and permanents can cause inflammation of hair follicles that lead to hair loss. If scarring occurs, hair loss could be permanent.
More chickens on less space up for debate

Planning Commission to seek residents’ input Jan. 15 on changing ordinance

By Tim Jagielo

Currently, class III animals, which include chickens and rabbits, are only allowed on property that is larger than 2.5 acres in Holly Township. This rule affects the entire township, except where subdivision bylaws prohibit class III animals, said Planning Commission Chairman Tony Engelberg. “This will give small property owners the chance to raise animals and it is in keeping with the rural nature that makes Holly Township a special place,” he said.

Engelberg realized in speaking to residents, that Holly Village property owners can have class III animals on smaller properties than township residents. “It made no sense to me and it became obvious we needed to look at it,” he said.

Class III animals include rabbits, waterfowl and poultry like chickens, or other animals that weigh less than 75 pounds.

Goats, horses, cows and pigs are class II, while domestic household pets less than 150 pounds are class I.

The current ordinance also specifies how many animals can live on the first 2.5 acres, and how many may live on any additional quarter-acres.

The Holly Township Planning Commission may suggest this ordinance change to the Board of Trustees to eliminate the space requirements for these animals.

Should the change be passed, he hopes for a review of the ordinance after one year, to see if the change caused problems or if it needs to be amended.

The new ordinance would contain all of the same restrictions as the previous, related to setbacks, proper care and nuisances, such as noise and odor.

Eliminating the 2.5-acre requirement and number restrictions are new.

Residents will have their chance to argue for or against eliminating that space requirement in areas that permit class III animals.

The Planning Commission will hold a public hearing on the topic of class III animals on Tuesday, Jan. 15, at 6:30 p.m. at the Holly Area Schools Board Room at the Karl Richter Community Center, 920 E. Baird St.

The soonest the ordinance change could take affect after the February township board meeting.

Gabapentin now classified as controlled substance

State officials say drug can have harmful effects when combined with other opioids

Compiled By Vera Hogan

In an effort to continue to combat the opioid epidemic in Michigan, the Department of Licensing and Regulatory Affairs (LARA), with the support of the Michigan Board of Pharmacy, has modified its Pharmacy Rules to categorize Gabapentin as a Schedule 5 controlled substance.

Gabapentin — or Neurontin — is a medication commonly used to treat nerve pain and seizures. However, the drug can have potentially harmful effects when combined with opioids. According to nbcdnws.com, Gabapentin is fast becoming the go-to drug for addicts in search of a stronger high — and it is not even an opioid. It is said to make already dangerous drugs like fentanyl or heroin even more lethal.

Michigan joins a growing number of states that have scheduled Gabapentin as a controlled substance.

Kentucky became the first state to classify Gabapentin as a controlled substance after the drug showed up in a third of the state’s fatal overdoses in 2016. Police in Ohio have reported a dramatic rise in the abuse of Gabapentin, there have already been reports of 300 milligram pills being sold on the street for as little as 75 cents apiece in the college town of Athens, Ohio.

Gabapentin’s ability to tackle multiple ailments has helped make it one of the most popular medications in the U.S. In May, it was the fifth-most prescribed pain drug in the nation, according to GoodRx.

Gabapentin is approved by the Food and Drug Administration (FDA) to treat epilepsy and pain related to nerve damage, called neuropathy. The drug acts as a sedative. It is widely considered non-addictive and touted by the federal Centers for Disease Control and Prevention (CDC) as an alternative intervention to opiates for chronic pain. Generally, doctors prescribe no more than 1,800 to 2,400 milligrams of Gabapentin per day, according to information on the Mayo Clinic’s website.

Gabapentin does not carry the same risk of lethal overdoses as opioids, but drug experts say the effects of using Gabapentin for long periods of time or in very high quantities, particularly among sensitive populations like pregnant women, are not well-known.

“Using a data-driven approach, we identified Gabapentin as an emerging threat in our state and took necessary action to protect Michigan residents,” said LARA Director Orlene Hawks. “The scheduling of Gabapentin and improved training requirements for licensees outlined in these rule changes will continue to assist our efforts to curtail the opioid epidemic in Michigan while enhancing awareness about opioid addiction.”

The rule changes also improve training standards for prescribers and dispensers of opioids and controlled substances.

Sources: nbcdnws.com; usatoday.com
2019 Source Book — 25 years of connecting readers to their communities

Watch for your 2019 Source Book with your Jan. 20 edition of the Tri-County Times

By Sally Rummel

What’s new this year in the 2019 Source Book being delivered to your doorstep Jan. 20?

“It’s the recognition of 25 years of successfully bringing businesses, organizations and local residents together through the pages of the Source Book,” said Jennifer Ward, Tri-County Times general manager.

“While 1994 doesn’t seem like that long ago, it’s a world apart from the technology that drives our communications today.”

Twenty-five years ago, there was no Google, no Netflix, and no (gasp!) smartphones. However, 1989 was the year that the very beginning of the internet. Remember AOL? That was the paid, dial-up online service that everyone used back then.

That was the environment which first sparked the interest of the Rockman family in presenting the inaugural edition of the Source Book in 1994.

What is the Source Book?

Today, the Source Book is still your one-stop reference guide for everything you need to know about living in the tri-county area.

You’ll find information about your local government leaders, all local school districts, businesses, organizations and much more. Even our 47 local lakes, plus local, county and state parks, are listed and described for your family’s recreational enjoyment.

Local businesses are listed both by category and alphabetically, to make it user-friendly whether you’re looking for a local plumber or guitar lessons.

Contributing to the success of the Source Book is its easy-to-use design and award-winning content, making it the trusted go-to resource guide.

“Providing a mobile format as well as a print copy brings our readers ‘the best of both worlds,’” Ward said. “The user has a quick reference to everything from category specific listings in the front to an alphabetical business index in the back.”

Can I use the Source Book in a mobile format?

Because the Source Book is in a digital format, it can be used whether you’re at home, at work or on the road.

For those using a laptop or desktop computer, go to myfenton.com and hover over the red EZ Read tab near the top of the home page and scroll down to either of the two Source Book links.

The “Source Book EZ Read” link allows viewers to virtually flip through every page of the book. The “Source Book Website” link allows a viewer to the very user-friendly 2019 Source Book website.

For those using their smartphones, go to myfenton.com and click on the orange navigation icon in the upper right corner. This sub menu listing allows readers to choose from several categories, including Source Book, breaking news, features, sports, business listings, Hot lines, obituaries, classifieds, garage sales, videos and much more.

Digital versions of the Source Book will include everything the print version has, including a detailed listing of area businesses.

Can I get additional copies of the Source Book?

Yes, you can! The printed version continues to be so popular that many Times readers request additional copies for their vehicles, home offices or second homes.

Additional copies are available to purchase at the Tri-County offices, 256 N. Fenton Road, Fenton, Monday through Friday, from 8:30 a.m. to 5 p.m.

COLLISION

Continued from Front Page

According to the Livingston County Sheriff’s Office (LCSO), a 25-year-old Pontiac man was operating the garbage truck and was stopped on Bennett Lake while his co-worker, the Troy man, was loading trash into the back of the garbage truck.

The Troy man and garbage truck were stuck from behind by the Chevrolet Malibu, driven by an 86-year-old Fenton man.

The man that was hit was transported by Survival Flight to Hurley Medical Center in Flint with life-threatening injuries. The two drivers were not injured.

Speed and alcohol do not appear to be factors, but seatbelt use remains under investigation.

The LCSO responded, as well as the Hartland and Deerfield fire departments, Livingston County EMS and Survival Flight.

The crash remains under investigation by the LCSO Traffic Safety Bureau.

The LCSO declined to say if the Fenton man was taken into custody or if there could be potential charges or ticket, citing the ongoing investigation.
THANK YOU

for shopping local throughout the year!

WE APPRECIATE YOUR BUSINESS!
‘Doing life’ together

Foster kids and adoptive families find hope and resources at Clara’s Hope

By Sally Rummel

Clara Kromer lived only 8 months and 8 days on this earth, but her short life has given hope to hundreds of foster and adopted children and families in Genesee and Livingston counties.

Clara’s Hope was established in 2013 after founders Dave and Tami Kromer of Tyrone Township adopted their youngest daughter, Clara, who was born with a terminal condition — hydranencephaly (see sidebar for details).

“We were chosen to be her family,” Tami said. “She taught a community what love looks like. We’re here to share that vision and give more children a chance at hope. She’s our ‘why.’”

