TIM JAGIELO
The Fenton Township hall and Fenton Moose Lodge are located directly on Lake Fenton, off North Long Lake Road.

TRI-COUNTY TIMES

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Lake Fenton is 845 acres, with approximately 15 miles of lake frontage. Along the lake shore are 900 pieces of property, and a public launch.

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Lake Fenton is 845 acres, with approximately 15 miles of lake frontage. Along the lake shore are 900 pieces of property, and a public launch.
Holly backdrop for pop video

Dozens of residents included as extras

By Terry Connell
news@tctimes.com; 810-629-8282

Holly — Downtown Holly shoppers and merchants were treated to an entertaining Saturday morning as the Jason Eaton Band dominated the streets with hired actors, nearly 100 extras, drone-cameras, and film crew.

The Christian Pop group based out of Flint chose Holly as the setting for the recording of their music video. The video will accompany their recent release “Satellites — Jake Nieme Radio Remix.”

“Holly has that small town, quaint, welcoming look and homey feel the directors were looking for,” said Eaton, the band’s lead vocalist and frontman. Other Michigan cities were considered for location, including Boyne City.

With the approval of Holly Village Manager Jerry Walker, an invitation was published encouraging participation by members of the community. Walker orchestrated the cooperation of local merchants and coordinated the efforts of Holly police for the closing of streets for several hours.

The Holly Fire Department assisted by managing a large bonfire, which was part of the closing scene at Holly Township Beach, located on Bush Lake.

Although some of the downtown merchants sited a drop in Saturday morning business due to the disruption, all surveyed said the exposure for Holly would be good in the long run. The Jason Eaton Band has received airplay by several radio stations, including Detroit and Australia. They expect the music video to be completed and released by July 31. More information for the Jason Eaton Band can be found at www.jasoneatonband.com.

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TRI-COUNTY TIMES TERRY CONNELL

Jason Eaton Band leads a cast and extras through Downtown Holly for filming of a music video on Saturday.
YOUNG FORREST GUMP

Then: In his movie debut, Michael Connor Humphreys played the young version of Forrest Gump. Hanks has said he modeled his accent in the movie after the way Humphreys talked.

Now: Despite getting good reviews for ‘Forrest Gump,’ Humphreys decided not to pursue acting and instead remained a regular kid in Mississippi. Between 2005 and 2010, Humphreys served in the U.S. Army, including stints in Iraq. After his enlistment ended, he returned to Hollywood and starred in the 2011 World War II movie ‘Pathfinders: In the Company of Strangers.’

WHAT DID HE SAY?
Almost all of Forrest’s speech at the Vietnam War protest rally is inaudible because his microphone is shut off, but Hanks has said the words he uttered were:

“Sometimes when people go to Vietnam, they go home to their mommas without any legs. Sometimes they don’t go home at all. That’s a bad thing.”

“That’s all I have to say about that.”

WHERE’S THE BENCH?
There is no bus stop bench at the plaza in Savannah, Georgia, where Forrest sits while telling his life story. The bench was brought in by the filmmakers. Today, it’s in a history museum in Savannah.

WHERE’S THE SEQUEL?
Following the huge success of the film, Winston Groom (the author of Forrest Gump) wrote a sequel novel, Gump & Co. On the first page, Forrest Gump tells readers, “Don’t never let nobody make a movie of your life’s story.”

WHERE’S THE HOME?
The home was built for the movie on private property in Colleton County, South Carolina, but the home wasn’t built to code and it had to be torn down after the filming.

THINGS YOU’VE ALWAYS WONDERED ABOUT
My name is Forrest Gump. People call me Forrest Gump.” This line was ad libbed by Tom Hanks while filming the scene.

YOU WON’T FIND FORREST GUMP’S HOME
The home was built for the movie on private property in Colleton County, South Carolina, but the home wasn’t built to code and it had to be torn down after the filming.

Did You Know?
John Travolta, Chevy Chase, and Bill Murray all turned down the role of Forrest Gump.

Meet Emmy
I’m all about having fun with her people.

Meet Mr. Friendly
My name says it all! I’m a friendly guy, who loves the company of people.

Meet Mr. Friendly
My name says it all! I’m a friendly guy, who loves the company of people.

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Holly girl has the most ‘spirit’

▶ 10-year-old with spina bifida embraces pageant world, wins title

By Sharon Stone
ssstone@ctimes.com; 810-433-6786

Lilly Hejhal of Holly was named “Miss Spirit, Miss Michigan” in the Miss Michigan Junior Pre-Teen Pageant in Dearborn earlier this month. Lilly, who has spina bifida, was honored that she was able to be a positive example for children who are disabled. The pageant was hosted by National American Miss.

The award was given to the contestant who showed the “the most uplifting spirit throughout the pageant weekend and who was an example of friendship and sportsmanship to everyone around her, according to her mother, Robyn Hejhal.

Turning 10 recently, Lilly uses crutches, leg braces and/or a wheelchair for mobility. Her disability does not hold her back from achieving her goals. “I can do everything all of my friends do, I just sometimes have to be creative and do it in a different way,” said Lilly.

Joy Soprano, the pageant assistant said, “It’s seeing girls like Lilly shine on stage that makes my job so wonderful! She has such a positive outlook and attitude that it inspired all the girls around her to do and be their best as well.”

Lilly has been sponsored by the Holly Moose Lodge 1168.

‘Senior’ prom

▶ New gym transformed into ‘Roaring 20s’ event at Caretel Inns

By Sally Rummel
news@tctimes.com; 810-629-8282

The sequins were glistening, the feathers were flying and anyone who could head out to the dance floor did exactly that at last Friday’s first-ever Senior Prom at Caretel Inns of Linden.

More than 90 residents, family members and staff came out on July 11 for “Roaring Twenties” fun, including dinner, decor and dancing. The prom was held to celebrate the opening of the new 5,000-square-foot Bridge Street Gym inside Caretel Inns.

“Our therapy manager, Daisy Sykes, had peeked inside the gym a few weeks ago and said ‘Our gym looks like a high school gym; we should have a prom in there,’” said Stephanie Hildebrant, director of compliance for Caretel Inns. “That’s how the idea got started. Our activities staff got busy making headbands with feathers, and boutonnieres for the men. The women all got ‘makeovers’ for their hair and makeup, and we supplied each lady with a string of pearls.

Hildebrant said it was so rewarding to see all of the guests participate, get up and really enjoy the music.

Kim Alexander of Linden attended the prom with her parents, Chris and Glenda Zafiroff, ages 90 and 88, respectively. “My dad is a resident in the assisted living part of Caretel and we’re there every day,” said Alexander. “It was truly wonderful to see people out on the dance floor in their wheelchair, encouraged by the husband and wife DJs. I was with my folks and I can tell you that everyone there enjoyed it.”

