GAME SHOWS ARE AMERICA’S FAVORITE ‘SPECTATOR SPORT’

People love a chance to be on TV and win prizes

By Sally Rummel
news@tctimes.com; 810-629-8282

Whether you make a deal, spin a wheel or name that tune, America’s fascination with game shows continues to flourish.

Who doesn’t remember the fun of “The Dating Game,” “The Newlywed Game,” “Wheel of Fortune” and “Let’s Make a Deal?”

One Fenton resident, Faye Mattord, now 85, recalls decades of watching “The Price is Right,” America’s longest running TV game show, and being selected as a contestant on the show in 2008.

Mattord, then 76, was vacationing in California with her daughter and son-in-law, Judy and Al Yelle, when the trio decided to try out for the show. They got T-shirts screen-printed with “The Price is Right” phrase, “Come on down!” hoping to be noticed by show producers.

“(Host) Drew Carey liked her spunk,” said Judy. “They liked her personality and the way she could joke.” Mattord was also the oldest person in the studio audience, which helped set her apart from other would-be contestants.

“She was so nervous,” said Judy. “She had to bid on a bunch of items. She bid $12,000 for a surfboard, when she meant to say $1,200. She did really well on the next three items, but didn’t make it to spin the wheel.”

See GAME SHOWS on 4B

MEMORABLE GAME SHOW MOMENTS

“You can’t say that on TV”

By Hannah Ball
hb@tctimes.com; 810-433-6792

Game shows like “Family Feud,” “Jeopardy,” and “Wheel of Fortune” are unpredictable in nature because they rely on people shouting out random answers. Hosts can anticipate the kind of answers people will likely give, but may catch them off guard. Here are 10 of memorable moments on popular game shows.

Source: today.com, buzzfeed.com

1. When the late Richard Dawson hosted “Family Feud,” one topic was what strange words strangers might talk about. One contestant answered “mutual friends,” which was not on the board. Dawson was able to finish the segment, but after the category was finished, he paused everything to laugh for about a minute.

2. In 2015, a “Price is Right” model accidently gave away a $21,960 car to an underscoring contestant by mistake.

3. Steve Harvey asked contestants on “Family Feud” what a burglar would not want to see when he breaks into a house. Both contestants slammed their hands on the buzzer, Harvey calls on one, and the contestant screams out “naked grandma.” To the delight of the audience, Harvey looked baffled and questioned the man on the odds.

See MEMORABLE on 4B

“Because you’re dead.”

 estilo: STEVE HARVEY

“IT’s the first day of the new year. Name a reason you’re not getting out of bed.”

Hannah Ball
Kozlowski celeb...
“Crops will grow after a year of snow.”
That’s true, according to the Old Farmer’s Almanac. A several-inch layer of snow contains more air than ice. Trapped between the interlocking snowflakes, the air serves to insulate the plants beneath it. When the snow melts, the water helps to keep the ground moist.

“Red sky at night, sailor’s delight…red sky in morning, sailors take warning.”
While a red sky is not a 100 percent reliable indicator of upcoming weather, science generally does back this saying. In the U.S., Europe and some other parts of the world, weather systems tend to move from west to east, so if there is a red sky at night, when the sun is setting in the west, that could mean there’s a high-pressure system to the west that will soon arrive, bringing nice weather with it. But if the red sky is in the morning when the sun is in the east, a high-pressure system might recently have passed, suggesting that a low-pressure system could soon arrive, bringing, cooler, rainy weather. A red sky could also be the result of air pollution.

“A ring around the Moon means rain will come real soon.”
It could happen. A ring, or halo, around the Moon is caused when the light of the Moon refracts through ice crystals present in high-level clouds. Although these clouds do not produce precipitation, they often occur in advance of an approaching low-pressure system, which often brings precipitation in the form of rain or snow.