Six years later, Clara’s Hope is a thriving, non-profit organization with Tami serving as founder and director, and Erin Deale as program coordinator/social worker. Offices are lodged within the Fenton Center of Hope at 2525 W. Shiawassee if Fenton.

In 2017, Clara’s Hope helped 102 foster and adopted children and fulfilled the lives of dozens of volunteers.

Clara’s Hope volunteer Olivia Swanson, 22, (right) took three adopted sisters to ride on a train at Genesee Valley Center about two weeks ago. Photo submitted to the Times

Her own family fostered two different sets of sisters in 2015, and sparked a passion for Swanson to volunteer with Clara’s Hope.

“I love being a part of Clara’s Hope because we literally ‘do life’ together,” Swanson said. “I’ve been there when kids come and kids go and many moments in between. I’ve learned there is beauty in brokenness and that pain and joy can co-exist. Love is worth the risk, always.”

She often steps into the middle of busy family life, offering “an extra set of hands and eyes.” She also takes kids to a variety of activities, from visits to local libraries to zoos and even the mall.

“Once you get to know the families, you feel like you’re a part of their family,” Swanson said. “We’re all working toward a common goal of helping kids through their grief and trauma, working through their pain.”

Clara’s Hope is funded by its annual auction, which provides 50 to 60 percent of its operating dollars every year. This year’s fourth annual event, “Every Child Deserves a Family,” is set for Friday, Feb. 1 at 6 p.m. at The Freedom Center, 2473 W. Shiawassee Ave., Fenton. For more information, visit Clarashope.org.

CLARA’S HOPE

Clara’s Hope was named after Clara Kromer, daughter of Tyrone Township residents Dave and Tami Kromer, who died at age 8 months and 8 days old in 2013. Clara was born with hydranencephaly — a terminal condition where the brain’s cerebral hemispheres are absent in varying degrees and filled with cerebrospinal fluid, the liquid around your brain and spinal cord. Most babies born with this condition die before their first birthday, but others may live several years.

Source: Disabled-world.com

NEWS BRIEFS

Life Line Screening coming to Linden

Residents living in and around Linden can learn about their risk for cardiovascular disease, osteoporosis, diabetes, and other chronic, serious conditions with affordable screenings by Life Line Screening. Loose Senior Center, 707 N. Bridge St. in Linden, will host this community event Wednesday, Jan. 23.

Screenings can check for:
• The level of plaque buildup in your arteries, related to risk for heart disease, stroke and overall vascular health
• HDL and LDL Cholesterol levels
• Diabetes risk
• Bone density as a risk for possible osteoporosis
• Kidney and thyroid function, and more

Screenings are affordable, convenient and accessible for wheelchairs and those with trouble walking. Free parking is also available. Consultants will work with you to create a package that is right for you based on your age and risk factors. Also ask about our Wellness Gold Membership Program. Call 1-877-237-1287 or visit lifelinescreening.com. Pre-registration is required.

Fenton Branch
15405 Silver Parkway
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Continued from Front Page

FUTURE

even entertainment will be all operated wirelessly from your smartphone or computer.

Wedding said that security and safety will be a huge focus. Families will use cameras and monitors to protect their houses when they aren’t at home. Security companies will use biometrics authentication, identifying a person’s unique biological characteristics, that will confirm a person’s identity before they can enter a homeowner’s front door.

“Most of the services in our 2039 home will also revolve around the changing transportation industry,” Weddell said. “In addition to cars, we will accommodate electric vehicles or hookups needed for other means of transportation.”

Building materials will be made out of more recyclable products. “Look for more energy efficient windows, insulation and shingles, plus widespread use of alternative energy, including wind turbines and solar panels,” Wedding said.

Watch for smart appliances that monitor the foods we eat and recommend healthy alternatives. Other kitchen appliances will automatically re-order items we run out of, like food, detergent or paper towels.

Our bedrooms may have connected mirrors that will act as virtual personal stylists, and robots will help with everyday tasks, such as picking items off the floor and preparing dinner. Robots might also provide companionship, assistance, and entertainment for children or elderly family members.

Our food

The world is expected to reach a population of 9 billion people by 2040. With that growth comes a concern about feeding all these people while preserving our environment and resources.

This is what National Geographic thinks we’ll be eating several decades from now:

- **Crickets**, in the form of cricket flour. Now available in many supermarkets and online, cricket flour can be turned into chips, protein powder, snack bars, baked goods or used as animal feed.
- **Kernza**, an ancient prairie grain also known as intermediate wheatgrass. This grain is a perennial plant that produces grain for five years, as opposed to wheat’s single year of production.
- **Plant-based meat**, using plant products like pea protein and beetroot juices. This reduces many of the industrial problems and ethical issues associated with factory farming.
- **Lab-grown meat**, today, there are 15 companies working to bring lab-grown poultry, beef and even *feta* (fattened liver of duck or goose) to the market, but it will likely be close to 30 years before it will become a grocery staple.

Our cars

All the talk today is about self-driving cars, yet many people in the automotive business believe those days are coming, but not within a 20-20-year period.

“I don’t see much changing in the next 20 years or the next 20 months,” said Jeff Canever of Vic Canever Chevrolet.

“Many manufacturers have said they think in 50 years that 95 percent of people will still be driving their own traditional cars. They won’t want to give up their freedom and independence.”

However soon autonomous cars become a reality, it’s evident that a lot of change is coming to the auto industry. Uber and Lyft ride-sharing services are changing the way people are moving from point A to point B.

Technology continues to expand a car’s capabilities — from smartwatch integration to controlling your car with hand gestures, called “3-D gesturing.”

The days of walking the dealership lot shopping for a new car are over, according to Autonews.com.

Brick-and-mortar dealerships in the future will still have value, especially those that improve their digital presence and technology for a faster transaction time, according to Autonews.com. Test driving might be done on a simulator, to avoid heavy city traffic.

Retail shopping

A blend of digital and physical shopping in a brick-and-mortar location is what global management consultants Bain & Company predicts retail shopping will look like in the future.

It won’t be about e-commerce vs. brick-and-mortar; a blend of the two will allow shoppers to shift seamlessly between both realms, with stores still playing a critical role for consumers.

There will be more use of virtual and augmented reality. For example, imagine walking around a store wearing smart glasses and digitally dressing a mannequin with clothes you see and like. If you decide to buy, your identity is verified with a scan of your eye’s iris. Then your payment is made digitally.

Ronny Medawar of Medawar Jewelers in Fenton, sees the retail aspect of his business changing, even though what jewelry itself represents stays the same.

“It’s all about marking the moments of peoples’ lives,” he said. “We’re always evolving. Retail has changed dramatically in the last 10 years, not just because of online, but also our clients’ habits and customs, the way they purchase and what they’re buying.”

He said that Medawar Jewelers is evolving with technology to create a more personal experience for the client.

“We’re turning our efforts into creating a more personal experience for the client.”

Lisa from Dixie Cleaners

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School field trips are extreme learning

They pick up where the classrooms leave off

By Tim Jagielo
Flint Twp. — The teens and pre-teens were bouncing off the walls and running around in socks, but at Planet 3 Extreme, that’s the point.

Linden Middle School (LMS) bused their seventh-grade class to the sprawling, colorful trampoline park Friday, Dec. 21, 2018 to burn off some energy before the holidays.

They zip-lined into foam block pits, played dodge ball and climbed rock walls for two hours.

An event like this is possibly the most colorful and spazzy example of a field trip, but overall these trips are meant to be enriching experiences, usually paid through fundraisers, exterior organizations, or the parents sending the child.

“At the middle school level, field trips can serve as a real world connection to what the students are learning in the classroom,” said LMS Principal Rob Pouch. “In addition to this, we also strive to develop social and emotional growth for our students.”

He believes field trips create growth in several ways — academic, as well as social and emotional, to develop the “whole child” to be college-ready.

Science teacher Elizabeth Molnar coordinated the field trip, and was able to participate as well. “We love to just have these informal moments with students where we can enjoy each other without the stress of worrying about academic content,” Molnar said.

“We also liked this field trip because we think it’s important for kids to be physical.”

Field trips in the past year include seeing movies related to books they’ve read, Genesee Career Institute, Cedar Point, the Detroit Institute of Arts (DIA) and Washington, D.C. for four days.

Holly Area Schools (HAS) Superintendent Scott Roper said field trips can also prepare students to compete in the future workforce. “The trips are often related to skilled trades and other career paths,” he said in a news release. “Some elementary school field trips focus on team-building, problem-solving and other key life skills.”

Many field trips are dedicated to Science, Technology, Engineering and Math (STEM) learning experiences.

