**Teacher evaluations to be tied to student test scores**

By William Axford

aford@tctimes.com; 810-433-6792

**Failure to comply could result in millions of lost federal dollars**

When it comes to grading teacher performance in Michigan, there isn’t a unified system. Instead, Michigan Department of Education Spokesperson Bill Disessa said individual school districts have their own method of evaluating teacher performance.

The lack of a statewide teacher performance grade could affect federal funding.

“Right now, Michigan could lose its waiver from the federal No Child Left Behind Act if the state does not adopt proposed changes to the teacher evaluation system,” Disessa said. “Michigan could lose $1 billion in federal Title I funding.”

Should the state lose its waiver, Disessa said Michigan will have to increase career and college standards for students, as well as strengthen the system.

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**County on track to raise water rates**

By William Axford

aford@tctimes.com; 810-433-6792

**Last increase for Fenton and Linden areas came in 2007**

**Game-changing ordinances coming to Fenton**

By Tim Jagielo
tjagielo@tctimes.com; 810-433-6795

**Medical marijuana, therapy animals focus of agenda items**

Fenton — Coming soon to a Fenton City Council work session — a medical marijuana ordinance and a therapy/servicemammal ordinance.

City attorney Stephen Schultz brought the subject up to city council Monday night.

See ORDINANCES on 7

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**Is ammo shortage over?**

**Summary**

**Ammunition availability nearly back to pre-2013 levels**

By Tim Jagielo
tjagielo@tctimes.com; 810-433-6795

This time last year, gun owners seeking ammunition were in the midst of a significant shortage caused by a combination of factors, leading to empty shelves, limits on ammo purchases, raised prices and frustrated buyers.

According to Dan Compeau, chief operating officer of Williams Gun Sight Co. in Davison, it could be two years before ammunition is as available as it was before the crisis.

His business still limits .380, and both .22 long-rifle, and .22 magnum are boxes-dependent on supply.

**Although still slim picking at many area stores, ammo availability has rebounded from last year**

**22 long-rifle, and .22 magnum to one or two boxes depending on supply.**

---

**Michigan could lose $1 billion in federal Title I funding.**

Bill Disessa, Michigan Department of Education spokesperson
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What is your pet telling you?

Know the basics of owning a happy and healthy dog

By Amy Mayhew
news@tctimes.com; 810-629-8282

Considered as “man’s best friend,” over the ages dogs have most certainly earned the title. In fact, the bond between humans and canines is distinctive — helping us navigate through the ups and downs of life, and expecting very little in return. But if your dog could talk, here are a few things he’d like you to remember:

Love me unconditionally

A happy dog is a loved dog. Whether it’s taking him for walks, taking him to the “bark park” for a little socialization with his friends, or allowing him to sit on your lap quietly while you read a book, the name of the game is love and attention. It can be as easy as talking to your four-legged friend. He may not be able to comprehend what you’re saying, but he’ll understand the meaning by the tone of your voice.

“They really don’t need a lot from us — all a dog really wants most is your love and attention,” said Christina Muller, trainer and owner of PAW’s Place Dog Boarding and More of Davisburg. “A dog wants to be near you, by you and with you.

As humans, we need to remember that our pets depend on us for everything.”

Give me some structure

Training and discipline are two of the most important building blocks of a healthy and loving relationship between dogs and their humans. Like humans, dogs aren’t born knowing how to properly interact with others.

See PET on 8

Doggie no-nos

Don’t leave your dog in a hot car!

Animals can sustain brain damage or even die from heatstroke in just 15 minutes. Beating the heat is extra tough for dogs because they can only cool themselves by panting or sweating through their paws.

Stay off the hot pavement

Most people are aware that a dog’s footpads can be injured by:

See NO-NOS on 8

Tipping do’s and don’ts

Advice from pros on common etiquette

By Sally Rummel
news@tctimes.com; 810-629-8282

Dora Kotarski has been a waitress at The Olde Hickory Bar in Tyrone Township for 15 years, and has supported four children during those years without a penny of child support.

And it’s not because she can make it on the $2.55 federal minimum wage for tipped employees.

