

In this section:

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- ★ Real Estate
- ★ Features
- ★ Business
- ★ Obituaries
- ★ Much More!



Life Style



SUNDAY, NOVEMBER 30, 2014
Section B



Grief Support Meetings

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The 'lost' art of

Thank you

notes

By Yvonne Stegall
ystegall@tctimes.com

“All gifts should be acknowledged with a note, unless the goodies were opened in front of the giver...”

emilypost.com

Learning to write thank you notes is a great skill for children to learn. It teaches manners and gratefulness.

When a thank you note is expected

Wedding or baby shower gifts. A written note of thanks, even if you've given thanks in person, should be sent within three months.

Wedding gifts. Each wedding gift should be acknowledged with a written note within three months of receipt of the gift, even when you've given thanks in person.

Congratulatory gifts or cards. Send a note to anyone who sends a present or card with a personally written message to acknowledge an accomplishment, such as a graduation or promotion.

Gifts received when sick. Notes should be written when the patient feels well enough, or a relative or close friend can write notes on his or her behalf.

Sympathy notes or gifts. Send a written thank you note to anyone who sent a personal note, flowers, or a donation. It's fine for a close friend or relative to write notes on the recipient's behalf.

Gifts of money. In your note, let the giver know how you'll use a money gift — to furnish your apartment or add to your savings.

Holiday and birthday gifts. Write thank you notes for holiday and birthday gifts as soon as possible, preferably within two or three days.

Thank you gifts. Gifts sent as a “thank you for...” require a note of appreciation in return. It's necessary to let the sender know that the present arrived and is appreciated.

Source: emilypost.com

Someone at the Times office mentioned that they put a package of thank you notes in their children's stockings for Christmas, encouraging them to give thanks to the people who give to them. For many, thank you notes are reserved for wedding receptions and baby showers. However, once upon a time, people sent these little notes of gratitude for many more reasons than just a party.

A little research online held a discovery

IS THIS CUSTOM MAKING A COMEBACK?

that maybe the art of the thank you note isn't dead, after all. In fact, The New York Times recently ran an article listing numerous professionals that still abide by the rules of being thankful, including

Jimmy Fallon, who takes his thank you notes to a more hilarious level, such as thanking his family members for crazy things they have done.

When it comes to the art of thank you notes, who better to ask than Emily Post? A visit to emilypost.com will fill your mind with many reasons to say thank you, the proper ways to do so (is it okay to just send an email) and, of course, when to send.

See Thank you on 2B



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Compiled by Christopher Jones, staff reporter

streettalk

When was the last time you sent a thank you card?



"About three weeks ago, to my daughter, for driving me to the doctor."

— Margaret Trivett
Grand Blanc



"Last week. We sent it to a brother and a sister-in-law."

— Dan Harrell
Argentine Township



"Monday, to a person who's been doing my nails. We're moving and we won't be using her now."

— Charlene Snek
Fenton



"I sent out a thank you card to someone who gave me a gift for my birthday this year."

— Beth Shannon
Linden



"When I married seven years ago, for people who came to the wedding."

— Pam Drake
Argentine Township



"A week ago. I thanked someone who did a good deed. Not for me but I felt she should know about it."

— Judy Hogan
Fenton

Thank you

Continued from Page Front Page

According to emilypost.com, "All gifts should be acknowledged with a note, unless the goodies were opened in front of the giver — then you have the chance to thank them in person." However, there is an exception to this rule. Older generations may expect a handwritten note (and by older generations we are talking anyone 40 and above, because this writing fits into that generation).

One of the biggest questions out there is when to send your thank you notes. Post's website suggests that you start writing them as soon as possible. However, even a "late" note is better than no note at all.

We've covered an "in person" thank you, but what about emailed thank you notes? This lends to a degree of emotional distance, which means that they show less care and appreciation. While



Summary

►When was the last time you sent someone a thank you note? Showing appreciation is always in style.

a quick email to a best friend saying thanks might be OK, one to your grandmother would not be so welcomed.

Thank you notes don't need to be reserved for just thanking someone for a gift, however. Show your appreciation to a loved one by sending them a thank you letter "just because."

Surfing the Internet for a new career

►There are jobs 'virtually' everywhere

By Yvonne Stegall

ystegall@tctimes.com; 810-433-6792

The traditional ways of job hunting are outdated now that technology has slowly worked to take control of our lives. Instead of heading out to job hunt door-to-door and business-to-business, most people can easily apply for work from the comfort of their own homes. Most chain stores and restaurants actually direct people to online applications.

However, it isn't just the application process that has gone digital. Now job fairs are going to the virtual world, too. No more standing in line and walking from table to table to talk to recruiters. With virtual job fairs, you can do it from home in your pajamas!

For Michigan residents looking for work and Michigan employers looking for workers, Pure Michigan Talent Connect is running regular virtual career fairs at michiganvirtualcareerfair.com. According to their website, the state of Michigan has sponsored 14 MiVirtualCareerFair events since 2012, connecting more than 189 employers and 27,045 job seekers.

Andrew Belanger, talent enhancement project coordinator for Michigan Economic Development Corporation, said, "With over 85,000 Michigan jobs posted on Talent Connect, MiVirtualCareerFairs are an innovative tool that help connect talent to opportunity." He added that as a talent attraction tool, in past events they have seen job seekers participate from across Michigan, the U.S. and the globe.

Belanger said, "Prior to event, participation exhibitors have the ability to build a booth, customizing it to meet their branding needs. Adding videos, documents, links and more, they create

an interactive space where job seekers can view their job openings and learn about their organization.

"Prior to events, job seekers can register at no cost, creating their profile and uploading their resume. On the day of the event, they can explore hundreds of jobs and interact with hiring managers and recruiters from participating employers."

For those who think that a virtual job fair is an impersonal way to apply for work, participants in these events still have the ability to chat with participating employers, interact with other participants in a Networking Lounge and even talk with Talent Connect staff.

Not only does this virtual job fair give you the opportunity to converse with prospective employers and other job hunters from the comfort of your own home or the local coffee shop, you can also explore career development resources and interactive content in the Auditorium and Resource Lounge. There is a Hometown Michigan

booth where out-of-town job seekers can learn more about living in Michigan. There is a booth for the Michigan Veterans Affairs Agency (MVAA) to learn about veterans benefits in Michigan, too.

Moreover, if you missed the virtual event, you can access archived job openings for 30 days after the event. The last event was Nov. 12, and the archives can be accessed through Dec. 13.

Upcoming 2015
VIRTUAL JOB FAIRS

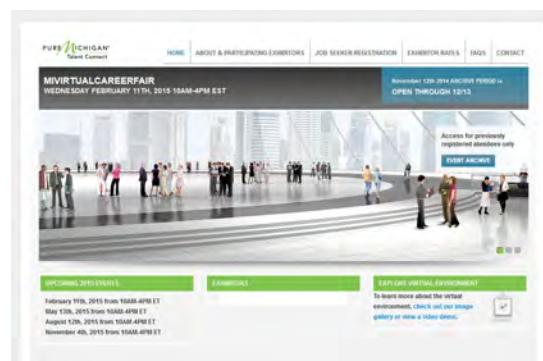
Feb. 11 • 10 a.m. to 4 p.m.

May 13 • 10 a.m. to 4 p.m.

Aug. 12 • 10 a.m. to 4 p.m.

Nov. 4 • 10 a.m. to 4 p.m.

Source: michiganvirtualcareerfair.com



“...MiVirtualCareerFairs are an innovative tool that help connect talent to opportunity.”

andrew Belanger

Talent enhancement project coordinator, MEDC

PUBLIC NOTICE
CHARTER TOWNSHIP OF FENTON

YOU ARE HEREBY NOTIFIED OF A REGULAR PUBLIC HEARING TO BE HELD TUESDAY DECEMBER 16, 2014 AT 7:00 PM BY THE CHARTER TOWNSHIP OF FENTON ZONING BOARD OF APPEALS AT 12060 MANTAWAUKA. THIS HEARING WILL BE HELD TO CONSIDER THE FOLLOWING:

NEW BUSINESS:

ZBA14-043 Anthony Kalakay, 14089 Eastview
Requesting side yard set back variance to demolish part of the existing structure rebuild on the same foundation. Parcel 06-29-577-011

ZBA14-044 Zenon Fedirko, 16443 Lock Dr. Linden
Requesting front yard set back variance to construct an attached garage at 5025 Harp Dr. Parcel 06-29-577-011

COPIES OF THE ABOVE LISTED APPLICATIONS AND THE TOWNSHIP ORDINANCES ARE AVAILABLE AT THE TOWNSHIP OFFICE FOR YOUR REVIEW. YOUR OPINIONS MAY BE EXPRESSED VERBALLY AT THIS HEARING OR IN WRITING TO THE BOARD OF APPEALS PRIOR TO THIS HEARING. THE ZONING BOARD OF APPEALS ENCOURAGES YOUR PARTICIPATION IN THESE APPEALS.

This notice is published in compliance with PA 267 of 1976 as amended (Open Meetings Act), MCLA 41.72a (2) (3) and the Americans With Disabilities Act (ADA).

Fenton Township will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities at the meeting or public hearing upon 14 days notice to Fenton Township.

Individuals with disabilities requiring auxiliary aids or services should contact Fenton Township by writing or calling the following: Robert Krug, Fenton Township Clerk, 12060 Mantawauka Drive, Fenton, MI 48430, (810) 629-1537.

Ordinances, meeting schedules and other Township information are also available at www.fentontownship.org.

ROBERT KRUG,
FENTON TOWNSHIP CLERK

Music apps for your smartphone

►Your mobile device can become the ultimate music-discovery tool with the push of a button. There are tons of great music apps that deserve your ears. Here is a list of our favorites.