“When the dew is on the grass, rain will never come to pass.”
Dew forms when overnight temperatures drop to the “dew point,” the temperature at which water vapor in the air condenses into droplets. This is most likely to occur on cool nights when a high-pressure system is in the area. High-pressure systems tend to bring clear, dry weather, so morning dew does indeed suggest that rain is unlikely.

“Observe sheep, cats, and cows.”
Their bodies are affected by changes in air pressure. When rain is on the way, old sheep turn their backs to the wind, cats sneeze, and cows lie down.

“It’s too cold to snow.”
Yes, it really can get too cold to snow, but only if it is treacherously cold, when temperatures are at least 30 degrees below zero Fahrenheit. Snow requires not just freezing temperatures but also moisture in the air, and very cold air tends to be very dry air.

“Watch birds in flight.”
Air pressure affects many birds. For example, swallows have sensitive ears; when the barometric pressure drops, they fly as close to the ground as possible, where air density is greatest. Generally, low-flying birds are signs of rain; high flyers indicate fair weather. On the other hand, low-flying birds could also mean they may be looking for food.

“Lightning never strikes twice in the same place.”
Don’t believe it! Lightning can, and does, strike the same spot repeatedly. Some tall buildings and trees get struck many times each year. Standing where lightning has already hit will not keep you safe in a lightning storm.

Sources: almanac.com; bottomlineinc.com
Q: Where the movement is and conclusion at the bottom. Go back and forth, you will need to jack up the front end and support driving the car until you are able to have someone look at it. If I’m pushing the brake when it happens, the pedal does jump a little. The whole car jumps, but doesn’t seem like its shutting off or anything. I can’t get it into a mechanic until next week and it doesn’t seem like it’s shutting off or anything. It only did it once. I noticed that showing up at the house it started jumping and making a loud noise.

Be very careful if trying this, as we need to get a wheel bearing will not show any movement among.

A: Crystal, this sounds like a wheel bearing to me, but could be other things like an axle shaft, steering, suspension or brake problem. May be other things like an axle shaft, steering, suspension or brake problem.

Yesterday, while driving around town, it only did it once in a while. Today, while driving my 2000 Dodge Neon which recently started a humming noise. It doesn’t seem like it’s shutting off or anything.

Tom, please help. -Crystal

Do you have a question that you would like to have answered?

E-mail it to me at: askthemechanic@wilkinsonautorepair.com

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Times

DO YOU WANT TO BE ON FAMILY FEUD?

One local family would certainly like to try. Cathie House of Fenton Township posted on Facebook information about an audition call for “Family Feud” in the Detroit area on Nov. 5-6, text her sisters, Marcie Gormley and Therese Henry, “Our family has got to do this.” That spurred Gormley into action, working this week to round up her sisters; her son, Cramer, a twin; her nephew, Kurt, also a twin, to produce a video to send to casting agents.

In an email to Marcie Gormley, Gormley sent through the “Family Feud,” she said, “We’ve got personality plus, we’re very outgoing, witty and we all have our teeth!”

Her mom, Margaret Horan, 84, was once in the audience for The Price is Right, but that’s as far as their family’s game show experience has gone. Any other local families who’d like to try out for “Family Feud” can audition by emailing FreMantleFamilyFeud.com.

THESE ARE THE RULES:

• You must have five family members related by blood, marriage or legal adoption.
• You must be a U.S. citizen or have 5 years of U.S. residency.
• You can’t be related to or know anyone employed by FremantleMedia, Debmar-Mercury, Wanderlust Productions, any affiliate that carries Family Feud or anyone Steve Harvey production of.
• You can’t be running for political office or have been on more than two game shows in the last year. It must be 10 years since a prior appearance on Family Feud to be eligible to play again.
• It is suggested that contestants are 15 or older due to the content of the questions.

When applying by email, include photos and video, if you can. A video must include at least five family members. Briefly introduce yourselves, tell them where you’re from, use props, costumes, play a mock round of the game or anything to stand out.