“It’s because our customers care about us and treat us like family,” she said. She believes strongly that a 15-percent tip is an obligation, while anything more than that is generosity on the part of a customer. “We may be public servants, but we deserve respect,” she said.

Tipping has always been not only a hot-button issue, but also a confusing one, especially when circumstances are not always clear-cut.

How much do you tip in a buffet setting, or when you’re picking up Chinese take-out? Do you leave a tip even if you had abominable service?

See TIPPING on 8
Gay marriage partisans should speak out but avoid witch hunts

It is fair to pressure companies into firing top officials because you don’t agree with their political views? Since when, I am asking, is fairness a defining business value?

I raise this question because so many notable conservatives have been championing of ‘McCarthyism’ and ‘liberal fascist bullies’ over the forced resignation of Mozilla CEO火 Eich.

Eich resigned as CEO of for-profit Mozilla Corp. What upsets conservatives and, I will allow, more than a few voices on the left is how and why Eich was forced out.

It had nothing to do with his job performance and everything to do with his contribution of $1,000 to California’s anti-gay marriage Proposition 8 campaign in 2008. Disclosure of Eich’s donation ruffled feathers in the Mozilla community in 2012 but erupted with new fervor after he was promoted to CEO. An angry contingent of Mozilla employees demanded his resignation.

My first response to the ‘McCarthyism’ and ‘liberal fascism’ charge from the right is an equally sarcastic, ‘Ah, a taste of your own medicine, isn’t it?’

The First Amendment only protects us all from being muzzled by government. It does not protect corporate officers from being held accountable to their stockholders or valued employees.

Eich’s case reveals a different kind of corporate damage to be controlled. It shows how much same-sex marriage and other gay rights causes have gone mainstream in the new-century business cultures of Silicon Valley.

Yet it is important to note, Eich, by all accounts, is far from anti-gay. He supports the rest of the gay rights agenda. However, unlike former Secretary of State Hillary Clinton, President Barack Obama, Vice President Joe Biden and others who have reversed their previous objections to same-sex marriage, Eich still opposes it.

I disagree with Eich, yet his views are still too widely held to be equated with racism, as his harshest critics do. Same-sex marriage supporters would be wise, in my view, to avoid tactics that resemble a witch hunt. That’s how otherwise worthy movements look like its own worst enemy.

Have you ever not given a tip? Why?

“No, because I was a waiter and I am in the restaurant business.” — Josh Sheppard, Holly

“No, because I was a waiter and I am in the restaurant business.” — Larry Miller, Linden

“No, because I was a waiter and I am in the restaurant business.” — Regina Stuart, Linden

“No, because I was a waiter and I am in the restaurant business.” — Thomas Hamelme, Byron

“Once when there was bad service long ago. I usually tip.” — Lennis Hayes, Rose Township

“So, if the host does not pass does that mean that they will finally clean up? I am at the upper administration office? This would be three fails and a lot of wasted taxpayer money that should have been used for the kids.”

It is past time to send the TV providers a message. I propose that during the month of May every call and complaint about the rates, service, channels and, yes, to both your provider and congressman. Create a Netflix-type reaction.

I had my supposed career making six figures for the past 16 years. I was job eliminated so they could show more profit for Wall Street. Every day I send out resumes and network to find work, with no callbacks. Don’t judge those on unemployment. It’s not our fault.

I did my research as requested. IB charges Fenton an annual fee to be an IB school. Requires the employment of full-time IB coordinators and requires continual costly training of employees to meet IB demands, which is often out of state. Stop trying to hide the facts.

While our ‘big luxury vehicle’ may get 18mpg, it holds two ‘put put’ cars worth of friends and family, not to mention the ability to tow our camper or trailer. Can your ‘put put’ car do that? Didn’t think so. Signed, a proud owner of a GMC SUV built in Texas.

To ‘Dr. Obama’ comment, maybe the U.S. should go to pot and free the innocent? You should understand a topic before you speak publicly about it. Here are names to start your Medical Marijuana research: Alysia Erwin 14, Charlotte Figi 2, Kristen Pesukais, Dr. William Courtney treats 8 month old. The list goes on.

