## How prescription drugs are creating a lethal drug epidemic

The first in a three-part series about the growing, and deadly, drug abuse crisis raging across America

#### By Vera Hogan

vhogan@tctimes.com; 810-433-6823 If you are among the countless people who believe that taking opioid pills will put you on the stairway to heaven of the ultimate new high, or a pain-free existence — beware. Doing so can land you on the highway to hell that is heroin abuse or worse, fentanyl addiction.

It is no secret that there is an opioid epidemic in this country. Even the President of the United States acknowledges this fact.

According to a report in the Washington Post, how people came to use heroin has also greatly changed. In the 1960s, more than 80 percent said See DRUGS on 19A



PHOTO: UNCOOKING101.COM The above photo compares a lethal dose of heroin, on the left, to a lethal dose of fentanyl, on the right. (Right) The use of opioids can lead to heroin abuse and, in many cases, a deadly fentanyl addiction.



<sup>\$</sup>1.00 Weekend \* SUNDAY EDITION The area's most TRUSTED preplanning experts for over 30 years. sharpfuneralhomes.com 810-629-9321 VOL. 25 NO. IV SATURDAY, JANUARY 27, 2018 2016 NEWSPAPER OF THE YEAR

## Well hot diggity dog...it's the Wienermobile

Auto insurance costs going up again

■Blame backup cameras, sensors, airbags and other high-tech gadgets

#### **By Hannah Ball**

hball@tctimes.com; 810-433-6792 If you have a backup camera, backup sensors, or other up-to-date technology addons on your vehicle, your vehicle insurance rates will likely rise in the next few years.

Dave Walker, president of Hartland Insurance Agency, Inc., said, "Fifteen years ago See INSURANCE on 18A



PHOTO: ECHOMASTER

Backup cameras allow drivers to be safer and more aware of their surroundings, however, they are expensive to replace if damaged.



#### **66** This is just a reminder that there is no camping,

fishing or swimming in the potholes on State Road. I do think bungee jumping is still allowed.<sup>3</sup>

breezy, a wonderful January day. How about some different words instead of 'schools are a two-hour delay, or buses on main roads only. Enough is enough.'

In Holly, Michael Beattie, Rose Pioneer Elementary principal and reproductive health coordinator for the district, said at the elementary level students learn about puberty changes in separate groups of girls and boys.

"Just because it's a little awkward to learn those things at that age for them," Beattie said. They're taught by teachers they're familiar with.

In seventh grade, Holly students take a short course on HIV/AIDs prevention. See SEX EDUCATION on 20A

> **Why do police** and officials use the term 'accidental overdose?' No



misrepresentation that doesn't tell the real truth to others who may be considering trying heroin or other drugs."

one ever purposely

enough without

overdoses. It is tragic

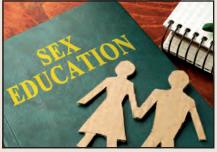


PHOTO: ISTOCKPHOTO.COM/DESIGNER491 Students learn about sexual health at the elementary, middle and high school levels



**L**Here is some advice to all Hot line readers: The best years of your life are the ones in which you decide your problems are your own. You do not blame them on your mother, the ecology, or the president. You realize that you control your own destiny. Amen."



## What schools are teaching our kids about sex

State law requires students to focus on abstinence and learn about consequences

**By Hannah Ball** hball@tctimes.com; 810-433-6792

Teaching young students about their bodies and about sexual health education begins at the elementary level.

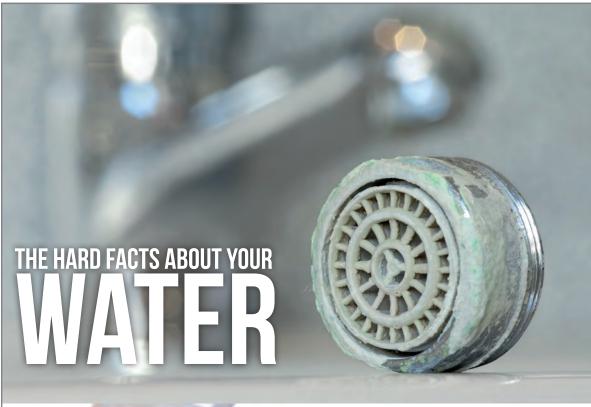
Schools follow the Michigan Model for Health Curricula, which requires that each district have a health council.

**G** Mid 40s, sunny and

closed.' How about

**WEEKEND TIMES** 







#### **By Sally Rummel**

news@tctimes.com; 810-629-8282 Are your water glasses spotty and is your laundry looking gray and faded? Do you have mineral buildup on your fixtures, faucets

or sinks? If the answer to any of these questions is yes, then you likely have a need for a water treatment system in your home. Even more importantly, your water may harbor contaminants that could endanger your fam-

ily's health and should be tested. "Arsenic and lead are tasteless

and odorless and prevalent in

Many options available for improving the quality of the water that we wash with, cook with and consume on a daily basis

#### SUMMARY

Every homeowner should have their water tested periodically for hardness and different contaminants, and then choose a water treatment option to fit their needs.

oldest and largest water treatment companies. "You should have your water tested periodically. You can either bring a water sample to our office or we will come out to your home."

Genesee County,"

said Greg Cornell,

general manager

of the Flint office

of Culligan Water,

one of the nation's

Even though the U.S. Environmental Protection Agency (EPA) regulates and sets standards for public drinking water, homeowners often use a home water

treatment system to improve water quality. These systems can reduce the hardness of the water, eliminate certain contami-

nants like arsenic or lead, or get rid of strong odors.

"The biggest thing right now is arsenic issues," said Scott Breckenridge of Beauchamp Water Treatment & Supply, on Old U.S. 23 in Brighton. "It's a naturally occurring contaminant and cancer-causing but See WATER on 18A

# While you were **Sleeping**

#### ■Sleep eating, talking and walking are fairly common occurrences in children and adults

#### By Vera Hogan

vhogan@tctimes.com; 810-433-6823 Have you ever walked into the kitchen first thing in the morning and found the refrigerator door wide open, and on the floor in front of it, the remnants of the previous night's meal and some of the packaging strewn about?

If so, you may have a **sleep** eater in your house.

According to the American Sleep Association, sleep eating is a parasomnia event in which the person awakens during sleeping hours, sometimes multiple times during one sleeping period, and eats or

drinks, often excessively.

The person does this almost entirely unconsciously, and may not remember they did it. Once their eating episodes are completed, they will often return to bed.

Sleep eaters can be extremely difficult to wake up and trying to do so may result in them getting angry or irritable.

Sleep eating can be potentially dangerous, as subjects may injure themselves while trying to prepare a hot dish using appliances or may accidentally cut themselves while hurriedly chopping ingredients.

Another serious problem that can result from sleep eating is ingestion of bizarre or dangerous combinations of food. This can include eating or drinking nonfood items such as cigarettes, coffee beans or cleaning liquids.

See SLEEPING on 11A



PHOTO: WWW.DEKALBMEDICAL.ORG Sleep eaters can be extremely difficult to wake up and trying to do so may result in them getting angry or irritable.



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published in the Tri-County Times or its affiliates due to privacy and safety practices. This includes content such as birth announcements, birthdays, school graduations, wedding or engagement announcements and wedding anniversaries. Recognition of members of our communities serving on active duty in the Armed WEEKEND TIMES

### **Andrew Heller**

#### andrewheller@tctimes.com

This is me being "I have eyes" Andy.

• I'm looking forward to the Winter

Olympics, which is unprecedented.

column about them every year since

time began. Figure skating is silly.

Hockey is dull. Curling is absurd.

And bobsledding is just gravity in

year. Maybe that says something

action. And yet I want to watch this

about the general state of TV these

days. Or maybe ... good God, could

**44**The

comeback

he takes

credit for

of the

is because

nationwide

recovery, and

economic

**Michigan** 

states. 77

still lags far

behind most

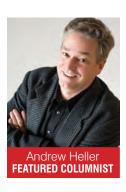
I've written at least one insulting

We used to be a lot, lot better.

## **Come** *Heller* high water...

• MSU's Larry Nassar was sentenced to 40 to 175 years in prison for abusing all of those young gymnasts. And yet even 175 years doesn't seem like enough.

• Nassar read an apology in court but it was one of those back-handed ones: "There are no words that can describe the depth and breadth of how sorry I am for what has occurred." Notice the use of "for what has occurred" instead of "what I did to you." That's someone who



doesn't think he did anything wrong. Enjoy prison, dude. I hear they love child molesters. • As I write this, some sources had MSU president Lou Anna Simon resigning. Good. This

was handled badly. I have no idea if she or anybody else at the school knew and didn't tell, but if so the school is going to be in a world of hurt from all the lawsuits.

• I'm a Tom Izzo fan, but he didn't walk back nearly hard enough from his ridiculous and insulting comment that he hopes "the right person was convicted." That's about as tone deaf as you can get. Maybe Tom has some insight the court system doesn't. • Gov. Snyder's take on the state of the state: "We're accelerating this comeback into the future." My take on the state of the state: Snyder doesn't know what he's talking about. The comeback he takes credit for is because of the nationwide economic recovery, and Michigan still lags far behind most states. Flint is still drinking bottled water three years later. Our roads are still a wreck. Our schools are underfunded, as he himself has said. Michigan used to be a leading progressive state. He gets a D- grade from me. This is not me being Democrat Andy.

it be me? Has my life gotten this dull? I'll let you know after I watch. • Maybe "The **Bachelor**" should be an Olympic sport. That'd liven things up.

• I saw "The Post." It made me homesick for newspapers. Print, I figure, is due for a revival. Society needs papers more than ever. Paper papers, I mean. The

problem with today is there are so many news dropouts — people who don't consume news, consume only partisan news, or get their news from Russian-generated memes.

• I'm going to recommend to you a cartoon that my college daughter recommended to me. It's called "The Awkward Yeti," but it's really about your internal organs having conversations. Look it up online. Even better: It's by a guy named Nick Seluk, who went to Northville High and Central Michigan University, my alma mater. Funny stuff.

• "All progress takes place outside the comfort zone." - Michael John Bobak

Opinions offered in Come Heller High Water are the author's alone and do not necessarily reflect the opinion of the Tri-County Times or its staff. Emai the Andrew at andrewheller@tctimes.com.

do not necessarily reflect the views of the Tri-Co reserve the right to edit for clarity, length and liabil

HEY SCHOOL DISTRICTS, grow a set and quit treating our students as woosies. There was no reason to cancel school this week. You are contributing to making our children weak. My boss didn't believe me when I called in to say I wouldn't be to work because school was closed.

GUILTY UNTIL PROVEN innocent? Democrats will use the 'Me Too' movement to destroy Republican Congressional candidates. Democrats will have several women falsely accuse a candidate of sexual misconduct and the Democrat-friendly media will destroy the candidate without actual facts.

SENATOR DEBBIE STABENOW voted to shut the government down. She's more concerned about illegal immigrants than Americans. They broke the law to come here. Wasn't she elected to represent the citizens and not the criminals?