For more information, visit familyfeud.com or call the Contestant Department Hotline at (323)762-8467. Contestants could win up to $100,000 and a brand new car.

GAME SHOWS

Continued from Page 1B

Mattord did go home with several consolation prizes, including a sewing machine and a floor lamp, recalled Judy.

Today, “The Price is Right” is a network TV show on CBS five mornings a week, hosted by Drew Carey since 2007. Bob Barker had hosted the show since 1972, when it was re-invented from the original show in 1956.

Another Fenton resident, Chryssi French Castro, was on “Let’s Make a Deal” in 2014, showing up at the studio with her boyfriend, Mike Schilling, in wild costumes after scoring free tickets online, while at a business conference in Los Angeles. She played one of the games with host Wayne Brady, in a show that aired April 11, 2014.

Tim Helms, a 1983 Fenton High School graduate, won $415,000 in prize money in 2000, when he appeared with host Maury Povich, on the game show “Twenty One.” Obviously, game shows have been around for years, with “Truth or Consequences” the first game show to air on commercial television in 1941 in the New York market, then going national in 1950.

During the following decade, game shows became a permanent fixture on American TV. Daytime shows like “The Price is Right” produced lower-stakes games and prime time game shows, like “500 Questions,” offered higher stakes.

Why are they so popular? It’s America’s great spectator sport, according to TV Guide. People like to watch other people think under stress. It’s also more about the fun than the money, according to one “Password” producer in 1974.

How to Tell the Truth (1956)

What’s My Line (1950)

I’ve Got a Secret (1952)

Hollywood Squares (1966)

Concentration (1958)

Jeopardy! (1964)

Truth or Consequences (1950)

America’s fascination with game shows has gone up and down during the decades. “Who Wants to be a Millionaire,” which debuted in 1999, has been credited for the revival of game of show popularity. In 2006, “Deal or No Deal” became a popular series because of its high risk and high reward factor.

In the summer of 2015, ABC-TV brought the popular daytime game show “Family Feud” to prime time, adding celebrities into the mix. “Celebrity Family Feud,” hosted by Steve Harvey, became more popular than ever, prompting ABC to only renew it for a second season, but also revive two other popular game shows from the 1960s and ’70s.

Now Sunday nights offer the new “ABC’s” Sunday Fun and Games,” consisting of “Celebrity Family Feud” at 8 p.m., “The $100,000 Pyramid” at 9 p.m. and “Match Game” at 10 p.m.

There’s also a Game Show Network, which shows old favorites like “The Newlywed Game” and “The $25,000 Pyramid,” as well as new shows like “Wimsanity” and “Window Warriors.”
Families and community members from across the Linden area attended the Argentine Township Fire Department’s open house on Sunday.

In addition to touring the fire station and meeting firefighters and first responders, the Byron Masons provided the Michigan Child ID Program registration, and the North Oakland County Fire Authority (NOCFA) taught kids what to do in the event of a fire.

A representative from Consumers Energy provided information on gas and electrical utilities safety, and members from Move Over Michigan Inc. talked about protecting emergency workers along roadways.

“Our open house had an excellent turnout,” said Fire Chief Matt Lafferty. “The main purpose of our open house is to spread the word about fire safety by letting the community get an up-close look at our equipment and demonstrations.”

HOT LINE CONTINUED

I DON’T WANT either candidate. Neither one of them is Christian. But for a guy that’s labeled a crazy, womanizing lunatic, he sure does have a awful lot of signs out in people’s yards. Just saying.

LET ME GET this straight. Trump has a good share of the Republicans and Democrats in this country worried and scared, people who are aware of what’s going on. You think that’s a good reason to vote for him? I question your intelligence.