The old bean company building would make the perfect Gandy Dancer restaurant, just like the one in Ann Arbor!

As a man, I must say that the last Hot line was a little misguided. Men are equally guilty of texting and driving as women. We all just need to turn off our phones away, in a place that is out of temptation while on the road.

Ever since Obama played golf with Woods, he thinks the fair way is part of a golf course.

See Hot line throughout Times
Frank’s Tavern demolished — finally!

Neighborhood resident Donnie Gilbert chats with contractors after they knocked down the former Frank’s Tavern in Fenton Township. Gilbert, a 20-year resident, watched the famous seafood shop go from quaint restaurant, to a condemned riff-raff magnet, and was happy to see it go.

Budget balanced without cuts — this year

► All day work session for 2014-15 city budget is balanced, but trouble ahead in 2015

By Tim Jagielo
tjagielo@tctimes.com; 810-433-6705
Fenton — On Saturday, all Fenton city department heads took their turn in the hot seat for the annual budget workshop.

After the lunch break, it was Fenton Police Chief Rick Aro. He went over his budget with city council members, fielding questions, explaining dollar amounts to the mayor and the council, who are essentially his bosses.

The goal every year is to balance the budget while providing the same city services as last year. “All in all I thought it was a very good day,” said Mayor Sue Osborn, because for the 2014-15 budget, these things were accomplished.

The budget is balanced with few changes. Next year though, is expected to be more difficult. Osborn said healthcare is getting more expensive, and the savings the city made a few years ago need to be revisited.

Council recently learned that revenue will be outpaced by expenditures, eventually eating away at the fund balance. The workshop is an all-day affair, with lots of graphs and bulleted points on the overhead projector. It’s where the rubber hits the road with how much money the city is spending, and how much it needs.

Each department prepared its own budget, which they also must balance while making employees and residents happy alike.

The Police Budget

The Fenton Police Department makes up a large percentage of the city’s budget, at $1.8 million. Fire and police comprise 60 percent of the budget.

Aro said the 2014-15 proposed budget is similar to the current year, with the biggest change being an additional $25,000 for a detective, and patrol vehicle.

Aro said there were small increases in police officer wages, supplies and uniform budget, because they added another full-time dispatcher.

“One enormous positive is the fact that we didn’t have to lay off or cut services to balance the budget,” said Aro. He said that he wishes the department could afford a school liaison, however, “we can’t afford those luxuries,” he said via email.

Fenton Fire Department

According to Fire Chief Bob Cairnduff, the fire department’s budget will be virtually the same as last year, at $619,282.

He said the biggest change this year was to the on-call firefighters’ wages, which increased under the burden of making layoffs.

See BUDGET on 7
Join us for Family Fun Days

It’s Free

2014 Summer Camp Preview

Sunday, May 4 from 2-5 pm

Come explore the mysteries of Never Never Land, where you will have all kinds of fun adventures at the YMCA Camp Copneconic Summer Camp Preview “Never Land” on Sunday, May 4 from 2-5 pm. Come prepared to experience the Never Land summer camp theme, tour our facility, meet the directors and staff and have your questions answered. We will be offering some of our favorite camp activities for you to sample.

Sign up now, prices increase May 5th

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INTERNATIONAL COFFEE DAY

Come and enjoy different coffee favorites from around the world and some tasty dessert!!
Paris, Hawaii, Mexico
Come sample our Signature Beverage

Enter to win a FREE Keurig Coffee Maker

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Saturday, May 10, 2014
1:00pm - 3:00pm
16300 Silver Parkway, Fenton
888-320-9507
www.lockwoodfentonlivings.com

$1000 REWARD

for information leading to the arrest and conviction of those
responsible for a B & E in the 7000 block of W. Rolston Rd.,
Linden, between 8:30 PM April 17th and 8:30 on Good Friday,
April 18th.