THE CRITERIA FOR cost of living Social Security increase were set by Nixon, not Obama. You can thank him because you haven't gotten any.

I WENT ON a capital tour in Lansing from the Lake Fenton band raffle, I went there with my wife, had a wonderful talk with Joe Graves. Did you know he also won legislator of the year? Very knowledgable man. I was very impressed. He bought us dinner.

See **HOT LINE** throughout Times

## Readers

Letters, 150 words or less, must be signed and include a phone number. We reserve the right to edit for clarity and liability. Submissions regarding political issues, if approved for publication, will not run in the two issues prior to elections. Letters must be written exclusively for the Times.

#### **School Board Recognition Month** Dear Editor,

January is School Board Recognition Month — a time to salute the work of our school board members and to celebrate public education. This special recognition of school board members reflects our combined commitment to leadership and accountability assuring that all children succeed. It is an exciting and challenging time in public education. School board members in Byron Area Schools develop policies and make tough decisions that help shape the future of our education system. They are citizens whose decisions affect our children, create the future, and continue to build our Byron community. Thank you to Jim Anibal, Stella Glass, Will Honke, Amy Lawrence, Mike McGuire, Eric Sneed, and Jeff Vandemark who dedicate countless personal hours to ensure the needs of our community are met. We applaud them for their vision and voice to prepare today's students to be tomorrow's leaders.

Tricia Murphy-Alderman Byron Area Schools superintendent



Compiled by Gracie Warda, intern

#### What is your most memorable flying experience?



"In my husband's airplane. He got rid of it, but he had a Cessna 150."

> **Barbara Vivian** Byron



"The first time I flew I thought that I would really enjoy it, but I was terrified."

Clarke Hagen Fenton Township



"My first flight when I got to go into the cockpit and get my first set of flying wings."

Kali Gwaltney Fenton Township



"When I went on the Viking River Cruise in Italy and I got free drinks."

**Barbara Mitchell** Grand Haven

## street talk



"I was a private pilot. I learned to fly over the whiskey warehouses in Kentucky."

John Locke Fenton Township



These photos were taken between 5:30 and 8 p.m. on Sunday, Dec. 3. 2017, as part of coordinated plan to capture the moon near the Mackinac Bridge.

## **THE NIGHTTIME SKY \*** THROUGH THE LENS OF A TELESCOPE

### Rare lunar events you don't want to miss

#### By Sally Rummel

news@tctimes.com; 810-629-8282

Did you or your kids get a telescope for Christmas or have you got one sitting in your office or basement that you don't know what to do with?

With all the excitement about the supermoon-total lunar eclipse-blue moon event coming to the sky this

Wednesday, Jan. 31, there's more interest than ever in astronomical events, especially a rare one like this that brings the mysteries of space right into our own backyard.

This is one time you might really enjoy using a small telescope or binoculars, although this full moon event may not show the spectacular shadowy details of the moon as clearly as when it's in a different phase than full.

"The moon is the

The moon is the best thing to look at through a telescope... But the worst time to look at the moon through a telescope is a full moon. The sun is shining straight down and you can't see any shadows. **77 Richard Walker** 

Telescope workshop presenter at Longway Planetarium

best thing to look at through a telescope," said Richard Walker, former Longway Planetarium manager in Flint. "It's big, bright and easy to find the details, especially at the moon's shadowy edges. But the worst time to look at the moon through a telescope is a full moon. The sun is shining straight down and you can't see any shadows."



TRI-COUNTY TIMES | TIM JAGIELO

Richard Walker of Goodrich is the former manager of the Sloan/Longway Planetarium. He said you don't need an expensive telescope to look at planets, or events such as the supermoon.

This is just one of the things that you can learn from Walker during a telescope workshop, set for this Saturday, Jan. 27 at Longway Planetarium in Flint, to help people who may have gotten telescopes as Christmas gifts. "If there's enough interest, I'll do another in February or March," he said.

Walker, 64, admits he's an avid amateur astronomer as well as a collector and builder of telescopes. "I got my first telescope at age 7," he said. "I've owned around 25 and have built several myself."

He admits that telescopes can be a little intimidating, especially for a beginner.

Walker tells workshop participants to bring all the pieces and parts along with their telescope, and then shares with them, "here's what you can throw away. If you don't set them up correctly, it's nearly impossible See TELESCOPE on 17A

#### WATCH THE 'LUNAR TRIFECTA' ON WEDNESDAY, JAN. 31

The Jan. 31 full moon is special for three reasons: it's the third in a series of "supermoons," when the Moon is closer to Earth in its orbit — known as perigee — and about 14 percent brighter than usual. It's also the second full moon of the month, commonly known as a "blue moon." The super blue moon will pass through Earth's shadow to give viewers in the right location a total lunar eclipse. While the Moon is in the Earth's shadow, it will take on a reddish tint, known as a "blood moon."

This hasn't happened for 150 years, so it's literally "once in a blue moon."

Your best place to view this lunar event is at a high point or unobstructed area that offers a free sight to the west-northwest sky, according to timeanddate.com.

These lunar events will be visible in the tricounty area with this schedule:

**5:51 a.m.** Penumbral eclipse begins 7:51 a.m. Total eclipse begins 8:29 a.m.

Maximum eclipse

6:48 a.m.

Partial eclipse begins, the moon is getting red

7:46 a.m. Maximal eclipse is visible, when the moon is close under the horizon

**7:49 a.m.** Moon sets, below the horizon 9:07 a.m. Total eclipse ends 10:11 a.m.

Partial eclipse ends

**11:08 a.m.** Penumbral eclipse ends

Source: www.timeanddate.com/ eclipse/lunar/2018-january-31



## Driver freed by 'Jaws of Life'



TRI-COUNTY TIMES | TIM JAGIELO

A driver was injured in a rollover crash on Torrey Road at Julie Ann Court in Fenton Township on Thursday, Jan. 25. The Fenton Township Fire Department, Genesee County Sheriff's Office and STAT EMS responded to the scene at approximately 12:42 p.m. A black Chevrolet Silverado struck a tree and rolled over, trapping the driver inside. The fire department used the "Jaws of Life" to remove the roof of the truck, freeing the driver. She was transported to an area hospital with unknown injuries.

## Woman who escaped and killed her sex trafficker to speak locally

Joyce Prior-

Haskett

Fundraiser aims to obtain building in Flint to aid victims of human trafficking

#### By Vera Hogan

vhogan@tctimes.com; 810-433-6823 Beauty for Ashes Isaiah 61 is a local, faith-based mission hoping to raise awareness and empower the survivors of human trafficking.

Their goal is to raise awareness, and educate and equip people with the skills to help bring an end to human trafficking.

Led by Dana Oliver, chair-

man and founder of the group, and Barbara Jersey, treasurer, the group held a fundraiser Thursday, Jan. 25 at the Central Church of the Nazarene in Flint. Although tickets for this Winter Wonderland dinner were sold out, people may still make a donation through their website at www.beautyforashes.mi.us.

It is the fundraising goal of Beauty



for Ashes to secure a building in Flint to serve as a day drop-in center, where victims of human trafficking can come to be safe, begin the recovery process and start a new life.

> It's also possible that someone may wish to donate a building for this cause.

#### SURVIVOR WILL SHARE HER STORY AT FUNDRAISER

Human trafficking survivor Joyce Prior-Haskett was the keynote speaker for Thursday night's fundraising event. She is currently a clinical social worker and therapist

in Warren.

Prior-Haskett's childhood was robbed from her before she was 8 years old. The now-mother of two was sold to countless men for sex on a daily basis.

"I was forced to allow other people to do things to me that would be unimaginable," Prior-Haskett told NBC 25 in a 2015 interview.

Torn between survival or being beaten to death, only courage and one way to escape saved her. She shot and killed her trafficker.

"I had been found guilty of murder in the first degree and sentenced to spend the rest of my natural life in prison," she said.

She served her time in Michigan, one of the top five states for human trafficking. "After 17 years, I finally got back to

court, I got back to court and I heard the judge say, 'Joyce, have a good life.'" she said.

While in prison, Prior-Haskett became the first woman to graduate from the University of Michigan while behind bars.

For more information about Beauty for Ashes Isaiah 61 and their fundraising effort, call (517) 715-3567.

#### ISAIAH 61

#### The Good News of Salvation

The Spirit of the Lord God is upon me, because the Lord has anointed me to preach good tidings to the poor; He has sent me to heal the brokenhearted, to proclaim liberty to the captives, and the opening of the prison to those who are bound ...

## HOT LINE CONTINUED

YOU'D BE SURPRISED how many people end up on Medicaid and welfare. Not everyone who uses welfare abuses the system. There are veterans and people with life-threatening illnesses who need these services. Think twice before you make a comment about not being able to sign a welfare check.

#### RESPONDING TO 'SPEAKING of

marijuana and THC.' Please keep in mind that it is non-physically addicting, only slightly psychologically addictive, similar to coffee. It is no more a gateway than alcohol, and much safer. Every single statement in your Hot line was wrong and misinformed.

AGAIN, THE POLLS are wrong in blaming Republicans for the shutdown — 323.1 million American citizens pay for 800,000 D.A.C.A recipients whose law ends March 5, thank you Democrats.

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## School staff seeing alarming behaviors in students as early as elementary level

Is social media the driving force behind drug use, sexting, pornography and more?

#### By Hannah Ball

hball@tctimes.com; 810-433-6792 Lake Fenton — Students are changing.

That's the lesson Larry Newman sought to convey on Martin Luther King Jr. Day Monday, Jan. 15, when he and other speakers from Newman/Stecher International spoke to 135 Lake Fenton teachers and school personnel. He focused on addressing personal issues before focusing on academics.

"The problems that used to exist primarily at the high school level are now K-12 ... we're seeing behaviors at the elementary level that we didn't see 20 years ago," he said. Two examples are more defiance and more drugs.

"We're seeing middle school kids getting involved with harmful activities, drugs and alcohol," he said. Newman mentioned the opioid epidemic, and that the younger someone starts using drugs the more likely they are to continue using that drug throughout their life as well as other substances.

Newman has been working in school intervention since 1983 and teaches research-based information that teachers can incorporate into their curriculum.

This professional development day for Lake Fenton personnel was organized by the Free and Accepted Masons, Linden Lodge 132 and funded through the Michigan Masonic Charitable Foundation.

The teachers learned about diversity, dealing with depression, mental health, suicide awareness, and more.

"We're responsible for teaching kids, we're responsible for teaching content and yet there are so many barriers ... that some kids are facing," he said.

Daniel Wilson, part of the Linden Lodge 132, said cyber-bullying brought Newman to this area in the first place. "There was a suicide with a 15-year-old four years ago, who was being cyberbullied," Wilson said.

Newman said there's been an increase in younger and younger kids committing suicide. "Younger kids are getting phones these days and they have access to social media," he said. Sexting exists in many high schools, he added, and



TRI-COUNTY TIMES | HANNAH BALL School Interventionist Larry Newman speaks to Lake Fenton High School personnel on Martin Luther King Jr. Day, Jan. 15.

many kids don't realize that if they are 18 and older and solicit pictures from someone underage, that's considered child pornography. That 18-year-old could become a registered sex offender for life.

