First day of school marks end of summer

Local districts expect a stable year for enrollment

By Tim Jagielo
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Lake Fenton — At the high school main office, Kathy Wilkin-son is busy with a line out the door of students. They need help with schedules, locker combinations and vehicle registrations for the student parking area.

The 2014-15 school year opened with the rumble of diesel-powered buses, slamming lockers, hallway chatter and probably a lot of scrambling and nerves.

It’s also a time for schools to get a better picture of their funding situation for the future. For each student gained, districts receive approximately $7,400. They lose the same amount per student, which has in the past, led to layoffs, belt tightening and even closing a middle school in Holly.

While the official count isn’t made until opening day, it’s safe to say the school has a full compliment of students.

Shortly after arriving, students at Lake Fenton High School stream down the central stairwell toward the auditorium for orientation on Tuesday, the first day of school for local districts.

Facebook post fans racial flames?

Now-deleted post called for boycott of Groveland gas station after misunderstanding

By Tim Jagielo
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Groveland Twp — East Holly Village Mobil gas station found themselves the target of social media protests starting Thursday, and culminating into actual protests on Labor Day.

A rumor was spread on social media that an “Arabic man” at the Groveland Mobil called for a boycott of the station.

The manager of the store, Nick Ghalib, denies the rumour and says the store is run by two men, one Arabic, one American.

Laundry detergent pods ‘in hot water’

Centers for Disease Control calls their use ‘an emerging health hazard’ for children

By Sally Rummel
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Doing laundry is always a chore, and detergent manufacturers have tried for years to come up with convenient ways to make the job easier.

While the idea of laundry tablets has been around since the ‘60s and ‘70s, they didn’t gain mainstream appeal until Tide Pods were introduced.

New law affects all sportsmen, not just wolf hunters

By Yvonne Stegall
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While controversy has existed since last year’s wolf hunt in Michigan’s Upper Peninsula over who should determine if the hunt happens, it will now be up to the Department of Natural Resources (DNR) what animals are considered game animals.

This not only gives the right for them to choose if wolves will be hunted, but it also “allows the Natural Resources Commission (NRC) to name game species and issue fisheries orders using sound science,” according to the Michigan United Conservation Clubs (MUCC).

On top of that, it creates a $1 million rapid response fund to prevent Asian carp and provides free hunting and fishing licenses for active military members.

On a mostly party-line vote of 23-10, the Michigan Senate passed the citizen-initiat-ed legislation and the Michigan House of Representatives passed the Scientific Fish and Wildlife Conservation Act this week, with a bipartisan vote of 65-43.
RECIPEs

Slow Cooker Taco Soup
(allrecipes.com)

INGREDIENTs:
• 2 lbs. lean ground beef
• 2 onions, diced
• 2 (15.5 oz.) cans pinto beans, undrained
• 1 (15.5 oz.) can kidney beans, undrained
• 1 (14.5 oz.) cans diced green chilies, undrained
• 1 (1.25 oz.) package taco seasoning mix
• 1 (1 oz.) package ranch salad dressing mix (i.e., Hidden Valley)
• Toppings, assorted, such as:
  • tortilla chips
  • shredded cheddar or jack cheese
  • sour cream
  • guacamole

DIRECTIONS:
Brown ground beef in a skillet with diced onion until the meat is cooked and browned. Drain and rinse off fat and add meat to a 6-7 quart crock-pot.

Add the rest of the ingredients (excluding toppings) and stir to combine. Make sure to include the liquid from all cans to form the soup. Cook on low 6-8 hours or on high 3-4 hours.

Serve in bowls with toppings of choice.

To Freeze: Brown beef and onion, place in freezer bag with the other soup ingredients. Label and freeze. When ready to cook soup on a busy day, just toss the contents of freezer bag into your crock-pot still frozen and cook until everything is hot.

Back to school means back to the crock pot

Your slow cooker will help you put delicious, nutritious food on your family’s table this fall

By Sally Rommel
news@tctimes.com; 810-629-8282

A Slow Cooker Chicken and Dumplings
(crockpotladies.com)

INGREDIENTs:
• 4 skinless, boneless chicken breast halves
• 2 T. butter
• 2 (10.75 oz.) cans condensed cream of chicken soup
• 1 onion, finely diced
• 2 (10 oz.) packages refrigerated biscuit dough, torn into pieces

DIRECTIONS:
Place the chicken, butter, soup and onion in a slow cooker. Fill with enough water to cover.

Cover, and cook for 5 to 6 hours on high, Thirty minutes before serving, place the torn biscuit dough in the slow cooker, cooking until the dough is no longer raw in the center.

Brown Sugar and Balsamic Glazed Pork Loin
(crockkings.com)

INGREDIENTs:
• 2 lbs. pork loin, boneless
• 1 t. ground sage
• ½ t. salt
• ¼ t. pepper
• ½ c. brown sugar
• 1 T. cornstarch
• ¼ c. balsamic vinegar
• ½ c. water
• 2 T. soy sauce

DIRECTIONS:
Combine sage, salt, pepper, and garlic, and rub over roast. Place in slow cooker with ½ cup water. Cook on low for 6 to 8 hours.

About 1 hour before roast is done, combine ingredients for glaze in small sauce pan (brown sugar, cornstarch, balsamic vinegar, water, and soy sauce). Heat and stir until mixture thickens. Brush roast with glaze 2 or 3 times during the last hour of cooking. Serve with remaining glaze on the side.
**Features and News**

**Traffic Stop - OWI-Second Offense**

At 8:50 p.m. on Aug. 31, a Fenton police officer initiated a traffic stop on North Road and LeRoy Street for an equipment violation. The driver’s speech was slurred and he asked the officer to follow him home because he had drunk too much. The man registered a .204 on the breath test and was placed under arrest. He was lodged overnight at the Fenton police station. He was released the next day with a charge of OWI - second offense.

**Investigation Continues**

Fenton Det. Scott Townsend continues to investigate a larceny complaint, which was reported on Monday, July 21. Construction items were stolen from a construction site at the corner of Torrey and North roads in Fenton sometime between 10 p.m. on July 20 and 9 a.m. on July 21. The owner of the new restaurant, Big Cats Bar and Grill in Fenton, police that barn wood, a water heater, a box frame for the new business sign, construction lumber and steel sections were taken.

See POLICE on 6

**Coffee Facts**

- It takes three-to-four years for a coffee seed to grow into a tree that produces coffee beans.
- Seeds are first planted in nurseries. Six months to one-year later, seedlings are transplanted to open fields.
- Approximately two-and-a-half years after transplantation, the trees begin to flower and the flowers produce a small fruit known as a coffee cherry. In the center of each cherry are two green coffee beans.
- Coffee plants grow best where there is sufficient rainfall and moderate temperatures.

**Coffee**

A great cup of coffee can be made at home, you just need to know the tricks of the trade.

**Tricks of the trade to brew the ultimate cup of coffee at home**

By Yvonne Stegall

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It’s important to know that there are many ways to brew coffee, and many gadgets out there to help with this task. What you need, and what you brew, depends on your coffee and taste preferences.