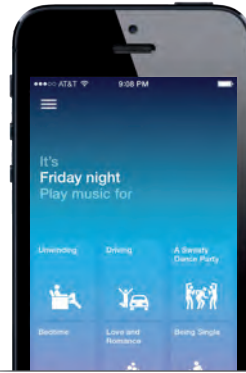
Sources: theweek.com, digitaltrends.com, tomguide.com



Spotify

Free (\$9.99/mo. upgrade)

Spotify has become synonymous with online streaming music, thanks to its familiar UI, Facebook integration and massive song library of more than 20 million tracks. The Spotify mobile app has been updated to allow for more free music streaming than ever, and a \$9.99 monthly subscription allows you to save an unlimited number of songs for offline listening. Factor in Spotify's artist radio stations and new Browse function for finding playlists, and you'll likely be hitting Play on this app for a long time to come.



Songza

Free (\$3.99/mo. upgrade)

In the case of Songza, the mood sets the music. The app showcases high-quality audio spanning numerous genres and allows you to choose from a variety of curated stations based on the time of day and specific scenario, whether it's working out, driving, or cooking.



Rdio

Free (\$9.99/mo. upgrade)

Touting more than 20 million tracks and unlimited streaming, Rdio offers everything from classic hits and trending new releases from all your favorite artists. You can also follow artists and prominent taste marker, or curate a special playlist with friends.



iHeartRadio

Free

If you're looking for an app that combines the spontaneity of radio with the convenience of smartphones, iHeartRadio deserves a spot on your device. This free app allows you to tune in to tons of local stations, as well custom-built ones that deliver tunes based on your listening habits. iHeartRadio also builds playlists based on specific activities and moods, such as relaxing and working out, so finding the right song for the occasion is effortless.



Pandora

Free (\$4.99/mo. upgrade)

Pandora is a mainstay of the streaming realm despite its dwindling user base. The service curates custom radio stations utilizing advanced algorithms based on a specific track or artist, delivering songs catered toward you that only get better with feedback.



Beats Music

Free (\$9.99/mo. upgrade)

Beats might be a newcomer in this category, but the headphone company knows a thing or two about making music look and sound great. That experience carries over to Beats Music, a streaming app with a strikingly sleek interface and a song library that will satisfy even nitpicky audiophiles. Beats is built to help you find the perfect music for any mood, and hardcore music buffs will find plenty to love in the app's wealth of curated playlists.



Shazam



Free

(\$6.99 one-time fee upgrade)



Ever heard a song and wished you knew what it was called or who recorded it? Shazam **detects songs and television shows in a matter of seconds**, proving purchasing options, lyrics, and a convenient means of streaming the tracks via Spotify once recognized.

Sound Hound



Free

(\$6.99 one-time fee upgrade)



SoundHound identifies songs for you the way Shazam does, but it one-ups the competition by allowing you to **hum a melody and be redirected to the matching song**. You can also play your existing music library with on-screen lyrics, which is sure to be a hit at your next private karaoke party.

What's the name of this song?

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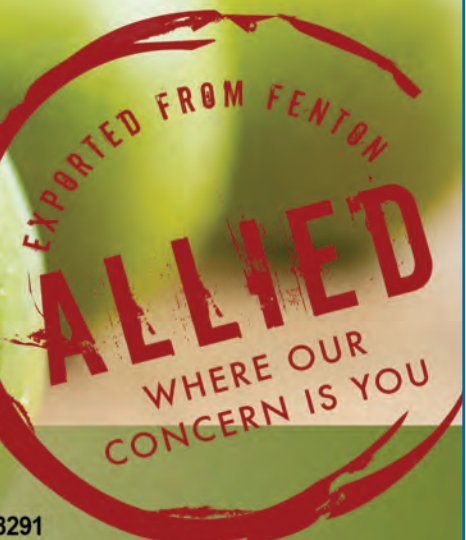
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Business Profiles



TRI-COUNTY TIMES | SALLY RUMMEL

Dan Lynch and Michelle Sikora are pictured here in their new "shops within a shop" retail store, Vintage Row, in Fenton.

Vintage Row

New boutique-style shopping opens in Fenton

By Sally Rummel

news@tctimes.com; 810-629-8282

A unique new shopping style has opened in Fenton, with the debut of local boutique retailer Vintage Row.

Located at 1459 North LeRoy St., across from Uncle Ray's Dairyland, Vintage Row features 29 vendor booths in one retail space. Each booth area boasts a unique artist/crafter's style, from repurposed furniture to vintage antiques, metal art, signage, shabby chic, rock 'n' roll memorabilia and more.

Vintage Row is also the only local retailer to carry Cherry Republic products, made in Glen Arbor, Michigan. "Most of our products are from local craftspeople or made in Michigan," said Michelle Sikora, who owns the shop with Dan Lynch. "We do carry a very unique line of jewelry made from repurposed glass by an artist in Penn-

sylvania."

Sikora is an artisan crafter in her own right with her own retail and wholesale soy candle company, The Candle Closet, made and sold on-site at Vintage Row. Because of her interest in promoting her own craft, she and Lynch have created a network of crafters for their boutique.

It's the concept of "urban market shopping," according to Sikora. "We offer 'shops within a shop.' It's not resale; it's not consignment; it's a boutique-style retail marketplace. There's a big difference between homemade and handcrafted. Handcrafted is our niche."

Vintage Row is open Tuesday through Saturday from 10 a.m. to 6 p.m. and Sunday from 12 to 5 p.m. For more details, call (810) 208-0890 or visit their page on Facebook.

The Well

New yoga studio opens in Fenton Township

By Sally Rummel

news@tctimes.com; 810-629-8282

Some people are intimidated by yoga, thinking they have to be thin, athletic, and young to strike a pose.

Heather Reina is hoping to change all that through the doors of her new yoga studio, The Well, open since September.

"We are a place you can come whether you're a beginner, a senior or an experienced yogi," said Reina, a certified yoga instructor for Holy Yoga, a world-class yoga experience based on Judeo-Christian scriptures in the Bible. "You can come in knowing there's grace here."

The Well offers yoga classes for all levels, taught by certified yoga instructors Heather Reina, ANna Brunsink and Sherry McWilliams. Classes include hatha yoga for a general introduction to basic poses, power yoga for those who are more athletic and ashtanga for a more rigorous sequence of poses. Senior Yoga is offered every Wednesday morning for \$5 per class.

The first class is always free, then there's a 10-20-30 special: 10 classes within 20 days for \$30. Students then pay a per-class discounted rate, with special rates offered for high school and college students. "We offer a two-month unlimited voucher for yoga to anyone who is not in a situation where they can afford classes, but want to try it,"



TRI-COUNTY TIMES | SALLY RUMMEL

Certified yoga instructors Heather Reina (owner, left), and ANna Brunsink strike a double tree pose in the lobby of The Well yoga studio.

said Reina. "Just send me an email at thewell@wellinhim.com."

The Well is located at 4037 Owen Road, Fenton, in the same plaza as Mancino's Pizza & Grinders. For more information, call (810) 962-7055, visit their Facebook page, The Well in Fenton or their website at www.wellinhim.com.

This week's *inserts*

EZ
READ

• Alpine Marketplace

- Arby's
- Auto Value
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- Direct TV
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- Sears Hometown Stores
- Target

EZ
READ

• VG's

- Walgreens
- Walmart

To have your insert/flyer viewable online, call Gail Grove at 810-433-6822.

Business *briefs*

PROMOTION ANNOUNCED

Glik's has announced the promotion of Ashley Stobaugh to co-



Ashley Stobaugh

manager of its Fenton store on Silver Parkway. Stobaugh attended Baker College and majored in accounting. Formerly, Stobaugh had been a senior

assistant manager at the store. Glik's is a 117-year-old, family-owned apparel and footwear retail store chain with 62 locations in nine states.

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Your health ‘by the numbers’

► These important digits will provide you with information about your overall health

By Sally Rummel
 news@tctimes.com; 810-629-8282

We all live our lives by the numbers — our cell phone numbers, our PINs, our credit scores, etc. However, there are much more important numbers that may mean the difference of life and death — health numbers like our weight, our waist, our cholesterol, etc.

Healthy numbers mean a healthy heart. If you follow a healthy lifestyle — eat a balanced diet, get regular exercise and avoid smoking, you may even be able to turn “bad” numbers around, with small lifestyle changes.

Here are five health numbers each of us should know:



1. Blood pressure

More than 50 million American adults have high blood pressure, which can cause many health problems, including cardiovascular disease, chronic kidney disease and stroke.

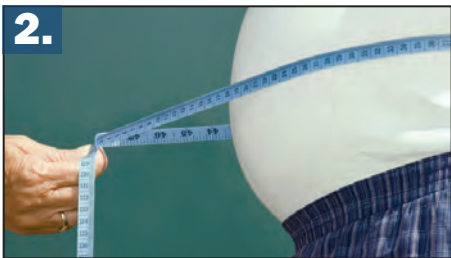
Get in the habit of testing your blood pressure once a month. You can invest in a device to use at home. Test it at the same point in the day, when you’re most relaxed. For accuracy, take three readings and use the average.

The top number, the systolic pressure, indicates the amount of force on the arteries as your heart contracts and pushes blood through the arteries while it’s beating. The diastolic, or bottom number, measures the pressure in the arteries when the hearts rests between beats.

By the numbers: A normal systolic reading is 120 — 140 is considered too high (hypertension stage 1) and 180 is dangerous (hypertension stage 2).

2. waist size

If your waist size is too large, you double your risk of dying prematurely. That’s because belly fat sends out a toxic stream of chemicals impacting the whole body. Measure at your natural waistline, which is above your hipbone and below the rib cage. Be mindful of your posture



and suck in your stomach, since the fat you’re measuring is deep inside the belly.

By the numbers: Over 35 inches in women and over 40 inches in men greatly increases the risk of chronic diseases. The ideal waist size for women is 32½ inches and 35 inches for men.