Stolen were powerwashers, chainsaws, routers, trim routers, portable planers, belt sanders, flat sanders, airless 5 gallon paint sprayer, circular saws, drills, air brad nailers, finish nailers, framing nailers, pin nailers, HD Sawzall, cement saw, Schagle door locks, right angle drill, Dewalt and Makita combo kits, Roto-Zip, weed trimmer, leaf blower, 4 spools of electrical copper wire, large bundle of copper wire, roll of fencing, Samsung 40 inch flat screen tv, Red Wing Bobbleheads and Nasac Bobbleheads.

Please contact Argentine Police Detective Fulton
at 735-5317, 8274 Silver Lake Rd., Linden.

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Sign up now, prices increase May 5th
Linden Community Schools music education teacher Shari Ravert leads the kindergarten class in a musical activity on Monday. She said in her subject, modeling for the students is important.

**EVALUATIONS**

**Continued from Front Page**

overall school standards. Failing to get the waiver would allow the federal government to dictate which school are underperforming instead of the state. Michigan is one of 42 states to get a waiver for No Child Left Behind. Recently, Washington State has lost millions in federal funding for failing to tie teacher evaluations to student test scores.

According to the Center for Educational Performance and Information (CEPI), approximately half of the school districts in Michigan evaluate teachers based on Charlotte Danielson’s Enhancing Professional Practice for Performance standards, which includes ethics and responsibilities for teachers and administrators. Some 200 school districts use a combination of Danielson’s standards and what DiSessa calls a “local component.”

“Michigan legislation required student growth in teacher evaluation but the state law doesn’t dictate what significant growth is,” said DiSessa. “State assessments like the MEAP have been used as well as local common assessments.”

Michigan House Bill 5223 aims to unify teacher assessment in the state, linking 25 percent of a teacher’s score to student test scores and achievement. HB 5224 will evaluate administrators on student test scores. Should the bills pass, Michigan will be able to receive a waiver on the No Child Left Behind Act and continue to receive federal funding. Legislators are hoping to get the bills passed by the 2014/15 school year and continue to be tested in the 2015/16 school year.

State Rep. Joe Graves (R–Argentine Township) said the bills are still in committee but should move forward.

“It’s getting a lot of good cooperation from both parties. They like where it’s going,” Graves said.

**BUDGET**

**Continued from Page 5**

the rough winter weather. “Our incident volume was way up,” he said via email. “This caused our wages budget to go up, so it had to be amended to cover it.”

Cairnduff said on the plus side, services remained the same with a tight budget.

“The challenge is to continue to maintain our personnel, equipment, and vehicles with all of the added requirements and increased costs,” he said. “The last five or six years have forced us to change how we operate and have been difficult, but we continue to strive to have the best service possible for our residents.”

**Department of Public Works (DPW)**

“Streets, cemetery, parks, sewer, water, DPW facility are pretty much the same with minor increases to cover increased costs on some things we purchase,” said Director Dan Czarnecki. He added that there are some minor increases at the water plant for cleaning and maintenance work.

There are always projects which can change the budget slightly.

Czarnecki said that fortunately, the DPW was not reduced in any way this year. “The challenge is to find ways to be creative as material costs continue to climb,” he said, using gasoline as an example.

The next step is a public hearing, set for Monday May 12, which also happens to be the date on which the budget has to be adopted.

**AMMO SHORTAGE**

**Continued from Front Page**

the worst effects to the shortage were limiting “go bags” for each police vehicle.

Go bags are pre-filled bags of ammunition the officers keep on hand. During the crisis, access to .223 rounds were limited. Today, vehicles are equipped with .223 rounds.

Law enforcement agencies benefited from bulk ordering before the shortages, and most still had duty ammo as needed, but range ammo was less available.

Late 2012 reports of the Department of Homeland Security planning to buy 1.6 billion rounds for training purposes, and fears of impending second amendment rights prompted buyers to stock up.

This stocking-up happened while the ammo manufacturers were away on Christmas break, and they returned to a depleted cache on which they are still working to refill. Ammunition like .22 will be scarce for a while, as machines that produce them are at full capacity, but with a narrow profit margin, meaning it’s not worth investing in more infrastructure.

This increased demand translated to 50 percent more revenue for businesses like Conpeau’s, at the time, and limits on ammo sales.