I’M READING THAT Obama has increased our national debt more than all the presidents combined in American history. It reminds me of a little kid who’s got his hand in the cookie jar. He doesn’t know how to stop stealing, and we’ll be left holding the bill.
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PUBLIC NOTICE
CHARTER TOWNSHIP OF FENTON

YOU ARE HEREBY NOTIFIED OF A REGULAR PUBLIC HEARING TO BE HELD TUESDAY OCTOBER 25, 2016 AT 7:00 PM BY THE CHARTER TOWNSHIP OF FENTON ZONING BOARD OF APPEALS AT 12000 MANGATAWA. THIS HEARING WILL BE HELD TO CONSIDER THE FOLLOWING:

NEW BUSINESS:
ZBA16-037 Jeff & Lisa Harris, 11332 Fawn Valley Tr, Fenton:
Requesting a 26 ft. front yard setback variance to build an addition at 15123 Marl, parcel 06-28-527-041.

ZBA16-038 Diane Stevens, 4475 Harp, Linden:
Requesting a 27 ft. front yard setback variance to build a garage, parcel 06-28-551-001.

ZBA16-039 Jeffrey Starkey, 6449 McCandlish, Grand Blanc:
Requesting a 17.5 ft. sight line variance to build a new house at 4231 Saddler, parcel 06-21-526-005.

This notice is published in compliance with PA 267 of 1976 as amended (Open Meetings Act), MCLA 41.72a (2) (3) and the Americans With Disabilities Act (ADA).

Fenton Township will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials being considered at the meetings, to individuals with disabilities at the meeting or public hearing upon 14 days notice to Fenton Township.

Individuals with disabilities requiring auxiliary aids or services should contact Fenton Township by writing or calling the following: Robert Krug, Fenton Township Clerk, 12060 Mantawauka Drive, Fenton, MI 48430, (810) 629-1537.

Ordinances, meeting schedules and other Township information are also available at www.fentontownship.org.

ROBERT KRUG,
FENTON TOWN HSH PATERN CLERK

FENTON WHISPERWOOD
4042 Whitman, stand alone condo. 2 bedrooms, 2 baths, new refrigerator, stove and flooring in kitchen, 1 car attached garage, main level laundry, huge basement, $1,300 per month, 810-955-2395.

3 BEDROOM UPDATED RANCH
Holly, Basement, Garage, $1,100 per month, 810-845-1861. Geri American Associates.

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3 BEDROOM
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3 BEDROOM RANCH
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4 bed, 3.5 bath, 3 car, 1 acre, finished walkout. Super Clean.
248-568-8514.

ALL ADVERTISEMENTS PUBLISHED in the Tri-County Times are subject to approval before publication. We reserve the right to edit, refuse, reject or cancel any ad at any time.
The Fenton Township Board held a regular meeting on Monday October 3, 2016 at the Fenton Township Civic Community Center, 12060 Mantawauka Drive, Fenton, Michigan and took the following actions.

1. The Fenton Township Board held a regular meeting on Monday October 3, 2016 at 8:00 a.m. to 1:00 p.m. Friday. Ordinances, meeting schedules, meeting minutes and other Township information are available at www.fenton township.org.

ROBERT E. KRUG
FENTON TOWNSHIP CLERK
Lake Improvement Board for Tipsico Lake Township of Rose, Oakland County, Michigan

HEARING OF PRACTICABILITY

Notice is hereby given that the Lake Improvement Board for Tipsico Lake in the Township of Rose, County of Oakland, will meet in the Rose Township Hall, 9080 Mason St. Holly, Michigan at 6:30 p.m. on Tuesday, November 1, 2016 to determine the practicability of a five year project consisting of aquatic weed control, vegetation management, and miscellaneous expenses necessary for the implementation of the Lake Improvement program for the period beginning January 1, 2016 and ending December 31, 2020. The estimated annual cost of the project is $65,999.97.

This hearing is called pursuant to the provisions of Section 30910 of Part 309 of Public Acts No. 59 of 1995.