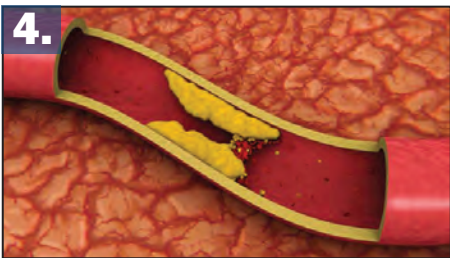
3. weight

One of the easiest numbers to calculate, your weight can be an indicator of your overall health. According to the Centers for Disease Control and Prevention (CDC), one out of three Americans is considered obese, which can cause many health problems, including cardiovascular disease, gastroesophageal reflux disease, gout, hypertension, high blood pressure and cancer.

By the numbers: The average American woman stands about 5-feet 4 inches tall. At this height, she should weigh less than 175 pounds, the cut-off point for obesity. The average American man is about 5-feet 9-inches tall and should weigh less than 196, his cut off for obesity. You can add or subtract five pounds per inch, depending on your height.

4. Cholesterol

High cholesterol is a major risk factor for cardiovascular disease. To test your cholesterol levels, a doctor or other health professional will have to administer a simple blood test.



By the numbers: Rather than memorizing your total cholesterol number, pay more attention to the two forms it’s carried in: HDL and LDL. Your HDL, the healthy cholesterol, needs to be 50 or better; your LDL, the unhealthy cholesterol, should be under 100.

5. Fasting blood sugar

This measures your risk for diabetes, a chronic disease that can lead to blind-



ness, cardiac disease, kidney failure, nerve problems and an impaired immune system. Your fasting blood sugar, determined with a simple blood test or finger stick test, should be measured after an eight-hour fast.

By the numbers: A fasting blood sugar number above 100 is considered pre-diabetic and should be discussed with your physician.

Source: Dr. Oz

GRAND OPENING

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Find a fitness program that 'fits'

Choose an activity that you enjoy and will stick with for a lifetime

By Sally Rummel

news@tctimes.com; 810-629-8282

Dawn Cavanaugh, 43, of Byron has danced her way down 70 pounds since joining Jazzercise of Fenton in November last year.

Not only does she find the dance moves motivating and fun, she also enjoys the social aspect, visiting the Fenton studio four to six times a week.

Patty Barsalou of Linden enjoys going to Planet Fitness in Fenton to maintain

her 80-pound weight loss. "It's so cheap (\$10 a month) that I haven't given up my membership like I used to at other gyms," she said. She also enjoys watching and learning from other members as she uses weight machines at Planet Fitness. "There are lots of people in my age group that are really fit," said Barsalou, 55. "I figure if they can do it, so can I."

Twenty-four hour fitness is one of the biggest selling points of a facility like Anytime Fitness in Fenton, which al-

lows members to fit a workout into their schedule any time of day or night, at any Anytime Fitness club in the world. "This makes it easy for you to continue on your fitness quest wherever and whenever you want," said Kelly Rickabus, franchise owner of Anytime Fitness in Fenton. In addition to offering cardio and strength machines, this local gym also offers classes like "Guts and Butts" and "Strength Spin" to create an environment of fun while working out.

Jazzercise and gym memberships are just a few of the dozens of fitness programs available in the tri-county area — from yoga at The Well to Body Pump at Fenton Fitness & Athletic Club, there are an endless array of choices when selecting a fitness program.

So how do you find the program that is right for you?

Ask yourself these questions, suggests the Mayo Clinic:

What is your current fitness level?

You may already know how fit (or not) you are, but assessing your fitness level can help you set your goals and measure your progress. To assess your aerobic and muscular fitness, flexibility and body composition, record:

- Your pulse rate before and immediately after walking one mile.
- How long it takes to walk one mile.
- How many pushups you can do.
- How far you can reach forward while seated on the floor with your legs outstretched
- Your waist circumference at hipbone level
- Your Body Mass Index

Do you have any health issues?

If you're 50 or older, haven't exercised for some time, or have chronic medical conditions such as diabetes or heart disease, you should consult your doctor before beginning an exercise program.

Your age might also impact your balance, elasticity of tendons, frequency of injuries, etc. That doesn't mean you shouldn't exercise, but you should seek input from your doctor and keep it in mind when choosing an exercise program. For Cavanaugh, it means going at her own pace and adjusting to a different level when doing a Jazzercise routine. "Knowing there many different options for every move makes it work for me," she said.

What are your goals?

Why do you want to start a fitness program? If weight loss is your goal, you may want to rev up your program. Having clear goals can help you stay motivated.

What activities do you enjoy?

A fitness program should include physical activities that you enjoy, because you'll be more likely to keep up with it. You should also choose a setting where you're comfortable and that fits your personality and temperament.

If you're a social person, you might enjoy the camaraderie of a program like

See pRog Ram on 7B

Happy Holidays from Planet Fitness!

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www.planetfitness.com

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Times
Featured Section



TRI-COUNTY TIMES | FILE PHOTO

Co-inventor Ryan York of Chicago, formerly of Fenton, demonstrates a flat press with 130 pounds using the VersaSpotter in this October file photo. The machine is adjustable, tested for 650 pounds, and can make a spotter unnecessary.

What's next for Fenton inventors' VersaSpot?

►Weight-lifting 'spotter' may find its popularity in Big Ten athletic departments

By Sally Rummel

news@tctimes.com; 810-629-8282

Former Fenton residents Ryan York and Joe Polidan have spent the last five years developing a piece of gym equipment called the VersaSpot, an innovative mobile device that promotes safety and energy conservation for weight-lifters while performing a variety of specific dumbbell exercises.

“The trade show was a pivotal moment for us, and drove us in a different direction.”

ryan york
VersaSpot inventor
with Joe Polidan

The idea came about from York's and Polidan's 30-year friendship and their common interest in working out, even while both pursued careers on opposite ends of the coast after college.

The VersaSpot was patented in June after a two-year process. Now that the design and manufacturing phases are in process, this patented invention has moved into the marketing and distribution phase — including its most recent appearance at the Club Industry Trade Show in Chicago Oct. 22-23.

The inventing duo's participation in this trade show created a pivotal change in their marketing perspective for VersaSpot.

“Our first goal was that the Versa Spot would become ‘standard equipment’ in all major commercial gyms

around the U.S.,” said York, who was in town last Saturday from his home in Chicago. “The trade show was a pivotal moment for us, and drove us in a different direction. Now we see the VersaSpot being used in the near future at Big Ten college athletic departments. There's already been a lot of interest, but schools have requested anonymity.”

Currently, VersaSpot is being used as a demo piece of equipment at Fenton Fitness & Athletic Center, NASA Wallops Flight Facility in Virginia and at Harbor Beach High School in the Thumb.

Having moved their marketing strategy into this new direction, both York and Polidan are now working with lawyers regarding their licensing options for VersaSpot. “It's a matter of whether we want to do all this ourselves, or enter into a licensing agreement with



TRI-COUNTY TIMES | FILE PHOTO

Co-inventor Ryan York (left) talks with Jeff Tirrell, program director at Fenton Fitness.

a major corporation to give us huge growth distribution,” said York.

He's expecting more action as colleges wind down their fall sports seasons and enter into weight-training mode during the winter and spring.

To check out VersaSpot for yourself, visit versaspot.com and also watch a YouTube video about their invention.

Stay on track for GOOD HEALTH

The Downing Clinic has been helping patients take the natural approach to health since 1991.

- Internal Medicine/Primary care
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Open 9 am to 5 pm M-F




The Downing Clinic

Laura Kovalcik, D.O.
f.a.c.o.l.
Board-certified Internist

pProg Ram Continued from 6B

Zumba, Jazzercise or the martial arts. If you like to challenge yourself while working out among others, a gym membership or health club might be your ticket to fitness. If you prefer to exercise alone or know you won't commit to a formal program, you may prefer to work out at home.

How can you add variety to your workout?

Aerobic activities might dominate the majority of your workout, but your fitness routine should also include strength training, cross training to emphasize different part of your body, and work on flexibility and balance as part of a functional aspect of fitness. Cross training will also help reduce the risk of injuring or overusing one specific muscle or joint.

Just as variety is the spice of life, it's also an important part of your fitness routine. Variety is the best way to keep exercise boredom at bay. “Jazzercise is always different each time I come,” said Cavanaugh. “There are different routines, different levels and different instructors.”

What can you afford?

Make sure your fitness program is affordable within your budget. You don't have to have a personal trainer that charges by the hour to get a good workout. You can base a fitness program around brisk daily walks and inexpensive hand-held weights or resistance bands.

Community ed classes and senior programs like Silver Sneakers at Powerhouse Gym (free to qualifying seniors) and Anytime Fitness can help keep the costs down.

Watch for schools to be opening their hallways to walkers during the winter as another cost-saving measure.

Ready, set, GO

You've researched the possibilities and perhaps sat in on a few classes, to get a feel for what you might like to do. Now it's time to get started. Start slowly and build up intensity gradually. Consistency is one of the most important aspects of keeping up with an exercise program. You have to give it enough time to reap the benefits you're looking for.

Most healthy adults need:

- At least 150 minutes a week of moderate aerobic activity or 75 minutes a week of vigorous aerobic activity.
- At least twice a week, perform strength-training exercises.

“I don't think it matters so much what you do, as long as you get out there and do something,” said Cavanaugh.

“Jazzercise is always different each time I come. There are different routines, levels and instructors.”

dawn Cavanaugh

Would You Like to
HEAR *for the Holidays?*



Sleigh bells ring... can you hear them?

How well will you hear the sweet holiday sounds at this year's choir concert? When your family and friends gather for a festive dinner, will you be able to follow the lively dinner-table conversation?

Don't miss a minute of joy this holiday season!

We understand how challenging hearing problems can be for people. Every day we see people leaning forward, heads cocked and even cupping their ears – struggling to hear. As hearing care professionals, we help people find solutions for better hearing so they don't miss out on the joy of the holiday season. (Or the rest of the year!) The best way to reassure yourself that you are not missing special moments this season is to get a comprehensive hearing exam and consultation at Miracle-Ear.