The DIA covers trip costs for Holly students because Oakland County is part of the supporting DIA Museum arts millage. Most other trips are funded through outside agencies, such as Oakland Schools and Oakland County. Grants, fundraising efforts and parents and parent/teacher organizations can help. Students normally pay all costs related to music festivals and out-of-state trips.

“Our field trips reflect the learning that is taking place within our classrooms,” said Fenton Area Public Schools Superintendent Adam Hartley. “Field trips to local businesses to learn about our community, The Whiting to experience the fine arts or to Kettering University to see their robotics labs.”

He said Fenton’s secondary students have begun visiting local colleges and manufacturing facilities to explore post secondary opportunities.

While some trips cost money, others are free, like walks downtown or exploring the ecology of the high school pond. He said Fenton schools overall had 100 field trips during the 2017-2018 school year.

Memories of field trips can stay with students a lifetime. “Greenfield Village has always been a favorite of mine,” said Lake Fenton Community Schools Superintendent Julie Williams. “I still remember dressing up in the old-fashioned dress and bonnet and making our way through the village as if we were students of that time.”
FENTON REGIONAL CHAMBER OF COMMERCE

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of Talent and Economic Development

From the Chairman....

Today, the Chamber has over 500 members and we look to continue to grow not just in membership but services as well. Over the next year we’ll plan how to celebrate the 100th year Anniversary in 2020 and continue to strengthen our financial position. I’m still amazed at the building we own, and that we have been able to improve, maintain and offer office space for lease to members. We also offer free Board Meeting rooms to our members.

We are pleased to work with local organizations offering them discounted memberships and we’ve seen many of them grow. We’ve partnered with The Freedom Festival in an official way to help ensure the long term future of the 4th of July Fireworks. This year we will be hosting a new event, a Murder Mystery Dinner in April, proceed will support both the Fenton Chamber Building Fund and FARR a local nonprofit.

In 2019 we will maintain our partnerships with the local governments to ensure the continuation of our excellent working relationships. We looked forward to continued growth of the Grow Linden Committee who sponsors events such as: the Linden Ice Fishing Contest, Linden Ladies Night Out, and the Gus Macker Event to name a few.

Thank you for your trust and confidence.

Doug Fairbanks

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GET READY, GET SET, GO EXPO

By Sally Rummel

It’s that time of year again, so mark your calendar to attend one of the Fenton Regional Chamber’s largest and most exciting events of the year.

The 34th annual Community Expo is set for Saturday, March 2-3 at Fenton High School. Saturday hours will be 10 a.m. to 5 p.m., and Sunday hours will be 11 a.m. to 4 p.m.

Expo Chairperson Linda Hathaway has been involved with the Expo since its beginning and has chaired the event for almost three decades.

The Community Expo is expected to attract more than 5,000 visitors. It is truly a community event, drawing dozens of volunteers, from student organizations to the Chamber’s Ambassadors.

“We just opened registration to last year’s Expo exhibitors,” said Lee Mitchell, event coordinator and membership chairman. “Then we’ll open registration for new vendors and in February, to non-Chamber members at non-member rates.”

The chamber expects to meet or beat last year’s 150 booth count.

Once again, the Expo is free to the community, thanks to sponsoring event sponsors: Sharp Funeral Homes and Brant and Associates of Fenton.

The Expo has become a “reunion” for friends and neighbors to visit, while learning more about area businesses.

It’s also very family friendly, with a petting zoo, kids’ zone, entertainment, food vendors and more. New this year is the opportunity for local restaurants to provide samples to Expo attendees.

Booth Contest. “Provide the best representation of your business with classroom-style seating, TV monitors and bring them up-to-date with a plan to remodel our boardrooms,” said Shelly Day, chamber executive director. “We want to create more space and bring them up-to-date with classroom-style seating, TV monitors for presentations, etc.”

All vendors are part of the Expo’s Booth Contest. “Provide the best representation of your business through your booth, and you may win a free lunch (up to $200 value) from a member restaurant for your employees, personally delivered to your business,” Day said.

Last year’s winner was Advanced Chiropractic in Holly.

Orientation for participating businesses will be Wednesday, Feb. 13, from 8 to 9 a.m., at the Fenton Community & Cultural Center. All exhibitors who attend get one business entry in a drawing to win a free 2020 Expo booth.

For more details, visit fentonchamber.com or call (810) 629-5447.

LINDEN ICE FISHING TOURNAMENT SET FOR FEB. 10

Chili Cook-off rounds out this family friendly outdoor event

By Sally Rummel

Are you hooked on ice fishing? Get ready for the third annual Linden Ice Fishing Tournament on Sunday, Feb. 10 on Byram and Lobdoll lakes.

“Adults 15 and up and kids 14 and under can fish during the day,” said Steve James, tournament organizer. “We’ll meet back at Loose Center for weigh-in between 3 and 5 p.m.”

Fish categories are Pike, Crappie and Bluegill. Cash prizes will be awarded for each age group. All registered adults and kids are entered for door prizes and gift baskets.

As people bring their fish in, they can enjoy a Chili Cook-off with 10 participating restaurants. Refreshments will also be provided by the Linden Kiwanis Club.


Online registration will close at 4 p.m., Friday, Feb. 8. Participants can also register Sunday, Feb. 10, from 7 to 10 a.m. at Loose Center.

Networking @ Noon

Thursday, January 17, 2019
202 S Bridge St - Linden

Enjoy a lite bite to eat!

Networking@Noon
Caretel Inns of Linden
11:30 am - 1:00 pm

For direction call 810.639.5447

For our NEW Location:
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1721 S Saginaw Rd - Linden

Bring your business cards!
Local schools raise thousands of dollars and pounds of food for area families over holidays

By Tim Jagielo

Some of the unsung heroes of the recently passed holiday season are the local school districts. In the 2018 holiday season, thousands of items were collected and hundreds of families and individuals were sponsored or assisted among the local school districts. The schools do this every year.

Within districts, each school leads its own fundraising and food-gathering efforts, which not only supports its own families in need, but creates a learning experience for the students that drive these efforts. “Empathy is something that connects us as humans,” said Adam Hartley, Fenton Area Public Schools superintendent. “If students can learn what it means to help others in need and understand we all encounter challenges in life, our future will be that much brighter.”

Here is a summary of some of the efforts from local schools:

**Fenton Area Public Schools (FAPS)**

Student groups like Student Council, National Honor Society and Key Club were active in efforts in both Thanksgiving and Christmas. FAPS also was active in working with the Fenton Rotary Angel Tree project and Kiwanis Club for non-perishable food baskets.

Between Thanksgiving and Christmas, nearly 400 students were assisted through dozens of different outreach efforts at all six school buildings. They were assisted through various means, such as backpack programs, shopping sprees and special Christmas funds.

**Linden Community Schools (LFCS)**

LFCS also were busy raising funds and material aid. Each building had its own fundraisers and families they sponsored. Overall, they raised more than $5,000 in cash assistance, not including food and other gift items. “We were able to provide food baskets and gifts to more than 60 families in our district,” said Superintendent Julie Williams. “This was with the help of Fenton Kiwanis who provides some of the perishable food items for the baskets.”

The money was raised through a unique mix of contests and special dress-down days and fun competitions.

**Holly Area Schools (HAS)**

According to HAS, more than 1,000 food items were gathered and donated amongst the five schools. “At Holly Area Schools, giving back to our supportive community is part of our dedication to a culture of kindness, compassion and respect in our buildings and across the Holly community before, during and after school,” said Superintendent Scott Roper.

Each school had its own programs, many times run by student organizations, such as the Holly Middle School eighth-grade class organizing a canned food drive to help local food pantries, including the Holly High School Food and Clothing Pantry.

Holly High School Principal Peter LoFiego said this effort is all year round, and the empathy and compassion they learn “will serve them for a lifetime.”

**Linden Community Schools (LCS)**

“Our fundraising efforts are organized by our students, run by our students, and supported by our students,” said Superintendent Russ Ciesielski. “I believe it is important because it gives our students an opportunity to give back, provide resources for those in need, and create a sense of community.”

Central Elementary had its second annual Christmas Extravaganza. Students created, presented and sold items in the school cafeteria. LCS also had a cereal box drive for the Eastern Michigan Food Bank.

The district collected items for thanksgiving baskets, along with Christmas Express and Angel Tree food collection, and the high school ran a laundry detergent drive.

Linden also focused on random acts of kindness for students. The Linden Follies, Christmas Express and Angel Tree raised $5,000.