Whether you prefer mild or robust, or maybe something fancy, is not just a matter of what roast you chose, it also depends on how much coffee you use and what type of machine you use.

**Summary**

- A good cup of coffee at home can happen. You need the right system, the right water, and the right beans.

Do you read the nutrition label before you buy food?

- Portion size, order of ingredients, nutritional value important for healthier lifestyle

By Yvonne Stegall

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There are many reasons why you should read the nutrition label on foods. It’s not just a reference for those who are on a diet, and it’s not even just there for people suffering from food allergies and intolerances.

If you had a time machine and could go back a decade it’s likely you’d see something different between the nutrition labels now, and then. In addition, food labels boast front label claims that sites such as WebMD warn us about. “The front label is where manufacturers can say whatever they want.” The claims are speaking of include “heart healthy,” “low fat,” and statements about being enriched with certain vitamins or minerals.

Marjie Andrejciw at Marjie’s Gluten Free Pantry said, “I typically do not look at the percentages because I feel it leads to confusion. Manufacturers are notorious for manipulating these percentages to make a food look better for you than it really is, such as having an unrealistic serving size that is very small as compared to how much an average person would typically eat.”

When it comes to serving sizes, “People should actually measure out a recommended serving size of a food and see how much that

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**Meet Sassy**

Sassy is a Jack Russell blend looking for a new companion. She will be the perfect person for a retired person or a calm home.
Rev. Al tries to bridge Obama’s passion gap

It’s not hard to figure out why the Rev. Al Sharpton, of all people, receives a strange new respect in President Obama’s White House. Every president needs a good ‘anger translator’

The old Sharpton rose to national notority as a petty, former protégé of music star James Brown — complete with signature pompadour, track suit and gold chains. He ballyhooed such demagogic fiascos as the Tangawale Brawley affair, in which he falsely accused a white New York prosecutor and others of gang-raping a black teenager.

Compared to those days, the new Sharpton — an older, slimmer-down, suit-and-tie-wearing version of his former self — still calls for justice but aims his rhetoric at putting out fires more than starting new ones.

The new Rev. Al was on full display in Ferguson, Missouri, where the fatal shooting of an unarmed black teen by a white police officer touched off protests and rioting.

Not surprisingly, his new prominence enragies conservatives, among others who agree with Fox News’ Bill O’Reilly’s assessment of Sharpton as a ‘charlatan’ and ‘race hustler’ who only cares ‘about his own self-aggrandizement.’

‘Look back,’ Sharpton told me in a 2001 interview. ‘My image is no worse than Rev. ( Jesse) Jackson’s was in 1980,’ four years before the first of Jackson’s two presidential runs.

Even then, he was talking openly about his aim to replace Jackson’s prominence as a civil rights leader.

That seems to describe his status these days as Democratic candidates seek his endorsements and he hosts his own nightly show on MSNBC.

Sharpton fills that passion vacuum, as he showed at the Ferguson funeral for shooting victim Michael Brown. ‘Instead of feeling sorry for ourselves,’ he said, ‘We’ve got to clean up our community so we can clean up the United States of America’.

Those are the sort of self-help themes that his conservative critics claim that he and other liberal black leaders never talk about. I won’t hold my breath waiting for them to give him much credit. Both sides have their Luthers.

YESTERDAY’S HISTORY, TOMORROW’S a mystery. Today’s a ‘present’ because it’s from God.

THIRTY-FOUR YEARS after he was crushed in a landslide and run out of office, Jimmy Carter is still considered one of our worst presidents. Obama will be regarded even less than Carter.

THE TV NEWS woman said that she should be glad the gas prices dipped down to $3.49 a gallon. I would like to remind everyone that gas was $1.84 a gallon on George Bush’s last day in office. Gasoline prices have sustained a higher level of pricing with Obama in office.

IS THERE ANYONE out there who wishes they would start having decent hairstyles? Something beautifying, sexy and nice to look at.

HAVE YOU SEEN the church parking lot on Sunday morning? Especially from the first of September until the end of June. They are part of the people complaining about no parking spaces.

IT’S REALLY MATHEMATICALLY simple — higher taxes means more bureaucrats to spend those taxes for you.

THE IRS SCANDAL continues to grow. President Obama, his administration officials, Lois Lerner, and the new IRS commissioner have all used three tactics in this scandal: delay, denial, and deceive. Even our department of justice has conducted a false and corrupt investigation.

I TOO WOULD welcome to see the map published publicly regarding parking downtown, because those parking spaces include parking for the apartment building downtown, for city hall, employees, police vehicles, and fire vehicles. All public parking spaces.

AFTER WATCHING OBAMA’S speech yester-day to the press, and this morning I watched Prime Minister Cameron’s speech to the press in England, it’s easy to see why Obama doesn’t like to meet with our foreign allies. He is so far outclassed.

I DON’T THINK it’s as simple as asking a municipality to open a business. Consideration and time goes into it. Surveys nationally could be used to look for the right place. The more you shop online and commit to Internet sales, the less likely any business is going to cut into brick and mortar in an area.

JUST THINK — STOP signs save lives.

BECAUSE OF THE dog mailoging in the Lapeer area, I would like to know if there are any canine condos or other dangerous dogs in the city of Fenton or around Fenton so that joggers, bicyclers and people walking their small dogs would know what areas these are in. It would be a good idea if you could share this with the public so they can be aware.

I’M JUST AMAZED at this comment in the Hot lines to the person using the word hypocrisy for how many times Bush gotled. If you look into it, Bush never gotled after the Iraq war started because he thought it was a bad image. A little research shows how stupid some people in this community are.

See HOT LINE throughout Times

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Compiled by Yvonne Stegall, staff reporter

What advice do you have for students as they return to school?

“The effort you put in now builds the foundation for your future. Parents’ advice is a guide, not a lecture.” — Lars Dundas, Holly

“Don’t be afraid to follow your passion.” — Angela Dundas, Holly

“Stick to it and finish, don’t go in and just bail out.” — Per Lillemoen, Highland

“Don’t let yourself get bullied. Always stand up for yourself, and always do your homework.” — Garrick Badour, Gainesville, Florida

“Stay in school and study as hard as you can.” — Steve Gregory, Linden

“Listen to your teachers. Study hard. Enjoy every moment because it goes by fast.” — Jennifer McKinnon, Linden

FROM THE LEFT

Clarence Page

Nationally syndicated columnist

FROM THE RIGHT

Cal Thomas

Nationally syndicated columnist

If ISIS attacks again, what will we do? Immigration administration is reportedly considering airstrikes in Syria against the terrorist group ISIS. The New York Times quotes ‘a top national security adviser’ to the president as saying the U.S. is ‘not going to be restricted by borders to protect its interests...’

What about American cities? If ISIS attacks one or more U.S. cities, as it has threatened to do, what then? We can’t bomb ourselves. How would we counter a nosedive in the stock market or the ensuing chaos and fear?

The U.S. and Europe are vulnerable because of a false belief that we can somehow ‘convert’ ideological and religious fundamentalists into tolerant people by exposing them to our way of life. So we let them into our nations. They build mosques and allow them to set up Islamic schools, at least some of which teach hatred of Jews, Christians and Western values.