There was royalty in the house, too, as Caretel resident Suzanne Popovich was crowned Queen, and her husband, George, crowned King of the evening’s festivities.
Large Deep Dish Pizza
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Caesar Dips © ................................................................. 59¢ OR 2 for $1.00
Buffalo, BBQ, Ranch, Buttery Garlic, Buffalo Ranch & Cheezy Jalapeno

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Social News

ANNIVERSARY

Hugans celebrate 50th anniversary
Ed and Madolyn Hugan celebrated their 50th wedding anniversary on July 18. Hugan and former Madolyn Nickels of Fenton were married in Flint on July 18, 1964. They have three children: Mary-Margaret Whit ley of Brighton, Ken Hugan of Holly and Molly Selan of New Albany, Ohio. They also have five grandchil dren. Ed taught in the Carman-Ain sworth school district and Madolyn taught in the Bendle district before becoming a successful homemaker. In retirement, both are involved in the community through volunteer work at Genesys Hospital and are active members at the Lake Fenton United Methodist Church.

MICHIGAN VOTES

KEY VOTES OF THE 2013/2014 SESSION

MichiganVotes.org is a free, non-partisan website created by the Mackinac Center for Public Policy to provide concise, non-partisan, plain-English descriptions of every bill and vote in the Michigan House and Senate. While the Legislature is adjourned for a primary election campaign break, the Roll Call Report, released on Friday, July 11, reviews key votes of the 2013-2014 session.

Senate Bill 288: Give NRC duty of designating huntable game species
To give the state Natural Resources Com mission (in addition to the Legislature) the power to designate a species as a hunt able game species. This was widely regarded as an effort to preempt a ballot initiative to prohibit creating a wolf-hunting season.
Passed 25 to 11 in the Senate
State Sen. Dave Robertson (R-Genesee County) YES NO
Passed 72 to 38 in the House
Rep. Joe Graves (R-Argentine Township) YES NO

Senate Bill 345: Authorize more state government housing subsidy debt
To repeal a requirement that the Michigan State Housing Development Authority (MSHDA) must scale back its debt from a "temporary" maximum of $4.2 billion authorized in 2012, to $3.4 billion after Nov. 1, 2014, subject to some exceptions. The borrowed money is used to provide taxpayer-backed mortgage loan guaran tees, subsidies and more. The House has not taken up this bill.
Passed 34 to 4 in the Senate
State Sen. Jim Ananich (D-Genesee County) YES NO
Passed 88 to 20 in the House
Rep. Joe Graves (R-Argentine Township) YES NO

Senate Bill 173: Ban local mandates that private employers must grant leave
To preempt local governments from adopting ordinances or policies that require private sector employers to provide paid or unpaid employee leave that is not required under state or federal law. This is related to a nationwide campaign promoted by unions to lobby for such local mandates. The House has not taken up this bill.
Passed 25 to 13 in the Senate
State Sen. Jim Ananich (D-Genesee County) YES NO
Passed 66 to 42 in the House
Rep. Joe Graves (R-Argentine Township) YES NO

Senate Bill 347: Expand MSHDA developer subsidies
To empower the Michigan State Housing Development Authority (MSHDA) to "invest" (buy ownership interest) in companies or nonprofits whose "primary purpose is to acquire ownership interests in multifamily housing projects" (and not necessarily build new ones).
Passed 36 to 2 in the Senate
State Sen. Jim Ananich (D-Genesee County) YES NO
State Sen. Dave Robertson (R-Genesee County) YES NO
Passed 88 to 20 in the House
Rep. Joe Graves (R-Argentine Township) YES NO

Senate Bill 346: Authorize more state government housing subsidy debt
To repeal a requirement that the Michigan State Housing Development Authority (MSHDA) must scale back its debt from a "temporary" maximum of $4.2 billion authorized in 2012, to $3.4 billion after Nov. 1, 2014, subject to some exceptions. The borrowed money is used to provide taxpayer-backed mortgage loan guarantees, subsidies and more. The House has not taken up this bill.
Passed 34 to 4 in the Senate
State Sen. Jim Ananich (D-Genesee County) YES NO
Passed 88 to 20 in the House
Rep. Joe Graves (R-Argentine Township) YES NO

Senate Bill 175: Undo National Guard pension reform
To reverse a 2010 reform that eliminated "defined benefit" pensions for future Michigan National Guard commanders and their assistants, and instead provided 401k benefits. The 2010 reform was adopted following reports of these "Adjudant Generals" being granted generous state pensions based on limited state service ($78,000 to $133,000 for 1.5 years to 13 years service).
Passed 37 to 0 in the Senate
State Sen. Jim Ananich (D-Genesee County) YES NO
State Sen. Dave Robertson (R-Genesee County) YES NO
Passed 91 to 14 in the House
Rep. Joe Graves (R-Argentine Township) YES NO

Senate Bill 163: Limit DEQ wetland use restrictions
To expand certain exemptions to a state wetland permit mandate, require permit denials to document their rationale and authority, slightly increase the state’s burden to justify restrictions on an owner’s use of his or her property, prohibit the Department of Environmental Quality from imposing regulations that are beyond the scope those required by federal law, and make other changes to these land use restrictions.
Passed 25 to 12 in the Senate
State Sen. Jim Ananich (D-Genesee County) YES NO
State Sen. Dave Robertson (R-Genesee County) YES NO
Passed 66 to 42 in the House
Rep. Joe Graves (R-Argentine Township) YES NO

LISTEN IN THE TIMES MIDWEEK TO SEE OTHER BILLS THAT YOUR LEGISLATORS VOTED ON.

How’s house hunting going?
It could be better, I’m just so unfamiliar with the area.
Sounds like you need a local real estate agent.

THERE’S AN APP FOR THAT

TIMES INTERACTIVE MOBILE BUSINESS DIRECTORY

CATCH OF THE WEEK

Adam Barcome, 9, of Fenton caught this 20-inch bass on July 11 while fishing on Tipico Lake in Fenton with his father Jeffrey Barcome. The duo was fishing “wacky” style and Adam has been working on this style for two years. Adam attends State Road Elementary and loves to fish. They released the fish back into the lake.
Meet
Jeff Nichols

• Lifetime skier
• Business owner
• Baseball/softball coach

By Sally Rummel
news@tctimes.com, 810-629-8382

Jeff Nichols, 41, has been the owner of Aqua Sports Marine in Fenton Township since 2000. As past president of the Silver Lake Ski Club, he has been an active skier and promoter of the sport his entire life. He’s the son of Don and Lonnie Nichols, and the youngest of five siblings. He and his wife, Lisa, a dental hygienist, recently moved into a new home with their daughter, Dylan, 10 and Jake, 8. Nichols is a 1990 graduate of Fenton High School.

When did you learn how to ski for the first time? I started waterskiing when I was 4. I was actually very afraid of the water. I thought fish or turtles would bite my feet! I discovered the fun of skiing when I was 8. That was the summer I learned to slalom, jump and barefoot ski. I think my kids are a little further along in skiing today than I was at their age.

How did skiing fit in with your family life when you were growing up? I grew up in a waterskiing family. All five of us kids skied and still do ski. In fact, my brother-in-law has been Australia’s men’s ski champion and their daughter is #2 in the nation. Their other two kids are also phenomenal skiers. I’ve been skiing in the Silver Lake Ski Club since I was 7.

I understand you’ve done some professional skiing as well. When I graduated from high school in 1990, I moved to Ohio to ski at Sea World in the summer, and then I came back and went to college at Ferris State. It was so much fun because we skied in a very themed show. Usually I played a part called ‘The Stranger,’ in a show about the Gold Rush heading out west. I also skied at Cypress Gardens in Florida.