**Other charitable efforts**

Lorraine ‘Rane’ Terpening, 14, of Holly organized a donation drive ahead of Christmas for her school, Michigan Virtual Charter Academy (MVCA), an online public school. Her fundraising collected almost $500. She donated hundreds of articles of winter clothing, but also took donations for a food drive and a toy drive.

By Christmas, she’d collected and donated hundreds of stuffed animals, cans of food, craft materials, and waterproof winter gloves.
Markland told the audience that fixing local roads is a top priority. His message to Lansing: “Send us the money and we’ll figure out how to get the roads done,” he said, responding to Keynote Speaker State Sen. Ken Horn’s (R-Frankenmuth) comments about the shortage of skilled trades labor and road funding in Michigan.

“We need proper sustainable road planning,” Markland said. “We’re looking at alternatives, trying to find a solution, hoping we’ll get some help from the state.” Markland said residents can expect to see “111 LeRoy Place” (formerly known as Cornerstone Phase 2) begin construction this spring, north of Fenton United Methodist Church in downtown Fenton.

Other building projects include:
• Re-development of the old Knart building into national retailers TJ Maxx, Michaels, Five Below and two other storefronts, plus a possible out lot next to Applebee’s is underway. “They plan to open in the second quarter of the year,” Markland said.
• Andiamo (Italian restaurant) in the Horizon Building plans to open in February.
• Repaving of North Road at the intersection of Torrey Road, and a single roundabout will be built as a solution to heavy traffic at that intersection. “I think this is a good solution for people coming off the intersection,” Markland said. “It’s a way to keep traffic flowing.”
• A mallage for the non-motorized Linden-Argentine-Fenton-Lake Fenton (LAFF) Pathway will be on the May 7 ballot, said Mayor Pro Tem Pat Lockwood.

Linden Mayor Danielle Cusson said that 2018 was a big year in Linden for county and local government projects.

The Linden DDA has purchased the Walgreens property next to the Eagles’s Wooden Park behind the Fairbanks’ property. The DDA also purchased the Boone property on the north side of the river. “We plan to move the DPW Garage and take advantage of the north side of the river. “We plan to move the DPW Garage and take advantage of the north side of the river. “We plan to move the DPW Garage and take advantage of the north side of the river. “We plan to move the DPW Garage and take advantage of the north side of the river. “We plan to move the DPW Garage and take advantage of the north side of the river.

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Joe Durocher

• Full-time firefighter
• Business owner
• Sportsman

By Sally Rummel

Joe Durocher, 30, grew up in Linden and now lives in Holly Township with his wife, Loren and daughter, Grace, almost 3. He’s a full-time lieutenant at North Oakland County Fire Authority (NOCFA), serving Holly and Rose townships. He has been with the department since 2006.

What is the scariest experience you’ve had as a firefighter?

I’d be lying if I said this job didn’t have a potential to be very stressful and dangerous. Our duty is to help our citizens on their very worst days, so for us, we live in that “worst day” every day. Because of this, many first responders struggle with PTSD, anxiety and depression, resulting in staggering statistics of firefighter suicide. If any first responders are reading this and struggling, please reach out for help.

To give an answer for the scariest situation facing firefighters is essentially asking us to re-live the most traumatizing experience of our lives. If I have to answer, I’d say it’s working on our very worst days, so for us, we live dangerous. Our duty is to help our citizens in that “worst day” every day.

How can we, as citizens, help?

Please, move over a lane for emergency vehicles — it’s the law. Please yield to vehicles driving with their lights and sirens on. Please slow down and give us plenty of room to do our jobs.

We don’t want to block the roads, but keep in mind we are helping someone’s mother, father, daughter, friend, etc. Please be patient in your commute. You can learn more at Moveovermichigan.com.

What do you like to do when you’re not at work?

My favorite hobbies include hunting, fishing and traveling. I enjoy being out in the sun and on the water in the summer. I like to tinker with trucks and small engines.

If you could have another career, what would you choose?

I’d either be a mechanic or I’d work for one of my cousins who own various poured wall, construction and excavating companies in the Fenton area.

My father, Russell Durocher, owner of Durocher Concrete, is an EMT and is training to be a paramedic.

Lt. Joe Durocher, 30, of Holly Township, has worked for the North Oakland County Fire Authority since 2006. He is an EMT and is training to be a paramedic. Photo: Tim Jagielo

Forming and late uncle, Gerry Durocher, Sr., who owned Formspec, worked together in the ’70s, laying the foundation for these thriving tri-county area businesses.

You also own your own business. Tell us about that.

I own and operate Custom Edge Services since 2005, providing lawn service and snow removal to commercial and residential accounts in the tri-county. I’m devoted to serving this area in many ways.

What accomplishment in your life are you most proud of?

My family. Nothing beats coming home after a long shift to my wife and daughter.

What is the farthest trip you’ve ever taken away from home?

I’ve been to Mexico. I’d love to spend a month abroad, traveling to the UK, Italy, Germany, and many other places.

Are you a winter person or a summer person?

I love all of the seasons and am a Michigander at heart. I grew up in Linden on the lake, fishing, boating, and waterskiing in the summer. Winter was a treat with ice fishing, skating, hockey, sledding and snowmobiles. I’ve been a member of the Silver Lake Ski Club Show Team for many years.

What is something a lot of people probably don’t know about you?

I give all of the credit for everything that is good in my life to God. I would be nowhere, and I would have nothing without His love and forgiveness. That is the center of my life and the catalyst for any success that I have.

Joe Durocher
North Oakland County Fire Authority lieutenant

Back to Basics Wellness Center

NEW BUSINESS:

To get basics Wellness Center in Fenton focuses on making a positive impact in your life, inside and outside. Owner Jamie Sweet, a licensed massage therapist and doula (birthing coach), has assembled a team of professionals who provide an integrative approach to holistic healing.

Services include massage and bodyworks, life coaching, fertility massage, birth doula services, acupuncture, hypnosis, nutrition counseling, fitness instruction, mental health counseling, sports nutrition and supplementation, plus a variety of natural retail products — from essential oils to therapy balls, rice bags, salt lamps and more.

“Everything in the center is completely plant-based,” said Sweet, who has more than 20 years of experience in the field of holistic health.

The center is pleased to offer infrared sauna therapy for rapid cell generation and boosting the immune system through detoxification, especially for clients with Lyme disease. “Genesee County has the highest Lyme disease rate in the state,” Sweet said.

Back to Basics Wellness Center is at 1537 N. LeRoy St., near Walsh Chiropractic & Wellness Center in Lake Winds Plaza, Fenton. Hours are 8 a.m. to 8 p.m. by appointment. For more information, visit Backtobasicsfenton.com or call (810) 522-4540.

It’s never too late to begin your journey to better health

By Sally Rummel

Back to Basics Wellness Center in Fenton focuses on making a positive impact in your life, inside and outside. Owner Jamie Sweet, a licensed massage therapist and doula (birthing coach), has assembled a team of professionals who provide an integrative approach to holistic healing.

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“Everything in the center is completely plant-based,” said Sweet, who has more than 20 years of experience in the field of holistic health.

The center is pleased to offer infrared sauna therapy for rapid cell generation and boosting the immune system through detoxification, especially for clients with Lyme disease. “Genesee County has the highest Lyme disease rate in the state,” Sweet said.

Back to Basics Wellness Center is at 1537 N. LeRoy St., near Walsh Chiropractic & Wellness Center in Lake Winds Plaza, Fenton. Hours are 8 a.m. to 8 p.m. by appointment. For more information, visit Backtobasicsfenton.com or call (810) 522-4540.
HOME GYM
Continued from Page 3
Here are the essential elements in a home gym, recommended by fitness websites such as shape.com, bodybuilding.com, gearhungry.com and lifehacker.com.

Atmosphere
It’s important to have a well-lit space for workouts. More light keeps you more alert, which helps prevent injuries because using heavy weights alone carries a risk. Clear the space of clutter and distracting items.

Consider putting a few plants in the room, such as ferns, bamboo and spider plants that help add oxygen to the air. Place some speakers around the room and play motivational music.

Equipment
Now is the time to shop for exercise equipment with the after-Christmas sales. Consumers have many options when it comes to figuring out which workout tools to buy and use.

High-density yoga mat can be used for yoga, Pilates, stretching and more. If you’re lifting weights and want to protect your floor, lifting over a yoga mat will accomplish that.

Fitness websites recommend a mix of cardio and weight training. For cardio, treadmills are a popular option. A NordicTrack T6.5 S Treadmill costs approximately $600. You can also buy a jump rope, if you have a tall ceiling or outside space, for less than $20 if you want cardio that’s not going to break the bank. A stationary cycling bike costs approximately $200 and elliptical costs around $150, depending on the brand and features.