Lake Improvement Board for Tipsico Lake

LEGAL NOTICE

Lake Improvement Board for Tipsico Lake Township of Rose, Oakland County, Michigan

HEARING OF ASSESSMENT

Notice is hereby given that the Lake Improvement Board for Tipsico Lake in the Township of Rose, County of Oakland, will meet in the Rose Township Hall, 9080 Mason St. Holly, Michigan at 6:30 p.m. on Tuesday, November 1, 2016 to review, to hear any objections to, and to confirm a five-year special assessment roll for the purpose of implementing a five year project consisting of aquatic weed control, vegetation management, and miscellaneous expenses necessary for the implementation of the Lake Improvement program for the period beginning January 1, 2016 and ending December 31, 2020. The total annual assessment is determined to be $65,999.97 with individual annual assessments of $408.04 per unit. Off-lake properties are assessed at one fourth of one unit. The commercial property Old Indian Camp shall be assessed at six and one fourth units and the commercial property Brown’s Landing will be assessed at nine and three fourths units. The special assessment roll will be on file at the Rose Township Offices for public examination.

Any person may appeal and be heard at the said Hearing, which is called pursuant to the provisions of Section 30913 of Part 309 of Public Acts No. 59 of 1995.

Lake Improvement Board for Tipsico Lake
Obituaries

Edward August Neville
Edward August Neville - age 82, of Linden, died September 12, 2016. A celebration of his life will be held 1 PM Sunday, October 9, 2016 at Linden Presbyterian Church, 119 W. Broad St., Linden.

Kathryn Hayward

Elizabeth Towle

Barbara Boyle

Jerome Jorgensen

Ashley Knajdek

Betty Eillery

Freida Sutton

Lovina Chew

Myrna Woodruff

Rene Holove

McCurdy Raymond “Ray” Cypher 1927-2016
McCurdy Raymond “Ray” Cypher - age 89, of Fenton/St. Helen, died Friday, September 30, 2016. Funeral Mass was celebrated 11 AM Tuesday, October 4, 2016 at St. John the Evangelist Catholic Church, 600 N. Adelaide St., Fenton. Fr. Robert Copeland celebrant. Interment was held 9 AM AM Monday, October 5, 2016 at Great Lakes National Cemetery, 4200 Beltford Rd., Holly. Visitation was at Sharp Funeral Homes, Fenton Chapel, 1000 Silver Lake Road, Fenton, Monday, September 3, 2016 from 1-4 and 6-8 PM. There a vigil service was held at 7 PM and at church Tuesday from 10 AM until the time of the Mass. Those desiring may make contributions to Wounded Warriors Project. Ray was born April 16, 1927 in Marwood, PA, son of McCurdy Martin “Mac” and Pearl Viola (Knoch) Cypher. He married Marilyn Jean Reardon August 27, 1948 in Cabot, PA. Ray was a veteran of WWII serving in the U.S. Air Corp. He received his Bachelor’s Degree from Slippery Rock State College and his Master’s Degree from the University of Michigan, Ann Arbor. Ray taught one year in Pennsylvania then came to Michigan in 1950 and spent 34 years at the Ather- ton Community Schools; four years as a teacher; eight years as a principal; and twenty two years as superintendent of schools. He was a member of St. John the Evangelist Catho- lic Church. He also was a founding and life member of the Burton F.W. Post #277 and life member and past Commander and Chaplain of St. Helen Ameri- can Legion Post #416. Ray loved hunting, fishing, and boating with his sons and their family. Surviving are: his wife of 68 years, Marilyn; sons, W. Daniel and wife Laura Cypher of Fenton and David and wife Jenn-Aryn Cypher of Fenton; grandchildren; Owen and wife Stacy Cypher of Kan- sas City, MO, Josh Cypher of Reno NV, Catherine Cypher of Washington D.C., Harrison Cypher of Fenton. Abby and husband Dan Allen of Oxford, and Lauren Zepeda of Fenton; great-grandchildren, Lyla, Jared, Cannon, and Carter; brother, Ben and wife Mary Lou Cypher of Sylvania, PA; and several nieces and nephews. He was preced- ed in death by his parents and brother, Charles Cy- pher. Online condolences may be posted on the obituaries page of www.sharpfuneralhomes.com.