If it happens again, what should people do? “Stock up when you can find it,” he said. “That’s the only thing you can do.”

As far as whether it can happen again, “It’s hard to predict the future.” He said that any time there’s a mid-term, or general election where Democrats win, gun sales spike, which could cause some empty shelves with certain retailers.

**ORDINANCES**

**Continued from Front Page**

Both ordinances have been delayed multiple times.

The therapy and service animal ordinance would allow dogs, pigs and horses to be service or companion animals inside the city, with restrictions. He said the city manager will receive a draft of an ordinance this week.

This became an issue in May 2013 when the city received complaints against a therapy animal, Eli the pig, who served to comfort and calm a resident’s autistic daughter.

Though the owner was cited, the pig remained, and residents petitioned to let Eli stay. The city began looking at ordinances to control and allow therapy animals that otherwise aren’t allowed.

The issue has already been mulled over at a work session, and sent to the planning commission.

Later this week, Schultz also expects a draft of the medical marijuana ordinance, which would regulate grow operations in the city.

For the past few years, Fenton officials have placed moratoriums on grow operations, as they waited for clarity on the scope of control that local municipalities can have.

A recent court ruling, Ter Beek v City of Wyoming clarified the law, and Schultz urged the city to look at an ordinance.
PET
Continued from Page 3

environment. Just like a kid, dogs need to be taught right from wrong. Providing the necessary guidance to ensure that your pet is safe and respectful is just part of being a good dog owner.

Keep me fit!
Exercising with your dog is a great way to help the two of you strengthen your bond and get in some good exercise at the same time. Before starting any workout regime with your dog, get the vet’s opinion before starting it. Take your dog’s age and breed into consideration before deciding on what type of exercise the two of you will do.

Feed me the good stuff
Like us, our four-footed family members need to eat a balanced diet that is a combination of six nutrient classes — proteins, fats, carbohydrates, vitamins, minerals and water. Proper nutrients help our pets meet their daily needs for energy, growth, and overall well-being, while an endless supply of fresh, clean water keeps them hydrated.

NO-NOS
Continued from Page 3
stepping on something sharp, but what about something hot? Dangerously hot pavement and metal surfaces are hard to avoid in the heat of summer.

Snow flies? Let the dog inside!
Just like us humans, dogs can get frostbite, too. Frostbite tends to involve the tail, ear tips, pads of the feet, and the scrotum. These areas are least protected by fur, and most exposed to the elements.

Keep Fido away from the toxins
Every year, thousands of pets suffer from accidental ingestion of household poisons. As a pet owner, do you know what the common toxins are that can poison your pet? Visit www.petpoisonhelpline.com for a complete listing.

Leash training
Dog is on a leash and pulls the leash tight to snuff where it please as the owner talks to another human. This is bad leash manners. Asking the dog to wait patiently would provide the dog with a mental challenge, which all dogs need.

TIPPING
Continued from Page 3
Beyond common tipping etiquette at restaurants and hair salons, what about tipping movers, dog groomers and car wash attendants?

Here are common tipping scenarios you’re likely to encounter regularly, and how to respond, according to US News & World Report:

Restaurants:
Food servers — 15 to 20 percent of pre-tax bill. Buffet or pick-up, such as coffee or sandwich — 10 percent. Take-out — there is no obligation to tip, but 10 percent is certainly appreciated, especially for extra service given or a large, complicated order. Bartender — $1 to $2 per drink or 15 to 20 percent of bill.

Rather than not leaving a tip in the case of extremely poor service, a more constructive solution is to talk the manager, although this is a controversial issue. Not leaving a tip affects more than just a server, as multiple people often share a tip in a restaurant. It also may not be the server’s fault that you had a poor experience — it may have been a kitchen issue.

Salon/barber shop:
Hairstylist/barber, manicure or pedicure, spa services — 15 to 20 percent.

Everyday life:
Cleaning service — 15 to 20 percent is normal, or a very generous tip at the holidays. Roadside service — $10 to $20. Contractor (plumber, electrician) — not expected but a $20 minimum tip would be appreciated. Movers — local movers $20 per person, long-distance movers, increase tip depending on length of move. Dog groomers — $10 tip would be appreciated. Car wash attendant — $3 to $5 at pickup.