The estimated share of legal Muslim immigrants entering the U.S. each year has roughly doubled, from about 5 percent of legal immigrants in 1992 to about 10 percent in 2012. While it is a diverse group with not all holding to the same hatred of the West, there are enough radicals among them to constitute a clear and present danger. If even a small number of Muslim immigrants—or American citizens who have been radicalized by imams — attack a shopping mall, killing and terrorizing shoppers, what will the president do? Will he treat it as a crime, ‘workplace violence,’ or call it by its right name?

These and many other questions must be answered before another attack, which our leaders repeatedly warn is coming. Why is it coming? Because presidents since several administrations have not done all they could to prevent it, preferring soft words to tough action. What will the current president do when the next attack comes? Will the public take matters into their own hands and fight back?

Vigilantes are the last thing we need, but they could rise up, if government fails to perform its constitutional duty to protect us from enemies, foreign and domestic.
Building a better brown bag lunch

Making healthy kids meals for school

By Yvonne Stegall
ystegal@tctimes.com; 810-433-6792

While food options are on the rise in many school cafeterias, it can be healthy and more cost efficient to send a bag lunch to school with your child. However, what do you put in it? There are many things to consider when packing your child’s school lunch. Will they eat what you give them? Will it spoil before lunchtime?

Angela Minicuci, MIHealth spokesperson via email said, “Making lunch at home and taking it to school is a great way to ensure your kids are getting healthy foods. There are a number of things that parents can do to make their child excited to bring their own healthy lunch to school.”

One way to ensure your child will eat what you sent is to have them help put their lunch together. However, this may not be the most time efficient way to pack a lunch, it does help ensure food isn’t going to waste.

Lunchtime is when kids are more likely to eat the lunch they bring to school if they have some say in the menu and preparation. Even young kids can spread peanut butter on bread or put some cut up veggies in a sandwich to have.

Sometimes kids don’t bring empty containers back home with them, so if helps keep costs down to avoid disposable containers from foods like butter and yogurt. If they remember to bring it home it can be used again, but if not you aren’t losing an expensive container to the school trash bin.

Make sure you send a variety of foods with them, and change up the things you send often. While veggies are important, sending baby carrots every day is going to get old. Depending on what veggies your child likes, switch them up. Send carrots one day, then celery the next. Toss in a different veggie for them to try occasionally to help expand their palate.

Try not to give them too much. Kids have short lunch times, and smaller tummies than adults do. You can prevent lunch ending up in the garbage if you make sure to not overdo it. Build around a main item, like a sandwich, with a couple healthy snacks.

It’s also important to think of food safety. Minicuci said, “Use an ice pack to keep foods from spoiling and to decrease the risk of getting sick from food-related germs.”

In addition, of course, don’t forget to include something to drink. An 8-ounce bottle of water should be sufficient.

PODS

Continued from Front Page

In February 2012, Tide remains at the top of the market, with 75 percent of sales, according to Consumer Reports. These pre-measured single-unit detergent “capsules” are designed to make laundry day easier by eliminating the messy spilling and over-soaping of traditional liquid and powder detergents. Other detergent manufacturers soon followed suit.

Now they’re all finding themselves in a bit of hot water. While the new laundry detergent pods are easy to use, there’s a dark side to these cleaners from Tide, Arm & Hammer and Purex, to name a few.

Since early 2012, poison-control centers nationwide have received reports of nearly 7,000 pod-related exposures to children age 5 and younger, according to Consumer Reports. In Michigan, around 300 reports of exposures were reported in 2013.

As sales of these products have begun to soar, the Centers of Disease Control and Prevention (CDC) has called the situation “an emerging health hazard,” with young children being the most vulnerable.

With Tide being the top-selling brand, Consumer Reports representatives held conversations with Proctor & Gamble, which conducted a study from 12 poison-control centers around the county. It was found that while most pod ingestions resulted in minor symptoms, there were also more serious outcomes, including lethargy, respiratory depression and esophageal injury.

The Proctor & Gamble study also found that in nearly 9 out of 10 cases, the detergent pods were accessed by children, because their colorful appearance and size are similar to candy.

Even though pod detergents have only about a 6 percent market share, according to Symphony IRI Group, there are a disproportionate number of pod exposures at poison-control centers. Even more concerning is the types of symptoms caused by pod exposures, according to the CDC. Children who swallow conventional detergent might experience a mild stomach upset. But children in more highly-concentrated pods can cause excessive vomiting, lethargy and gasping — in the most serious cases, victims stopped breathing and required ventilation support.

In addition to being more highly concentrated, these golf ball-sized capsules are encased in a water-soluble film and tend to burst when bitten into, sending their contents down a child’s throat. Sometimes the detergent obstructs their airways or burns their eyes or skin. The capsules rupture immediately and do their damage quickly.

Responsibility for lessening the incidence of accidental poisonings lie first with the manufacturers, who are being urged to use a double-latch on the container, make the container opaque so children can’t see the colorful contents, and make warnings more prominent on packaging. It’s also up to parents to store and keep the packets out of the reach of children.
BOYCOTT

Continued from Front Page
counter refused service to an Army reserve unit in uniform. A woman posted a Facebook status telling people that her husband was told that the station wouldn’t sell him gas, and she called for boycotts.
Some posts, and even online accounts, were deleted over the ensuing media attention. There was also a push back from other posters online, who commented that the post was slanderous.

One post titled “Local gas station disrespects our military” is still online, and posted to the WXYZ-TV Facebook page.

One of the comments below a Facebook post suggesting that someone burned the gas station to the ground.
William Ross Tiffany posted: “Bring rif, flack back, inform Ahmed in the US we have anti-discrimination Laws. Ask if he is truly faithful, and ready to fulfill his ‘Submission’ to Allah.”

Nick Ghalib, originally from Yemen, is the Arab man the posts referred to. He’s a manager who was present on Thursday, when the misunderstanding occurred.
He was sold out of premium gasoline and likely told the man he’s out of that grade. Ghalib said it was a busy day, and can’t remember if the man was wearing a uniform or not.
Ghalib is fluent in English, but there can still be a language barrier, said Olivia Polomski, who was also working that day.
“It’s horrible to see him being slandered in that way,” she said. “It’s horrible to sit there and watch people say those nasty comments.”

Olive Polomski
Mobile gas station employee

WOLF

Continued from Front Page

Keep Michigan Wolves Protected, a front for the Humane Society of the U.S., Director Jill Fritz had hoped the legislation would be shot down so that the general public, whether hunters or not, could vote on the matter of the wolf hunts in the UP.

“Wolves are already managed in Michigan. PA 290 and PA 318 allow for the removal or killing of problem wolves, which is the most effective method of dealing with conflicts,” said Fritz. Keep Michigan Wolves Protected believes that a “trophy” hunt for Michigan wolves would cause more harm than help, and that there is no threat to humans.

However, Mike Schippa, vice president of the Michigan Trappers & Preda-
tors Callers Association (MTPCA) said, “DNREC statistics have shown that just recently five dogs and a cow were killed by wolves in the UP.