An adjustable bench is a good tool for a full-body workout. These benches can be adjusted to work out your core, arms, legs and more. The Universal UB300 Adjustable Bench costs about $80. Hanging punching bags cost approximately the same amount.

Aerobic step platforms, which cost around $70, help users build leg muscles and get a cardio workout. Resistance bands are another option. These are stretchy bands with handholds that you attach to a door or wall. The level of resistance depends on the bands, and some get up to 75 pounds of resistance. A set of bands cost less than $25. You can also use normal weights to achieve this, but they are generally more expensive and more difficult to store.

Conner Everhart, a 2010 Linden High School graduate, works at Genesys Athletic Club as a fitness instructor, personal trainer and fitness specialist.

“Resistance bands are a great piece of exercise equipment that is very accessible, relatively cheap, and easy to use. They can be used to accomplish a wide variety of exercises that can hit all of the different muscle groups with varying intensities, depending on the size of the band,” he said.

For core workouts, consider purchasing a medicine ball for approximately $33 for added resistance. An exercise ball, which is also used for core workouts, costs anywhere from $10 to $30. For upper body workouts, a doorframe handle bar, which costs around $25, can be used for resistance training anytime you walk through that door. They are drilled into a doorframe and contain handles for pull-ups.

Workout videos and tutorials
From Intensity to P90X to online yoga tutorials, those getting into fitness have many options when it comes to finding workout videos to follow. On YouTube, Adam Rosante makes videos for workouts between five and 20 minutes long anyone can watch, and pause at anytime for a break. He’s a fitness coach and author of the bestselling book “The 30-Second Body.”

BeFit is a YouTube channel focused on fitness, health and wellness with input from popular trainers, such as Jillian Michaels, Jane Fonda and Billy Blanks Jr. Blogilates focused on workouts that only require a yoga mat.

Bodybuilding.com offers tutorials for full-body workouts. FitnessBlender is made by a husband and wife team who cater to those who aren’t fond of working out. Some videos have titles like “Abs Workout for People who Get Bored Easily.”

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Improve credit, create realistic budget, pay off credit card debt

By Hannah Ball

This new year, 2019, can be the year to save if you set your mind to it. The following are nine financial goals from Wallethub, an online financial advisor:

1. Sign up for credit monitoring
Checking your credit score a few times a year is important for your financial health, but you can also sign up for free credit monitoring.

2. Pay bills directly after getting paid
Make the goal to pay all your bills before you spend on luxury items. Set up automatic monthly payments from a deposit account to ensure you never miss a payment.

3. Repay 20 percent of credit card debt
The average American has a credit card balance of nearly $7,000. Wallethub recommends making a plan to pay off at least 20 percent of what you owe in credit card debt over the course of 2019.

4. Use different credit cards for different purchases
It’s good practice to use a rewards card for everyday purchases and a zero percent APR card for balances you carry month to month. This will help you reduce the cost of your debt because everyday purchases won’t inflate your average daily balance.

5. Add one month’s pay to emergency fund
According to the Financial Industry Regulatory Authority, approximately 54 percent of Americans do not have an emergency fund. It’s recommended that people build a fund that amounts to about 12 to 18 months’ take-home income.

6. Improve credit score by 20 points
The average credit score is 683. The highest possible is 850, which has been obtained by less than 1.5 percent of people.

7. Think about physical health
People who exercise regularly tend to have better credit scores, according to Wallethub. People who exercise regularly and eat healthier feel better overall. People make wiser financial decisions when they feel better.

8. Make a realistic budget and hold yourself to it
Only 41 percent of adults have a budget, according to the National Foundation for Credit Counseling. A smart way to create a budget is to gather all your bills from the past few months and make a list of your recurring expenses. Rank them in order of importance, with necessities such as housing, food and healthcare at the top, and then make some cuts to the bottom of the list.

9. Look for a better job
Instead of trying to fit your budget to your current income, looking for a better-paying job could solve your money issues. You might need to move in search of new opportunities or to an area with a lower cost of living. Going back to school and learning a new profession is always an option.
**TATTOOS**

Continued from Page 3

“My second tattoo was a portrait of my dog Rusty and I,” he said. “It was taken one week after I was diagnosed with lung cancer. Every day I look at that tattoo and realize how blessed I am to be cancer free for two years now. My other tattoos indicate my love of the UP and family. I would caution people not to take getting a tattoo lightly — make it meaningful — it will be with you for the rest of your life.”

April Bland of Fenton said all of the tattoos she has represent a specific time in her life — a time she wanted to remember and share the meaning of with people.

“It is very addictive and expensive,” Bland said. “But it is worth it. When I’m sad or feeling depressed I look at any newest one, my latest dad’s thumbprint and his signature. It reminds me that I am loved and to remember all of the things I still need to do.

“I have 14 tattoos and am looking into getting more,” she said. “For me, having someone ask about the tats is a chance to share a life experience with someone. I am honored to wear all of my tattoos, but my most precious is the one of my dad. I have it there when I need comfort or I feel like I’m alone. The flowers on that tattoo are flowers my dad bought me through the years — lilies of the valley, lilacs and hydrangeas. He was a great influence and I am so glad that I have his thumbprint and signature on me.”

Angel Ryenerason of Fenton said, “Tattoos to me are a way of expressing yourself. I got my first one at 19 and instantly wanted another one. I am now 25 and I have too many to count. I enjoy getting bigger tattoos because the longer you’re getting tattooed the better it feels. Yes, of course it hurts, but after about 20 to 30 minutes your body goes numb and it’s like a high through your whole body. The pain tolerance is enjoyable and a huge stress relief.

“When I’m getting tattooed I feel amazing and strong, because I know not everyone can sit through the pain,” Ryenerason said. “I do crave this feeling after I haven’t been tattooed for awhile or if I’m stressed. It’s like my therapy. When people say they are titching for a new tattoo it’s very true. To me it’s just skin and you’re supposed to love the skin you’re in so why not express it your way. Yes, you get looks or people judging, but that doesn’t bother me at all because I know I’m happy,” Ryenerason said.

April Bland’s favorite tattoo, located on her right shoulder, features her father’s signature and thumbprint. Her dad is the late Leslie P. Bland, former Fenton Department of Public Works director for more than 40 years and former Fenton City Councilman. Photo submitted to the Times.

**SOME TATTOO STATISTICS**

Although tattoos are almost mainstream today, how much do we really know about this phenomenon that is around 6,000 years old? Here are a few statistics about tattoos:

- 17 percent of those who have tattoos regret them. The most often reason for regret is “It’s a name of another person.”
- The United States has more than 20,000 tattoo parlors. This number grows by one every day.
- Of those who have tattoos, 70 percent have more than one tattoo and 20 percent have more than five.
- 36 percent of Americans between the age of 18 and 29 have at least one tattoo.
- 72 percent of adults with tattoos have tattoos that are usually hidden by clothing.
- 21 percent of Americans had one or more tattoos. That is around 45 million people in U.S. alone.
- 30 percent of all college graduates in United States have tattoos.
- The most common place for a tattoo on a woman is ankle (27 percent) and on a man is the upper back shoulder (34 percent).
- In the United States 11 percent of those who have tattoos are 50 to 64 years old.
- Small tattoos cost around $45 while larger tattoos cost around $150 per hour of work.
- United States citizens spend $1.65 billion a year on tattoos.
- 32 percent of people with tattoos claim that they are addicted to ink.

Stateline219x321 to 718x694

**HOT LINE CONTINUED**

I’m amazed at all the electoral college pundits. ‘Gerrymandering’ destroyed what the framers intended years ago. Typical Hot-liners; kill the messenger.

Go online and Google ‘image of Nancy Pelosi’s home. The fact that she is worth $26 million is also the reason she has a 12 foot fence around her San Francisco home. You know, like the one she doesn’t want other Americans to have.

The problem with the electoral college has more to do with the Senate than anything else. Wyoming has a population of 570,000, has two senators and California, with a population of nearly 40,000,000, has two senators. Wyoming has a senate for every 280,000 people and California had a senator for every 20,000,000 people.

**THE ELECTORAL COLLEGE**

Just about every major city from New York to L.A. has a restaurant week. In Michigan — Ann Arbor, Detroit, Grand Rapids, Traverse City, Troy, Birmingham and Plymouth all have restaurant weeks. It first started out as a way to get people out of their homes during the worst weather months.