Holiday Offers You Don't Want to Miss!

buy one,
get one
50% off
ON ME-1 OR
ME-2 SOLUTIONS

Buy One Fully Digital
Miracle-Ear Hearing
Aid and Get the
Second One 50% Off!

Good only from participating Miracle-Ear® locations. One coupon per purchase. No other offers or discounts apply. Discount does not apply to prior sales. Offer valid on ME-1 or ME-2 Solutions. Cannot combine with any other offers. Cash value 1/20 cent. Offer expires 12/31/14.



100% INVISIBLE
MIRACLE-EAR MIRAGE!



So Little Can
Do So Much!



Getting Started. It's Free and Easy.

At Miracle-Ear, we make our process comfortable and convenient. We also offer you a variety of valuable services – at no charge.



FREE Ear Canal Inspections†

A miniature camera "tours" your ear canal. You may not have a hearing loss, it may be nothing more than earwax.



FREE *Hearing Test*[†]

A complete hearing test that reveals where you need hearing help. Recommended annually.

Ask About Our Special Financing Offers

Make your holiday come alive with a nearly invisible hearing aid from Miracle-Ear!

If you suffer from hearing loss, now is the time to take the next step and improve your hearing with a Miracle-Ear hearing aid. They are remarkably small and discreet... no one will know you're wearing them except you!

MIRACLE-EAR | 18010 Silver Parkway
Hearing Center | **FENTON**
810-750-2626



**Jason
Gilmore**
Hearing Instrument Specialist

*Audiotone Pro® not included **Hearing aids do not restore natural hearing. Individual experiences vary depending on severity of hearing loss, accuracy of evaluation, proper fit and ability to adapt to amplification.†Our hearing test and video otoscopic inspection are always free. Hearing test is an audiometric test to determine proper amplification needs only. These are not medical exams or diagnoses nor are they intended to replace a physician's care. If you suspect a medical problem, please seek treatment from your doctor.

*Celebrate the Joy of **Better Hearing** this Holiday Season!*



REAL ESTATE



JOB



AUTOS



CLASSIFIED DEPARTMENT: 810-629-8194

SUNDAY, NOVEMBER 30, 2014

PAGE 9B



Personal Notices



Help Wanted



Help Wanted



Help Wanted



Help Wanted



Help Wanted

VET TO VET SUPPORT GROUP MEETING

December 6th
at Knights Of Columbus Hall
in Fenton, 3-5p.m.

ALL VETERANS WELCOME!!

ADMINISTRATIVE ASSISTANT

Duties include: Coordinate meetings, luncheons, travel plans and engagements. Assist as needed with daily correspondences, monitor expenses. Send your resume and salary expectations to: nielphy@gmail.com to apply.

TIMES NEWSPAPER DRIVER ROUTES

AVAILABLE SOON: Fenton, Holly and Linden. Must have vehicle and be at least 18 years old. Must be able to deliver all newspapers by 2p.m. every Saturday. Reliable and able to deliver in all weather conditions. Email Stacia Moses at sshute@tctimes.com or mail to PO Box 1125, Fenton, MI 48430.

DRIVERS-TRACTOR TRAILER

\$50,000. Guarantee 1st year, full time, regional drivers, clean MVR, CDL-A 2 years OTR van experience. Non-smoker, no criminal record, no touch freight. Home weekends and benefits. \$1,000 bonus. Call 517-223-7330, Monday-Friday, 8-5p.m.

EXPERIENCED INDIVIDUAL

with proven writing skills for part-time reporting position. Reporting duties would include some local government meetings, as well as events in the Fenton area. Photo journalism skills a plus. This position is part-time with compensation based on experience. Qualified candidates can email resume and newspaper writing samples to news@tctimes.com.

RN/LPN

Needed for Full Time/Part Time All Shifts.

Argentine Care Center, Inc.
9051 Silver Lake Rd.
Linden, MI 48451
Phone (810) 735-9487
Fax: (810) 735-9035
EOE




810.629.2220
Downtown Fenton
120 N. Leroy St.
(Across from the State Bank Loan Store)

Each office is independently owned and operated.

Professionals

FENTON CONDO





15200 Silver Parkway, Fenton

Beautiful move in ready 2 bedroom, 2 bath Condo located in one of Fenton's most desirable areas. Walking distance to shopping, dining, and Parks. First floor easy access. Carport included!

\$89,900

Bob Hutchins
810-407-0371





VL Turner Rd., Tyrone

Prime hunting property in Fenton, Tyrone Twp. 12.91 acres. Survey available upon request. Large percentage of hardwoods. Abundant with wildlife.

\$105,000

Carol Verhelle
810-691-0589





Whether you are buying or selling... I'm ready to help!

Contact Steve Stadler at 810-250-1987

Wishing everyone a safe and happy holiday season!

Steve Stadler
810-250-1987



OPEN HOUSE SATURDAY DEC. 6TH 1-3PM



300 E. Broad St., Linden

Beautiful home in Downtown Linden. 3 bedrooms 1.5 bath, 1st floor laundry, 2 car garage, wrap around porch and New Roof! Steps away from parks, beaches and the library! Simply a great place to call home!

\$124,900

Hollie Matlock
810-223-2340



PENDING



11000 County Line Rd., Ortonville

Well maintained 4 bedroom home on 8.6 acres. Hardwood floors in the bedrooms, 1 1/2 baths, 1st floor laundry, 2 car garage, huge basement and a 4 season room that is heated. Make your appt. today.

\$209,900

Kim Rinks
810-444-4411



OPEN HOUSE SUNDAY NOV. 30TH 1-3PM



15217 Apollo Dr., Holly

OPEN HOUSE: Sunday Nov. 30th, 1-3pm. Fantastic building with unlimited possibilities. Currently has 2 restaurants and barber shop leasing. Other units available for lease. Great location just off Grange Hall Rd.

\$895,000

Michael Wagner
248-640-4722





If you're thinking of BUYING AND/OR SELLING now or in the future call me, Nancy, for a free Market analysis. I can help YOU!

Nancy Carlson
810-923-523

Coldwell Banker Professionals would like to invite the community to bring

New Toys, Cash or Checks to the Fenton Jinglefest Parade on Saturday, Dec 6.

You can place your Toys in our truck and the Marines will be collecting Cash & Checks for Toys for Tots.

TOYS FOR TOTS DROP OFF

Our office hours are Mon.-Fri. 8:30am to 5:00pm, Saturday 10am to 3pm, Sunday 12pm to 3pm.

CNAs

Needed for 2nd & 3rd shifts Must be certified

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9051 Silver Lake Rd.
Linden, MI 48451
Phone (810) 735-9487
Fax: (810) 735-9035
EOE

INSURANCE CSR NEEDED

for Fenton insurance agency. Experience preferred but not required. Please send resume to: ejankowski@bbmich.com.

SIGN UP

for Text blasts to receive local help wanted listings—
Text **JOBS** to 810-475-2030.

Looking for some extra money and making a difference in someones life?

We're looking for someone with great customer service, and available to work flexible hours, holidays and weekends.


Please apply at 16300 Silver Parkway, Fenton MI. No phone calls please.

Lockwood of Fenton
A SENIOR COMMUNITY



If you have a passion for colors... If you are creative with fabrics and textures... Then you could build a career with us!!

- Full-Line Furniture Store with 4 Locations
- Excellent Salary, Bonus Commissions, SPIFFS
- Selling the finest furniture in Michigan
- Must be outgoing, motivated to succeed and willing to learn
- Email resumé to Rodney@FentonHomeFurnishings.com or call 810-629-0650

 **Cars For Sale**

1998 CHEVROLET PRIZM
4 door, great condition, 140,000 miles, 5 speed, white, brand new clutch. \$1,700. Call 810-922-6553.



1985 CHEVY
116,000 miles, V8, automatic, dependable, good condition.
\$1,500. 810-394-1072, 810-735-8385.

2006 BUICK LACROSSE
V-6, 26 miles per gallon, front wheel drive, leather heated seats. Perfect for Michigan weather! \$4,800. 586-530-6836.

STEAL THIS LAKEHOUSE

Silver Lake - Trophy Location!



MAKE OFFER

REDUCED! \$799,999

Silver Lake Rd. 1 mile west of Silver Parkway turn south on Pinewood and follow signs to 15155 Pinewood Trail, Fenton

Indoor Basketball Court/Exercise Facility! MILLION DOLLAR VIEW!
5 Bedrooms, 3.5 Baths. 1.5 Acre Estate. Finished Lower Level, Gourmet Kitchen, Pond, Sauna, WetBar, Three Fireplaces, Wonderful Curb Appeal.
2 Decks, 3 Car Garage w/Storage Above!

RE/MAX Grande Contact the Scott R. Myers Group
(810) 397-3192, cell • (810) 695-4111, ext. 114 or myersremax@yahoo.com

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JOIN OUR TEAM • GREAT TRAINING • GROWING OFFICE

LOOKING FOR A CAREER CHANGE?

We are now Accepting Applications for new or experienced agents!



Contact Michael Wagner,
Today at 810-629-2220
to schedule a personal interview.

CHARTER TOWNSHIP OF FENTON
PUBLIC NOTICE OF 2014 BUDGET HEARING

The Charter Township of Fenton Board of Trustees will hold a public hearing on the proposed township budget for fiscal year 2015 at the Fenton Township Civic Community Center on Monday December 1, 2014 at 7:30 p.m. The property tax millage rates to be levied to support the proposed budget will be a subject of this hearing. A copy of the budget is available for public inspection at the Fenton Township Office, located at 12060 Mantawauka Drive. Office hours are Monday-Thursday, 8:00 a.m. to 5:00 p.m and Friday 8:00 a.m. to 3:00 p.m.