State Sen. Mike Green (R-Mayville) in a recent Detroit Free Press article said, “One in six Michiganders hunt or fish, it seems some people believe that even those that don’t hunt or fish should have the right to determine freedoms for themselves.”

Matt Evans, legislative affairs manager for Michigan United Conservation Clubs said in a letter, “The Scientific Fish & Wildlife Conservation Act definitely stems from the wolf hunt debate, but it’s about more than just the wolf hunt. The NRC has used science and sound management principles for years to regulate our ‘hunting’ seasons and this initiative will allow them to continue to do just that.

There has been overwhelming support for the legislation to pass the Scientific Fish & Wildlife Conservation Act, according to Evans, though obvious by the signatures and that it passed the senate and house.

Evans added, “The State Board of Canvassers certified nearly 300,000 signatures to be valid as the voice of the Michigan sportsmen and women in this state.”

The first wolf hunt was held in November and December last year and had a goal of killing 43 of the Upper Peninsula’s population of more than 650 wolves. The hunt resulted in 23 wolves being killed by hunters. While the next wolf hunt isn’t scheduled yet, it will be in the hands of the DNR to determine its status.

Michigan wolf facts

• Michigan has two species of wolves: the gray wolf (Canis lupus) and the eastern wolf (Canis lycaon).

• Michigan’s wolf population has a current minimum population estimate of 658.

• Currently, no wolves are listed as endangered in Michigan, on either state or federal lists.

Source: Michigan.gov/dnr

The Scientific Fish & Wildlife Conservation Act definitely stems from the wolf hunt debate, but it’s about more than just the wolf hunt.
Matt Evans Legislative affairs manager MUCC

The good and bad of modern technology

I believe that I am safe in saying that in most parts of the world people are heavily dependent on technology in living their day-to-day lives.
Here in the United States, if we stop and look around there is technology, which literally surrounds us. For example our dwellings have such things as computers, the Internet, high-definition televisions, daisy-chained controlled appliances and so much more that I probably don’t know about, much less describe, that I will leave a compilation of the complete list to others.

Other examples include motor vehicles, our transportation, financial and energy systems, nuclear reactors and computer information systems.

Additionally, the advent of what are generically called ‘smartphones’ (which are basically cell phones with a myriad of other features including apps that are taking capability) is to say the least an amazing innovation to a person of my generation.

I will stop the description of modern technology at this point and simply say that I use many of the items I’ve described and believe that in many respects they make life easier.
For me personally, especially like and use the Internet for information gathering and legal research.

The problem with these modern products is when something goes wrong. I won’t detail every possible problem but there has been widespread publicity about computer hacking, credit card and personal information theft, personal injury and property damage accidents caused by computer failures, morally, unauthorized personal photos of celebrities being disseminated over the Internet.

The good news is that there are remedies for all of this, but the bad news is that it still happens.

In writing this column, I am usually reliant in part on the Internet for my legal and other research. Unfortunately, over the last few days I haven’t had Internet access and therefore I am writing this column without it. As it turns out, I found that I was at the mercy of technology and realized that it was OK and I could survive.

I am assured that next week I will have the Internet back and somehow there is comfort in that promise.
How do you watch television?

Far cheaper options available than cable

By Yvonne Stegall
ystegall@ttimes.com; 810-433-6792

Cable isn’t the only option anymore as a way to watch your favorite TV show or movie. It seems like there is a new option every month when it comes to streaming videos.

Netflix Inc. said its second-quarter earnings more than doubled as it added 1.7 million subscribers worldwide. According to Netflix spokesperson Anne Wallin, “Netflix is the world’s leading Internet television network with over 50 million members in more than 40 countries enjoying more than one billion hours of TV shows and movies per month, including original series.”

While many people are opting for Netflix for their regular TV watching, they don’t always get new releases in a timely manner, especially with a streaming plan. That doesn’t always make it the best option, for those who want to see their shows when they air.

Netflix has taken on many original TV series now, with “Orange is the New Black,” and even the upcoming “Flash” series. Netflix is, however, a less expensive alternative to cable or satellite. Unlike satellite TV, there are no long-term contracts. If after a month you want to cancel Netflix, there are no penalties for doing so. Netflix also seems more convenient than going to the video rental, or even a Red Box, since you can watch streaming from your BluRay, on your gaming system and even on your phone. If you opt for getting discs in the mail, they come right to you.

While cable TV still doesn’t come with painful contracts, like satellite TV, it does have a higher cost. People routinely complain about paying so much for so many channels that they never watch. With Netflix, you only watch what you want to, and get thousands of options that even include documentaries. If you don’t like the sound of any of these services, for around a $50 investment you can get an HD antenna that will bring you a few channels for your watching pleasure. These antennas can be found at any big box store. They work much like the rabbit ears of the old days, and come in indoor and outdoor varieties. Some work better than others, and cost has much to do with their function.

There are plenty of streaming options available other than Netflix, from Amazon to HuluPlus. Prices vary depending on the movie or TV series that’s available.

If you prefer to stick with cable, Bill Morand, Regional Communications director for Charter, said there are many more channel options available, including more than 200 HD options. “Netflix and Roku are viable options, but a high-speed Internet connection is still needed.”

NUTRITION LABEL Continued from Page 3

An amount really is to prove this to themselves said Andrejew. “They may be in for a shock. You should try it so that you can see for yourself using something like cereal or cookies or a frozen pizza.”

She suggested reading the list of ingredients in order to know exactly what is mostly in a food. “Ingredients are listed in order of highest percentage based on weight. So if the largest amount of an ingredient is water that would be the first ingredient on the list.”

Andrejew recommends to her clients to avoid foods where sugar is one of the first three ingredients. She also encourages them to consume foods that have short ingredient lists, say five or fewer ingredients. “Look for foods where you know what all of the ingredients are,” she added.

If you, or anyone else in your household, suffer from a food allergy or intolerance, knowing all of the names of that particular food can prevent many issues. Did you know that milk often contains gluten? It’s used in some cereals, and other products, and usually made from barley.

If you are compelled to read the recommended daily values, it is important to understand that they are calculated based on a 2,000-calorie diet, according to WebMD. With this in mind, people work toward a lower calorie intake, so it’s good to know that the amounts will be different for different diets. This portion of the label also shares how much fat is in a food, which is broken down so that each type of fat is represented. However, labels don’t distinguish between natural sugars or added sugar.

WHAT DOES THAT MEAN?

Understanding labels

• Fat, enriched, added extra, and plus. This means nutrients such as minerals and fiber have been removed and vitamins added in processing. Look for 100 percent whole-wheat bread, and high-fiber, low-sugar cereals.

• Fruit drink. This means there is probably little or no real fruit and a lot of sugar. Instead, look for products that say “100 percent fruit juice.”

• Made with wheat, rye, or multigrains. These products have very little whole grain. Look for the word “whole” before the grain to ensure a 100-percent whole-grain product.

• Natural. The manufacturer started with a natural source, but once it is processed, the food may not resemble anything natural. Look for “100-percent all natural” and “no preservatives.”