Waterskiing gave me an opportunity to travel to Japan for six weeks in ’95. I was part of ‘Stars of Florida,’ a travel ski team that traveled all over the world. I was 22 years old. It was great.

Have you ever been injured while skiing? Actually, quite a bit. I had to have a full knee reconstruction after a fall at SeaWorld. I was off work for three weeks, and then became a boat driver instead of a skier. It was pretty intense driving because the lake we skied on was so small.

As a business owner and busy dad, how do you find time to ski? Sunday is our day for family fun and skiing. I’ve also been known to go out at 6 a.m. and get a few runs in before work. It’s actually our kids’ sports schedules that make it difficult to find time to ski. We used to practice Monday, Tuesday, Thursday and Saturday for the ski show, now we’re out on the field practicing baseball and softball. Both kids are on travel teams this summer, and it’s time consuming.

What’s the biggest memory you have from Fenton High School? When we won the state wrestling championship the year I graduated. I also got an individual championship award, but it wasn’t anything like the feeling we had as a team when we won the team championship.

What is something people probably don’t know about you? Probably how much fun I’ve had coaching. If I couldn’t ski, I’d probably be more active in coaching softball or baseball. I love working with kids. I do feel very fortunate in my business to be able to work with my dad every day. I think that’s pretty darn cool.

“I was 4 years old the first time I skied, but I really didn’t discover how much fun it was till I learned to slalom, jump and barefoot ski the summer I was 8.”

Jeff Nichols
Owner of Aqua Sports Marine

Notes of thanks

After the loss of Fenton swimming coach Orley Spees April 30, 2014, the family commenced a swimming scholarship fund in his memory. The Spees family has been astounded by the outpouring of support from the community and would like to extend a heartfelt thank you to everyone who has contributed with both funds and warm memories.

Coach Spees would be so delighted to see how the community has rallied to support the student swimmer; something he was so passionate about. If you would like to donate, please send funds to: Orley Spees Swimming Scholarship Fund, c/o The State Bank, 101 N. Leroy St. Fenton, MI 48430.

— The Orley Spees family

FRIDAY

12 pc. Chicken Dinner $27.95
Baked or BBQ. Includes 2 salads.

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Feeds minimum of five. All family specials include medium Greek salad, and a bag of bread sticks.

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TRI-COUNTY TIMES
SUBMITTED PHOTO

Jeff Nichols has been skiing since he was 4 years old and loves all aspects of the sport, especially free-style jumping.

Dan Cheney wins Employee Excellence award

Lasco Ford was proud to present Dan Cheney with the Employee Excellence award for Ford Sales & Service. Cheney’s commitment to sales and customer satisfaction places him in an elite group of the nation’s best Ford sales professionals. The Lasco team thanks Cheney for his support of Ford Motor Company and Lasco Ford. Cheney plays a vital role in their mutual success, and is a driving force for continued growth in their company.

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What is something you’ve wanted to do since you were a kid?

“Play the piano. I never wanted to practice, that was the problem.”
— Kay Kunn

“I know how to ski so I’ve always wanted to go skiing in Colorado.”
— Derek Parks

“I love listening to our music minister at TLC church so I’ve always wanted to learn piano.”
— Lennie Thurston

“Go see Mt. Rushmore because I have patriotism.”
— Kim Broom

“Go white water rafting. It looks exciting and fun.”
— Joyce Guilbault

“Go to Egypt. I want to see the pyramids.”
— Don Kirkwood

LAKE FENTON

LAKE FENTON FACTS
Lake Fenton is a spring-fed “kettle lake,” meaning it was formed after a glacier melted, according to MSU.edu. Most inland lakes were formed this way. The lake is 95-feet deep at the lowest point, and on average, 21 feet. It is 845 acres, with 18 acres of islands, including Case’s Island. Lake Fenton used to be called Long Lake, which makes sense, as it stretches from North Long Lake Road to South Long Lake Road.

FISHING
Striped, spotted, white and large and small mouth bass, crappie, walleye and lake trout are all present. Lake Fenton draws avid fishers when there’s ice, and when it’s warm out.
It’s home to the Lake Fenton Ice Fishing Tournament, hosted by the Fenton Moose Lodge.

RECREATION
On any given day, Lake Fenton will be dotted with pontoons, speedboats and trolling boats out fishing.
Three miles from end to end, the lake provides ample room for recreation of all kinds.
The lake also draws the largest impromptu party on July 4, at “the point,” at the southern most part of the lake, where hundreds of boats cluster around the small peninsula. It’s so busy that the Genesee County Sheriff’s Department monitors with marine patrol deputies, and at least two deputies on land.

The estimated depth was 45 feet since the lake was created by damming the river. Dyball said this is advantageous because the DNR can help maintain the lake. The DNR usually drops 20,000 to 30,000 walleye annually to maintain the fishing stock.

Recently, the board voted to try to pass a special assessment for the lake owners, for a five-year lake maintenance plan. His current best estimate is $50 to $70 annually, per parcel in Fenton Township, which he feels is important for property values.
They’ll need 51 percent of the owners to agree.

LAKE FENTON
Continued from Page 1B
“I think it’s a very beautiful lake,” said Lake Fenton Property Owners Association President George Dyball, who mentioned “beautiful, calming sunsets,” fishing, boating, great friends and people.
This is why he’s lived on the lake for 20 years. In that time, he has seen more summer cottages converted to full-time residences, sometimes because the owner realizes it’s better to convert a cottage and live there for tax purposes, instead of maintaining two homes.
Dyball said there are about 900 tax parcels surrounding the 15 miles of lake frontage. This is mostly inside Fenton Township — about a half-mile along the southern shore is in the city of Fenton.
Lake Fenton is state-owned, meaning it’s not private, and has a public Department of Natural Resources launch. Dyball said this is advantageous because the DNR can help maintain the lake. The DNR usually drops 20,000 to 30,000 walleye annually to maintain the fishing stock.

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They’ll need 51 percent of the owners to agree.

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Property Owners Association
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About the pilot
Chuck Gosh, 83, of Groveland Township, has flown for 66 years, or since 1949. He owned his first plane before he was out of high school.

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Chuck Gosh, 83, of Groveland Township, has flown for 66 years, or since 1949. He owned his first plane before he was out of high school.
Could the next Eminem be from Fenton?

By Tim Jagiello

Fenton — Edward “Young Lyte” Reno of Holly once made the mistake of putting his phone number in a song as an ode to his fans — who immediately burned up his phone with calls and texts. “But I saved a kid’s life.” He said he got a 4:30 a.m. call from a suicidal fan.

Standing on the corner where he grew up, Reno admitted it feels weird. “Had some pretty creepy episodes on this street.” He grew up at the corner of Oak Park and Mary Court in Fenton, and now lives in Holly. He said his sister raised him, and his family lost the house in bankruptcy. It’s where he wanted to meet, with three of his guys. He said lately, he doesn’t go anywhere alone.

As a performer, Reno’s style is razor-sharp, cramming impressive syllables into tight music spaces. He recently held a successful album release that drew hundreds, and he’s sold his first box of 1,000 CDs in a week.