ROBERT E. KRUG
FENTON TOWNSHIP CLERK
12060 MANTAWAUKA DRIVE
FENTON, MI 48430-8817
(810) 629-1537

HOLLY TOWNSHIP NOTICE OF ANNUAL DECEMBER BOARD OF REVIEW

The Holly Township Board of Review will hold its annual December meeting as follows:

DATE: Tuesday, December 9, 2014

TIME: 2:00 p.m.

PLACE: Holly Township Hall
102 Civic Drive
Holly, Michigan 48442
248-634-9331 Ext. 304

PURPOSE: To correct any of the following errors in assessments, and tax rates:

- ◆ A clerical error, such as an erroneous posting of an assessment as \$250,000 when it should have been \$25,000
- ◆ A mutual mistake, such as a building being assessed to the wrong description
- ◆ A mistake in the millage rates, such as levying 32 mills instead of 30.2 mills
- ◆ A mistake in mathematical calculation, such as 40 acres multiplied by \$750 equaling \$22,800 instead of \$30,000
- ◆ To review claims of qualified homestead on properties
- ◆ To review hardship/poverty claims

Karin S. Winchester, Clerk

PLANNING COMMISSION
CITY OF FENTON
GENESEE COUNTY, MICHIGAN

NOTICE OF PUBLIC HEARING FOR SPECIAL LAND USE REVIEW

THURSDAY, DECEMBER 18, 2014

Notice is hereby given that the City of Fenton Planning Commission will hold a public hearing at 7:00 p.m., or as soon thereafter as the matter may be heard, on Thursday, December 18, 2014 for the purpose of considering a special land use request from Trinity Lutheran Church to allow construction of a new church at 1025 Main Street, Tax ID #53-25-400-009. The property is located on the south side of North side of Main Street, east of N. Howard Street and west of Andover Woods Drive, and is zoned LMR, Low-Medium Density Residential District, where churches are special land uses.

The public hearing will be held in the City Hall Council Chambers, 301 South Leroy Street. The purpose of the public hearing is to describe the proposed special land use request and receive public comment on the proposal. All interested parties are welcome to attend and present their comments.

A copy of the special land use request is available for public inspection at the City of Fenton offices, 301 South Leroy Street, during regular business hours. Written comments concerning the special land use may be submitted at the above address prior to the hearing and will be made part of the official record. All minutes of meetings are available at the City Clerk's office.

Comments and questions may be directed to the City of Fenton Zoning and Building Administrator, Brad Hissong, at 810-629-2261.

PLEASE CONTACT THE FENTON CITY CLERK'S OFFICE IF ANY ACCOMMODATIONS ARE NEEDED DUE TO A DISABILITY.

NOTICE
ARGENTINE TOWNSHIP RESIDENTS
DECEMBER 9, 2014 BOARD OF REVIEW

The Argentine Township Board of Review will hold its December meeting as follows:

DATE: Tuesday, December 9, 2014

TIME: 9:00 A.M.

PLACE: Argentine Township Hall
9048 Silver Lake Road
Linden MI 48451
(810) 735-5050

Purpose: To correct any of the errors in assessments and tax rates, to review claims of qualified homestead on properties and to review hardship/poverty/veterans claims

Denise Graves, Clerk, Argentine Township

Synopsis of Argentine Township Regular Board Meeting November 24, 2014

Call to order @ 7:00 p.m.
Pledge of Allegiance led by Supervisor Cole.
Present: Graves, Ciesielski, and Cole. Absent: Hallman and Schmidt.
Approved: Minutes as printed of October 27, 2014. of Regular Board Meeting and of October 27th, 2014 Executive Session.
Approved: Budget Amendments.
Approved: Payment of bills as presented.
Authorized: Hiring of part-time police officer Anthony Matthews.
Authorized; Chief Reid to sent a termination letter to part-time probationary fire-fighter.
Issued 5 Building Permits in the amount of \$2.060.00.
Accepted: Terms of proposed tentative police contract.

Adjourned @ 7:15 p.m.

Submitted by Denise Graves
Argentine Township Clerk

NOTICE OF SPECIAL ASSESSMENT HEARING

City of Fenton
County of Genesee, Michigan

TAKE NOTICE that the City Council of the City of Fenton, Genesee County, Michigan, has received a petition signed by over 50% of the property owners on Lake Fenton within the City of Fenton to make the following described improvement in the City of Fenton:

Implement an aquatic weed eradication and control program for the portion of Lake Fenton within the boundaries of the City of Fenton.

The City Council has determined that the total cost of the above-described improvements shall be assessed against the following parcel identification numbers:

53-23-576-001	53-23-576-003	53-23-576-004	53-23-576-005	53-23-576-006
53-23-576-007	53-23-576-008	53-23-576-009	53-23-576-010	53-23-578-001
53-23-578-002	53-23-578-003	53-23-578-004	53-23-578-005	53-23-578-006
53-23-578-007	53-23-578-008	53-23-578-009	53-23-581-001	53-23-581-002
53-23-581-003	53-23-581-004	53-23-581-005	53-23-581-009	53-23-581-010
53-23-581-012	53-23-581-013	53-23-581-014	53-23-581-015	53-23-581-017
53-23-581-018	53-23-581-019	53-23-581-021	53-23-582-001	53-23-582-002
53-23-582-003	53-23-582-004	53-23-582-005	53-23-582-006	53-23-582-007
53-23-583-001	53-23-583-002	53-23-583-003		

TAKE FURTHER NOTICE that the City Council has caused a report concerning said improvements to be prepared, which report includes necessary plans, profiles, specifications and estimates of cost of such improvements, a description of the assessment district, and other pertinent information and this report is on file in the office of the City Clerk and is available for public examination.

TAKE FURTHER NOTICE that the City Council will meet on December 8, 2014 at 7:30 P.M., local time, at the City Hall Council Chambers, 301 South Leroy Street in the City of Fenton for the purpose of hearing objections to making of such improvements.

This Notice is given by order of the City Council of the City of Fenton, Genesee County, Michigan.

Renee Wilson, City Clerk

BY TRIBUNE MEDIA

SundaySudoku

		1						
				3				8
4	3		6					2
	4			7				9
	2	3	1		4	5	8	
7				8			6	
	6				5		7	3
5				6				
		4				2		

ANSWER KEY LOCATED IN THIS EDITION

Cars For Sale

2010 RED CADILLAC SRX

60,000 miles, loaded, excellent condition, original driver. Asking \$23,000. Call 810-701-7938.

Real Estate For Sale

REAL ESTATE WANTED

Mark and Tim buy houses. Fast closings available. Sell today! Please call 810-584-5575.

Land For Sale

LOON LAKE

2 lots left! Completely developed, ready to build. View of two lakes, \$10,000 and up. Best offer, quick sale! 810-964-3472 or 810-735-6887.

Manufactured Homes

BRAND NEW HOMES

Free Rent until 1/1/15. Homes starting at \$899. \$198 moves you in (with no pet). Hartland Schools. Call Sun Homes at Cider Mill Crossings, 888-703-6652. Offer expires 11/26/14. Located off US/23 and Clyde Rd. Fenton, MI. www.cidermillcrossings.com. EOE.

Industrial

COMMERCIAL PROPERTY

for lease. Light industrial Building-Space #1-3,000 SF or Space #2-7,700 SF. Amenities: Office space included, 16' overhead door, A/C in shop, Northern Oakland County, off Dixie Hwy., minutes from I-75/E Holly Rd (Exit 98). Call Dave for more information, 810- 444-1380.

Real Estate For Rent

BRIGHTON - 7 ROOM

HOUSE. 2 bedrooms, single garage. \$850/month. Near US-23 and I-96. 810-750-4434.

Rooms/Apts. For Rent

HOLIDAY SPECIALS! FREE HEAT AND WATER

Starting at \$699. 810-629-5333.

HOLLY - LARGE ONE BEDROOM

Upstairs duplex plus computer room and dining room. \$600/month. 248-328-0492.

LaFonda Apartments

In Fenton

1 bedroom\$500

2 bedroom\$600

CALL FOR MORE INFORMATION

810-629-5871

www.cormorantco.com

Rooms/Apts. For Rent

LINDEN TWO BEDROOM

Close to park and lake. Heat included, no pets. \$625 per month. 810-735-1900.

Miscellaneous for Sale

ROCK-OLA JUKE BOX

Low-boy style, comes with oldies music, plays great. Additional records available. \$499 or best. Call 810-869-3429.

BOWFLEX XTREME

Like new condition. Original cost \$1,500, NOW \$550! Call 810-714-5120.

KING FEATURES

SuperCrossword

ACROSS

1 Rest lazily

7 "Fame" singer

16 Wood-trimming tool

20 Ice-block houses

21 Bottom-line costs

22 Taunt in fun

23 Talks Texas-style while trapped by some rubble?

25 Era-spanning story

26 Legislator in D.C.

27 Crowded

28 — -Magnon man

29 Part of rpm

30 "As — often the case ..."

31 Things enjoyed at a beer-selling gallery?

38 — charge (gratis)

41 Become swollen

42 Dried out

43 "Quiet down!"