• Organically grown, pesticide-free, or no artificial ingredients. Trust only labels that say “Certified Organically Grown.”

• Sugar-free or fat-free. Don’t assume the product is low-calorie. The manufacturer likely compensated with unhealthy ingredients that do not taste very good and have fewer calories than the real thing.

NUTRITION LABEL Continued from Page 3

The right option depends on what you want to watch and when. People seeking alternatives to cable has led to Netflix’s earnings more than doubling in its second quarter this year.

The good, the bad and the ugly in TV watching choices

Satellite — High price, ugly dishes, early cancellation fees, long contracts, many channels, only a few plan options. Prices start at around $40 a month, depending on package and company.

Cable — Rising prices, no cancellation fees, numerous channels, discounts for multiple services (cable, Internet, phone). Prices start at $59.99 a month for a basic cable only package.

Netflix — Lots of movie and television choices, have to wait for new releases and shows, no cancellation fees, low monthly cost, streaming capabilities or right to the mailbox, no late fees, and many plan options. Plans start at $7.99 a month for streaming videos or a DVD plan.

Video stores — Most video stores have no cost for membership, and rentals usually range from $1 to $5, depending on the age of the movie. Costs gas money to get there. Late fees.

Other streaming options — Varying costs, watch from home.

The only option that is really any good is to stay away from cable TV. But this doesn’t have to be a problem for people who want to save money. What do you think about cable TV?
SCHOOL
Continued from Front Page
until October, it’s not too early to get an idea of how things are looking at the local school districts. The Times asked the superintendents how things are looking so far.
Lake Fenton Community Schools
Last year, Lake Fenton was the only district that gained students — more than 30. Superintendent Wayne Wright is projecting an enrollment increase of two students, to 2,030, and they are maintaining the same number of staff as they had last year.
“My final blended count last year was 2,027.56,” said Wright.
“We currently have no idea how many students have left the district as they enroll in other districts and we will receive a records request in the future,” he said. He added that they have been enrolling students every day, so a better number will be available soon.
The official count in October last year was 2,031.
Linden Community Schools
In Linden, the initial count has them at 2,907 students, and they budgeted for 2,902. “So this is good news,” said Superintendent Ed Koledo.
In 2013, the official count was 2,931, 34 fewer students than the 2012 count day. “But we always have a number of students who do not show on the first day. We continue to have new students come in to register each day, so hopefully we will balance out around our budgeted number or above,” Koledo said.

Koledo said staffing levels have only increased slightly at the high school because of a large incoming ninth-grade class. “Otherwise, we have been hiring, but only for vacant positions throughout the district,” he said.

Fenton Area Public Schools
Superintendent Timothy Falkanen said he could not provide numbers at this time. Last year, the official count in Fenton was 3,465, which was 10 students less than the previous year, costing FAPS $70,760 in per-pupil funding.
Director of Finance Doug Busch said that the district is still monitoring enrollment for the new school year, and will continue to do so throughout the first week of school.
“Our staffing levels held constant overall between 2013-14 and 2014-15,” he said. “We had several staff retirements and resignations and individuals were hired to fill those open positions.”

Holly Area Schools
Superintendent Dave Nuss said the district is about 3,400 students. “Overall, district enrollment looks stable at this time,” said Nuss. “Enrollment stability appears to be a result of the successful expansion of our 4-year-old and Young 5’s program.”
Holly Area School’s unofficial count this time last year was 3,415 students. The district received $6,966 per pupil and counted 3,444 students during the 2012 October student count day. The Holly school district had a 2-percent decrease in student population between 2011 and 2012.
Nuss said the addition of a new band director, Brian Smith, has generated excitement amongst students for the program. HAS also reopened Sherman Middle School, which was closed in 2011.

Overall, district enrollment looks stable at this time — without much change from last year."

Dave Nuss
Superintendent, Holly Area Schools

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"We are looking at it from the standpoint of planning for a district that has been in a time of growth for quite a while," said Superintendent Dan Nuss, "so the thought was: What if we continue to grow?"
My typical grocery list

GROUP 1: Produce
Carrots, broccoli and potatoes are staple vegetables that can be used in soups, as a snack, or filler. Add onions and tomatoes.

GROUP 2: Cooler section
Non-sweetened almond milk, eggs, string cheese, cream cheese, sour cream, coffee cream, ground turkey, breakfast sausage patties, maybe some bologna.

GROUP 3: Non-refrigerated
Canned tuna, canned beans, canned chili, refried beans, soup, box of pasta or rice, tortilla chips, bagels, English muffins.

GROUP 4: Other stuff
Energy bars, energy shakes, anything non-food.

What that stuff makes:
- A giant vat of soup from one can — add beans, meat, veggies, pasta to one can of soup.
- Nacho dinner, tortilla chips-and-salsa with sour cream.
- Breakfast sandwiches.
- Lunch materials.

Eat healthier, cheaper and quicker

I'm not as confused or uncomfortable as I look. Behind the vague impatience and urgency to go grocery shopping, is a real plan.

Times photographer shares meal planning as a single guy

By Tim Jagielo

When I grocery shop it tends to look like I’m buying for three people instead of one. This is because of the beans, pasta, ground turkey, fresh produce, Atkins energy bars/shakes, snobby craft beer and diet Vernor’s in the cart. I get away with making all meals nearly every day for myself with little daily preparation. It’s healthier, saves me time, and of course money. This is possible because at 32, I finally feel like I grocery shop like an adult.

These tips are for the dudes with pizza/takeout boxes and an empty fridge, not necessarily professionals with families.

- Grill Rossi, always eat a heavy breakfast sandwich; it’s a rip-off of either a fast-food English muffin sandwich, or a Tim Horton’s B.L.T.

- For lunch, eat a pile of overly healthy stuff, like tuna out of a can, carrots, string cheese and yogurt. It looks like I’m majorly counting calories, but really it’s all I need after that heavy breakfast.

- Dinner tends to be soup from a cauldron I made one evening, or something chips-and-salsa-based. I don’t often buy chicken because invariably, it goes bad before I use it.

- These meals are all the results of what looks like a messy pile of groceries in my cart, but is actually a decent projection of what I am going to need to eat that week, and a shopping routine that I’m in.

The quickest way to shop is of course to have a route to follow in the store, and make a list before you even leave. I also use some re-usable bags, so I can even gauge how much I’m buying. Again, the reusable bags are also a habit.

There’s actually only a few aisles I use, and I otherwise get most things from the outside walls of the store. I don’t buy much of anything boxed, either. Part of the reason, is I’m too impatient to boil anything or follow directions. The most prepared food I have is chili mix in a can.

“Dinner tends to be soup from a cauldron I made one evening, or something chips-and-salsa-based.”

Tim Jagielo, associate editor

Tips from a coupon expert

By Tri-County Times Automotive Marketing Specialist, Terese Allen

- Coupons tend to be on less-healthy boxed items, and non-food items.
- Use a three-ring binder to gather and organize coupons into categories — like refrigerated, soups, breakfasts. They can be organized by aisles in your store.
- Hygiene products tend to offer the best savings when matching it to a sale. Stock up as you may not be buying these items for a while.