His only real music video has 9,254 views, and counting. This is hardly “viral,” but still impressive for a 25-year-old with a home studio in Holly, with a grass roots promotional team.

He likes the name “Lyte” because of the positive connotations it carries. “We’re fine believing in God,” he said, adding that they pray before each performance. He’s also to the point where he’d like to give back to the community — having lost friends to heroin, he’s thinking about putting effort behind the “Chasing the Dragon,” program.

But admittedly, at first I was not interested in learning about this rapper named “Young Lyte.”

At a newspaper, we’re used to promotions for causes and projects coming in. So when his promoter and friend Adam Osburn called last minute about a CD release at the Fenton Lakes Sportsman Club, I knew in my heart I could do this. It’s starting to become overwhelming, it’s starting to become a lot.”

“I’m trying to get my family paid before I see heaven,” said Edward Reno. “We didn’t grow up with money. My mother did the best she could.” This is the corner in Fenton where he grew up. Reno sold 1,000 copies of his first album “Follow the Lyte” in one week.

I wasn’t too enthusiastic.

I found Young Lyte after a quick search online. Visually, he comes with the typical rapper packaging — flat brimmed ball cap, loose fitting dark clothing, stand-offish mug, and marijuana imagery.

His video for “Banz” starts with the also typical rapper announcement, faces, and blowing smoke in the camera. This all was inducing my medically-dangerous eye-rolling.

But then he started rapping.

Reno is fast. Really, really fast. And whether you like rap, feats of skill are always impressive. In an office where YouTube is banned, I watched almost the whole video, just because I wanted to. You can watch it too, but it would probably draw an ‘MA’ for 17 and older at the record store.

Young Lyte is fun to watch, and I’m behind the rest of the scene in this realization. He’s also not stand-offish at all. He’s a courteous and personable dude, open to all helpful advice and critiques, which may be one of his ingredients for mounting success.

He re-cut his whole 17-track album “Follow the Lyte,” after working with Richard “Segal” Huredia, who worked with Eminem and Dr. Dre. He’s the one who called him “the second Eminem.”

His indie legitimacy started to sink in when I looked at simple numbers. Between his personal Facebook page and his artist page, he has nearly 9,000 “friends.”

His aforementioned video jumped by a thousand views in less than a week. It’s to the point where he is recognized by wait staff at restaurants.

He said he had 500 at the release, and sold 1,000 copies of his album.

Another major testament is that this is all Reno does. He said he’s been able to live off music for two years, and selling 1,000 albums for $10 each isn’t bad either, though he’s paying taxes under a legal business, and will have to recoup the $7,200 he spent getting the album done and out.

Reno, though an unimposing five-foot-five, carries himself like a young businessman, with evidence of his past tattooed on his arms.

On his arms are a “juggalo,” and hatchet-man ICP tattoo. “It’s not what I want now,” he said, referring to the violent lyrics the duo from Detroit uses. Reno doesn’t regret his tattoos — to him they’re just another phase in his history.

While he developed his own style, which better reflects the “lyte” in “Young Lyte,” he manages to connect with the ICP crowd, and has a performance coming up at a Gathering of the Juggalos. His recent short tour was with Detroit heavyweights Twiztid.

He’s turned down record deals that were clearly raw deals, and said he’s considering four others. A tour to support the album is certainly coming.

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www.tctimes.com
Early intervention critical for kids

By Sally Rummel
news@tctimes.com; 810-629-8282.

Parents who are concerned about their child’s hearing, speech, vision or developmental delays have many options for early intervention. Catching a health issue before it escalates can mean the difference between a child’s success in school or falling behind and never catching up.

“Children with a hearing loss, for example, can develop normal language skills by the age of 5 if they receive intervention by age 1,” said Kristin Polk, one of two speech pathologists who serve the Lake Fenton school district. “Our goal is to keep kids on track and not let them get behind.”

Some health screenings actually begin at birth, when newborns are tested for hearing and vision. Parents of children from birth to age 3 have the added resource of Early On Michigan, a coordination of early intervention and other resources for families with children from age 0-36 months who are experiencing developmental disabilities or special needs.

Some of Early On’s services, coordinated through the Genesee County Health Department, include speech pathology, audiology, occupational therapy, psychological services, service coordination, diagnostic medical services, early ID screening, assessment, health/nursing/social work/vision services, special equipment, nutritional counseling, transportation, family/group/individual counseling, family skills training, home visits, etc.

If the child is 3 years old or older, parents can access services through their local school district. “At Lake Fenton schools, parents would call the office of special education, if they suspect hearing loss, speech/language delay or other issues,” said Polk. “Deafness or hearing loss can have a huge impact on language development. The special

Fenton Lions Club offers free kids’ vision screenings every year

The Fenton Lions Club continued an annual 14-year tradition of free vision screenings for adults and kids in March at the Community Expo. During Project Kidsight, the Lions Club screened 75 children from ages 1 to 5 and 86 children and adults from over age 5. A total of 34 were referred to have their eyes further checked by an optometrist or ophthalmologist. For financial help or information about eye care assistance programs for your family, contact the Michigan Department of Community Health, the Michigan Department of Human Services or the Lions Clubs of Michigan at (517) 887-6640 or your local Fenton Lions Club at (810) 354-5610.
Both are important for your child’s health for different reasons

By Sally Rummel
News@tctimes.com; 810-629-8282

Playing sports on a community or school sports team is an important part of a young person’s growth and development. Not only does it help them stay in shape, it also promotes teamwork and discipline.

More than 38 million American children and teens play at least one sport, according to WebMD.

No matter what sport your child plays, there’s a risk of injury, ranging from minor sprained ankles and repetitive strains, to more serious conditions like concussions, heat stroke, exercise-induced asthma or undetected heart issues.

To avoid getting hurt or sick, kids who play sports need to be prepared. That’s why sports physicals are a requirement for playing sports in any state, including Michigan.

In order to participate in interscholastic sports in middle school or high school, the state of Michigan requires each student to undergo a yearly sports physical.

State law mandates that for a physical to be acceptable for any given academic year, it must be completed no earlier than April 15 of the preceding school year. “Any students playing a sport in grades 7 through 12 for the 2014-2015 school year must have a sports physical April 15, 2014 or later,” said Fenton High School Athletic Director Mike Bakker.

Fenton and Linden schools teamed together for a joint sports physical night early in June, providing physicals for 120 student athletes. “We had six family practice doctors who came in and volunteered their time,” said Bakker. “We also brought in a shoe business to check our students’ athletic shoe fits and their gait. It was much more than your ‘run of the mill’ sports physical, which is why we only do it once a year.”

Since Fenton, Linden and Holly schools all contract with Physiotherapy Associates in Fenton for their athletic trainers, the schools often send athletes needing a sports physical to Hometown Urgent Care, located next door. “They do walk-in sports physicals for $25,” said Bakker. “We also send kids to Fenton Medical Center and McLaren Convenient Care.”

What’s the difference between a sports physical and a regular physical? Sports physicals are designed to assess a teen’s health and fitness as it relates to a sport. It’s not the same as a regular physical.