44 What major flooding may do to an Australian state?

49 Hammy actor

51 Item swiped for credit

52 Sums of cash

55 "There is Nothin' Like —" ("South Pacific" song)

56 Suffix with fool or ghoul

57 A law unto —

59 Order

61 Game with pawns

63 Baby tiger

65 "— Gold" (Peter Fonda film)

66 SSE part

67 Dull color worn by violinists?

72 Gem with a play of colors

76 John Hersey's "A Bell for —"

78 Prefix with physics

79 Take potshots (at)

80 Papas who love pekoe?

85 Riches

89 Elite retreat

90 Second part of a play

91 Not live, as a TV show

93 Shark to watch out for

95 Team esteem

97 Gorgeous resident of Rome?

99 Brian of Roxy Music

100 Nest eggs for srs.

103 Aleve rival

104 Cure- — (panaceas)

105 Dog trained to load ships?

108 "The Man" Musial

111 Seat winners

112 Sorority

113 Conical-bore instrument

120 Boy shopping for toppish clothes?

125 Loathsome

126 Very big dog

127 Broadway's "Miss —"

128 See 117-Down

129 "The Divine Sarah" of stage and screen

130 Data-entry person

DOWN

1 Pan toppers

2 Real meanie

3 — Bator

4 At once

5 Top medals

6 Twisty paths

7 Little hotels

8 Gave out new hands

9 Summer, in Toulon

10 "On the Media" airer

11 Time of note

12 About, in dates

13 Squirrel food

14 Modify, as a program

15 Set a price of

16 Totally lost

17 Proxima Centauri, e.g.

18 — and zag

19 Sorority letter

24 Game using a large deck

29 Fabricated in advance

30 Ames' home

32 Wall-to-wall people, e.g.

33 Poi base

34 Jellyfish woe

35 Rapping "Dr."

36 Main topic

37 Mole's kin

38 Counsel

39 Singer

40 Quick bites

41 F preceders

45 CBS military drama

46 Large tank

47 CPA hirer

48 Ireland's — Lingus

50 Like a heavy favorite

53 In- — -face

54 Toni Morrison bestseller

58 PC monitor type

60 la. neighbor

62 Arenas

64 Plead

67 Rage

68 — -Aryan

69 Bring to ruin

70 Braid anew

71 Fawn nurser

73 Flower part

74 Plea

75 Finds out

77 Many newspapers

79 Mets' old ballpark

80 Housebroke

81 — Lodge

82 Appalling

83 Takeoff abbr.

84 Kitchen wrap

86 — nitrite (angina treatment)

87 Chou En- —

88 Blast stuff

92 Mani- —

94 Actor Arkin

96 Make a gaffe

98 "The Lost Weekend" co-star Ray

101 Hope (to)

102 Silk spinner

106 Genuflected

107 Chinese, e.g.

108 Punker

109 Vicious

109 Amorous rendezvous

110 Test, as ore

114 Work without —

115 Berra of baseball

116 Valentine's Day god

117 With 128-Across, sped

118 A bit askew

119 Furry scarf

120 Soviet Union spy org.

121 Ultimate degree

122 Toothpaste tube letters

123 — es Salaam

124 Helpful lead

Real Estate For Rent

FENTON TOWNSHIP

3 bedroom, 1 bath. \$800/month plus deposit. Includes sewer/water/trash. Taking applications. Call 810-820-0961.

FENTON DOWNTOWN

2 bedroom, \$665. ALSO 3 bedroom in nice country setting, \$770. For details call 810-629-6095. NO Smoking/Pets.

Read Recycle

PUZZLE ANSWER KEYS

King Crossword, Wednesday Jumble, Wednesday Sudoku puzzles are located in last Wednesday's issue. All other puzzles are throughout this edition.

SUPER CROSSWORD ANSWERS

L O U N G E I R E N E C A R A A D Z E
I G L O O S N E T P R I C E S T W I T
D R A W L S U N D E R A R O C K S A G A
S E N D E N S E C R O P P E R
T S S O A R T S A N D D R A F T S
A T N O B L O A T S E R S S H H
D R O W N V I C T O R I A E M O T E R
V I S A C A R D M O N E Y S A D A M E
I S H I T S E L F G R O U N D D R E W
C H E S S C U B U L E E S
E A S T F I D D L E R D R A B O P A L
A D A N O G E O S N I P E
T E A D A D D I E S W E A L T H S P A
A C T I I O N T A P E M A N E A T E R
M O R A L E D R E A M Y I T A L I A N
E N O I R A S A D V I L L A L L S
D O C K E R S P A N I E L S T A N
I N S P I S L A I R S Y E W
O B O E K I D I N A D A N D Y S T O R E
F O U L G R E A T D A N E S A I G O N
F A S T B E R N H A R D T T Y P I S T

KING CROSSWORD ANSWERS

Solution time: 25 mins.

A P S I E A M P A Q U A
R O W S L E A S U N G
T R A C K I N G H A I R
E N N U I E J E C T A
D R I P I N K
P E S O D E A L I K E
T E N S L A N T N O G
A L A T Y R O A G I O
C P A S N O W
B I K I N I R A D I O
E D I E F R A C K I N G
R E N T F U N E V E R
G A G A Y E T D A Z E

WEDNESDAY SUDOKU ANSWERS

3	4	9	6	8	5	2	1	7
6	7	2	3	1	9	8	5	4
8	5	1	7	2	4	6	3	9
1	8	4	5	3	7	9	6	2
9	2	6	8	4	1	5	7	3
7	3	5	2	9	6	1	4	8
4	9	8	1	6	3	7	2	5
2	6	7	4	5	8	3	9	1
5	1	3	9	7	2	4	8	6

WEDNESDAY JUMBLE ANSWERS

Jumbles: SEIZE DIZZY GUILTY YELLOW

Answer: When the twins wore matching outfits, they were — WELL "SUITED"

SUNDAY SCRAMBLERS ANSWERS

1. Cower; 2. Admire; 3. Sparse; 4. Serene

Today's Word: REWARD

Miscellaneous Wanted

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CITY OF LINDEN ACCEPTING APPLICATIONS

The City of Linden will be accepting applications for a part-time Administrative Assistant to the City Clerk. Starting part-time salary will be \$13.00 per hour and approximately 24 hours per week. Required experience includes 3-5 years of secretarial or clerical experience including public contact. Governmental experience beneficial but not required. Candidate must have working experience/knowledge of Microsoft Word, Excel, and Power Point. Knowledge of BS&A programs and Michigan Qualified Voter File a plus. Resume and letter of interest should be mailed to City Clerk, P.O. Box 507, 132 E. Broad Street, Linden, Michigan 48451 or to clerk@lindenmi.us no later than 1:00 p.m. on December 17, 2014.

NOTICE ARGENTINE TOWNSHIP RESIDENTS PARK AND RECREATION PUBLIC WORKSHOP

Argentine Township is working with Linden Schools on a Parks and Recreation Plan Update. A workshop is scheduled for December 9, 2014 at 6:00 pm – 8:00 pm at the Argentine Township Hall, 9048 Silver Lake Road, Linden MI 48451. Residents are encouraged to attend. Residents can take an on-line survey at www.lindenschools.org or www.argentinetownship.com or you can pick a paper copy of the survey at the Township Office, Linden Schools or various businesses throughout the township.

Denise Graves
Argentine Township Clerk

RESOLUTION NO. 14-20 TO AMEND THE LOCAL DEVELOPMENT FINANCE AUTHORITY RESOLUTION

At a regular meeting of the Fenton City Council, held at 301 S. Leroy Street, Fenton, Michigan 48430, on the 24th day of November 2014, at 7:30 p.m.

PRESENT: Bland, Grossmeyer, Jacob, Lockwood, McDermott, Osborn

ABSENT: King

The following resolution was offered by Councilman Grossmeyer and supported by Councilwoman Lockwood.

WHEREAS, in 1988, the City of Fenton ("City") was authorized by the provisions of Public Act 281 of 1986 ("Act 281") to create a local development finance authority ("Authority"); and

WHEREAS, pursuant to Act 281 the City Council was required to hold a public hearing on the establishment of the Authority and the creation of an Authority District in which the Authority would exercise its powers; and

WHEREAS, on May 9, 1988, the City Council conducted a public hearing on the proposed Authority and the designation of the proposed Authority District; and

WHEREAS, on August 22, 1988, the City Council passed a resolution creating an Authority for the City of Fenton, designating boundaries of the Authority District, and providing for other matters related thereto; and

WHEREAS, attached hereto as "Exhibit 1" is a copy of the City Council's August 22, 1988, minutes, including the Local Development Finance Authority Resolution, adopted on the same date; and

WHEREAS, the City Council wishes to amend the City's Local Development Finance Authority Resolution as provided herein; and

WHEREAS, the amendments herein do not alter or amend the boundaries of the Authority district to include or exclude lands from the Authority District or create new Authority Districts.

NOW, THEREFORE, BE IT RESOLVED THAT: the City's Local Development Finance Authority Resolution, Paragraphs 7 (Powers of Authority) and 8 (Fiscal Year; Adoption of Budget) are amended as provided below.

1. Paragraph 7 of the City's Local Development Finance Authority Resolution shall be amended to read: POWERS OF AUTHORITY.

(a) The Authority shall have all powers provided by Act 281 as it now exists or as hereafter amended and shall be subject to all of the duties and limitations therein set forth.

(b) The Board may employ and fix the compensation of a director as provided by Act 281 and subject to the approval of the City Council, provided that the amount of any compensation so fixed shall first be set forth in the budget of the Authority as provided in this resolution and be subject to the approval of the City Council. The director shall serve at the pleasure of the Board. A member of the Board is not eligible to hold the position of director.

(c) The Board may appoint or employ and fix the compensation of a treasurer as provided by Act 281, provided that the amount of any compensation so fixed shall first be set forth in the budget of the authority as provided in this resolution and be subject to the approval of the City Council. Although the Board's treasurer shall keep the financial records of the authority and perform other duties as provided by Act 281, the City treasurer shall be the Authority's fiscal agent, responsible for keeping and depositing all monies and funds in such manner and only in such places as the City Council may determine.

(d) The Board may appoint or employ and fix the compensation of a secretary as provided by Act 281, provided that the amount of any compensation so fixed shall first be set forth in the budget of the Authority as provided in this resolution and be subject to the approval of the City Council.

(e) The Board may retain legal counsel to advise the Board in the proper perfor-

mance of its duties, as provided by Act 281, provided that the amount of any compensation, fees or costs to be paid to such legal counsel shall first be set forth in the budget of the Authority as provided in this resolution and be subject to the approval of the City Council.

(f) The Board may employ other personnel, consultants or contractors deemed necessary by the Board, provided that the amount of any compensation fixed for any such personnel, including any contractors or consultants, shall first be set forth in the budget of the Authority as provided in this resolution and be subject to the approval of the City Council.