"Kids come in with many different barriers," he said. "I'm sitting in a classroom and I'm worried about my mom and dad getting divorced ... I'm worried about an illness, I'm worried about something else and I can't pay attention."

The school can't fix those problems. but the personnel can help the students develop good decision making skills and good coping skills.

School personnel learned about mental health and how "cutting" is on the rise. Cutting is when someone cuts their skin with a knife or sharp object.

With diversity and cultural training, Curriculum Director Kate VanHouten said they teach elementary teachers how to show their students to respect students of all socioeconomic backgrounds. She said that not only did the teachers ask how they can use this in their classroom, but personnel asked how they can help impact the entire school environment, from the buses to the lunch room.

"The role of teaching has changed in many different ways. We're still responsible for content, but we're realizing, maybe re-realizing ... that we need to be teaching life skills at the same time," Newman said.



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Mark Sherrow

## Chamber Updat ENDED IN 2017 AT

"Where business and community meet! The Fenton Regional Chamber of Commerce connects business to community by promoting resources, events and economic growth where our members live, work and play."

Expo, Taste in Fenton, Jin-

It is through the hard

work of the Chamber and the

dedication to the community

of our 500+ members, that

Fenton and the surrounding

region is vibrant, and a great

place to live, work and play.

Let's make 2018 another

gleFest and more.

great year!

f 🗾 🔠 in

#### FROM THE CHAIRMAN.

Teamwork. It is at the heart of many great accomplishments and is the key to success. I am proud of the incredible team that makes up the Fenton Regional Chamber of Commerce. Just this past year, the Chamber surpassed over

500 members! It is made up of local businesses that create jobs, support charities, and form the culture of our community. Membership also includes local schools that educate and develop our youth; local governments that provide services to the community and work to create a vibrant region; and finally, many civic groups that

## MARCH IS 'EXPO TIME' IN FEN

Area businesses now signing up to participate in chamber's largest event of the year

#### **By Sally Rummel**

news@tctimes.com; 810-629-8282 Local businesses are already signing up for booths in the 34th Annual Community Expo, set for Saturday and Sunday, March 3-4

at Fenton High School. Saturday hours will be 10 a.m. to 5 p.m. and Sunday hours will be 11 a.m. to 4 p.m.

"A lot of new people are participating this year," said Lee Mitchell, event coordinator and membership chairman. "We'll have a lot of new faces. Some who took a break for a year are coming back again. They see the value in getting their business out there in the community."





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The chamber expects to meet or beat last year's 150 booth count. "There's always room for growth," Mitchell said.

All Chamber members new and renewed can sign up, but it will be open in February to non-members at non-member rates.

Linda Hathaway, long-time Expo chairperson, has seen lots of growth over the years she has chaired the event, but one thing remains the same: the chamber's commitment to building local businesses through the doors of the Expo. It's a business-driven event, but also very enjoyable for all the area residents who attend.

Once again, the Expo is free to the community thanks to the generosity of main event sponsors Sharp Funeral Homes and Brant and Associates of Fenton.

Watch for a new electronic prize board display that will announce prize winners throughout the weekend. "We've been using foam boards forever and we're looking for a more efficient way to announce winners," said Shelly Day, chamber executive director. "We're hoping to make this a reality for this year, but if not this year, then next year."

The Community Expo is the largest of all chamber events during the year and has become a "reunion" for the thousands of people who come every year and get an opportunity to visit and learn more about area businesses at the same time.

It's also very family friendly, with a petting zoo, kids' zone, entertainment, food vendors and more.

When you walk through the doors of the high school, the first thing you'll notice is the transformation from a school gym, cafeteria and hallways to an expo setting. It takes dozens of volunteers, from student organizations to the chamber's Ambassadors to make it all happen in one weekend.

Orientation, sponsored by Financial Plus CU, for all businesses participating in this year's Expo will be Wednesday, Feb. 14 from 8 to 9 a.m. at the Fenton Community & Cultural Center. All exhibitors who attend get one business entry in a drawing to win a free 2019 Expo booth.

For more information or to register, visit fentonchamber.com or call (810) 629-5447.

### **HOP OVER TO LINDEN FOR EGG-CITING EASTER EVENT MARCH 24**

Easter Breakfast, Egg Hunt, Bunny Hop Race and the Easter Bunny will all be part of the fun

#### **By Sally Rummel**

news@tctimes.com; 810-629-8282 The Easter Bunny will be getting a jump on Linden when he visits on Saturday, March 24 for Linden's annual Egg-citing Easter Event.

selflessly work to help others

I look forward to the com-

ing year and all that the

Chamber has planned. From

educational seminars and

networking opportunities for

its members, to the wonder-

ful events that have become

ingrained in our community:

Gus Macker, Community

in the community.

This holiday event is a long-time Linden tradition, and will include an Easter breakfast, from 8:30 to 10:30 a.m., at Hyatt Elementary School, followed by an egg hunt, Bunny Hop race and photos with the Easter Bunny.

Whether it's raining, snowing, sleeting or sunny, all the activities will be held indoors at Hyatt Elementary School.

"Last year was the first year we couldn't hold activities outside for the EggHuntbecause of the snow, mud and cold, and we realized how awesome it was to be inside the school," said Shelly Day, chamber executive director. "We decided from now on to keep the whole event indoors so we won't have to worry about the weather.'





More than 3,000 eggs will be hidden throughout classrooms.

Participation in the egg hunt will be divided into different age groups, so that kids can hunt for eggs with children near their own age.

A Bunny Hop race will take the place of the traditional Family Fun Run. "That was really fun last year," Day said. "All ages really enjoyed it." General Optical is sponsoring this event.

Families interested in attending can purchase \$5 tickets at the door. For more information, call the Fenton Chamber office at (810) 629-5447.

| February 14th<br>Expo Orientation   |   | 2018 EVENTS DATELINE   |  |  |
|---|---|--|--|--|
| Fenton Community<br>& Cultural Center<br>8:00am-9:00am                    | March 3rd<br>Community Expo<br>Fenton High School<br>10am-5pm       | March 15th<br>Networking @ Noon<br>Flint Firebirds<br>11:30am-1:30pm       | March 24th<br>Eggciting<br>Easter Event<br>Hyatt |  |
| February 15th<br>Networking @<br>Noon<br>AT&T of Fenton<br>11:30am-1:30am | March 4th<br>Community Expo<br>Fenton High School<br>11:00am-4:00pm | March 23rd<br>Girls & Business<br>Loose Center in Linden<br>7:00am- 3:00pm | Elementary-<br>Linden<br>8:30am-<br>12:00pm      |  |
| 11.00um-1.00um  |   |  |  |  |
| PROUD   | LY PRESENT  |  |  |  |
| Fenton Regional<br>Chamber of Commerce                                    |   |  |  |  |
| Building Business. Building Community.                                    |   |  |  |  |
| Networking@Noon   |   |  |  |  |
| THURSDAY FEBRUARY 15, 2018<br>SPONSORED BY                                |   |  |  |  |
| Enjoy a L<br>Bite to E  | ite eat!  | at&t   | ich catered by:                                  |  |
|   | AT&T o  | ocation:<br>f Fenton   |  |  |
|   | 2 West Silver I   | Lake Road - Fent   | on   |  |
| 320   | 11:30 an  | 1-1:30 pm  |  |  |
|   |   | <mark>ו - 1:30 pm</mark><br>Incements & Drawings at                        | 12:00 pm   |  |
| Doors Open  | at 11:30 am • Annou   |  |  |  |



**8A** 

## The State Bank announces promotions

■ Riski and White named assistant vice presidents

The State Bank is proud to announce the promotions of **Erin Riski** and **Jill White** to assistant vice presidents.

Riski joined the bank in March 2015 as a special assets senior loan review analyst, and during her tenure has consistently grown in not only her role, becoming a very important member of the loan review team.

In her new role, Riski will be responsible for managing commercial loan financial statement analysis and collateral value analysis; both necessary for conclusions to properly risk rating their commercial loan portfolio. Riski will also be responsible for creating multiple reports used by senior management and the Board of

Directors, in addition to appraisal reviews, lender reviews and statement servicing.

"I am excited to accept this promotion," Riski said. "In my time here at The State Bank, I have been given the tools to learn in my role, and encouragement to make suggestions, which has helped me grow my skills in the commercial loan process. I look forward to continuing my professional growth with The State Bank for many years to come."

Lori Barton, loan servicing vice president, said, "I look forward to working



#### Erin Riski



Jill White

with her as we broaden our scope in the Loan Review Department. Erin's skill set is admirably strong and she continues to have an impact on our excellent ratings through various audits and exams."

White joined the bank in August 2011 as a senior credit analyst, and during her tenure has consistently grown in not only her role, but the lending department as a whole. In her new role, White will be responsible for managing and growing all facets of commercial lending, including equipment loans, commercial real estate mortgages, working capital lines of credit, as well as Small Business

> Association (SBA) loans. "I am very excited to accept this promotion with The State Bank," White said. "Throughout my time here, I have been given the tools to grow in my role, and have been a part of

some exciting advancements in our commercial lending division. I

look forward to helping to promote more growth and provide our commercial customers with successful solutions to their lending needs."

Andrew Gavulic, commercial lending vice president, said, "We are very fortunate to have an employee as engaged as Jill is in working with our customers and providing financial solutions. Her promotion is well deserved, and I am looking forward to her continued success."



#### DESTRUCTION OF PROPERTY IN HOLLY

At 5:05 p.m. on Saturday, Jan. 20, Holly police were dispatched to a business in the 15000 block of North Holly Road to investigate a malicious destruction of property complaint. The owner told police that he had noticed three individuals riding their bikes on the property and trying to use a ramp for vehicles to jump off with their bikes. He didn't want to be responsible should one of them get hurt so he asked them to leave. While he was talking to the kids, a male, driving a Chevrolet Silverado pulled up and yelled, "What are you going to do, call the police?" The kids on bikes left without any problems, however, the male driving the truck drove across some grass, leaving a 6-foot wide path, from spinning his tires, causing damage. No charges are being sought.

#### BREAKING AND ENTERING IN HOLLY

On Jan. 20, Holly police were dispatched to a home in the 4000 block of Grange Hall Road to investigate a breaking and entering compliant. The officer spoke with the homeowner who said someone kicked in the door of her home between 5:30 and 7 p.m. She told the officer she had entered to let her dog out of its cage and didn't notice anything taken or disturbed. The officer observed signs of the door being kicked in. A woman visiting a neighbor's home told police she saw two females standing on complainant's porch with the door open. One female was described as black, 5-feet, 5-inches tall and wearing a dark colored sweatshirt. The other female was described as white, with blonde hair and approximately 5-feet, 4-inches tall. The woman told police she saw the white female enter the home while the black female remained on the porch. Both unknown women then left on foot in an unknown direction. If anyone has information, call police at (248) 634-8221.