That’s why local mom Missy Taylor prefers that her kids, Addy, 12, and Jordy, 8, go to their regular pediatrician at TLC Pediatrics in Flint. “We schedule their regular physical in the summer so it counts for their sports physicals, too,” said Taylor. “That way, they’re getting a complete checkup, all done at once.”

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Set dental appointments now before back-to-school

▶ Make regular checkups and good oral health habits a priority at home

By Sally Rummel

news@tctimes.com; 810-629-8228

It’s not too early to begin thinking about making dental appointments for your kids before they head back to school. A twice-yearly checkup is your best defense to maximize your child’s oral health. But good dental habits actually start at home, with parents getting involved in monitoring their brushing and healthy eating habits.

“We encourage parents to set up a chart or calendar in the bathroom, using stickers for a reward for good brushing,” said Bo Shumaker, DDS, of Michigan Smiles in Fenton. “We also suggest using a tiny hourglass to time each brushing session. When the sand runs out, it’s done. We actually give these out to patients at our office.”

Kids can also use a spinning toothbrush that beeps when the brushing session is done, or can listen to a song that’s two minutes long — the appropriate duration for good brushing. Parents can even bring a smartphone into the bathroom and use a TVO Kids’ Tooth Time app that will provide two-minute kids’ songs to brush by.

SONGS TO PLAY WHILE BRUSHING YOUR TEETH: Check out YouTube.com for teeth-brushing songs for young children.

Here are some other dental tips to help your kids “make the grade” for dental health:

- Get your kids in the routine of brushing their teeth at least twice a day.
- Get a two-minute brushing timer to put beside the bathroom sink to encourage them to spend this amount of time brushing their teeth.
- Start the school year off with new toothbrushes at home. Dentists recommend that you change your toothbrush every three months to avoid buildup of germs and bacteria.
- Pack healthy lunches, including vegetables, to ramp up your child’s nutrition. Replace soft drinks and juices with water to keep your child’s sugar consumption low.
- Get pending dental appointments, including fillings, out of the way before going back to school, to avoid missing class time during the school year.

Teaching children to brush their teeth at least twice a day for two minutes each time will help create a healthy habit to last their lifetime.
TRI-COUNTY TIMES
SUBMITTED PHOTO

More than 1,200 teens have gone through screening to detect heart conditions. Funds raised in memory of Thomas Smith (shown here) help cover the cost of the electrocardiograms.

‘Tommy’s heart’ saves other teens

Parents of teen who died from cardiac arrest want others tested for heart defects

By Sally Rummel
news@ctimes.com; 810-629-8282

Thomas “Tommy” Smith was just 17 when he died at his Flushing home on Jan. 29, 2011 — the victim of an undetected enlarged heart. This condition led to sudden cardiac death, with a zero percent survival rate, according to the emergency room physician who treated Smith.

An avid athlete, Smith had many sports physicals and medical tests over the years, but no heart problems had ever been detected. Sudden cardiac death is the leading cause of death in youth athletes. About 15 high school athletes die each year due to heart-related problems, according to data collected by the National Center for Catastrophic Sport Injury Research.

Smith’s parents, Mary and Jonathan, wanted to ensure that few other families would have to endure their pain, by establishing the Thomas Smith Memorial Foundation. Their goal has been to provide funding for hospitals to perform electrocardiogram testing on teens from age 13 to 19.

“We have raised $25 million for heart screenings,” said Mary Smith. “In the past two-and-a-half years, 1,200 teens have been tested and 13 of them have been found to have life-threatening heart issues. These are the rainbows along the storms that have happened through Tommy’s death. That’s why we do what we do.”

Mary emphasizes that all teens need to be tested, not just athletes. “Ninety percent of teens with sudden cardiac death had no prior symptoms before they collapsed,” she said. “But electrocardiograms aren’t covered by insurance unless the doctor refers the patient because of symptoms. Most families can’t afford the $1,500 for the screening. It’s such a vicious cycle.”

In May, the Foundation teamed up with Hurley Medical Center in Flint for a heart screening held at Goodrich High School, at which 183 teens were screened. “We’re planning another event this fall when school is back in session, at a site somewhere in Genesee County,” said Mary.

“Watch the Times for more details when a date and location has been set,” she added. “There is no cost to the teen’s family for the screening.”

Hypertrophic cardiomyopathy (HCM) is the single most common cause of death among U.S. athletes. Nearly 4,000 of these deaths are among young people.

And 1 in 200,000 high school athletes will die suddenly, most without any prior symptoms. In addition, male athletes are 10 times more likely to die suddenly as a result of HCM.

Vision therapy can help all ages with common problems or difficulty reading

If your child has difficulty with reading in school, glasses aren’t always the answer. Vision therapy — a type of physical therapy for the eyes and brain — may be more effective in resolving visual problems which interfere with reading, learning and educational instruction.

Common vision problems such as lazy eye, crossed eyes, double vision, conversion insufficiency and some reading and learning disabilities may be treated well with vision therapy. Adults who are literate but have difficulty with getting past the mechanical phase of reading and into the automated phase will also benefit from vision therapy.

Juan Alvarado, O.D., Diplomate, American Board of Optometry and Cynthia Cupal, O.D., F.A.A.O., Diplomate, American Board of Optometry of Fenton Vision Center in downtown Fenton are both licensed in vision therapy and have a trained vision therapist on staff.

“The kids who need vision therapy are the ones who hate school, because the classes that require a lot of reading are so difficult for them. We can turn that right around with vision therapy so they can feel an overall enjoyment of school.”

What is vision therapy?

It’s a progressive program of vision exercises or procedures that begin after a child or adult has had a routine eye exam and undergone functional testing to determine that they will benefit from vision therapy.

“Typically in our office, patients will come in once a week for therapy, then will do ‘homework’ five nights a week, although this process varies depending upon each individual case,” said Alvarado.

Depending on the case, vision therapy procedures are prescribed to help patients develop or improve fundamental visual skills and abilities; improve visual comfort, ease and efficiency and change how a patient processes or interprets visual information. “A child who has double vision doesn’t realize that’s not normal vision,” said Alvarado.

Unlike other forms of exercise, vision therapy is not to strengthen the eye muscles. Eye muscles are already incredibly strong.

Some of the in-office vision therapy tools used may include:

• Corrective lenses
• Therapeutic lenses
• Prism lenses
• Optical filters
• Occluders or eye patches
• Electronic targets with timing
• Computer software
• Balance boards
• Visual-motor-sensory integration training devices

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Story written by Sally Rummel March 13, 2013 “In Focus” edition

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Vision therapy can help all ages with common problems or difficulty reading

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PETTY ADVERTISEMENT

Story written by Sally Rummel March 13, 2013 “In Focus” edition
Vaccinations required

Put your child’s immunizations at the top of your back-to-school list

By Sally Rummel
news@tctimes.com; 810-629-8282

Mark Valacak remembers many years ago, when he first started working for the Genesee County Health Department, that a man who worked for Fenton Township lost his granddaughter to complications from chickenpox.

“I didn’t realize at the time that kids actually died from chickenpox,” he said. “Every time I dropped my kids off at West Shore Elementary and saw the tree there planted in her memory, it made me realize just how close a disease like this can hit home.”

It also made Valacak passionate about getting the word out about the life-saving importance of vaccinations.