Brian Booth

Sandra Dantzer

Jeffery Wolos

Myrna Woodruff

Rene Holove

Sandra Lane

McCurdy Raymond "Ray" Cypher 1927-2016
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Pay attention to patients

DEAR AMY:
Recently, I took an elderly relative to have a cancerous growth removed from her face. I was grateful that the doctor allowed me to be with my relative during the procedure, but I was appalled that the doctor and his staff chatted to each other throughout the procedure. Occasionally, they would tell my aunt what they were doing, but by far most of their conversation was about their weekends and other ordinary details of their lives. My aunt was fully conscious the whole time, and after the procedure she told me that this made her uncomfortable. I thought it was incredibly disrespectful for medical professionals to treat a patient almost as if she wasn’t there, even while they undertook the procedure, but I didn’t say anything. What’s the best way for patients and patients’ advocates — to remind medical professionals to keep their conversations professional and to keep their focus on their patients? — Appalled

DEAR APPALLED:
I shared your question with Patricia McTieernam, a spokesperson for the National Patient Safety Foundation in Boston. Here is her response: “Many people find it hard to speak up during encounters with health professionals, but it is especially important to speak up if you think something is wrong or if you are uncomfortable. In this situation, the family member could have said: ‘I know that you all do this every day, but this is a new experience for us. Would you mind if we limit conversation to my aunt’s care?’ Alternatively, the relative could have asked to speak privately with a member of the health care team, who could then convey the message to the others. It is vitally important for patient safety that patients and family members be engaged in the care and recognized as members of the team.”

Tips for taking the next step in weight-loss journey

DEAR DR. ROACH:
I have been trying to lose weight, with no results. I cut back on carbs and sugar. In general, I watch what I eat. I also go to the YMCA and work out — in the water mostly, because my legs hurt so much. I weigh 286 pounds. I would love to lose 100 pounds, but I am not having any luck. When I go to my primary-care doctor, he tells me that I need to lose weight. When I tell him what I have been doing to try to lose weight, he doesn’t believe me. I think I need more help with my weight problem. I don’t know if I should find a new doctor, or what? — J.S.

ANSWER:
I have heard variations of this story so many times from my own patients that I am sure you are trying. However, losing weight is a very difficult thing to do. Once your body has reached a certain weight, it is incredibly hard to get things turned around. Fortunately, it is possible for everyone to lose weight. But you certainly do need help. So does your primary-care doctor. As an alternative to getting a new one, I think it might be worthwhile to see an expert in weight loss. By this I mean a field requiring knowledge of new medications, as well as potentially using medications approved for other conditions in an “off label” way to help you lose weight. One of the first things to look at is the medicines you already take. Most primary-care doctors don’t know (and I mightn’t have, if I didn’t work at an institution where research and teaching about this goes on) how many medications for blood pressure, depression, and diabetes (among others) can cause weight gain as a side effect. Sometimes switching medications can help a great deal. Most primary-care doctors are uncomfortable prescribing medications for weight loss, especially after the disaster caused by the combination of fenfluramine and phentermine (fen-phen). There are newer and safer medications now. Metabolic conditions such as Cushing’s disease and hypothyroidism need to be looked for. Careful evaluation of the diet — using food diaries and often enlisting the expertise of a registered dietician nutritionist — is of paramount importance. Since there is so much misinformation, I almost always find people eating unhealthy foods and avoiding healthy ones, to their detriment. You should be congratulated on finding an exercise that you can do, and be encouraged to do so every day. Finally, since you are 100 pounds or so overweight, your doctor also should consider the risks and benefits of bariatric surgery, the most effective way (and only reliable one for most people) of losing that much weight.