#### LINDEN CITY COUNCIL RECOGNIZES FIRST RESPONDERS

At the Monday, Jan. 22 Linden City Council meeting, Mayor Danielle Cusson presented a letter of commendation on behalf of the city to Police Chief Scott Sutter, police officer Gary Conklin, paramedics Cassandra Klemkow and Jeffery Babcock, Fire Chief Brian Will, and firefighters Bernard Skinner and Zach Raddatz, who saved a life during an emergency using CPR. They were also presented with a CPR save pin. On Nov. 16, 2017, Conklin responded to a 911 call and found a man unconscious with no pulse. He initiated CPR and Babcock and Klemkow provided care. They used a devise to mechanically perform CPR, and got a weak pulse. He was transported to the hospital for further care, and is now back home.

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## YOUR BACK PAIN: Herniated Disc, Pinched Nerve, Bulging Disc, What is it?

#### ARTICLE MISPRINTS IN LAST 2 WEEKENDS PAPERS: Phone number is 810-771-3677

There are many terms used to describe spinal disc pathology and associated pain, such as "herniated disc," "pinched nerve," and "bulging disc," and all are used differently and, at times, interchangeably.

Unfortunately, healthcare professionals do not agree on a precise definition of any of these terms, and patients may be frustrated when they hear their diagnosis referred to in different terms. The unusually wide range of terms used to describe spinal disc problems (such as ruptured disc, torn disc, slipped disc, collapsed disc, disc protrusion, disc disease, and black disc) can add to the confusion.

Regardless of what type of issue you are experiencing, there is one thing you need to know. You have options when it comes to being properly diagnosed and getting the appropriate care to heal from almost all back and neck dis-ease. Surgery should always be your last resort because it is the one option that can not be undone.

Lets first go through some of the Myths and Facts when it comes to disc and nerve issues in the spinal column and then we can go through some treatment options you have to choose from.

Herniated Discs, Bulging Discs and Pinched Nerves all affect the nervous system. Unfortunately, its not just about pain and other symptoms. To effectively resolve Disc issues and avoid future damage that may lead to inability to control the bowels, bladder, sexual potency, you must educate yourself on the Facts and Myths that are looming around the subject. Do not be fooled. There is help and hope, even without surgery.

**MYTH:** Back pain and discomfort stemming from Disc & Nerve Problems will just "go away" with some rest.

FACT: When dealing with back pain, buttock pain or leg pain, seek help from a Spinal Bone and DISC specialist immediately. Left untreated, misaligned spinal bones and DISC problems can get worse.

## **MYTH:** Pain is the Only problem associated with a Bulging DISC, Herniated DISC or Pinched Nerve.

**FACT:** In severe cases, this problem can lead to the inability to control the bowels, bladder and sexual potency along with a slew of other organ issues- leading to embarrassing situations and long term health concerns.

**MYTH:** Pain medications can help with problems associated with DISCs, Pinched Nerves and Bones that are shifting out of their proper position.

**FACT:** Drugs like muscle relaxants, pain killers, pain killing injections, narcotics, antidepressants, and anti-seizure medications can cover up and mask your symptoms but they will not cure bulging spinal DISCs, herniated spinal DISCs or pinched nerves.

MYTH: Stop exercising and get several weeks of bed rest to let the Bulging DISC recover... FACT: Staying active can help to relieve the pain and prevent the pain from getting worse. Staying inactive in bed could be the worst advice - based on a recent study in the Netherlands.

MYTH: Surgery is required to fix a Bulging DISC, Herniated DISC or remove pressure from a nerve due to a spinal bone shift. FACT: NO! There's been a huge breakthrough in the treatment of Bulging DISCs, Herniated DISCs, Pinched Nerves and Spinal Misalignments and Curvatures of the spine. It's a new corrective procedure called Non-Surgical Re-Constructive Spinal Care. Success rates are up to 88%.

**MYTH:** "There's nothing anyone can really do. I'm just stuck with this for the rest of my life." **FACT:** With the correct treatment from a healthcare professional who specializes in corrective care of the spine, you can find relief from the core cause - and the symptoms.

MYTH: Getting a DISC problem, Pinched Nerve or Misaligned Bone properly diagnosed is expensive. FACT: Not true. Dr. James Ide of Painless Chiropractic of Fenton MI specializes in motion study x-rays to properly diagnose using X-Ray analysis, the root cause of your symptoms and utilizes a custom treatment protocol, referred to as Non-Surgical Reconstructive Spinal Care to treat and correct the underlying issue. They accept insurance and have many options to help people with special financial needs.

> Dr. Ide described his office as "Not your average Chiropractic office", he said they focus on rapid corrective care and though they love having life time patients, "our goal is to set up a plan to correct the underlying issue so the same problem doesn't keep coming up, then we teach the patient proper spinal hygiene that they

can do at home with periodic visits to a chiropractic office for traditional chiropractic care". "It's like Spinal Care Boot Camp, you go all in and work hard and the efforts pay off, at that point they can do their traditional care at our office or someplace closer to their home".

When asked what options people have when it

comes to seeking relief from their back pain associated with a Bulging Disc, Herniated Disc, Pinched Nerve or Shifting of the Spinal Bones, Dr. Ide said "Well there are really only two options, you can fix the problem or you can mask it. Pain pills mask the pain. Injections are really just a pain pill, in an injectable form but longer lasting. The problem with masking the pain is that you can further injure yourself and you put off dealing with the problem, leading to further problems. Surgery doesn't always work and it limits your future options because it cannot be undone so it should always be a last resort. Physical therapy alone usually gets things moving and many times helps people feel better but a few weeks or months after their program is finished, may people experience the same problem again". He said at his office they work to correct the issue and the way that each patients program is set up, is based on their particular problem area but they see great success and have helped many local Genesee County residence avoid surgery and get their lives back.

Catherine B. of Fenton said "My daughter has had back problems ever since she was 10 or 11 and I have taken her to specialists. I learned more at Painless Chiropractic, with the x-rays that they take and the one on one they do with you then I did in 4 years from the other specialists that I took her to. I too have signed up as well as my daughter and I'm getting great results. Thank you so much".

If you are interested in having your back or neck issues properly diagnosed and corrected Dr. James Ide's office is located in Fenton MI directly off of US-23 at 2803 W. Silver Lake Rd. at the light on Fenway in the Classic Corners Plaza, by Nutrition Works Vitamin Shop and the Mug and Brush Barber Shop. **Their phone number is 810-771-3677.** 

#### Special Sponsored Times Reader Offer: Mention this article CODE: TIMES2018

Dr. Ide has agreed to offer the Times readers a special offer to enable them to take action and live healthier and happier in 2018. Call now and mention the above code and the office will reduce their normal fee of \$195 for a consultation and full exam to just \$27. If they feel that your issue is something that can be helped they will move further into the process. Furthermore, they do accept insurance and at the time of your consultation and exam, if you are a candidate for care they have assured us they are happy to do a complete and complimentary benefit check to inform you of what options you have and what insurance coverage will do for you. Call them now and get a full and thorough examination and consultation and save \$168. For obvious reasons they can't help everyone so they have asked us to please share with you this, if you are not serious about taking action and taking control of your health pleases reserve your call for a point in y life when you are. "We love helping people reach their health goals but unfortunately you can not want a better life for someone more than they want it for themselves" Dr. Ide said. Don't hesitate a moment longer, call now and don't forget to mention the code TIMES2018. 810-771-3677. The office is very busy so if you reach the answering machine, please feel free to leave a message to hold your space, this offer is limited to the first 18 people who call.

#### **HOT LINE** CONTINUED

WHEN YOU BREAK the law, you've done something illegal. Now, these little children that were brought to this country illegally by their parents, don't the parents have some responsibility? Shouldn't they be prosecuted for breaking the law? The parents should be deported and the kids should be allowed to stay.

#### 

MY GOD LINDEN, they're putting more holes in the ground at that run down gas station than there are holes in the screen door.

#### 

**DUE TO A** 15-percent tax cut in corporate taxes. AT&T, Disney, and others are paying bonuses with your tax dollar. What's in your wallet?

#### SLEEPING

**Continued from Page 3A** 

Sleep eating is more likely to develop slowly and is usually brought on by recent changes to diet, or issues related to stress or depression. Sleep eating may also develop in people who have recently quit smoking or drinking alcohol, or discontinued use of certain medications.

Sleep eating can be effectively treated with medications to suppress both sleeping parasomnias, and sleep eating incidents in particular.

#### Sleepwalking

Stephanie Miller of Linden says she is a sleepwalker and sleep talker, and has been for as long as she can remember. "Stories from my parents of me trying to leave in the middle of night now scare my husband when I'm saying someone is at the house or looking at him, talking," Miller said. "One time, when I was 15 or so I woke up with my head covered in those cool '90s butterfly clips that I must have put in during the night."

Because it was not a nightly occurrence, Miller never sought professional assistance for this problem, nor did her parents when she was younger.

"My mom said she thought about it when I was little as a couple times I tried to leave the house, but that was not often," Miller said. "I believe what triggers it are days when I'm super tired, or stressed out. What is really weird is my 2-year-old is already talking in his sleep and I notice it's on days when he has a short nap or skips a nap.

'Sometimes I'll wake up in the middle of the night and be like 'oh my gosh why am I in the living room laying on blankets and pillows on the floor.' It's crazy."

Sleepwalking also is a parasomnia. It is not as rare a disorder as once thought. Sleepwalking episodes are typically brief only lasting a few minutes and the person who is sleepwalking is truly asleep.

In many cases, no specific treatment is required for sleepwalking, but if sleepwalking is leading to unusual or negative behavior during sleep, such as leaving the house or driving, treatment is advised.

#### Sleep talking

Sleep talking, formally known as somniloquy, is a sleep disorder defined as talking during sleep without being aware of it. Sleep talking can involve complicated dialogues or monologues, complete gibberish or mumbling. The good news is that for most people it is a rare and short-lived occurrence. Sleep-talkers are not typically aware of their behaviors or speech; therefore, their voices and the type of language they use may sound different from their wakeful speech. Sleep talking may be

JUST HEARD AN advertisement for E85 fuel. Must not be selling well. The general public is getting smart. They figured out you don't go as far on a gallon compared to a gallon of gasoline. 

#### THANK YOU TO the man at Fenton

Coney on Tuesday, Jan 23 who bought breakfast for my sister and me. God bless you and we will pay it forward. Thanks. 

I JUST LOVE that, no matter your political affiliation, everyone comes together when it's about how bad the potholes are around here.

#### 

with the sleeper.

ANY OF THESE so-called Dreamers that got a job and went to college had to lie and give a Social Security number. Did they make one up? Did they use some-

spontaneous or induced by conversation

Little is known about the content of the

sleep talking. Some talking makes no sense

at all and some of it may relate to past events,

experiences, and relationships that no longer

have current relevance or emotional impact.

talking can cause embarrassment and can

annoy a bed partner, roommate, or be disrup-

Although not physically harmful, sleep

one else's? Or did they just work under the table for cash? Those are all felonies. That means they're all criminals.