Coffee

Continued from Page 3

or freer. This causes it to absorb moisture, and odors from all of the other stuff inside. It’s better to keep it in a sealed container in a cupboard. Keeping out light and air will help keep freshness, and make for a better tasting bean.

According to the NCAUSA, water is just as important as the coffee itself. Tap water just isn’t going to cut it if you want a great cup of coffee. Filtered or bottled spring water is the better choice. Temperature and the right ratio of beans to water are both equally as important. NCAUSA recommends 1 to 2 tablespoons of ground coffee per six ounces of water, and temperatures for brewing reach between 195 and 205 degrees Fahrenheit.

Most people use a drip system for brewing, like any traditional coffee pot. However, The Laundry Coffee Trainer Jodie Maier said, “We serve French press coffee almost exclusively here because the process preserves all the oils of the coffee bean, yielding a stronger and fresher-tasting cup of coffee.”

According to Maier, the traditional drip system filters out the very oils that give good coffee its flavor. For customers new to the French press experience, Maier tells them their coffee will taste better because the beans are ground in-house for each pot just before they’re brewed. “The Laundry uses a House Blend roasted just for the restaurant by our supplier,” said Maier.

The quality of the beans does make a difference, so Maier recommends purchasing the best whole beans your budget allows and purchase a grinder to grind beans fresh for each pot. Coffee is meant to be enjoyed immediately following brew time. Sit back, relax, and enjoy that hot cup of coffee — you earned it.

HOT LINE CONTINUED

To the woman who verbally attacked me at the store: The manger said that I didn’t take cuts. The return counter is to handle returns before taking the next customer. I gave him the rudest person; for excessively swearing in public — #anger management/learn checkout rules. —

THERE HAVE BEEN more and deeper recessions during the last 65 years under Republican leadership than under Demo-

crats. This is a fact that you can check out for yourselves. Let facts, not emotions, guide your thinking.

AMERICA’S MARGINAL CORPORATE tax rate of 35 percent certainly needs lowering, but the ironic thing is most corporations pay nowhere near that. GE actually pays a negative tax rate.

There is a group of people who verbally attacked me at the store, and the manager said that I didn’t take any cuts. The return center is to handle returns before taking the next customer. I gave him the rudest person for excessively swearing in public — #anger management/learn checkout rules.

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COFFEE FACTS

Continued from Page 3

is plenty of rainfall at certain times of the year and thrive in a well-drained, rich, volcanic soil.

- During harvest, coffee cherries are hand-picked. It takes approximately 2,000 cherries — 4,000 beans — to produce one pound of roasted coffee.

- After being husked, sorted and bagged, the green coffee beans are shipped from the countries where they were grown to the countries where they will be manufactured and consumed.

- Developing involves the roasting and grining of the coffee beans, or the production of instant coffee.

- The leading coffee producing countries of the world are Brazil and Colombia. The United States imports and consumes more coffee than any other country.

Source: ncausa.org
Husse giving golf another swing

Experimental brain surgery has Fenton native back on the links

By David Troppens
dtroppens@tctimes.com; 810-433-6789
Darren Husse started noticing it when he was playing prep golf during his senior year at Hartland High School.

The Fenton native found it tough to keep his hands steady.

“I noticed it but thought it was just some nerves. I didn’t think it was a problem,” said the 2002 graduate.

But that was just the start of the problem. He continued his career at Saginaw Valley State University and had a successful career. He earned First-Team All-GLIAC honors in 2006. But through all the success, his shaking wouldn’t go away.

“I would be trying to get my ball on the tee and I’d notice my hands were shaking,” Husse said. “And it progressively got worse until it got to the point where it trickled into my everyday life, when I wasn’t doing anything. I’d be eating a bowl of cereal and my hands were shaking. I couldn’t figure what was going on.”

Husse had a Minor League golf tour in the fall of 2008. He placed second and third in his first two tournaments. But his shaking, the type some associate with Parkinson’s Disease, made life exhausting for Husse.

“I was more worried about my hands not going crazy on me than hitting a good golf shot,” Husse said. “Tournament golf is stressful enough just worrying about hitting good golf shots. But when you have to worry about making your hands not shake uncontrollably, it’s mentally exhausting. I’d just go home and all I wanted to do is go on the couch and sleep forever.”

Living life was becoming tough. And after years of doctor’s appointments, a lot of pat and miss diagnoses, an eventual experimental brain surgery performed at the Mayo Clinic on July 31, 2012 and two years of rehabilitation, Husse is enjoying life again. He’s also thinking about his golf career again.

“I feel great,” Husse said.

Husse’s condition

It wasn’t until his trips to the Mayo Clinic that Husse had a decent grasp of what was happening. And even then, he didn’t have a second.

See Husse on 11

Three area XC teams take first at recent invitations

By David Troppens
dtroppens@tctimes.com; 810-433-6789

Holly’s boys cross country team opened its season in grand fashion, capturing first at the Ihsa-ca Invitational.

Holly’s girls boys were paced by Nate Fraser, who took first in 16:25.2. Two of his teammates finished in the top five. Dillon Lemond was third (16:46.9) while Kurtis Cooley took fifth (16:53.3).

“I think for a first race, the guys ran pretty good,” Holly coach Rich Brinker said.

“Our young guys were a little excited and it showed, but hopefully they will make some adjustments and have better results on Wednesday.”

The Holly girls placed fourth. Freshman Samantha Tschirhart led the Bronchos taking 10th in 20:04.8.

Lake Fenton at the Cavalier Classic

The Lake Fenton boys began its season on a positive by captur- ing first place, while the girls took third.

Jacob Fletcher paced Lake Fenton by taking fourth (18:37), while Hunter Corcoran took fifth (19:24). The girls were paced by Alexis Cash in sixth (21:44).

Linden at Corunna Early Bird Invitational

The Linden girls took first, with Savannah Ferrara taking first overall in 19:53.39. Jordan Holsher was fourth (20:17.33), while Taylor Ganger placed seventh (21:01.83). Court- ney Davis rounded out the top-10 performers in 10th (21:44.18).

“The team ran hard and turned out some pretty decent times,” Linden coach Teresa Wright said.

“The girls are pushing each other in the right direction. It is a good start to the season, but we need to get our times down.”

The Linden boys took third. Mikey Varacalli placed fifth (17:07.05), while Ryan Torok took sixth (17:14.19).
**HOLLY BRONCHOS**

**Coach:** Will Sophina  
**2013 Record:** 5-0, first at Metro Meet, Metro League champions, 12th at D2 state meet.  

**Holly summer:** The Bronchos had a strong season a year ago, but a lot of the players that made it possible are graduated. To be precise 10 of the full-time starters are gone. One of the top names back is Evan Vergilh. He played at No. 2 singles last year, and will make the jump to the No. 1 spot this year. Other singles players to watch out for are Noah Apley and Connor Caldwell.

In doubles action, Aaron Vergilh returns, and should make the jump from No. 4 to No. 2 doubles. Morgan Baylis and Dillon Sink are returning doubles players, and should help provide experience to those flights.