Dr. Roach regrets that he is unable to answer individual letters, but will incorporate them in the column whenever possible. Readers may email questions to AmooraGoodHealth@med.cornell.edu.

To view and order health pamphlets, visit www.rbmamall.com or write to Good Health, 628 Virginia Drive, Orlando, FL 32803.

DVD RELEASES

X-MEN: APOCALYPSE
The X-Men are forced to confront an ancient mutant called Apocalypse (Oscar Isaac) in this comic-book adventure set in the 1980s. Eager to take over the world and remake it in his own image, Apocalypse recruits mutants to act as his powerful “Four Horsemen” — among them is the tortured Magneto (Michael Fassbender), who believes humanity might be a lost cause after a personal tragedy. In time, Charles Xavier (James McAvoy) and his charges must work together to save the planet from this threat.
PG-13, 2 hr. 16 min. Action & Adventure, Science Fiction & Fantasy

SWISS ARMY MAN
A man stranded alone on a deserted island (Paul Dano) makes one last attempt at escape after an unusual dead body (Daniel Radcliffe) washes up on shore. The talking corpse provides the castaway with a number of selected tools, which he’ll need if he wants to be reunited with his love (Mary Elizabeth Winstead). This surreal drama is the feature-film directorial debut of music-video filmmakers Daniel Scheinert and Daniel Kwan.
R, 1 hr. 42 min. 1 hr. 35 min. Drama

Pumpkin Pull Apart Bread

INGREDIENTS:
DOUGH:
2 cups flour
2 1/4 teaspoons baking powder
1/2 teaspoon salt
1/4 cup sugar
1 egg
1/2 cup very warm milk
2 tablespoons pumpkin
1 package active dry yeast
1/2 cup bread flour

FILLING:
2 tablespoons butter, melted
1/2 cup packed brown sugar
1 tablespoon ground cinnamon
2 tablespoons melted butter

FROSTING:
2 oz. cream cheese, softened
1/4 cup powdered sugar
1/2 teaspoon pumpkin pie spice
2 tablespoons milk
2 tablespoons chopped pecans, optional

INSTRUCTIONS:
In the bowl of your stand mixer, combine the flour, brown sugar, yeast and salt. Stir in the pumpkin, milk and egg just until everything is combined. Cover with a piece of plastic wrap and let rise until almost double. (Let rise on a lightly oiled work surface. Roll dough into a 16x12 inch rectangle with the long side facing you. For the filling combine the brown sugar and cinnamon in a small bowl. Spread the melted butter over the dough then sprinkle with the brown sugar and cinnamon mixture. Cut dough rectangle vertically into four 12x4 inch strips. Stack the strips then cut five or six 2x4 pieces leaving everything in stacks. Place in prepared pan cut side up. Cover and let rise until almost double. (Let it rise to the top of the pan then bake) Bake at 350 degrees for 30 minutes or until golden. Cool loaf 10 minutes before removing from pan. Let cool completely before frothing. To make the frosting combine the cream cheese, powdered sugar, pumpkin pie spice and milk in a small bowl. Spread over cooled bread. Top with pecans if desired. *Store leftovers wrapped in foil for up to two days. Enjoy!*

www.lifesambrosia.com

SUNDAY SCRAMBLER

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

TO YOUR GOOD HEALTH

By Keith Roach, M.D.

Keith Roach

To view and order health pamphlets, visit www.rbmamall.com, or write to Good Health, 628 Virginia Drive, Orlando, FL 32803.

Answer key located in this edition
Fall Savings Event

$500 Off
X500 Series Mowers

$300 Off X300 Series Mowers

ADDITIONAL $300 OFF
OR 0% FOR 72 MONTHS
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1023E, 1025R,
3032E, 3038E
Up to $1,800 Off*
3032E, 3038E

Free Case
with Select Saws

10% Off Stihl Power Equipment

0% for
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