ALL THESE 700,000 illegals that are

in this country, do they get to vote? Are they voting in our elections? Do they pay taxes or collect on taxes? Where are the parents who brought them over here illegally? Are they in jail? We're paying for those illegals to be in jail. What is the cost per prisoner?

I DON'T KNOW who's spouting off about Ken Horn, but I called Ken Horn's office and I had a problem but it was over the Christmas vacation. They called back, then apologized for the delay, and got me all the information I requested. 

TRUMP GOT A new tax law that annoyed

tive in group-sleeping situations. Because of this, sleep talkers are sometimes afraid to sleep away from home and can cause insomnia in a person sleeping nearby.

According to the National Sleep Foundation, sleep talking may be brought on by stress, depression, sleep deprivation, daytime drowsiness, alcohol, and fever.

In general, no treatment is necessary and certain measures can be taken to reduce the

the Democrats. The Democrats want revenge and shut down the government. All security (Army, FBI, DEA, etc.) elements are unfunded. Tell me the Democrats are for Americans.

#### TODAY I HAVE emailed both senators from Michigan asking them to work together with Republicans and end this shutdown. I don't care what party you are, everyone should be urging our senators to end this now.

CONGRESS HAS A federally mandated responsibility, defined in the Constitution, to run the government. From what I, see the Democrats don't understand the 'support and defend the Constitution against all enemies foreign and domestic.' Maybe they should review the Constitution again.

likelihood of a sleep talking episode. Following a regular sleep schedule, getting adequate amounts of sleep, and practicing proper sleep hygiene can help reduce the frequency and severity of sleep talking. Also, refrain from alcohol, heavy meals, and excessive amounts of stress to reduce sleep talking.

For bed partners and roommates, earplugs or white noise (such as a fan) may help.

Sources: sleepfoundation.org; sleepassociation.org

## Are you serious about buying or selling your home?

Then call an experienced Realtor like Yvonne Perry, with 34 years in the local market

#### **By Sally Rummel**

news@tctimes.com; 810-629-8282 Browsing for homes on the internet through sites like Zillow and Trulia can get you in the mindset for buying and selling a home, but check with a local and trusted Realtor about the information you find.

"Zillow and Trulia are really fun to look at, but it's important that you verify the accuracy of the information you find on these websites with a Realtor," said Yvonne Perry, associ-

ate broker for RE/MAX Platinum in Fenton.

If you're on the internet searching for homes, go right to www. fentonmichigan. com where you'll find every local home for sale in the MLS (Multiple Listing Service), ac-

cording to Perry. "The internet doesn't have any obligation for accuracy, nor do they have any legal

obligation to represent their clients legally, ethically or morally," said Perry. "That's why a relationship with a Realtor is so important. We are available seven days a week to help a client search, shop, explain and prepare contracts and negotiate for the best result.

Perry admits that her 34 years as a Realtor has prepared her in every way to work with clients to identify their goals, get on "the same page" and come together with shared priorities that may involve compromise.

"The process often involves more than one person, and a mature, seasoned broker can help identify ways to bring people together for a better experience

**L**It's vitally important that you work with someone who has a thorough understanding of our local market, lending practices, legal issues <u>an</u>d your financial options. 77



Yvonne Perry, associate broker for RE/MAX Platinum in Fenton, wants to use her 34 years as a successful Realtor to help you buy or sell your home.

and lows of different market condiand ultimately, a better result," tions, all of which can affect your real Perry said. "Eveestate transaction. ryone involved in "There are many 'moving parts' when the real estate proc-

ess is coming from

a different emotional

place, has different per-

sonality styles and perspectives.

Helping people negotiate through these

differences takes skill and experience."

a low professional profile, preferring

to work with her clients one-on-one to

help them meet their own personal real

Working with a small team that in-

cludes Perry, an administrative assistant

and three buyers' agents, she likes the

personal contact that being a boutique

Realtor provides, within the framework

of a large successful group like RE/

area, Perry knows the local market very

well and has experienced all the highs

– PAID ADVERTISEMENT –

As a lifelong resident of the Fenton

A Realtor since 1984, Perry keeps

it comes to buying or selling property," Perry said. "It's vitally important that you work with someone who has a thorough understanding of our local market, lending practices, legal issues and your financial options."

Perry can be reached at her office at 3295 W. Silver Lake Rd. in Fenton, telephone (810) 217-2014 or yvonne@fentonmichigan.com.



**YVONNE PERRY** 810.217.2014

3295 W. Silver Lake Rd. | Fenton yvonne@fentonmichigan.com

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- Like

Eating laundry soap is newest internet trend

#### **HOT LINE** CONTINUED

#### **EIGHT-HUNDRED THOUSAND** did not elect the Democrats in the Senate. At least 40 percent of 323 million did. The Democrats need to

start doing their job. WHAT IS THE difference between

loose and lose? 

DONALD TRUMP PASSED his 'Cognizance Test' with a perfect score. Now, let's have our U.S. Senators take the same test and

make the results public. HANNAH BALL IS right. Credit cards are the tools that banks and credit card companies use to extract

money from you. Hannah, I heard the same speech from my bank 25 years ago. I used it little - my wife put me in bankruptcy. Use your credit card(s) wisely.

#### ANTI-TAX-CUT guy/gal: If you think

the extra money in your paycheck (due to the tax cut) should be spent on lowincome people, perhaps you could give your extra money to a local church or charity. If you do so, you may learn something about yourself.

THIS PREOCCUPATION/

COMPULSION with cell phones while driving is extremely dangerous and results in road rage and injury. Just drive.

View stories at tctimes.com



American Association of Poison Control Centers. clean clothes. That's as many cases as there were in all of 2016. They should not In 2017, there were 53 be played with. cases involving teenagother internet trend. whatever the ers. Children consume circumstance, even more Tide pods even if meant than other age groups. In 2017, there were 10,570 as a joke. 77 reports of children 5 and **Petra Renck** under being exposed to Proctor & Gamble spokesperson the detergent pods, according to the centers. YouTubers have made videos of them do-If you or someone you know has ingested laundry detergent, call the American Association of Poison Control Centers hotline at 1-800-222-1222. You can also text "poison" to 797979.

safely." The topic has gotten buzz online and in

human consumption and is made of dangerous chemicals that can lead to life threatening injuries. They cause damage to the esophagus, burns, blood pressure changes, gastrointestinal prob-

## News briefs

Local GDL named a 'Star Library'

eBooks, eMusic and eMagazines.

ane. Long-term exposure to the substance can cause eye and nose irritation, kidney problems and possible long-term lung damage, according to the Agency for Toxic Substance and Disease Registry. rushed to the hospital

abcnews.com.

lems, as well as neurological symptoms

and loss of consciousness, according to

One chemical in the pods is 1,4 Diox-

pods.

People have been

after ingesting these

In the first half of

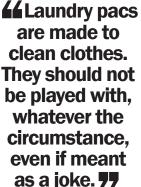
January, there were 39

cases where teenagers

intentionally exposed

themselves to detergent

packets, according to the



Genesee District Library (GDL)

measures



COMPILED BY VERA HOGAN **JAN. 27** 1888: The National Geographic Society is founded in Washington, D.C., for "the increase and diffusion of geographical knowledge." The 33 men who originally met and formed the National Geographic Society were a diverse group of geographers, explorers, teachers, lawyers, cartographers, military officers and financiers. All shared an interest in scientific and geographical knowledge, as well as an opinion that in a time of discovery, invention, change and

LOOKING

BACK

at this week in

NATIONAL HISTORY

#### around them. **JAN. 28**

1986: At 11:38 a.m. EST, the space shuttle Challenger lifts off from Cape Canaveral, Florida, and Christa McAuliffe, 37, a high school social studies teacher, is on her way to becoming the first ordinary U.S. civilian to travel into space. Seventythree seconds after takeoff, hundreds on the ground, including McAuliffe's family, stared in disbelief as the shuttle broke up in a forking plume of smoke and fire. Millions more watched the wrenching tragedy unfold on live television. There were no survivors.

mass communication, Americans were

becoming more curious about the world

#### **JAN. 29**

**1845**: Edgar Allan Poe's famous poem 'The Raven," beginning "Once upon a midnight dreary ..." is published on this day in the New York Evening Mirror. Poe's dark and macabre work reflected his own tumultuous and difficult life. Poe's excessive drinking got him fired from several positions. His macabre work, often portraying motiveless crimes and intolerable guilt that induces growing mania in his characters, was a significant influence on such European writers as Charles Baudelaire, Stephane Mallarme, and even Dostoyevsky.

#### **JAN. 30**

1972: In Londonderry, Northern Ireland, 13 unarmed civil rights demonstrators are shot dead by British Army paratroopers in an event that becomes known as "Bloody Sunday." Soldiers fired indiscriminately into the crowd of protesters, killing 13 and wounding 17. The killings brought worldwide attention to the crisis in Northern Ireland.

#### **JAN. 31**

1950: U.S. President Harry S. Truman publicly announces his decision to support the development of the hydrogen bomb, a weapon theorized to be hundreds of times more powerful than the atomic bombs dropped on Japan during World War II.

#### **FEB.1**

1974: University of Washington student Lynda Ann Healy disappears from her apartment and is killed by Ted Bundy. The murder marked Bundy's entry into the ranks of serial killers as he had recently attacked his first victim, Sharon Clarke, in her Seattle home. By the time he was finally captured on April 27, 1979, Bundy had become America's most famous serial killer.

#### FEB. 2

1980: Details of ABSCAM, an FBI operation to uncover political corruption in the government, are released to the public. Thirty-one public officials were targeted for investigation. In the operation, FBI agents posed as representatives of Abdul Enterprises, Ltd., a fictional business owned by an Arab sheik. Under FBI video surveillance, the agents met with the officials and offered them money or other considerations in exchange for special favors, such as the approval of government contracts for companies in which the sheik had invested.

Source: History.com

gerous. The cinnamon challenge, where someone puts a spoonful of cinnamon in their mouth, and the milk gallon challenge, where someone tries to drink an entire gallon of milk in an hour, came and went like any

■The Tide Pod challenge

cause long-term damage

is dangerous and can

hball@tctimes.com; 810-433-6792

of the internet, and this

one — the Tide Pod chal-

lenge — has poison

control agencies and

laundry detergent

companies sending

es are nothing new

and usually not dan-

Internet challeng-

out warnings.

A new trend has taken hold

By Hannah Ball

This challenge is much more dangerous. The Tide Pod challenge, which began at the end of 2017, entails biting into a laundry detergent pod and recording what happens. A handful of

ing the challenge, but YouTube has taken all the videos down citing safety issues. Facebook is also taking down videos of the challenge.