2. Paragraph 8 of the City's Local Development Finance Authority Resolution shall be amended to read: FISCAL YEAR; ADOPTION OF BUDGET; BUDGET REQUIREMENTS.

(a) The fiscal year of the Authority shall begin on July 1 of each year and end on June 30 of the following year, or such other fiscal year as may hereafter be adopted by the City.

(b) The Board shall annually prepare a budget and shall submit it to the City Council on the same date that the proposed budget for the City, if required by the city charter, is to be submitted to the City Council. The Board shall not finally adopt a budget for any fiscal year until the budget has been approved by the City Council. The Board may, however, temporarily adopt a budget in connection with the operation of any improvements which have been financed by revenue bonds where required to do so by the ordinance, statute or resolution authorizing the revenue bonds. The Authority's budget, which shall be subject to approval by the City Council, must be prepared in the same manner and contain the same information as required for departments of the City in the City's budget and shall include narrative explanations for each line item expenditure. General or vague descriptions of proposed expenditures are not authorized. Such budget must include individual line items for all personnel, including the Authority's director, treasurer, secretary, legal counsel, and any contractors or consultants. If any change in personnel, contractors, consultants or compensation for such personnel as listed herein is proposed during a fiscal year, such shall require submission of a budget amendment, which shall be subject to the approval of the City Council.

(c) The Authority shall submit financial reports to all the City Council at the same time and on the same basis as departments of the City are required to submit reports. The Authority shall be audited annually by the same independent auditors auditing the City and copies of the audit report shall be filed with the City Council and the board.

(d) The City Council may assess a reasonable pro rata share of the cost of handling and auditing the funds of the authority against the funds of the authority, as provided by Act 281.

3. All portions of prior resolutions inconsistent herewith are hereby rescinded.

4. The Clerk of the City of Fenton shall publish this resolution in the manner prescribed by law.

5. This resolution shall take effect upon filing with the City Clerk, filing with the Secretary of State and publication in a newspaper of general circulation within the city.

ADOPTED:

Yeas: Grossmeyer, Jacob, Lockwood, McDermott, Osborn, Bland
Nays: None
Absent: King

RESOLUTION DECLARED ADOPTED.

I, Renee Wilson, City Clerk of the City of Fenton, hereby certify this to be a true and complete copy of Resolution No. 14-20 duly adopted at a regular meeting of the City Council held on the 24th day of November, 2014.

Renee Wilson, City Clerk



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CITY OF FENTON ORDINANCE NO. 685

Ordinance No. 685, which extends the moratorium in place on certain land uses related to medical marihuana in order to review and implement revised land use ordinances addressing the proper location and regulation for such activities, was enacted by the Fenton City Council.

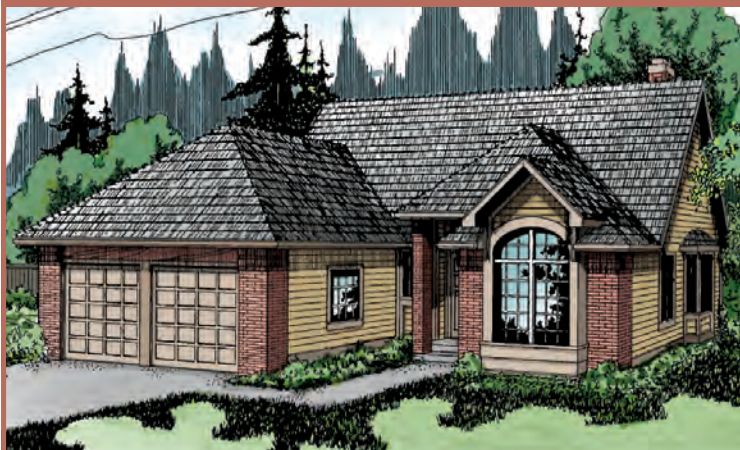
Ordinance No. 685 was introduced November 24, 2014 at a meeting of the Fenton City Council and was subsequently adopted on November 24, 2014. This Ordinance is in immediate effect.

The complete text of Ordinance No. 685 is on file in the office of the City Clerk and available for review by the general public during regular business hours, Monday through Friday, 9:00 AM to 5:00 PM.

PUBLISHED: November 30, 2014

Renee Wilson
City Clerk

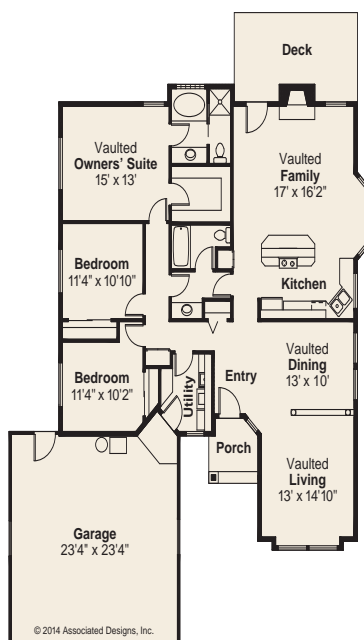
HOUSE PLAN OF THE WEEK



Living Area	1801 sq.ft.
Garage	588 sq.ft.
Dimensions	51' x 64'

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Akron PLAN 10-038

Relatively simple in its layout, the Akron is a compact home designed to fit on a narrow city lot. But simple, here, doesn't mean mundane. And many of the Akron's features are as appealing to first-time home buyers as they are to retirement couples.

Vaulted ceilings, for instance, expand the sense of spaciousness in both the living room and dining room. Even the entry has a lofty 10-foot ceiling and a transom window over the front door.

A waist-high wall, with columns at either end, divides the dining room from the living room. The space between the columns is bridged by a high shelf. Draped with hanging plants, it becomes a living screen of greenery separating the busyness of the dining room from the relaxing calm of the living room. A high arch, stacked with multi-paned windows, fills most of the boxed front living room wall.

Obituaries, Funeral Services and Memoriams



Pamela K. Gill,

Pamela K. Gill - age 70, of Fenton, passed away peacefully surrounded by her family on November 21, 2014. She will be sadly missed by her daughter



Debbie Green; sister Micki (Jeff) Jefferson; grand-daughter Jenay (Garry

Butts) Green; her great-grandchildren Devin and Breanna; special dog Maxie; as well as, many other friends and extended family members. Pamela was preceded in death by her son Tracey and her parents Ovide and Caroline Plante. Cremation has taken place. Interment of ashes will be at Oakwood Cemetery with her son. A memorial service will take place at a later date and will be posted on line. Share memories at www.temrowskifuneralhome.com.



Darrell Moilanen,

Darrell Moilanen - age 64, died November 25, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Terry Kiciak,

Terry Kiciak - age 58, died November 23, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



FUNERAL ETIQUETTE

How long should I stay at a visitation?

It is only necessary to stay for a short time; fifteen minutes or so gives you enough time to express your sympathy. Your simple presence will mean a lot to the family. You do not need to stay for the entire visitation, but try not to leave during any prayers that might be offered.

Source: thefuneralsource.org



Bryan Swarthout 1954-2014

Bryan Swarthout - age 60, of Linden, died Tuesday, November 25, 2014. Funeral services will be held 2 PM Monday, December 1, 2014 at Sharp Funeral



Homes, Fenton Chapel, 1000 Silver Lake Road, Fenton. Pastor Donald Neuville officiating. Interment in Fairview Cemetery, Linden. Visitation will be held at the funeral home Monday from 12 PM until the time of the service. In lieu of flowers, those desiring may make contributions to the Cancer Center at Providence Hospital in Novi. Bryan was born September 17, 1954 in Ann Arbor the son of Harold C. and Doris J. (Imus) Swarthout. He attended Pinckney High School. He had resided in Linden since 1998 coming from Holly. Bryan owned and operated Argus and Associates. He is survived by: wife, Ellen; 7 children, Darcy and husband Dave Aussicker of Holly, Lila and husband Brian Will of Linden, Darrin and wife Tami Hoffman of Waterford, Dana and wife Jill Hoffman of California, Dani and husband Chris Neubacher of Grand Rapids, and Danielle and husband Adam McComb of Fenton; 10 grandchildren and 3 great-grandchildren; mother, Doris Spicer of Harrison; sister, Toni Vincent of Harrison; extended family, Cindy Stokes of Linden and her children, Amanda, Josh, and Andy and her father, Otis and wife Mary Whaling of Romulus; and several aunts, uncles, nieces, nephews, and cousins. He was preceded in death by his father, Harold Swarthout. Online tributes may be posted on the obituaries page at www.sharpfuneralhomes.com.



Margaret Vargo,

Margaret Vargo - age 90, died November 26, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Robert William Yarbrough 1939-2014

Robert William Yarbrough - age 74, of Fenton, died on November 20, 2014. Arrangements are being handled by Sharp Funeral Homes, Fenton Chapel, 1000 Silver Lake Road, Fenton. Those desiring may make contributions to Reverence Hospice. Mr. Yarbrough was born November 28, 1939 in Pontiac, son of Loran Alfred and Emma (Fisher) Yarbrough. He was a member of the Durand Eagles and the Oakland County Sheriff Department Mounted Division for 16 years. Robert was an avid golfer. He is survived by his wife, Nancy; children, Joe and Denise; sisters, Joyce, Ruth and husband Roger; granddaughters, Shelbe, Emma. Online condolences may be posted on the obituaries page of www.sharpfuneralhomes.com.



Robert Hamilton,

Robert Hamilton - age 73, died November 20, 2014. Services provided by Sharp Funeral Homes. www.sharpfuneralhomes.com.