Travel:
Valet parking — $2 to $5 when car is returned to customer. Room service — 15 to 20 percent of bill. Skycap — $2 for first bag, $1 for each additional bag. Bell hop — $2 to $3 per bag. Concierge — no tip necessary for a few words of advice, but $5 to $20 for securing tickets or reservations. Hotel housekeeping — $2 to $3 up to $5 per night.

Ultimately, how much you tip is up to you, but it will be easier for you to sleep at night if you know you have been fair to those who have worked hard to make your life more pleasant.
Dating after 50

It can be less intimidating than you think if you prepare

By Sally Rummel

news@tctimes.com; 810-629-8282

When you’re about to turn 16 years old, you can’t wait to begin the dating game because it sounds so exciting. If you find yourself in the dating pool again at age 50-plus, fear and trepidation might rule your emotions more than excitement.

Regardless of your age, however, some things about dating never change. You still have to figure out who to look for, where to look, and then how to recognize that “special someone” when you meet him or her.

If you can look at this dating stage in your life as an adventure — one that you’ve got more experience in than you did at 16 — you can enjoy the dating scene at 50-plus.

Here are five rules to guide you:

• Make sure you’re ready. A little self-reflection can go a long way in making sure you’re psychologically in a good place to begin dating. More people are drawn to individuals who project a happy, grateful, and open approach to the world, and who aren’t too set in their ways. Are you ready to meet someone new, perhaps learn a new hobby or widen your social circle?

• Decide what traits you’re looking for. You and a new dating partner may want to share similar values about family, sex, religion, etc.

• Put your best foot forward. Focus on your strengths and think about people who would appreciate those qualities. Maybe think about updating your look with a new hairstyle, outfit or makeover.

• Know where to look. You can maximize your chances of finding a partner by taking part in activities that people have in common — from wine tastings to film festivals, especially if these activities are organized by a singles group. You might also meet dating possibilities at parties, reunions, etc. Don’t be afraid to look at online dating, which allows you to sift through a large pool of possible dates according to age, interests and values.

• Re-kindling an old flame. Some people are better versions of themselves at 50 than they were at 25, thanks to insight and maturity, which often comes about in the passing of years. You may run across an old friend from high school or college; don’t cross them off your list until you’ve gotten to know the more mature version.

Source: AARP
Summertime is party time

By Sally Rummel
news@tctimes.com; 810-629-8282

Summertime is party time, and if there’s a milestone event to celebrate, it will be all the more fun to build around that theme.

In addition to family reunions, people celebrate anniversaries and birthdays, especially popular years like 30-50-60-70-80-90 and more.

“A lot of people choose to celebrate these events during long summer holiday weekends like the Fourth of July or Labor Day weekend,” said Jon Gerych of Gerych’s Special Events & Floral Design in Fenton. “The most important thing to plan around is the weather — you’ve got to have a Plan B.”

In addition to backyards, parks and pavilions offer scenic venues for parties, especially having an outdoor structure that can be helpful for decorating, shading the area, etc. “There’s a lot of interest in vintage parties, similar to reunions,” said Gerych. “It’s a popular theme, with earth tones, metals, textures, burlap, sunflowers, etc.”

One common necessity for outdoor parties is a tent. “We do a lot of summer tent rentals,” said Gerych. “We can do as much or as little of the actual planning of the party as you want, once you’ve got a tent size decided and rented.”

Depending on the size and scope of the party you’re planning, you’ll need three to six months to plan a larger, more formal affair with entertainment, catering and floral design. Gerych works closely with an entertainment coordinator, Vic Tatum, who is able to find appropriate entertainment, from an accordion player for a polka-themed event to a full 12-piece orchestra.

If your plans are for a more intimate, See SUMMERTIME on 15

Don’t cheat your feet

Most Americans log 75,000 miles on their feet by the time they reach age 50, according to the American Podiatric Medical Association (APMA).