Spokeswoman Petra Renck for Tide's parent company, Proctor & Gamble, said, "Laundry pacs are made to clean clothes. They should not be played with, whatever the circumstance, even if meant as a joke. Like all household cleaning products, they must be used properly and stored

mainstream media, mainly about the danger aspect. The outer layer of the pods are made to dissolve when they get wet, so contents of the pods are automatically released when someone puts it in their mouth.

Laundry detergent is not meant for

has been named a "Star Library" by the Library Journal Index of Public Library Service. GDL was one of only four libraries in Michigan awarded this recognition. In 2017, 7,409 libraries gualified to be rated, and 259 of them were selected. This is the first time GDL has ever received this award, which was largely based on per capita use of digital resources such as Since 2009, Library Journal staff rates U.S. public libraries based on selected per capita output

## HEART DISEASE IS THE #1 KILLER OF WOMEN

As women, we're busy. We put others first. But when heart disease is the #1 killer of women, its time for you to invest in yourself. Learn how you can prevent cardiovascular disease at a free informative event, and meet Hurley Cardiologist, Dr. Alkotob.

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For interpreting services for this event, please call 810.262.7275.

differ from heart attacks in men, how to

recognize the signs and how to prevent



TRI-COUNTY TIMES | TIM JAGIELO

Richard Walker's "medium" sized telescope, which he built by hand, is 6-foottall. His largest telescope is 10 feet tall. This one's barrel is made of cardboard.

WATCH THE

AT TCTIMES.COM

WITH THIS STORY

#### TELESCOPE **Continued from Page 5A**

to use them." He admits that directions given with telescopes usually are confusing and poorly written. "If you're interested, read magazines like 'Astronomy' or 'Sky and Telescope,"" he said.

In addition to looking at the moon, Walker advises novice astronomers to take their telescopes outdoors on a clear Michigan morning at 7 a.m. and look for the planet Jupiter high in the southeast sky.

"It will look like the brightest star you'll see, you can't miss it," he said. "Jupiter has

#### **HOT LINE** CONTINUED

#### 

ISN'T IT FUNNY how all of a sudden the Democrats stop having their favorite person, Bill Clinton, out there speaking. Odd. I guess "Me Too" didn't count back then. Odd.

#### 

IF THEY ARE opening a real investigation into Uranium One, maybe we will see the Clintons wearing orange jumpsuits.

#### 

PRESIDENT TRUMP JUST brought in the four-hour-a-day work week for the President of the United States, and the three-day weekends in Mar-A-Lago.

A GREAT HOAX. An electoral college to guarantee fairness and gerrymandering to destroy it.

WELL, THE DEMOCRATS succeeded in

shutting down the government. They're

four large moons you should be able to see, and you can even see the cloud bands that look like stripes around the planet."

If you don't have a telescope but would like to buy one, Walker said you should expect to pay \$125 or more for a quality instrument. "Don't worry about

what the package says about magnification," said Walker. "Look at the diameter of the mirror and get no smaller than 100 millimeters or 4-inches."

In the case of telescopes, bigger is always better, said Walker. "Get it so big until it's too big to lift," he said.

Source: NASA.gov

more concerned about illegal immigrants who are criminals than they are the citizens of the United States.

WHEN I LISTEN to all the Republican lies flying out there, 'The Art of the Deal' just worked itself into a government shutdown and it's the Republicans' fault.

THE MEDIA SAYS that driving a car doesn't seem to mean much to millennials anymore but I totally enjoy my freedom and I am totally against self-driving cars that will take it away and probably put me into a car full of strangers

I WOULD LIKE to see the Democrats go to bat for Americans as well as they do for people who don't even belong here.

I SEE IN Linden now that they're boring the ground, the front and back of it, at the old Fairbanks gas station. Is the city springing the bill for that?



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Women, take note: He'll share how heart attacks in women

attack than from all

cancers, diabetes

and chronic lower

respiratory disease,

combined. 77

**American Heart Association** 

■Heart disease is the #1 killer of women, but Hurley Medical Center can help with education, awareness

**By Sally Rummel** news@tctimes.com

If you're a woman, you are more likely to die of a heart attack than from all cancers, diabetes and chronic lower respiratory disease, combined.

In fact, almost half of all women's deaths are heart-related, making heart disease the number one killer of women in the U.S.

Hurley Medical Center in Flint is working very hard to change these recent 2017 statistics from the American Heart Association.

A Women's Heart Health event on Wednesday, Feb. 7 at 6 p.m. at the Holiday Inn Gateway Center in Flint Township will teach you how to prevent cardiovascular disease before it happens.

Hurley Cardiologist Luay Alkotob, M.D., will provide a dynamic, engaging and sometimes humorous look at ways women can improve their chances of a long, healthy life. He'll delve into different scenarios and explain how simple lifestyle changes can make a dramatic difference in your heart health.

the increase of age-related hypertension (high blood pressure). This event is part of the Hurley Health Series, designed to inform and educate the **L**If you're a public on important woman, you are health issues. February more likely to has been designated American Heart Month die from a heart by the American Heart

> Association. Seating is limited to the first 50 women who register. "Call (810) 262-4855 to reserve your seat," said Ron Hubble, service line administrator for cardiovascular and internal

medicine at Hurley Medical Center.

#### Did you know . . .

• Heart disease is the leading cause of death for women.

• Among women age 20 and older, 35.9 percent have some form of cardiovascular disease

• In 2014, cardiovascular disease caused about one death every 1 minute and 19 seconds among females.

• 23 percent of females age 45 and older who have an initial recognized heart attack die within a year compared with 18 percent of males.

Source: American Heart Association





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#### WATER

WEEKEND TIMES

#### **Continued from Page 3A**

people don't have to be scared by it because it (arsenic issue) is treatable. We remove it by reverse osmosis or with a whole house softener with an arsenic removal system added."

Residential water treatment options include filtration systems, using a water filter to remove impurities from the water; water softeners that reduce the hardness of the water; distillation systems that boil impure water and reverse osmosis, which uses a semipermeable membrane to remove ions, molecules and larger particles from drinking water.

The most common water treatment system in most homes is a water softener. Water softeners soften the water by removing minerals such as calcium and magnesium and replacing them with a softer mineral — sodium or potassium.

You'll notice cleaner laundry, smoother and softer skin, more efficient use of soaps and detergents and increased efficiency and longevity of water-using appliances like dish washers, water heaters and washing machines.

Water softeners are the basis of what we do," said Jason Tiefenback, coowner of Douglas Water Conditioning in Fenton. "It's the first step in your home's water treatment plan. The second step in purifying your water would be reverse

#### INSURANCE **Continued from Front Page**

if you ran into the back of someone's very nice Chevy or Subaru, it was a tailgate. There was wiring for lights but that was the extent of it. Now you buy the same Subaru and it has a backup camera ... it has sensors that tell you not to run into everything and that dramatically changes the cost to repair. In many cases you can just repair them if it doesn't take too much damage, or you have to pay to replace them."

Technology like added airbags and backup cameras are two examples. Vehicles used to only have one airbag per person sitting in the front row, but many vehicles now have side airbags as well. Valuepenguin.

com estimates that car insurance rates will increase in 2018 across the country. The average cost of insurance in 2017 was \$1,060 and it is expected to rise to \$1,150 this year.

Michigan is one of 12 no-fault states, and the only state to require drivers to purchase lifetime medical benefits. Michigan has the third highest premium in the country with an average of \$1,350.

Jim Lynch, chief actuary for the Insurance Information Institute, told CNBC that insurers are expected to raise rates between 5 and 10 percent. That means premiums could rise between \$67 and \$135.

Walker described it as an "odd tradeoff."

"We love the safety, and we think that's the right thing to do," he said. "The cost to replace all those (airbags) osmosis, if you want a specific system for drinking water. The two work handin-hand."

Jim McIntyre, who founded McIntyre Soft Water in his hometown of Linden 58 years ago, specializes in solving water problems for people, whether it's bacteria, iron removal, taste and odor removal, plus all different contaminants found in the water. His company trucks can be found locally, in the Thumb area and on the campus of Michigan State University, where technicians have been servicing and replacing huge dormitory water softeners for the past 18 years,

Most local companies that specialize in water treatment also offer salt and bottled water residential delivery and pick-up, free water testing and other services.

You can also purchase a water softener at local retailers, including Sears Hometown Store in Fenton.

"Kenmore has three different models, from \$399 to \$599," said Tim Stone, store co-owner. "When selecting a unit, we'll ask you how many people are in the household, to determine water usage. Our top model is also ergonomically designed to make it easier for the homeowner to insert the salt."

Sears Hometown Store will also test your water for hardness and iron content, if you bring it in, Stone said.

is much larger than years ago."

The cost to replace one airbag that was deployed in a collision averages \$3,000-\$5,000 depending on the year, make and model of the vehicle, as well as the damage to the technology in the car that controls the airbags, according to cars.costhelper.com.

The cost to install a backup camera and associated technologies, including the wiring and screen, can cost more than \$2,000, according to angieslist. com.

> Walker said the increases in insurance rates won't be instantaneous. These vehicles need to be involved in accidents for insurance agents to collect data and then estimate insurance costs. He estimates in the next few years insurance rates for drivers with technologically enhanced vehicles will rise.

> Walker also described this situation as a balancing act. "It will go up but some-

times it flattens out," he said. There's a correlation between using more technology to make driving safer and a decrease in accidents.

The more technology used to make driving safer, the fewer accidents occur. Walker said using backup cameras

#### SUMMARY

**M**As you put more

technology into the

vehicle, when you

have an accident that

type of technology has

a higher susceptibility

of getting damaged

and has higher costs

integrated to repair

that damage. 77

**Dave Walker** 

Hartland Insurance

Agency, Inc president

The increased use of technology in vehicles is contributing to rising insurance rates.

helps people avoid accidents, which also helps them avoid injuries that might have been sustained.

That, in turn, helps avoid litigation and lawyer fees.

"It takes time for these to bear themselves out," he said.













same receptors.

breathing.

in its absence.

### Fentanyl

According to D.A.R.E. (Drug Abuse Resistance Education), since 2014, the U.S. Drug Enforcement Administration has encountered a dangerous trend - the convergence of the growing synthetic drug threat with the epidemic of opioid abuse currently affecting the nation.

In this case, the consequences are deadly when clandestinelymanufactured fentanyl and fentanyl derivatives are being added to heroin or replacing heroin altogether on the street.

Fentanyl has recently come to the forefront as the culprit taking the lives of two mega-musicians.

Prince died on April 21, 2016, in his home in Carver County, Minneapolis, from an overdose of a powerful opioid painkiller. A one-page autopsy report recorded his death as an accident and said, "The decedent self-administered fentanyl."

Tom Petty died on Oct. 2, 2017. According to the medical examiner, Petty died of "multi-system organ failure" caused by "mixed drug toxicity." An examination on Oct. 3, 2017 found fentanyl, oxycodone, temazepam, alprazolam, citalopram, acetylfentanyl and despropionyl fentanyl in his system. Fentanyl is a narcotic pain

medication intended to treat chronic pain in controlled medical settings. It was introduced in 1968 by a Belgian pharmaceutical company as a synthetic narcotic to be used as an analgesic in surgical procedures because of its minimal effects on the heart.