**Coach Sophiea says:** “The good news is we have a lot of guys who are very interested in the program for awhile. They've learned from the kids who have graduated, and they know the way we do business at Holly. So far we've been able to stay healthy, and get off to a nice start this season.”

**Prediction:** With the addition of Flushing to the Metro League, it's going to be harder for teams to make life runs like the Bronchos did for 19 years with that streak ending in 2011. Until proven otherwise, Holly should be considered the favorites. The Bronchos appear to have a deep list of players that respect. However, winning a title won't come easy in 2014. This season is getting better.

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**FENTON TIGERS**

**Coach:** Michael Dumbrille  
**2013 Record:** 4-1, second at Metro Meet, second overall.  

**Fenton summary:** The Tigers were clearly the second-best team in the Metro League last season, but just like Holly, this squad appears to be going through some graduation woes. The Tigers lost nine of their 12 players from last season. However, there are some nice pieces back. Nick Campbell returns to singles action, but is making the move from No. 4 to No. 1. Meanwhile, Cloide Barber is being shifted around at the league meet at No. 3 singles last year, and will move to No. 2 this season. Griffin Carr and Jack Schneider played a lot of exhibition matches last year and could end up filling in at No. 3 and No. 4 singles, respectively.

The doubles flight are going to take some work due to inexperience. Nathan Brown played No. 4 doubles last year, so he can provide some experience. Beyond him, there isn’t much varsity experience returning.

**Coach Dumbrille says:** “Our main goal every year is to make it to states, that’s our top goal. I know there is a lot of work to go on the team would be in a lot worse shape than we are, but a little over a week into the season I’m pleased so far. I’m pleased with practices and what we’ve done in the quads, so far. They are a bunch of good kids.”

**Prediction:** The Tigers lost a lot due to graduation, but have started out nicely with two quad wins already this fall. We suspect the Tigers will be among the upper-end of teams in league play, probably ending somewhere in the top three.

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**TRI-COUNTY TIMES / SUBMITTED PHOTO**

Darren Husse (right) lies in a hospital bed sometime after having his experimental brain surgery to help improve a misfiring from the brain to his arms and hands. Husse had the surgery July 31, 2012. Standing by his side is his father Denis Husse.

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**HUSSE**

Continued from Page 10 name for it.

The answer involved a misfiring from the brain to his body movements. It was going to take an experimental brain surgery to try to correct the problem.

The idea was to insert a pacemaker near his heart with wiring directed from specific parts of his brain to correct the misfiring from the brain. Prior to surgery, it wasn’t known if it would help. Trying to find the area of the brain needing the wiring would remain a mystery right until the time of the surgery.

At first, he planned on having it done in 2010 at Detroit’s Henry Ford Hospital, but “it didn’t happen.”

“They had cold feet about doing the surgery on me,” Husse said. “They felt I was too young, especially knowing what it was. If it was Parkinson’s disease, they could tell exactly where to implant the wire. They didn’t know where it exactly needed to be done, and so the risks far outweighed the benefits.”

Two years later, while living in Arizona, he decided to try again at the Mayo Clinic, and on July 31, 2012, he had his surgery. Much of it was done due to prior things was conscious. In order to find the area of the brain needing the wiring, he had to be alert and help the doctors find the proper spot. The doctors would place the wiring and then go on the pacemaker, figuring out how Husse reacted to the current.

“I had to constantly talk to the surgeons,” Husse said. “They would put the wires in and they’d ask me how I felt. I’d say something like, ‘My left side just went numb.’ There were a couple of times they turned on the stimulation and it felt like someone held a torch on the side of my face. I was on the table for six hours as they tried to find the spot. Finally, through trial and error, they found the spot.

“All the way to the point when it did work, it was so exciting it was getting better, so it was pretty exciting when it did.”

Relearning body movements

The surgery was just the start of Husse’s rehabilitation.

Husse now has a way to turn on an electrical charge that would help with controlling the muscles to his arms and hands. But now his body had to adapt to the new electrical surges.

Husse had just walked out of the door, the first thing I did was walk right into the wall,” Husse said. “I could see straight down the hallway and where I wanted to walk, but I kept veering off, so I walked right back (in the office) and they changed some things around.”

Playing golf again

With extensive rehabilitation work, Husse kept working on his golf. Then in June 2013, came a breakthrough for Husse.

He was back in Michigan and his father, Denis Husse, encouraged him to play in a Michigan Open qualifier, paying Darren’s way into the event. He shot a 70 and qualified.

“I honestly didn’t think I was ready to play competitively,” Husse said. “I didn’t have any expectations of qualifying for it, and then I went out there and ended up two-under and winning it. I realized maybe I was ready more than I thought I was.”

Husse played in the Michigan Open and finished his opening round with a 1-under-par 71, before falling out of contention.

This year Husse played in a U.S. Open local qualifier and missed qualifying for the next event by a stroke.

“I did all right, but my coordination wasn’t quite there,” Husse said. He did progress, though. A few weeks later, he went to a range to hit golf balls.

“I don’t think I could’ve broke 95 on that day,” Husse said. “It was like I never swung a golf club before that day. I knew what I had to do, I knew the motion I had to make, but my body was almost still in shock. It didn’t know what was going on inside.”

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**Garage Sales**

TO ADVERTISE, CALL 810-629-8194 OR LOG ON ANYTIME TO WWW.TCTGARAGESALES.COM

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**Fenton**

**SEPTEMBER 3RD-5TH 10-5PM**
1 Lighthouse Pointe. EVERYTHING MUST GO! 90% of items are HALF OFF! Furniture, household, antiques, 1,100 of 50-100 year old bottles. 810-730-9177.

**SEPTEMBER 4TH-7TH 9-5PM**
2035 Front St., Cussewago Farms, off Fenton Rd. Multi-family Electric adjustable bed, tools, collectibles, household items, clothing, and more!

**SEPTEMBER 4-6TH 11-6PM**
13310 Rohn Rd. Huge garage sale! Tools, furniture, household, patio table and chairs. Too much to list!

**SEPTEMBER 4-6TH 9-5PM**
13115 Harbor Landings Dr., at The Landings on Lahrng Rd. Moving, selling everything! 810-629-6116.

**SEPTEMBER 5-6TH 9-5PM**
3355 Lakeview Rd. HUGE SALE! 0-12. Games, shoes, bikes, beanies, clothes and more!

**SEPTEMBER 5-6TH 8-5PM**
11460 Runyan Lake Rd. HUGE SALE! 6 office chairs, gun cases, safety vests, DVD’s, books, young men/boys, baby clothes 0-12. Games, shoes, handbags, women’s clothes, new pack n play, stroller, etc.

**SEPTEMBER 5-6TH 9-2PM**
13436 Iroquois Woods, off Tinnerman Rd., end of road. Household items, lake items, tools, bikes, beanies, swing plus more.

**SEPTEMBER 5-6TH 10-3PM**
2436 North Long Lake. PIONEER DAY TREASURE SALE!! Vendor’s, bake sale, live music, antiques, lunch available.