Today Restaurant Week helps highlight the variety and quality of restaurant choices in our community. Every restaurant is offering a special price or fixed price menu to encourage you to try ALL the restaurants in our town.

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By Sally Rummel

Your January calendar brings with it a fresh new start for 2019. With the Christmas tree and décor put away after the holidays, now’s the time to get your household organized.

Being organized will mean different things to different people. Maybe your goal this year is to put healthy meals on the table but your recipes are a disorganized mess. Perhaps you’re nervous about organizing your paperwork in time for taxes. Parents everywhere are overrun with new toys after Christmas and are dreaming of an organized play room.

Seriously, the whole process can seem overwhelming, so how do you get started?

Just like any other goal, you have to have the right mindset to tackle this challenge. “It’s all about making decisions and moving forward,” said Betty Huotari of Tyrone Township, a professional organizer. “You also have to forgive yourself for mistakes you’ve made in the past.”

Huotari looks at organizing as a journey, an ongoing task. “Sometimes we make the project bigger in our mind than it is,” she said. “If we just start it and take it in bite-size pieces, we can complete it.”

She suggests that you break each goal into a manageable segment and give yourself a deadline. “If you don’t have a deadline it won’t get done,” she said.

She’s also an advocate of giving yourself rewards for a task completed, and also having a friend who can be an accountability partner. “This time we’ll tackle my closet, then we’ll tackle yours,” said Huotari, citing an example.

Here are a few common organizing challenges this time of year and a few tips to manage them:

**Your electronics**

Get out all of your gadgets, plug them in, and reassess their condition and your need for them. Make sure to delete all personal information before donating or recycling them.

According to Consumer Reports, you can recycle your old electronics online through AmericanCellPhoneDrive.org, WorldComputerExchange.org, Apple’s Giveback Program, Amazon Recycling Program and Call2Recycle.org.

To donate items in person, go to Goodwill, Best Buy, Staples and The Home Depot stores that recycle batteries and cellphones.

**Is your mess causing you stress?**

**De-clutter your home in 2019**

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Some guys just know how to ‘rock’ the look

Compiled by Vera Hogan


Mark Sinclair, better known by his stage name Vin Diesel, is an American actor, producer, director and screenwriter. He is well known for his portrayals of Dominic Toretto in The Fast and the Furious film series.

There is a reason that LL Cool J stands for “Ladies Love Cool James” — his beautiful bald head. James Todd Smith is an American hip hop recording artist, record producer, actor, author, comedian and entrepreneur. He is currently one of the stars on NCIS Los Angeles.

Mr. Clean is a brand name and mascot owned by Procter & Gamble, used as an all-purpose cleaner. He is the perfect man, according to the jingle that starts: Mr. Clean will clean up dirt and grime and grease in just 1 minute! Mr. Clean will clean your whole house and everything that’s in it!

Sir Patrick Stewart is an English actor whose work has included roles on stage, television, and film in a career spanning almost six decades. He is probably best known as Capt. Picard in the Star Trek series.

Armando Christian Pérez, known by the stage name Pitbull, is an American rapper. He chose the name because he admired the tenacity of the breed and its “never-let-go bite.”

Yul Brynner (1920 to 1985) was a Russian-born film and stage actor best known for his portrayal of King Mongkut of Siam in the Rodgers and Hammerstein musical The King and I, for which he won two Tony Awards and an Academy Award for the film version. He also played Rameses in Cecil B. DeMille’s epic film, “The Ten Commandments.”

Walter Bruce Willis is an American actor, producer, and singer. He played detective David Addison on the 1980s TV hit “Moonlighting.” In 1988 he became a bona fide movie star with the start and success of the action blockbuster Die Hard movies.

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Blue Devils keep winning, defeat Yale

By David Troppens

The Lake Fenton varsity girls basketball team is quickly becoming one of the exciting stories in the tri-county area this winter. The Blue Devils improved to 6-1 with a non-league 71-43 victory against Yale on Wednesday. Both teams started strong offensively, scoring 18 points each in the first period. Lake Fenton's defense started taking over in the middle two periods, keeping Yale to just 12 points during those sessions. Meanwhile, Lake Fenton scored a combined 33 points during them, including 23 points in the third quarter, blowing the game open. Any chance Yale had of a comeback ended when Lake Fenton scored 20 points in the fourth quarter.

Lake Fenton's defense was sparked by several steals, resulting in layups. Katelyn Siebert, Aubrey Fray and Kerrigan Howeshed keyed the defense.

CONTINUED AT MYFENTON.COM

Bronchos grind out two league wins

By David Troppens

Flint — The Holly Bronchos would love to make it two straight Metro League wrestling championships this winter.

The Bronchos know it won't be easy, and know it's going to take critical victories to make that happen. On Wednesday, the Bronchos saw how tough their task might be this winter.

Holly left Kearsley with two pivotal Metro League dual wins in the first Metro duals of the season. The Bronchos defeated Flushing first 47-19, but then had to win a couple of pivotal matches to edge Kearsley in the Hornets' home gym 37-28.

Two matches that experienced serious momentum changes dictated the victory against Kearsley. Senior wrestler Calvin Curtis (140) earned his first victory of the season in a 14-5 major decision victory, putting the Bronchos up 13-9 at the time. Then with Holly leading just 21-15, senior Garrett VanGilder (160) looked in serious trouble against Kearsley's Ethan Goss. He trailed 5-0 in the first period and was about as close to getting pinned as someone can get without seeing the match end.

However, VanGilder continued to fight and eventually tied the match late in the third period. In the overtime session, VanGilder earned a quick takedown, earning the 8-6 victory. Holly led 24-15 and never trailed down the stretch.

“It’s great because I got to help out my team,” VanGilder said about his victory. “It’s nice winning individually, but getting my team the points and having us come through with the victory against Kearsley was awesome.”

“To win a league championship you have to start tonight and we were working about these two matches,” Holly varsity wrestling coach Don Pluta said.

CONTINUED AT MYFENTON.COM

Eagles still perfect in Metro League

By David Troppens

The Linden varsity boys basketball team continues to impress.

The season started with a road victory at Flint Powers. It continued with wins in the Eagles' first four Metro League contests. It continued during winter break with a 74-71 victory against the home of Magic Johnson, Lansing Everett.

It may be easy to start to lose focus after all the success for some teams thinking they can just win games by just showing up, but that's not happening with the Linden Eagles. They keep working hard.

Linden returned to Metro League play by playing strong defense in a 55-35 road victory against the Kearsley Hornets.

If there was a team the Eagles may take lightly, it could've been Kearsley, considering the squad has won just one league contest this season. But the Eagles showed why they are 7-1 overall and 5-0 in the Metro League, by retaining their defensive intensity despite some early game shooting issues.

“We did a nice job defending,” Linden varsity boys basketball coach Chris Root said. “We couldn’t find the basket in the first half. We had some good looks that wouldn’t go in. We forced a couple of things and took some shots that were a little out of character for us. But we played strong defense. We held them to 29 percent shooting and to forced 27 turnovers, so our defense was strong. We got our offense game in the third quarter so that was good.”

Linden led 13-9 after one quarter and took a 21-15 lead into halftime. If Kearsley was still thinking about a possible upset on its own home court, the Eagles dashed those thoughts by winning the third quarter 14-6, taking a 45-21 lead into the final eight minutes.

“The Eagles are 5-0 in the Metro, one game ahead of Flushing and Swartz Creek in the standings. Root said his team is focused.

CONTINUED AT MYFENTON.COM

Tigers use team work to beat Owosso Trojans, remain perfect in Metro

By David Troppens

The Fenton varsity girls basketball team has established an interesting pattern in its Metro League contests.

The pattern is one where they have a reasonably competitive single-digit margin contest, followed by an overwhelmingly strong performance resulting in a victory by at least 23 points.

On Tuesday, it was time for one of those blowout wins considering their previous game was a 48-45 victory against Holly. The Tigers defeated Owosso by 36 points in a 67-31 home victory.

The dominant win wasn’t surprising. At 6-0, the Tigers are the only undefeated team remaining in the Metro League race, while Owosso entered the contest as winners of just one league game. However, it still has to be done on the court, and the Tigers did just that.

Fenton led 17-9 after one quarter, and blew the game open at 32-14 by halftime. Any chance of an Owosso comeback ended when the Tigers scored 22 points in the third quarter. Meanwhile, Owosso had just four third-quarter points.

The Tigers are a balanced team and that trend continued on Tuesday. Korryn Smith led the Tigers with 12 points while Erin Conroy had 10 points.