Fentanyl is particularly dangerous because it is 50 times more potent than heroin and can rapidly stop respiration. Fentanyl is not considered an addictive drug like cocaine, heroin, or alcohol because it does not produce the same compulsive drug-seeking behavior.

#### STREET NAMES FOR FENTANYL

There are many street names for fentanyl, which may be used in conversations and on social media. Fentanyl is sometimes referred to as:



Apache China Girl China Town Dance Fever

Drop Dead Flatline

• Friend Goodfellas

- Great Bear
- He-Man
- Jack Pot
- King Ivory Lethal Injection
- Murder
- Perk-a-Pop
- Poison
- Tango & Cash

Find out what local and county law enforcement have to say about this drug crisis in the Saturday, Feb.3 Weekend edition.

Additional source: Webmd.com



FENTANYL IS ALSO AVAILABLE IN A PATCH. A patch allows the medication to be absorbed through the skin.

#### DRUGS

#### **Continued from Front Page**

heroin was the start of their opioid use. In the 2000s, that had reversed dramatically, with 75 percent reporting they used a prescription opioid before turning to heroin.

According to CNN, heroin users in the 1960s were usually young men, who started using around the average age of 16. They were most likely from lowincome neighborhoods, and when they turned to opiates, heroin was their first choice.

According to a study by JAMA (Journal of the American Medical Association), today's typical heroin addict starts using at 23, is more likely to live in affluent suburbs and was likely unwittingly led to heroin through painkillers prescribed by a doctor, either their own or someone else's.

While heroin is illicit and opioid pills are FDA-approved, each is derived from the poppy plant. Their chemical structures are highly similar and they bind to

#### turn to heroin when pills are no longer available to them. Heroin is usually cheaper than prescription drugs. Opiate pain medications cost the uninsured about \$1 per milligram; so a 60-milligram pill will cost \$60. You can obtain the equivalent amount of heroin for about 1/10th price.



the same group of receptors in the brain.

A few opioids, like fentanyl, are totally

synthetic but designed to bind with those

In any case, the various drugs pro-

duce the same result: an increase in pain

tolerance and a sense of euphoria, along

with drowsiness, occasional nausea and,

at higher doses, a slowing of the user's

All these drugs trigger "tolerance"

- the need to take higher doses for the

It is because there are so many simi-

larities that pain pill addicts frequently

same effect — and a craving for the drug

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#### YOUR **SMILE MATTERS!** By: Dr. Steven Sulfaro **CHILDREN'S DENTISTRY**

FIRST DENTAL VISIT

Parents of young children often ask me at what age they should bring their son or daughter into the dental office for the first time. When I was in dental school at the University of Michigan we were taught that the best time to see kids for the first time was age 3. By age 3 the child was usually mature enough to "cooperate" with the dental team and he or she could have regular preventative dental cleaning. The problem has always been that sometimes by age 3 major dental problems have already developed necessitating major dental

treatment. With this in mind, The American Pediatric Dental Association recently came out with new recommendations. The new recommended age for a child's first dental visit is age 1. Age 1 dental visits are what we in our office like to call "well-baby check-ups", and are very important. Realistically, we are not going to be able to do a full dental cleaning with x-rays on a 1 year old. But I'm able to determine that all the teeth are developing normally and can catch problems very early well before any major trouble. Just as importantly, this gives me and my team an opportunity to educate mom and dad about proper dental care for their child. Dental office fears and phobias in adults are very common and can be so extreme that a person will avoid going to the dentist all together. This can lead to major dental

problems and poor oral and overall health. When I question these people about their dental fears they almost always relate some traumatic childhood experience that has scarred them for life. I am committed to ensure that the children I see will not suffer this same fate. By seeing kids early in their life before major dental problems; I am helping them to maintain good dental health and avoid dental fears. Age 1 dental visits are key to a long and healthy life with good teeth.

I welcome your questions and comments. Feel free to e-mail me drsulfaro@comcast.net



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#### WHAT YOU **MISSED** in the **MIDWEEK TIMES**

The following are stories you may have missed in the Wednesday, Jan. 24, Midweek Times. To subscribe and receive both the Midweek and Sunday Weekend editions, please call (810) 629-8282.

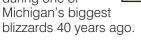
#### School wants to raise \$8,000 to buy therapy dog

A Goldendoodle would be present in different State Road Elementary School classes every day.

#### Fenton police catch wrong suspect

Individual unrelated to initial 911 call flees area because of outstanding arrest warrants.





**Crop circle in Fenton City** It happened 20 years ago — does anyone else recall seeing it?

#### A look back at 1968

1968 Winter Olympics is shown for the first time in color; also first year for gender and doping tests.

## Compiled by Vera Hogan

#### SEX EDUCATION **Continued from Front Page**

Holly High School students are required to take three sexual health classes: health, parenting, and personal living. Each class is a trimester long. In these classes, students learn about sexually transmitted diseases (STDs) and other topics (see sidebar).

Miranda Barth, Holly health teacher, said they have a course about using contraception as well as about pregnancy.

"We also offer an elective course called parenting and child development for students in 10-12th grade in which pregnancy is expanded upon. More

in-depth conversations about prenatal development, as well as risks associated with teen pregnancy," she said.

Barth said the most common questions are about sexually transmitted infections and contraceptives. Questions are written down and then answered by the teacher for anonymity.

#### We don't promote anything. There's nothing else we talk about other than abstinence. 77

**Julie Brown** Curriculum and Federal and State Programming director at Linden schools

"During the unit on reproductive health, students tend to listen more intently and are more interested in the topic. Since most students don't always feel comfortable talking with parents about such topics — the classroom setting is the best place for them to get the facts

about sexual health," she said. In Linden, students learn about HIV and communicable diseases in fifth grade and learn about reproductive organs in middle school. The girls and boys are separated.

> Julie Brown, director of curriculum and federal and state programming, said "There's nothing sexual about it ... I know when some people talk about sex

education, they talk about 'do the schools promote this?' We talk about abstinence. We don't promote anything. There's nothing else we talk about other than abstinence."

She has sat in on a few middle school classes and hears the students ask interesting questions. The girls ask more

serious questions, while the boys tend to ask silly ones.

"If parents have questions ... talk to the school, the teacher. We really try to be very transparent," she said.

In Fenton, Heidi Ciesielski, executive director of teaching

**Since most** 

feel comfortable

talking with parents

about such topics -

is the best place

for them to get the

facts about sexual

health. 77

**Miranda Barth** 

Holly health teacher

and learning, said they take guidance from the students don't always Genesee Intermediate School District (GISD) and use the Michigan Model for Health Curricula, which begins in fourth grade. the classroom setting

Starting in ninth grade, students learn information on communicable diseases, reproductive health and healthy relationships depending on what health/physical education science courses they choose.

State law requires that parents have the option to opt their child out of these courses. Beattie said parents can opt their kids out of all sexual health or only specific courses.

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"Parents can come on site and look at the course material. Parents have a lot of input," Beattie said, adding that he views it as a "partnership" because the kids will ask questions at home about things they learn in class.

At Lake Fenton schools, elementary

students learn about "good touch," "bad touch," and friendships, said Lisa Campbell, Lake Fenton schools health teacher. In fourth grade, they focus on puberty. In fifth grade, they learn about HIV/AIDs, and in eighth grade, they learn about healthy relationships and STDs.

In high school, the program focuses on how to be a good person, the stages of a relationship, the differ-

ences between a healthy relationship and an unhealthy relationship, domestic violence, and other topics. They also discuss contraceptives while focusing on abstinence.

"We do not go in-depth on the pregnancy process, but we do talk about the consequences of having a baby at a young age. Students at the high school level play a board game that helps them realize how expensive and life altering having a baby at a young age could be," Campbell said.

Sexual education is an uncomfortable topic, she said, and sometimes students laugh, but they do take it seriously.

"Health education is so important and intriguing to the students because it is real life. We make certain that every student knows that what they do now will impact the rest of their life," she said.

#### SEXUAL HEALTH TOPICS

The Michigan Merit Curriculum Law of MCL 380 that covers physical and health education does not require that schools teach about sex — it requires that schools teach about HIV/AIDS and other communicable diseases. If schools teach sex education, they must follow the rules in the Michigan Compiled Laws, which heavily stress abstinence.

When teaching about communicable diseases, teachers are required to ... stress that abstinence from sex is a responsible and effective method for restriction and prevention of these diseases and is a positive lifestyle for unmarried young people" according to the law. Schools must teach that abstinence is a positive lifestyle for unmarried young people.

The law requires that schools teach students about the possible emotional, economic, and legal consequences of sex, as well as information on how sex can lead to unplanned pregnancies and STDs. Schools must teach students how to say "no" to sexual advances and that it's wrong to take advantage of someone. Healthy dating relationships are also to be discussed, as well as ersonal responsibility and self control

Schools must teach that having sexual contact with someone under the age of 16 is a crime and the perpetrator could end up on the sex offender registry for up to 25 years.

Clinical abortion is not to be taught as a means of family planning or a method of reproductive health.

The law does not require schools teach about contraceptives, like birth control or condoms, but districts are not prohibited from broaching the subjects.

## Fenton wrestlers still perfect in Metro, preparing for Wednesday

#### **By David Troppens**

dtroppens@tctimes.com; 810-433-6789

Since the start of the Metro League season, the Fenton Tigers have proven themselves to be one of the top teams in the conference this winter.

Now 6-0 in Metro play, the Tigers find themselves in prime position to end the dual portion of the regular season undefeated. The Tigers earned that shot by winning two more duals on Wednesday, defeating Owosso 50-23 and Kearsley

#### SATURDAY, JANUARY 27, 2018

48-24. The wins mean Fenton is just one of two teams in the Metro that still holds a perfect league record at 6-0 (Holly is the other). Of course, both of those two teams will meet up at Holly High School on Wednesday in a three-team dual meet that also includes upset-minded Linden (4-2).

Fenton lost its first three matches against Kearsley, but quickly reversed their fortunes by winning the next four matches. Beau Turnblom (152), Tommy as Conlon (215), Devin Fuller (285) and Landon Lapa (112) won matches by pinfall against the Hornets. Other winners were Brady Triola (140), Mason Church (145) and Luke Thornton (103).

Against Owosso, the Tigers lost three of the first four matches, but turned it on again after that, earning six straight wins to take control of the match. Jayden Rittenbury (135),Luke Zywicki (160),

Adams (160), Will Galvin (189), Thom- Galvin (171), Conlon (215) and Lapa (112) won by pinfall, while Triola (140), Church (145), Fuller (285) and Thornton (103) also won

matches.

CONTIN-

**UED AT** 

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COM

Fenton's **Beau Turnblom** 

photo by David Troppens

#### WWW.TCTIMES.COM/SPO



## Another heartbreaking loss for the Eagles

**By David Troppens** dtroppens@tctimes.com; 810-433-6789

**Linden** — It's been a season of close loses for the Linden varsity boys basketball team in Metro League play.

The season started with a tight 74-68 overtime loss to Howell, and a heartbreaking 62-56 loss at Swartz Creek followed about a week later.