All school-age children, from preschoolers to college students, need vaccines to protect them from serious diseases. The Centers for Disease Control and Prevention (CDC) urges parents to check in with their child’s pediatrician to make sure they are up to date on recommended and required vaccines before the 2014-15 school year begins.

“We’re concerned that residents in Genesee County don’t always have their vaccinations up to date,” said Valacak, chief health officer for the GCHD. “There’s a 20-year high of the incidence of measles in the U.S. People today don’t remember that before there was a vaccine for measles in 1963, half a million people got the disease every year and about 500 would die.”

Valacak cites misinformation on the Internet as one of the reasons some families have chosen not to get the vaccine. “There was a study done by a British doctor that implicated the measles vaccine with autism,” he said. “It turned out that the study was totally false and was actually funded by the lawyers who were suing the vaccine manufacturers, clearly a conflict of interest.”

He suggests that parents look at reputable sources to learn more about vaccines and talk to their child’s doctor to get accurate information.

Another vaccine-preventable disease making a comeback is Pertussis (whooping cough). “There have been a couple of infant deaths in Michigan,” said Valacak. “We don’t want that to happen here in Genesee County. That’s why GCHD is providing vaccines to all three birthing hospitals for newborns. The vaccine can also be given in early pregnancy to give protection to a newborn before they start getting their shots.”

Today’s global society makes it impossible to contain diseases that are brought back to the U.S. from a non-vaccinated population. Valacak cites an example of members of an Amish community in Ohio that was lax in keeping up with vaccinations traveled to the Philippines to provide disaster relief. “They brought back the measles with them and a person in Tuscola County died from that exposure from the Philippines. The measles are very easily spread.”

The GCHD offers walk-in vaccination clinics during the months of July and August on Monday, Wednesday, Thursday and Friday in the morning and by appointment in the afternoon.

An off-site clinic is set for Tuesday, Aug. 5 from 12 to 7 p.m. at the Perry Center, 298 Bush St., in the Grand Blanc School District. “Call the GCHD to check on the costs of vaccinating your child,” said Valacak. “We are an in-network provider for most insurance companies.”

For more information about vaccinations, call the Genesee County Health Department at (810) 237-4588 or visit their website at www.gchd.us.

<table>
<thead>
<tr>
<th>The diseases that vaccines prevent</th>
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<tr>
<td>The CDC identifies 14 diseases that can become serious or life-threatening to a child during the early years of life. The recommended immunization schedule for babies includes vaccination protection against all of the following diseases:</td>
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<tr>
<td>- Haemophilus influenzae type b (Hib)</td>
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<tr>
<td>- Diphtheria</td>
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<td>- Hepatitis A</td>
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<td>- Hepatitis B</td>
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<tr>
<td>- Influenza</td>
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<td>- Measles</td>
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<td>- Mumps</td>
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<tr>
<td>- Pertussis (whooping cough)</td>
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<tr>
<td>- Pneumococcal disease</td>
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<tr>
<td>- Polio</td>
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<tr>
<td>- Rubella (German measles)</td>
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<tr>
<td>- Tetanus (lockjaw)</td>
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<tr>
<td>- Rotavirus</td>
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<tr>
<td>- Varicella (chickenpox)</td>
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**Recommended Vaccination Schedule**

Young children
See the list above for vaccine-preventable diseases.

Preteen and teen
As children move into the teen years, they are more at risk for certain diseases, like meningococcal meningitis, according to the CDC. HPV is a vaccine built to protect against certain cancers and is recommended to be given in the preteen years. Check the CDC list for a complete immunization schedule for kids from age 7 to 18.

For diseases such as whooping cough, the protection from vaccine doses can wear off in the preteen years. Kids ages 11 and 12 are recommended to get the booster shot Tdap, a version of the protective DTaP vaccine given to infants and young children.

### 2014 recommended immunizations for children from birth through 6 years old

![Immunization Schedule](image.png)

*Note: If your child misses a shot, you don’t need to start over, just go back to your child’s doctor for the next shot. Talk with your child’s doctor about vaccines.*

**FOOTNOTES:**
- Two doses given at least four weeks apart are recommended for children aged 6 months through 8 years of age who are getting a flu vaccine for the first time and for some other children in this age group.
- Two doses of HepA vaccine are needed for lasting protection. The first dose of HepA vaccine should be given between 12 months and 23 months of age. The second dose should be given 6 to 18 months later. HepA vaccination may be given to any child 12 months and older to protect against HepA. Children and adolescents who did not receive the HepA vaccine and are at high-risk, should be vaccinated against HepA.
- If your child has any medical conditions that put him at risk for infection or is traveling outside the United States, talk to your child’s doctor about additional vaccines that he/she may need.

For more information, call toll free 1-800-CDC-INFO (1-800-232-4636)

[CDC Immunization Schedule](http://www.cdc.gov/vaccines)

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SUMMER TAXES  
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Taxes are payable without penalty from July 1, 2014 through September 15, 2014 at the City Office, 301 S. Leroy Street, Fenton, MI. Office hours: Monday through Friday 9:00 AM to 5:00 PM. After September 15, 2014, a 4% penalty will be added. If you do not receive a tax bill in the mail please call City Hall at 629-2261. Tax bills can be viewed and paid online at the city website, cityoffenton.org. All taxes which are unpaid on March 2, 2015 will be returned to the Genesee County Treasurer, 1101 Beach St., Flint, MI 48502, at which time an additional 4% will be added plus 1% interest per month.

SENIOR CITIZENS  
Note: Senior Citizens, Paraplegic, Quadriplegic, Veteran, Widow, Blind Person, Totally and Permanently Disabled eligible to receive tax credit from the State of Michigan may file an affidavit to extend payment of summer taxes without penalty, until February 28, 2014. Household income for preceding calendar year may not exceed $40,000. Affidavits must be filed by September 16, 2014. Forms are available at the City Office.

Cynthia A. Shane  
City Treasurer

PUBLIC NOTICE  
NOTICE OF PUBLIC HEARING  
PROPOSED ZONING ORDINANCE AMENDMENT  
PLANNED UNIT DEVELOPMENT (PUD)  
CHARTER TOWNSHIP OF FENTON  
GENESEE COUNTY, MICHIGAN

To the residents and property owners of The Charter Township of Fenton, Genesee County, Michigan, and any other interested persons:

PLEASE TAKE NOTICE that as a result of a recommendation made by the Fenton Township Planning Commission, the Township Board of the Charter Township of Fenton will conduct a public hearing on a proposed amendment to the Fenton Township Zoning Ordinance for the purpose of revising the provisions and conditions of a previously approved Planned Unit Development (PUD) for parcels E 59.57 FT TH S 89 DEG 50 MIN 31 SEC E 212.78 FT TH ON A CURVE TO THE LEFT CHORD= S 78 DEG 53 MIN 14 SEC E 188.19 FT TH ON A CURVE TO THE LEFT CHORD= N 23 DEG 44 MIN 28 SEC W 331.70 FT TH ON A CURVE TO THE LEFT CHORD= N 35 DEG 13 MIN 42 SEC E 449.13 FT TH ON A CURVE TO THE LEFT CHORD= N 19 DEG 25 MIN 52 SEC E 188.19 FT TH S 89 DEG 50 MIN 31 SEC E 64.50 FT TH S 32 DEG 55 MIN 15 SEC E 41.77 FT TH S 89 DEG 50 MIN 31 SEC E 34.52 FT TH ON A CURVE TO THE LEFT CHORD= S 78 DEG 53 MIN 14 SEC E 87.71 FT TH N 30 DEG E 59.57 FT TH S 89 DEG 50 MIN 31 SEC E 212.78 FT TH S 0 DEG 06 MIN 56 SEC W 283 FT FROM E 248-431-6218  