Barbara Dunning,

Barbara Dunning - age 76, died November 25, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Galord Arnold,

Galord Arnold - age 88, died November 24, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Mary Patton,

Mary Patton - age 86, died November 23, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Elinor Huff,

Elinor Huff - age 90, died November 25, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Daniel E. Lewis,

Daniel E. Lewis - passed away peacefully on Sunday, November 23, 2014 at his residence with his



wife, Marian, and two daughters, Denise and Debra, by his side. Daniel

was born in Titusville, Pennsylvania to Earl and Marjorie Lewis. He entered the United States Navy during World War II. After being honorably discharged he married Marian M. Gaylord on August 13, 1949. Daniel worked at McLaren General Hospital Flint as Chief Engineer of the Maintenance Department. He retired in 1985 and they traveled in their motorhome for 13 years going to every state as well as Mexico and Canada. They spent time in Florida before settling down in Mission, TX and remained there for the last 15 years. Daniel was an avid golfer and played 18 holes 2-3 times a week until six months ago. He enjoyed spending time with his family playing bridge, cribbage, and bowling. He leaves behind his wife of 65 years, Marian; daughters, Denise (Ned) Barton, Debra Iben, and Kathy (Robert) Burgess; six grandchildren, Jessica Hodge, Amanda Barton, Robert Jr., Jeffrey, and Steven Burgess, and Danielle Iben; six great-grandchildren, Brad and Bryana Hodge, Lauren and Emily Burgess, and Kyanna and Brian Hardman. Daniel was preceded in death by his parents and his son, Michael D. Lewis. Daniel will be cremated and placed in the Columbarium wall at the Great Lakes National Veterans Cemetery in Holly, MI. A delayed memorial service will be held on Sunday, June 7, 2015 at 2 PM.

Fr. Robert McKeon,

Fr. Robert McKeon - age 89, died November 24, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Marie Standish,

Marie Standish - age 91, died November 21, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Patricia J. Lindgren 1931-2014

Patricia J. Lindgren - age 83, of Bradenton, FL, formerly of Linden, died on November 23, 2014. Funeral Mass will be celebrated 11 AM Monday,



December 1, 2014 at St. Augustine Catholic Church, 6481 Faussett Road, Howell. Fr. Gregg Pleiness celebrant. Burial will follow at St. Augustine Cemetery. Visitation will be held 4-7 PM Sunday at Sharp Funeral Homes, Linden Chapel, 209 E. Broad St., Linden with a Rosary at 7 PM. Those desiring may make contributions to Adopt-a-Pet, 13575 Fenton Rd., Fenton, MI 48430. Patricia was born April 2, 1931 in Deerfield Township, the daughter of Isaac and Virgeline (Ryan) Stiff. Patricia retired from Buick. She had a deep faith in God. She loved animals and her family. She is survived by her husband, Robert; sister, Betty Ellen and husband Dave Graczyk; many loving nieces and nephews. She was preceded in death by her parents and brother, Robert. Online condolences may be posted on the obituaries page of www.sharpfuneralhomes.com.



Carol Elaoufir,

Carol Elaoufir - age 68, died November 26, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Regina Gierdroic,

Regina Gierdroic - age 92, died November 26, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Joyce Carpenter,

Joyce Carpenter - age 75, died November 26, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Edna Mabry,

Edna Mabry - age 85, died November 26, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Ethel Marie Crowley 1928-2014

Ethel Marie Crowley - age 86, of Fenton, died November 26, 2014 in Clearwater, FL. Funeral services will be held 11 AM Wednesday, December 3, 2014 at Sharp Funeral Homes, Fenton Chapel, 1000 Silver Lake Rd., Fenton. Burial will follow in Crestwood Memorial Cemetery. Visitation will be held from 10 AM until the time of service. Those desiring may make contributions to the family. Ethel was born July 18, 1928 in Flint, the daughter of Lester and Louella (Walters) Koon. She had lived in Florida since 2009, but spent most of her life in Fenton. Surviving are: children, Linda Nagy, Donald (Linda) Crowley, Dale (April) Crowley, Mike (Christine) Crowley, John (Suzanne) Crowley, Joyce Holland, Gordon (Gail) Crowley; many grandchildren and great-grandchildren. She was preceded in death by her son-in-law, Randy Holland. Online condolences may be posted on the obituaries page of www.sharpfuneralhomes.com.



Carlos Lopez,

Carlos Lopez - age 63, died November 25, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Dolores O'Kazin,

Dolores O'Kazin - age 83, died November 23, 2014. Services provided by Sharp Funeral Homes. www.sharpfuneralhomes.com.



James Broad,

James Broad - age 52, died November 23, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Michael Sobanski,

Michael Sobanski - age 66, died November 24, 2014. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



Virginia Schneider,

Virginia Schneider - age 84, died November 22, 2014. Services provided by Sharp Funeral Homes. www.sharpfuneralhomes.com.



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Boyfriend fears that dreams will come true

DEAR AMY:
I've recently had multiple dreams where I cheat on my girlfriend. I've never been unfaithful to her or any previous girlfriend, and I've never really even considered it. However, in the dreams I am totally aware that I'm in a relationship, but I still 'hook up' with these girls, usually an ex or a female friend of mine. In my dreams I feel guilty but I don't stop. I'm worried that this dream behavior could transfer over to the real world. Is this likely to happen? What should I do about it?
— Unfaithful Dreamer



relationship and you are anxious about the commitment. Their real meaning is revealed in how you use them to understand yourself better.

DEAR AMY:
I am a woman in my mid-30s. I started dating a new man eight months ago; he seemed wonderful. Recently I have realized what a Jekyll and Hyde character he is. When we are out with people he is fine, but behind closed doors he is verbally abusive (and in texts and over the phone). I have since ended the relationship. Going forward, how do I quiet the voices whispering that what he said is true? — Disillusioned

DEAR DREAMER:
You are not your dreams. Your dreams do not 'transfer over into the real world' or dictate your behavior in your waking life. Your dreams are an expression of your subconscious. Sigmund Freud thought that dreams were an expression of 'wish fulfillment.' Can you enjoy these fantasies, knowing that they are only fantasies? These dreams could mean you are feeling serious about this

DEAR DISILLUSIONED:
You have to realize that the audiotape of put-downs you are replaying in your head is evidence of his insecurity that he has transferred to you. Please don't let this guy continue to punish you in his absence. If you can't quite recover from this, it would be great for you to see a counselor for a time. It would help a lot.

SUNDAY SCRAMBLER

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Hide

C R O W E

Respect

A R M I E D

Scant

R E P A S S

Poised

S N E E R E

TODAY'S WORD



Answer key located in this edition



DVD RELEASES



50% liked it
(Audience score on rottentomatoes.com)

THE EXPENDABLES 3
In The Expendables 3, Barney (Stallone), Christmas (Statham) and the rest of the team come face-to-face with Conrad Stonebanks (Gibson), who years ago co-founded The Expendables with Barney. Stonebanks subsequently became a ruthless arms trader and someone who Barney was forced to kill... or so he thought. Stonebanks, who eluded death once before, now is making it his mission to end The Expendables — but Barney has other plans. Barney decides that he has to fight old blood with new blood, and brings in a new era of Expendables team members, recruiting individuals who are younger, faster and more tech-savvy. **PG-13, 2 hr. 6 min**



60% liked it
(Audience score on rottentomatoes.com)

THE GIVER
The haunting story of The Giver centers on Jonas (Brenton Thwaites), a young man who lives in a seemingly ideal, if colorless, world of conformity and contentment. Yet as he begins to spend time with The Giver (Jeff Bridges), who is the sole keeper of all the community's memories, Jonas quickly begins to discover the dark and deadly truths of his community's secret past. With this newfound power of knowledge, he realizes that the stakes are higher than imagined — a matter of life and death for himself and those he loves most. At extreme odds, Jonas knows that he must escape their world to protect them all — a challenge that no one has ever succeeded at before. **R, 1 hr. 49 min**

Does limiting sugar include fruit?

DR. ROACH:
Medical advice is to reduce sugar consumption. Does this apply to 100 percent fruit juices, fresh fruit, sweetened cereal products or other fruit-sweetened products?
— R.B.

To your

GOOD HEALTH

BY KEITH ROACH, M.D.



KEITH ROACH, M.D.

ANSWER:
I think it makes sense to limit sugar intake, as most North Americans take in remarkably large quantities of sugar. Recently, while giving a lecture at the medical school, I noticed that the carbonated sodas served contained 45 grams of added sugar per can. That's more than the American Heart Association recommends in a day (no more than 25 grams of added sugar per day for women,

40 grams a day for men)! Be careful of products that claim to be sweetened by fruit juice or fruit sugar; this still counts as added sugar. I do make an exception for fruits, as the body processes natural sugars from fruit differently. You can try this out at home by eating four medium-size oranges or drinking its equivalent in an 8-ounce (250 ml) glass of orange juice. I think you will find a big difference in how full you feel. Although reducing sugar is critical for diabetics and is very important for anyone trying to lose weight, even for people with no sugar or weight problems, the evidence is accumulating that eating too much added sugar increases future risk for heart disease and diabetes.

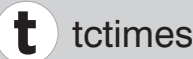
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LEFT OVER TURKEY? TURKEY NOODLE SOUP

Recipe from picsandpastries.com

- INGREDIENTS:**
- 2 1/4 C. cooked, chopped turkey
 - 2 C. celery
 - 2 C. carrots
 - 2 cloves of garlic
 - 8 C. chicken broth
 - 1/4 t. dried bay leaves or 1 bay leaf
 - 1 t. dried thyme leaves
 - 1/2 C. dried wide egg noodles (cook in a separate pot then add to the soup pot once they're cooked)
 - 2 or 3 T. butter
 - salt and pepper to taste

- DIRECTIONS**
1. Saute carrots, garlic and celery in butter until tender, about 10 minutes
 2. In a large stock pot add broth
 3. Add turkey, carrots, garlic, celery, and spices.
 4. Heat on low-medium heat, stirring often.
 5. Once the noodles have finished cooking in a different pot, add it to the soup pot.
 6. Heat all together for about 10 minutes on medium heat. Stir often.
 7. Serve or cover and serve at a later time.
 8. Allow to cool before placing in bowls to put in the refrigerator.

endless

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