Now jump to the 2018 portion of the season, and the Eagles have suffered a couple more tough losses. Just over a week ago, they lost a 36-35 heartbreaker at Fenton High School, and now on Tuesday, it was another loss to Swartz Creek.

Linden opened the second half of the Metro League season with a 79-74 overtime loss to the Dragons at Linden High School.

"This one hurts. This one hurts a lot," Linden varsity boys basketball coach Chris Root said. "We fought, scratched, clawed and had foul trouble most of the game, but we couldn't make it happen.

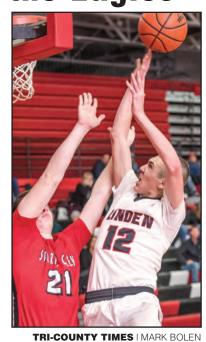
"It's been frustrating and real hard to deal with. We just have to get back at it and try to keep getting better."

#### It was a game that it looked like the Eagles could've taken a grip of the lead a couple of times, but failed to do so each occasion. Linden did trail most of regulation, and trailed 56-49 with 4:50 left after a hoop by Jaylin Price-Rose.

However, Linden responded with a Blake Lund three-pointer and a breaking layup by Brenden Miller, cutting the

gap to 56-54. Linden eventually took its first lead of the fourth quarter at 60-59 on a Miller steal and breaking layup with 2:36 left in regulation.

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Linden's Brenden Miller (left) and Blake Lund (above) drive to the bucket in the Eagles' 62-56 loss to Swartz Creek on Tuesday.

#### Lady Bronchos' defense leads Holly to easy win

#### **By David Troppens**

dtroppens@tctimes.com; 810-433-6789

Defense has been the key for the Holly varsity girls basketball squad this season.

The Bronchos don't always score a bunch of points themselves, but if a squad holds its opponents to 24 points, that will win a lot of games. And that's what the Bronchos did on Tuesday night.

The Bronchos held Owosso to just seven first-half points, resulting in a 44-24 home victory against the Lady Trojans.

"We played very well defensively in the first half," Holly varsity girls basketball coach David Hall said. "On offense we moved the ball well and got quality shots. All nine girls made many contributions to the team."

Rebecca Fugate continued her outstanding season, but wasn't forced to take the scoring load as much as she's had in previous games.

#### **CONTINUED AT TCTIMES.COM**

## Holly wrestling team continues undefeated trend in league play

**By David Troppens** dtroppens@tctimes.com; 810-433-6789

One half of the Metro League wrestling standings will be completed next week at

TRI-COUNTY TIMES | DAVID TROPPENS Holly's Koleton Steele works on escaping during a recent match.

Holly High School.

After earning a sweep against Brandon and Swartz Creek at Ortonville-Brandon High School on Wednesday, the Bronchos have given themselves a chance to finish on top of the dual portion of the standings.

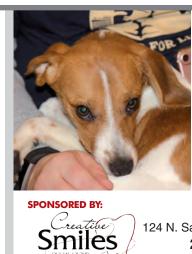
The Bronchos defeated Swartz Creek

58-16 and Brandon 40-24, upping their Metro dual record to 6-0. The Bronchos will enter the meet tied with Fenton (one of Wednesday's foes) atop the Metro dual standings when the meet begins at 5 p.m. on Wednesday.

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## **McIntosh leads Tigers past Brandon**

By Dale M. Smith

dtroppens@tctimes.com; 810-433-6789 **Fenton** — Too bad the icy roads and high winds made for a smaller than usual crowd Tuesday night as the Fenton Tigers hosted the Brandon Blackhawks. Had more fans been able to brave the conditions, they would have witnessed a great show from Tigers' sophomore, Addison McIntosh. The smooth shooting lefthander was dominant on both ends of the floor as the home team dropped Brandon, 69-57.

Fenton started a bit slow but got a big lift from senior Brandon Bossenberger off the bench in the first quarter.

With the scored tied at seven, a Bossenberger steal and a bucket followed by a Mc-Intosh "and one" gave the Tigers five quick points. Then only seconds later, Bossenberger went "Groundhog Day" and had another steal and bucket to put Fenton up at 14-7. Keyed by the McIntosh and Bossenberger show, the Tigers led 22-9 at the end of the first quarter and looked to be on their way to a rout. McIntosh alone had seven points in the first eight minutes.

But, Brandon continued to

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TRI-COUNTY TIMES I MARK BOLEN Fenton's Addison McIntosh scored 28 points in the Tigers' win against Brandon on Tuesdav

### LF wrestlers swept in dual Limited numbers have hurt the Lake We are all about local!

battle.

Fenton varsity wrestling team all season. That issue hurt the Blue Devils on Wednesday. Lake Fenton lost to Goodrich 43-18 and to Lakeville 37-36. CONTINUED AT TCTIMES.COM

#### PREP REPORT

#### **GYMNASTICS**

LFLF 138.325, Walled Lake 124.775: Blake Hutchings posted a 9.2 on the floor, a 9.15 on the beam and also had a top-four team effort on the vault and bars, leading the LFLF squad to victory. Lauren Hayden led the team on the bars (8.35) while also earning a team score on the beam. Sabra Robinson scored for the team on the vault, the beam (9.0), and floor (8.9), while Alexis Pisoni had a team score on the vault, and the floor (8.7). Jessica Richert placed for the team on the bars, beam and floor while Apryl Smith did on the bars

#### **BOYS BASKETBALL**

Hamady 78, Lake Fenton 43: Luke Tomczyk led the Devils with nine points while Matt Turgeon netted seven points.

Linden JV 54, Swartz Creek JV 53: Swartz Creek missed a gamewinning shot at the buzzer, helping earn the Eagles the victory. Isiah Vorheis led Linden with 11 points, while Eli Beil, Mike Cemazar and Ryan Gillespie had nine points each. Chad Williams netted seven while Ben Coburn had six.

#### **GIRLS BASKETBALL**

Swartz Creek 40, Linden 25: The Eagles led 6-3 after one quarter, but Swartz Creek outscored Linden 25-2 in the second quarter, leading the Dragons to the win.

Taylor Acox led the Eagles with five points and five rebounds.

Lake Fenton JV 32, Hamady JV **20:** Christina Lamb scored 10 points while Aubrey Fray had five assists and four steals. Ivy Lynch led the team in rebounding. HOCKEY

#### Fenton/Linden 6, Swartz Creek/ Clio/Flushing 5: Josh Appleberg scored two goals, leading the Fenton/ Linden Griffins to the victory. Brendan

Miles, Lincoln Wright, Austin Porter and Paxton Cowan had a goal each. Dylan Conte had three assists. Jayden Laineese had 32 saves in goal.

Freeland 8, United 5: Colby Polutanovich had two goals while Alec Copeland, Lochlan Hepburn and A.J. Incammicia had a goal each. Copeland also had three goals while DruSweers had two assists.

A little over a week ago, the The squad said that it needed Fenton varsity girls basketball to work on its communication to team had lost its second of three take its play to the next level dur-Metro League contests when they ing the second round of the Metro lost to the defending Class A state League season. champions Flushing 51-40. Apparently it's working.

Fenton keeps on talking, wins another game

#### Linden wrestlers get bit by the flu at meet

Wednesday.

Sometimes life can get in the way when a team is battling for a league title.

That may have happened to the Linden varsity wrestling team.

#### Lake Fenton girls lose three recent contests

It's been a run of three tough opponents for the Lake Fenton varsity girls basketball team in the

last week. The results were three tough losses.

Linden varsity wrestling team on

The flu is going through the

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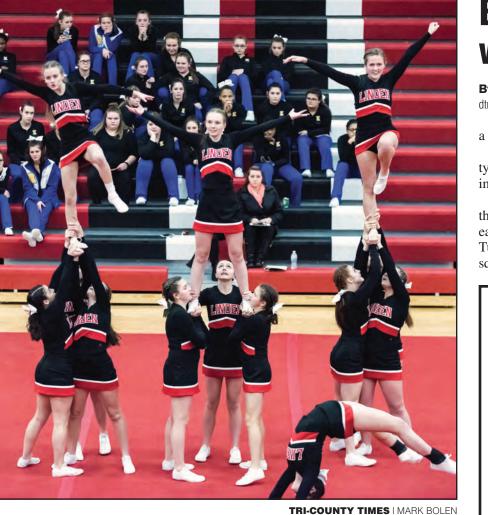
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Linden's varsity competitive cheer team performs during the second Metro League iamboree held at Linden High School on Wednesday.

## **Tigers place fourth at Metro's** second competitive cheer meet

## ■Linden places sixth

while Holly finishes seventh

#### **By David Troppens** dtroppens@tctimes.com; 810-433-6789

The Metro League has its share of parity in many sports.

Apparently, varsity competitive cheer can be added to that list of balanced competitions.

None of the Metro League competitive cheer squads finished in the same position at the second meet as they did in the first one.

That resulted in some good and bad news for the Fenton varsity competitive cheer squad. After taking second at the first event, the Tigers took fourth in Wednesday's competition at Linden High School. That's the bad news. However, since last meet's winner, Swartz Creek, dropped to third itself, it kept the Tigers right in the mix for the league championship. And that's the good news.

Wednesday's winner, Kearsley, and Swartz Creek have 16 team points, tying them for first in the standings. Fenton is in third with 14 points with the final competition — worth 50 percent — remaining. Linden took sixth place and are in fifth overall in the standings. Meanwhile, Holly took seventh at the meet and are in eighth entering the final event.

The Tigers opened round one with a 208.40, placing them in fourth place. They recorded a four points behind third-place placed fourth.

Swartz Creek.

"I love the heart and the effort this team has," Fenton varsity competitive cheer coach Kristi Webster said. "This group of six seniors will be the first year I have had majority of them since they were freshman. It's been so fun watching them develop into the athletes and strong young women they are today."

**CONTINUED AT TCTIMES.COM** 



TRI-COUNTY TIMES | MARK BOLEN 182.56 in the second round and Fenton's varsity competitive cheer team performs a 278.40 in the third round, for a during the second Metro League jamboree held grand total of 669.36 points, about at Linden High School on Wednesday. The Tigers

## **Baylis celebrates his birthday** with a Holly victory, 50-44

#### **By David Troppens**

dtroppens@tctimes.com; 810-433-6789 Lance Baylis couldn't have asked for a better birthday present.

After a slow 1-3 start, the Holly varsity boys basketball team has slowly been improving.

The Bronchos proved how much they've improved in recent weeks by earning their top victory of the season on Tuesday, a 50-44 win against Owosso, a squad that was in first place in the Metro

until the loss.

"This was a great opportunity to get a marquee win and jumpstart the second half of our season," Baylis said. "Anything can happen. In this league anybody can beat anybody. There's more parity than there ever has been in the league. This was a very nice win. And it was made even better because it was my birthday. The guys sang Happy Birthday after the game."

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