CONTINUED AT MYFENTON.COM
Fenton wrestlers open Metro season with 2-0 mark

By David Troppens

The Fenton varsity wrestling team hasn’t captured a Metro League title since 1998. The Tigers are expected to be one of the contenders this season, and started the Metro League season by showing they are.

The Tigers defeated Clio 44-31 and Brandon 45-29 at Fenton High School in their first two Metro League duals of the season at Fenton High School.

Against Clio, the Tigers jumped to a 44-9 start and cruised to the win. It was a much different story against Brandon. Fenton trailed 22-0 after four matches, but then scored the next 18 team points. Brandon raised the lead to 26-18, but the Tigers won five of the final six matches to earn the victory.

Posting key wins for Fenton down the stretch against Brandon were Luke Zytowski (189), Seth Sutter (215), Jackson Cairnduff (285), Kendra Ryan (103) and Josh Pescarolo (119).

Jayden Rittenbury (145) won both of his matches, collecting his 100th career varsity victory. He’s 21-1 this season.

CONTINUED AT MYFENTON.COM

Fenton boys basketball wins nailbiter in OT

By David Troppens

The Fenton varsity boys basketball team enjoys keeping their games filled with suspense.

All six Metro League games the Tigers have played have been decided by two to five points, and two were decided in overtime.

Fugate sparks Bronchos to victory vs. Mustangs

By David Troppens

Rebecca Fugate has had quite the start to her final season with the Holly varsity girls basketball team.

The senior, who is headed to Wayne State University to play women’s basketball next school year, continued her impressive start, Tuesday. Despite the fact anyone playing the Holly Bronchos knows she is the team’s primary scoring threat, Fugate still scored a game-high 27 points in a 67-45 win against Clio.

“I think the lowest point total she’s scored in a game is 15 points this year,” Holly varsity girls basketball coach David Hall said. “But it’s how she’s getting scoring points has been an issue for the Holly varsity boys basketball team in recent contests.

The Holly Bronchos scored just 40 points.

CONTINUED AT MYFENTON.COM

Eagles cruise to two wins vs. Creek, Owosso

By David Troppens

It was a 2-0 Metro League start for the Linden varsity wrestling team, Wednesday.

The Eagles defeated Owosso 48-33 and also blew out Swartz Creek 66-15, earning the opening night sweep in league play.

“I liked the heart in some wrestlers tonight,” Linden varsity wrestling coach Kyle Summerfield said. “Some of what we teach in the room is starting to carry over.

“Today, we came up short in a few of those swing matches. At the end of the year it will be a different story. It’s all about growing and peaking at the right time of the year.”

CONTINUED AT MYFENTON.COM

Lake Fenton — It’s been a tough season for the Lake Fenton varsity boys basketball team.

It’s a team that has as many freshmen and sophomores combined on the team as seniors (three each). So growth doesn’t always happen with victories.

Tuesday may have been one of those nights. When the Blue Devils were able to hold on to the ball, Lake Fenton got good looks against the Byron Eagles.

CONTINUED AT MYFENTON.COM

Lake Fenton boys basketball struggling with its offense in overtime contest against the Fenton Tigers, resulting in a 44-40 loss Jan. 4.

Four days later, the Bronchos scored just 37 points in a 49-37 loss to Clio.

“Lake Fenton varsity wrestling team is steadily improving, and the Blue Devils have victories to prove it.

The Blue Devils defeated Hamady 54-15.

CONTINUED AT MYFENTON.COM

Griffins win tight contest vs. Swartz Creek-co-op

The Fenton/Linden Griffins are starting a new winning streak.

The co-op varsity hockey squad made it two straight wins by beating Swartz Creek/Flushing 3-1.

The Griffins scored a goal in each period while Swartz Creek/Flushing scored its lone goal in the first period.

Holly boys basketball struggling with its offense in an overtime contest against the Fenton Tigers, resulting in a 44-40 loss Jan. 4.

Four days later, the Bronchos scored just 37 points in a 49-37 loss to Clio.

“It was a good night for our boys,” Lake Fenton varsity wrestling coach Vance Corcoran said.

January 13, 2019

Online Exclusives

Blue Devils have their moments vs. Byron

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CONTINUED AT MYFENTON.COM

Fenton competitive cheer team takes fourth

The Fenton varsity competitive cheer team was close to the top of the Metro League standings after one round in the first conference jamboree at Holly High School, Wednesday.

The Tigers posted a 205.7 round one score and were only behind eventual jamboree winner Swartz Creek.

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CONTINUED AT MYFENTON.COM

Fenton competitive cheer team takes fourth

The Fenton varsity competitive cheer team was close to the top of the Metro League standings after one round in the first conference jamboree at Holly High School, Wednesday.

The Tigers posted a 205.7 round one score and were only behind eventual jamboree winner Swartz Creek.

Griffins win tight contest vs. Swartz Creek-co-op

The Fenton/Linden Griffins are starting a new winning streak.

The co-op varsity hockey squad made it two straight wins by beating Swartz Creek/Flushing 3-1.

The Griffins scored a goal in each period while Swartz Creek/Flushing scored its lone goal in the first period.

Holly boys basketball struggling with its offense in an overtime contest against the Fenton Tigers, resulting in a 44-40 loss Jan. 4.

Four days later, the Bronchos scored just 37 points in a 49-37 loss to Clio.

“It was a good night for our boys,” Lake Fenton varsity wrestling coach Vance Corcoran said.

January 13, 2019
Employment Wanted

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silage, front end loaders to load manure in trucks to
driver to manure spreaders, washing equipment; building, equipment and vehicle maintenance;
time periods of standing, bending and ability to lift
75#, must be able to
obtain driver’s license with
clean MVR within 30 days;
employees must be
required to work Sabbath;
holidays and asked but not
work nights, weekends,
long periods of standing, bending and ability to lift
75#, must be able to
obtain driver’s license with
clean MVR within 30 days;
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to run with you.

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Pointer/Aussie
blend who would love
in on your community.

Jill & Jeff
Residents of Lobdell Lake

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Ability to work long hours and varying shifts

Tuesday, January 15th
10am to NOON

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37x1025
810-433-67677.
NOTICE OF PUBLIC HEARING
UPON A ROAD IMPROVEMENT PROJECT
AND A SPECIAL ASSESSMENT DISTRICT
FOR THE PROJECT

NOTICE IS HEREBY GIVEN:
(1) The Township Board of Tyrone Township, Livingston County, Michigan, in accordance with the laws of the State of Michigan, will conduct a public hearing beginning at 7:00 p.m., local time, on January 15, 2019, at the Tyrone Township Hall, 10408 Center Road, Fenton, Michigan, to review the following proposed special assessment district:

TYRONE TOWNSHIP LAUREL SPRINGS SUBDIVISION
ROAD IMPROVEMENT PROJECT (2019)
SPECIAL ASSESSMENT DISTRICT

and to hear any objections thereto, and to the proposed project, and to the petitions filed by Township property owners with respect to the proposed project.

(2) The project (the “Project”) will consist of crushing and shaping existing asphalt in certain roadways and placing a new hot mix asphalt of approximately three and one-half inches on the roadways. The roadways on which the improvements are proposed to be made consist of the following roads in and around the Laurel Springs Subdivision: Laurel Springs Boulevard, Overlook Drive and Dentonview Drive. The Project is designed to serve the properties in the Special Assessment District (the “District”), which District consists of the properties located within the area designated on the map attached as Appendix 1 and includes the specific properties that are identified by the permanent lot and parcel numbers set forth below:

4704-11-100-025  4704-11-101-019  4704-11-101-040
4704-11-100-028  4704-11-101-020  4704-11-101-041
4704-11-100-030  4704-11-101-021  4704-11-101-042
4704-11-100-032  4704-11-101-022  4704-11-101-043
4704-11-100-033  4704-11-101-023  4704-11-101-044
4704-11-100-034  4704-11-101-024  4704-11-101-045
4704-11-100-039  4704-11-101-034  4704-11-101-046
4704-11-100-046  4704-11-101-035  4704-11-101-047
4704-11-101-017  4704-11-101-038  4704-11-101-050
4704-11-101-018  4704-11-101-039

(3) The Township plans to impose special assessments on the properties located in the Special Assessment District to pay for the costs of the Project.

(4) The plans and cost estimates for the proposed Project, the description of the District, and the petitions in support of the Project are now on file in the office of the Township Clerk for public inspection. Periodic redeterminations of the cost of the Project may be made, and subsequent hearings shall not be required if such cost redeterminations do not increase the estimated cost of the Project by more than 10%. Any person objecting to the proposed Project, the petitions supporting the Project, or the proposed District must file his or her objections in writing with the Township Clerk before the close of the January 15, 2019 public hearing or within such additional time (if any) as the Township Board may grant.