**SEPTEMBER 5-6TH 9-5PM**
534 Saddlevalley Court. Tools, counter stools, furniture, saw, cabinets, tapestry plus much more!

**SEPTEMBER 5-6TH 9-2PM**
12456 Woodhull Rd. Multi-family! IMPROVED SEPTEMBER 4TH-7TH NEW & IMPROVED SEPTEMBER 6TH-7TH

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**Linden**

**SEPTEMBER 5TH 9-3PM**
4337 Oak Tree Court. Moving sale! Furniture, Christmas gift baskets, clothing, housewares and more!

**SEPTEMBER 5-6TH 9-2PM**
11460 Runyan Lake Rd. HUGE SALE! 6 office chairs, gun cases, safety vests, DVD’s, books, young men/boys, baby clothes 0-12. Games, shoes, handbags, women’s clothes, new pack n play, stroller, etc.

**SEPTEMBER 5-6TH 9-5PM**
13115 Harbor Landings Dr., at The Landings on Lahrng Rd. Moving, selling everything! 810-629-6116.

**SEPTEMBER 6-7TH 9-5PM**
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2436 North Long Lake. PIONEER DAY TREASURE SALE!! Vendor’s, bake sale, live music, antiques, lunch available.

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**Make your Garage Sale Successful**

- **$36**
- one issue.
- $54 for 2 issues

Included:
- 20 word line ad with color photo
- Times online Featured Top Ad
- Text blast to our subscribers
- 5 garage sale signs
- 250 stickers
- Tip sheet
- $3.00 off coupon for your next line ad

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**Obituaries, Funeral Services and Memoriams**

**Ann-Marie Amthor**
1924-2014
Ann-Marie Amthor, age 90, of Linden, died August 28, 2014. Services will be held 11 AM Wednesday, September 3, 2014 at Sharp Funeral Homes, Linden. Interment will follow in Great Lakes National Cemetery. Visitation was held 5-8 PM Tuesday. Those desiring may make contributions to Great Lakes National Cemetery Advisory Council or a charity of one’s choice. Ann-Marie was born June 28, 1924 in Detroit, the daughter of Frank and Ann (Urban) Franzen. She was a veteran of the U.S. Navy serving in World War II. She was a member of the Great Lakes National Cemetery Advisory Council, WAVES National Michigan Unit 32 and the American Legion. Ann-Marie is survived by her husband, Bernard; brothers-in-law, William (Carol) Amthor, James Amthor; numerous nieces and nephews. She was preceded in death by her parents and brother, Francis. Online tributes may be shared on the obituaries page of www.sharpfuneralhomes.com.

**Annette Carol Smith**
1953-2014
Annette Carol Smith, age 60, of Fenton, died on August 31, 2014. Services will be held 11 AM Friday, September 5, 2014 at First Presbyterian Church of Fenton, 503 S. Leroy St. Fenton. Robert Clark will officiate. Visitation will be held 3-8 PM Thursday at Sharp Funeral Homes, Fenton Chapel, 1000 Silver Lake Road, Fenton. Those desiring may make contributions to Gaines Elementary School, 300 Lansing St. Gaines, MI 48436. Annette was born September 18, 1953 in Saginaw, the daughter of Joseph and Joan (Miller) Schneider. She was the last graduating class of St. Michael’s High School in 1971. Mrs. Smith was a special education teacher at Swartz Creek Schools for 37 years. She was an amazing cook and loved to entertain. Annette is survived by her husband, Gary, children, Shannon and Tyler, a grandson on the way, mother, Joan Schneider; sisters, Yvonne Woods, Theresa Cook; brother, Paul Schneider; several nieces and nephews. She was preceded in death by her father, brother Bruce. Online condolences may be posted on the obituaries page of www.sharpfuneralhomes.com.

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Obituaries updated daily online!
Visit www.tctimes.com
MIDWEEK TIMES
Wednesday, September 3, 2014

WEDNESDAY SUDOKU

DEAR DR. ROACH: What can you tell me about prurigo nodularis? Is there a cure? — N.R.

ANSWER: ‘Prurigo’ is from the Latin word for ‘itching,’ and so prurigo nodularis is a chronic skin condition of itchy nodules, most commonly on the outsides of the arms and legs. The itching can be quite severe. Because prurigo nodularis sometimes is associated with systemic medical disease, the dermatologist normally will look for kidney and liver problems and chronic infections. Unfortunately, there is not a cure. Most people get relief from steroids, and ointments tend to be more powerful than the cream form. Placing a bandage on top further increases effectiveness. Injection of steroids can be done by an expert, usually a dermatologist.

CROSSWORD PUZZLE

ACROSS
1 Pal of Snow
2 Pal of White
3 Upper limit
4 West Coast
5 Standards
6 Vinegar
7 Subjective
8 Agent
9 Foundation
10 Once around the track
11 Top
12 Bart’s sister
13 Wear
14 Principal pipes
20 Reverberate
21 “My bad”
22 Attempt
23 Surpass
25 Old French coin
26 In control
27 Nebraska river
28 poses
29 Wickervork willow
30 Caustic solutions
31 Pitch
32 Corn spike
33 Temp
34 Sleepwear, briefly
35 Curriculum component
36 Right on the map?
37 Wilde
38 Force the villain
39 Fleur-de-—
40 Pocket bread
41 Rise
42 Art able to, in days of yore
43 Fashion
44 Last Supper

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DVD RELEASES

DRAFT DAY
On the day of the NFL Draft, general manager Sonny Weaver (Costner) has the opportunity to save football in Cleveland, when he trades for the number one pick. He must quickly decide what he’s willing to sacrifice in pursuit of perfection as the lines between his personal and professional life become blurred on a life-changing day for a few hundred young men with dreams of playing in the NFL. PG-13, 1 hr. 49 min.

THEY CAME TOGETHER
When Joel (Paul Rudd) and Molly (Amy Poehler) meet, it’s hate at first sight: his big Corporate Candy Company threatens to shut down her quirky indie candy shop. Plus, Joel is hung up on his sexy ex (Cobie Smulders). But amazingly, they fall in love, until they break up about two thirds of the way through, and Molly starts dating her accountant (Ed Helms). But then right at the end... well you’ll just have to see. (Hint: Joel makes a big speech and they get back together.) From the director of Wet Hot American Summer, Wanderlust and Role Models comes a hilarious and irreverent subversion of the romantic comedy genre. R, 1 hr. 23 min.

MOMS’ NIGHT OUT
All Allyson and her friends want is a peaceful, grown-up evening of dinner and conversation... a long-needed moms’ night out. But in order to enjoy high heels, adult conversation and food not served in a paper bag, they need their husbands to watch the kids for three hours—what could go wrong? PG, 1 hr. 38 min.
REKINDLE THE ROMANCE WITH DANCE

- Argentine Tango
- Bolero
- Cha-Cha
- Country Two-Step
- East Coast Swing
- Foxtrot
- Hustle
- Mambo
- Merengue
- Nightclub Slow
- Nightclub Two-Step
- Quickstep
- Rumba
- Salsa
- Samba
- Tango
- Viennese Waltz
- Waltz
- West Coast Swing

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