STATE OF MICHIGAN, KALASKA COUNTY  
4TH JUDICIAL CIRCUIT COURT  
605 N. BRICH ST. KALKASKA, MI 49646  
(231)258-3300 (option 3)  

MOTION AND/OR ORDER TO SHOW CAUSE. CASE NO. 03-2343-FL  

PEOPLE OF THE STATE OF MICHIGAN  
VERSUS  
STEPHEN JOHN AZAR  

ORDER:  
TO: STEPHEN JOHN AZAR  
7515 WILLOWOOD BEACH DR., LINDEN, MI 48451-8897  

If you require special accommodations to use the court because of a disability or if you require a foreign language interpreter to help you fully participate in court proceedings, please contact the court immediately to make arrangements.

IT IS ORDERED:  
You must appear before this court on 08/05/2014 at 10:00 AM at the court address above to show cause why you should not be held in civil contempt for FAILURE TO PAY COURT ORDERED RESTITUTION. Failure to appear for a contempt hearing may result in a bench warrant being issued for your arrest. A copy of this must be served by Alternate Service on the person ordered to appear at least 10 days before the hearing.

1/4/2014 Judge MERTZ

NOW HIRING  
FULL & PART TIME STAFF  
JOIN OUR TEAM!  
APPLY WITHIN  
3251 OWEN RD • FENTON  
810-750-2234  

Must be motivated, reliable, and energetic! Experience is a plus!

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Must be motivated, reliable, and energetic! Experience is a plus!

NOTICE ARGENTINE TOWNSHIP RESIDENTS  
JULY 22, 2014 BOARD OF REVIEW  

The Argentine Township Board of Review will hold its July meeting as follows:

DATE: Tuesday, July 22, 2014  
TIME: 1:00 PM  
PLACE: Argentine Township Hall  
9048 Silver Lake Road  
Linden MI 48451  
(810) 735-5050  

Purpose: To correct any of the errors in assessments and tax rates, to review claims of qualified homestead on properties and to review hardship/poverty/veterans claims.

Denise Graves, Clerk, Argentine Township
DIAMOND ENGAGEMENT RING
1 stone emerald shape, 14 carat white gold. European style. Retail $2,400, sale price $800. Sam, 810-659-9225.

FENTON LAKE WINDS PLAZA
3 separate retail/office units available. New carpet, just painted. 1 unit is 1,080 sq. ft., 2nd unit is 1,340 sq. ft., 3rd unit is 1,080 sq. ft. These units can be rented separately or combined for a square footage of 3,500 sq. ft. Great parking! Get the Best rate in town! No NNN, brokers protected. Call 248-884-6167.

TRI-COUNTY TIMES PHOTOS
Any staff photo published in the Tri-County Times can be purchased by calling 810-433-6797.

CALL FOR MORE INFORMATION
1 bedroom $500, 2 bedroom $600
CALL FOR MORE INFORMATION
1 bedroom $500, 2 bedroom $600
1 bedroom $500, 2 bedroom $600
www.cormorantco.com

CLEAN HOME
1,080 sq. ft. 2nd unit is 1,080 sq. ft. 3rd unit is 1,340 sq. ft. The law. Our readers are prepared in accordance with law.

7 SCRAP METALS
Purchased by calling 248-884-8167.

SUNDAY SCRAMBLERS ANSWERS
1. Elated; 2. Subtle; 3. Inhale; 4. Reward
Today’s Word: SALAD

NEWSPAPER ADVERTISING
All dwellings advertised in this newspaper are subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise preference, limitation, or discrimination based on race, color, religion or national origin, or an intention to make any such preference, limitation or discrimination. This newspaper will not knowingly accept any advertisement for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

FENTON LAKE WINDS PLAZA
3 separate retail/office units available. New carpet, just painted. 1 unit is 1,080 sq. ft., 2nd unit is 1,340 sq. ft., 3rd unit is 1,080 sq. ft. These units can be rented separately or combined for a square footage of 3,500 sq. ft. Great parking! Get the Best rate in town! No NNN, brokers protected. Call 248-884-6167.

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COME VISIT US AT OUR COMPANY WIDE OPEN HOUSE WEEKEND

COLDWELL BANKER
Professionals

847 N Oak St., Fenton
Newly updated 2 bedroom, 1.5 bath home located walking distance to the lake and Fenton High School. Home is nestled in the lovely Village of Fenton. Move-in ready, move right in and enjoy! $127,000

810-629.2220
Downtown Fenton
120 N. Leroy St. (Across from the State Bank Loan Store)
810-407.4153
Jessica Barkau

OPEN HOUSE SAT. JULY 19TH 10-3PM & SUN. JULY 20TH 1-3PM
Ken Brant
810-853.8440

810.629.2220
Downtown Fenton
120 N. Leroy St. (Across from the State Bank Loan Store)
Each office is independently owned and operated. © K

LOOKING FOR A CAREER CHANGE?
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Contact Michael Wagner, Today at 810-629-2220 to schedule a personal interview.
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55’ on Lake Ponemah w/ access to Tupper & Squaw Lakes
1½ story, 3 bedroom, 3 bath home w/ Master Suite w/ bath.
18x10 enclosed screened porch w/ hot tub & sliding doors for great views of Lake Ponemah.
Den, plant room, 1st floor laundry, large deck & 2 car garage. $375,000

Make Your Garage Sale Successful
Times (810) 629-8194

Westwood Glen Condo
Fenton’s Hidden Gem

228 Glenwood Ave., Fenton • $144,000
1,200 sq. ft. 2 bedroom, 2 bath condo. Fireplace. 2 car garage. Large private deck w/ view of wooded area. Complete remodel summer 2011. For Sale by Owner.

Open House Sunday, July 27th • 1-4pm

To set-up an appointment for an additional time call: 810-813-0547

Western GLEN CONDO
FENTON’S HIDDEN GEM

3142 Ponemah Dr., Fenton

Lake Ponemah

It’s Time To Boost Your Campaign Awareness
Increase votes this political season through full-service design, printing, and mailing.

Allied Online Print
240 N. Fenway Drive • Fenton, MI

NOTICE OF PRIMARY ELECTION TO BE HELD ON AUGUST 5, 2014

NOTICE IS HEREBY GIVEN that a Primary Election will be held on August 5, 2014 in:

HOLLY TOWNSHIP AND THE VILLAGE OF HOLLY, County of Oakland, State of Michigan

THE POLLS will be open 7 o’clock a.m. until 8 o’clock p.m. for PRECINCTS 1, 2, 3 AND 4

at the Polling Place listed as follows:

HOLLY HIGH SCHOOL GYMNASIUM
6161 E. HOLLY RD.