Dated: December 19, 2018
Marcella Husted
Tyrone Township Clerk
The Fenton Township Board has scheduled a public hearing to discuss local road improvement projects for 2019. Citizens are invited to provide input regarding potential projects, which may include improvements to paved or unpaved local roads. The hearing will be held during the board’s regular meeting on Monday, January 21, 2019, beginning at 7:30 p.m.
Midweek Sudoku, Crossword Puzzle and Jumbles are located in the last Midweek’s issue. All other puzzles are located throughout this edition of the Tri-County Times.

To advertise your REAL ESTATE PROPERTY
call 810-629-8282.

Puzzle Answers
Midweek Sudoku, Crossword Puzzle and Jumbles are located in the last Midweek’s issue. All other puzzles are located throughout this edition of the Tri-County Times.

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Obituaries

Thomas Lee Covert
1946-2018
Thomas Lee Covert - age 72, of Las Vegas, NV passed away on December 20, 2018. He was born in Flint on April 1, 1946 to Rolland Edward Covert and Marjorie Curtis Covert. Tom was a 20 year USAF Veteran. He served 10 years as a Navigation and Radar Technician and 10 years as an instructor in the same field. Tom was a private pilot, avid scuba diver, and hunter. Tom is survived by his wife, Fely Covert; sons, Anthony and Kristian Covert; daughters, Laura Lake and Kristine Pierce, and brothers, Charles Covert and Martin Covert. A viewing and funeral service will be held at St. George’s Anglican Church, 7676 W. Gilmore Avenue, Las Vegas, NV, 89129. Viewing will be from 11 AM - 12 PM with funeral services directly after.

Dawn “Shelly” Smith

Balinda White

Bonnie Franklin

Bertan Wilcox

Eunice Durbin

Eunice Durbin

Harvey Clark

James Erler

James Dryden

Julie Vincent

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James Erler

Donald Dean Moore

Luba Gilson

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Thomas Lee Covert
1946-2018
Thomas Lee Covert - age 72, of Las Vegas, NV passed away on December 20, 2018. He was born in Flint on April 1, 1946 to Roland Edward Covert and Marjorie Curtis Covert. He graduated from Fenton High School in 1964. Tom was a 20 year USAF Veteran. He served 10 years as a Navigation and Radar Technician and 10 years as an instructor in the same field. Tom was a private pilot, avid scuba diver, and hunter. Tom is survived by his wife, Fely Covert; sons, Anthony and Kristian Covert; daughters, Laura Lake and Kristine Pierce, and brothers, Charles Covert and Martin Covert. A viewing and funeral service will be held at St. George’s Anglican Church, 7676 W. Gilmore Avenue, Las Vegas, NV, 89129. Viewing will be from 11 AM - 12 PM with funeral services directly after.

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James Dryden

Julie Vincent

Visit obituaries online at myfenton.com
Lyme disease afflicts pets, too

Many people are familiar with Lyme borreliosis, a bacterial illness that is transmitted by a particular species of tick. Commonly referred to as Lyme disease, the illness can also infect household pets.

Lyme disease is caused by spiral-shaped bacteria called Borrelia burgdorferi, which is transmitted through a tick’s secretions when it latches onto the skin of an unsuspecting host to feed. According to the American Veterinary Medical Foundation, pets infected with Lyme disease may not show signs for two to five months. Veterinarians can use a simple blood test to check for the presence of Lyme disease, but the animal may not have enough antibodies early on to show a positive test result. If Lyme is present, antibiotic treatment is common, states the AKC. Lyme disease cannot be transmitted from dog or cat to human. But because people and their pets often spend time in the same environments where Lyme and other disease-transmitting ticks are found, the AVMA and the American Academy of Pediatrics are working together to offer advice to households with both children and pets. Routinely checking animals and family members for ticks is highly recommended.

Preventing contraction is essential. Use of tick-repellent products can keep ticks from targeting pets. Avoiding high grasses and ensuring dogs remain on trails instead of dashing through woodlands can prevent contraction as well. If a tick is found on an animal, remove it promptly. Researchers have learned that infected ticks must feed for about 24 hours to transmit the bacteria to an animal. While there is a Lyme disease vaccine approved for use in dogs, many in the veterinary profession recommend only vaccinating dogs that live in endemic areas.

Veterinarians can use a simple blood test to check for the presence of Lyme disease, but the animal may not have enough antibodies early on to show a positive test result. If Lyme is present, antibiotic treatment is common, states the AKC. Lyme disease cannot be transmitted from dog or cat to human. But because people and their pets often spend time in the same environments where Lyme and other disease-transmitting ticks are found, the AVMA and the American Academy of Pediatrics are working together to offer advice to households with both children and pets. Routinely checking animals and family members for ticks is highly recommended.

According to the Washington State University College of Veterinary Medicine, the most common sign of Lyme disease in pets is arthritis, which can cause sudden lameness and pain and swelling in one or more joints. Other indicators can be fever, dehydration, inactivity, and swollen lymph nodes. However, the American Veterinary Medical Foundation says pets infected with Lyme disease may not show any signs for two to five months.

Avocados, chicken, scallions and cilantro in a light broth with a touch of lime.

If you are an avocado lover, you’ll love this soup. To make it spicy, add jalapeno or serrano peppers.

If you prefer dark meat, boneless skinless chicken thighs work great here too.

If you don’t have shredded chicken, you can cook 2 chicken breasts in the broth until tender, about 15-20 minutes, then shred with a fork (don’t overcook).

If you have appeared in many notable films; two about baseball. I won two Academy Awards for work on a film about Native Americans.

Answers in this edition of the Tri-County Times

**Top Streaming MOVIES**

**FIRST MAN**
On the heels of their six-time Academy Award (R)-winning smash, La La Land, Oscar (R)-winning director Damien Chazelle and star Ryan Gosling return for Universal Pictures’ First Man, the riveting story of NASA’s mission to land a man on the moon, focusing on Neil Armstrong and the years 1961-1969. A visceral, first-person account, based on the book by James R. Hansen, the movie will explore the sacrifices and the cost on Armstrong and on the nation of one of the most dangerous missions in history.
PQ-13, 2 hr. 18 min. Drama

**THE RIDER**
Based on his true story, The Rider stars break out Brady Jandreau as a once rising star of the rodeo circuit, warned that his competition days are over after a tragic riding accident. Back home, Brady finds himself wondering what he has to live for when he can no longer do what gives him a sense of purpose: to ride and compete. In an attempt to regain control of his fate, Brady undertakes a search for new identity and tries to redefine his idea of what it means to be a man in the heartland of America.
R, 1 hr. 44 min. Drama

**GUESS WHO?**

I am an actress and singer born in Washington on January 15, 1996. I started acting in local community productions at age 6. I have appeared in many notable films; two about baseball. I won two Academy Awards for work on a film about Native Americans.

Answers in this edition of the Tri-County Times

**Word Search**

Find the words hidden vertically, horizontally and diagonally throughout the puzzle.

**COLD WEATHER**

ACCUMULATION, AGGREGATE, ARCTIC, ATMOSPHERE, BAROMETER, BITTER, BLACK ICE, BLIZZARD, BLOWING, BRISK, CLOUDS, CONDENSATION, CONVERGENCE, DEPRESSION, DRIFTS, DRIZZLE, FLURRY, FOG, FORECAST, FREEZING, GRANULE, GUSTS, HAIL, ICE CRYSTALS, ICY, MELT, PELLETS, PRECIPITATION, SLEET, SLUSHY, SNOW, STICK, TEMPERATURE, VISIBILITY

Answers in this edition of the Tri-County Times
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- **$109/MO | $228 DOWN**
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    - STK# 119358

- **$47/MO | $173 DOWN**
  - **2019 TRAX LS**
    - STK# 1178950

- **$195/MO | $283 DOWN**
  - **2019 SILVERADO LT**
    - STK# 1128064

- **$159/MO | $269 DOWN**
  - **2019 MALIBU LT**
    - STK# 611416

- **$198/MO | $308 DOWN**
  - **2019 TRAVERSE LS**
    - STK# 1121444

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Up to **$5,000**

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Wednesday: 8am - 2pm
Thursday: 8am - 2pm
Friday: 8am - 2pm
Saturday: 10am - 4pm
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Tues, Wed: 8:30am - 6pm
Sat: 10am - 6pm
Closed Sun