ALL POLLING PLACES ARE HANDICAP ACCESSIBLE

BRAILLE & AUDIO VERSIONS OF VOTING INSTRUCTIONS ARE AVAILABLE

THE AUGUST 5, 2014 PRIMARY ELECTION WILL BE CONDUCTED IN ALL VOTING PRECINCTS OF HOLLY TOWNSHIP/VILLAGE FOR THE PURPOSE OF NOMINATING CANDIDATES OF ALL PARTICIPATING PARTIES FOR THE FOLLOWING OFFICES:

STATE
Governor

CONGRESSIONAL
United States Senator and Representative in Congress

LEGISLATIVE
State Senator and State Representative

COUNTY
County Commissioner

TOWNSHIP
Trustee - Partial Term

JUDICIAL
Judge of Probate Court

DELEGATES TO COUNTY CONVENTION OF THE REPUBLICAN AND DEMOCRATIC PARTIES

AND FOR THE PURPOSE OF VOTING ON THE FOLLOWING PROPOSAL(S):

LOCAL SCHOOL PROPOSAL: Holly Area Schools Operating Millage Proposal, Building and Site Sinking Fund Tax Levy

STATEWIDE PROPOSAL 14-1: Approval or Disapproval of Amendatory Act to Reduce State Use Tax and Replace With A Local Community Stabilization Share to Modernize the Tax System to Help Small Businesses Grow and Create Jobs.

ABSENT VOTER BALLOTS MAY BE OBTAINED FROM YOUR CLERK’S OFFICES LISTED BELOW.

FULL TEXT AND SAMPLE BALLOTS MAY BE OBTAINED FROM YOUR CLERK’S OFFICES LISTED BELOW BEFORE 2:00 P.M. SATURDAY AUGUST 2, 2014

Karin S. Winchester, MMC
Holly Township Clerk
102 Civic Drive
Holly, Michigan 48442
248-634-9331 Ext. 301

The minutes of all regular and special Tyrone Township Board Meetings are on file and may be reviewed at the Tyrone Township Clerk’s office, 10408 Center Road, Monday through Thursday, 9 a.m. to 5 p.m. and online at www.tyronetownship.us. The next regular meeting of the Tyrone Township Board will be held on Tuesday, August 7, 2014 at 7:00 p.m. at the Tyrone Township Hall. The public is encouraged to attend.
NOTICE IS HEREBY GIVEN, in accordance with Article 21, Section 2106 of the Village of Holly Zoning Ordinance, that the Village of Holly Planning Commission will discuss a request for a Site Plan Review on July 23, 2013 at 7:00 PM (or as soon thereafter as possible) in the Village Council Chambers located at 315 S. Broad St., Holly, Michigan.

An application for site plan review was filed by Mr. Michael Tharrett representing Construction Management Consultants of Brighton, PO Box 495 Clarkston, MI. The proposal is for the alteration of the existing building located at 15009 Holly Hills Drive into a banquet center, Holly, Parcel ID # IH-01-28-276-024.

Written comments may be submitted to the Village Clerk-Treasurer, Karl Richter, 300 East Street, Holly, Michigan 48442 prior to the review and may also be submitted for inspection in the Village Offices at the above address during regular business hours.

Interested persons are encouraged to attend the meeting. Handicapped persons needing assistance to attend are asked to contact the village offices at least 48 hours prior to the meeting at (248) 634-9571 during regular business hours.

Cathrene Behrens
Clerk/Treasurer
Village of Holly
Patient’s blood pressure rises at doctor’s office

DEAR DR. ROACH: I have had high blood pressure at times, and my doctor said I have white coat syndrome. I am on metoprolol and ramipril. My blood pressure spikes at times. Recently I didn’t feel right. My blood pressure was reading 200/120, more or less, over 12 hours. I went to my doctor, who gave me something that would bring it down and told me to double up on metoprolol. I took readings at home, and for the next three days it was better but still on the high side. The average over 12 hours was 145/90. I went to a specialist and took along my readings. He didn’t seem alarmed that I had several spikes of 190/105. He told me it’s normal to have high blood pressure readings, everyone has them. I can understand occasional spikes, but mine goes up and stays up for hours. — G.

ANSWER: Let’s first define white-coat hypertension, also called reactive hypertension. It’s a condition where blood pressure in the doctor’s office is much higher than blood pressure at home. Consistent regular readings at home are a better marker of overall blood pressure. At first glance, that doesn’t seem to be what you have. You have high blood pressure consistently, at least recently. Even people with whose blood pressure generally is well-controlled — either naturally or because they take medication — will have some readings that are higher than others. However, readings of 195/105 are too high. Even your relatively better average of 145/90 is too high. One test that is often done is called an ambulatory blood pressure measurement. A blood pressure monitor is worn for 24 hours and takes your blood pressure every 15-20 minutes during the day and 30-60 minutes during sleep. It’s possible that your blood pressure is normally controlled in the good range but spikes every time you or your doctor take it — I have seen a few cases of this. An echocardiogram also can detect changes in the heart, most commonly enlargement of the left ventricle, which may show damage from high blood pressure. I suspect you may need additional treatment. This is usually medication, but salt restriction and stress management can reduce blood pressure in most people. High blood pressure is one of our most common ailments.

Desks are where their blood pressure readings are usually taken. — G.

DEAR AMY: My ex-girlfriend and I dated for almost three years and have now been broken up for a year. I was trying to distance myself to move on, and I imagine she was doing the same. I have seen other girls and been in other relationships over the past year or so, but I am still having a hard time getting over her. I compare the girls I meet to her — and they don’t seem to measure up. Why saw each other last weekend at a party and she told me that she still had feelings for me. My feelings for her have not gone away, and I have told her this. She is leaving for school on the other side of the country for a year and doesn’t want to start a relationship, and I completely agree. I am just confused about why she told me her feelings now — especially when she is leaving in a few weeks. I can picture being with her for the rest of my life, I just don’t want to pressure her or force anything on her, as it is not the best timing. I am just really confused what to do right now. Do you have any thoughts? — 23 and Confused

DEAR CONFUSED: Your ex has probably had roughly the same kind of year you have had — trying out various relationships and finding that they don’t add up to what she had with you. Knowing that her plans are already in place makes it safe for her to admit all of this to you. This opens the door for you two to simply try to patiently tolerate the challenge, while welcoming the potential. You should admit to your confusion. It’s OK not to know exactly what to do. You two are in a great place in many ways; you already know each other and you are in a better position, now, to know what you want.

DEAR AMY: Our son got married Sunday. Our flight got canceled due to a hurricane. The wedding was a small barbecue wedding at their home, and we asked them if they could postpone it. They said everything was set up already. We said we would cover the cost to reschedule it. They decided to go ahead without us being there. Do you think this was the right decision? — Inquiring Minds

DEAR INQUIRING: I assume that your flight cancellation was very last minute, giving the couple little time to reschedule a wedding that (though small) was something they had carefully planned. There might have been other close friends and family members who had also made heroic efforts to be there. I can imagine your disappointment, but try to chalk it up to an unfortunate “act of God” and don’t hold it against the couple. They may end up regretting their choice, but it shouldn’t be because you are forcing the issue.
# Ditch the Workout

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