And much like you would maintain the tires of a car with that many miles, it is crucial to keep up on the general health of your feet. Regular foot care can lead to prevention, detection, intervention and treatment of foot and ankle problems, which can be downright debilitating to everyday life.

GENERAL INJURIES AND CONDITIONS

Each foot has 33 joints that can be affected with arthritis, says the APMA. Fluid buildup in the joints couples with inflammation and swelling of the cartilage and lining of the joints to cause arthritis. Other common foot issues include sprains, strains and fractures. A sprain is a soft tissue injury, while a fracture is an actual break in the bone. People who are on their feet for extended periods of time for work or athletics may be more susceptible to both gradual conditions and sudden injuries that may require rest, surgery or both.

SHOE INSERTS

Shoe inserts, both pre-packaged and custom-fit, can be very helpful additions to your foot-care strategy. They cushion your feet, provide lasting comfort and support your arches. The most common types of inserts are heel liners, arch supports, insoles or foot cushions. While helpful in mitigating less serious foot aches and pains, the APMA does not recommend inserts for correcting biomechanical or long-standing foot issues.

FOOT HEALTH TIPS

Foot care should be a part of your everyday routine. Half of all Americans report experiencing foot pain at some point in their lives, according to an APMA study. The organization recommends a bevy of foot-care tactics in an effort to reduce this substantial number.

• Moisturize feet daily to help avoid dry, cracked and irritated skin.

• Stretch and exercise your feet and toes to avoid muscle cramps.

• Raise your legs often to reduce swelling caused by sitting too long in one position.

• Wear the right kind of shoes for optimum comfort, support and padding.

Your feet accumulate a lot of wear and tear after you reach 50, so be sure to take extra care of them.
TIPS AND SUPPORT SERVICES FOR FAMILY CAREGIVERS

What resources do you recommend that offer help to caregivers? I’ve been taking care of my 82-year-old mother, and it’s wearing me to a frazzle.

- Exhausted Daughter

Dear Exhausted,

Taking care of an elderly loved one over a period of time can be incredibly taxing, both physically and mentally. Fortunately, there are a number of tips and services you can turn to that can help lighten the load. Here are several to consider.

Assemble a care team: A good first step is to put together a network of people (family, friends and even neighbors) that you can call on to help out when you can’t be there or need a break.

Tap local services: Most communities offer a range of free or subsidized services that help seniors and caregivers by providing things like home delivered meals, transportation, senior companion services and more. Also, look into respite services that can provide short-term care to your mom so you can take some time off. Your Area Agency on Aging (call 800-677-1116 for contact information) can refer you to services available in your community.

Use financial aids: If you’re handling your mom’s financial chores, make things easier by arranging direct deposit for her income sources, and set up automatic payments for her utilities and other routine bills. If you need help, hire a professional daily money manager (aadm.com, 877-326-5991) who can come in once or twice a month to pay bills, make deposits, decipher health insurance statements and balance her checkbook. They charge $25 to $100 per hour. Or, if your mom is low-income, a similar service is offered by AARP (aarpmp.org) in select communities for free.

Benefitscheckup.org is another excellent resource you should use to look for financial assistance programs for lower-income seniors.

Get insurance help: If you have questions about Medicare, Medicaid or long-term care, your State Health Insurance Assistance Program (SHIP) is a great resource that provides free counseling on all these issues. Call 800-633-4227 or visit shiptalk.org to locate a nearby counselor.

You can also get help online at medicare.gov/campaigns/caregiver/caregiver.html and through the Medicare Rights Center, which staffs a hotline at 800-333-4114 to help answer questions.

Use technology: If your mom lives alone, consider renting her a medical alert device, which is a small pendant-style ‘SOS’ button that she wears, that would allow her to call for help if she falls. These are available through companies like lifelinesys.com and lifeline.com for about $1 per day. Or, check out home monitoring systems at mylively.com, beclose.com or grandcare.com.

There are also a number of great websites you can draw on for caregiving information and support like aarp.org/caregiving, caregiver.org and caring.com, along with alz.org/care, alzheimers.gov and thisisengaginghome.org for caregivers of dementia patients. And, if you’re sharing care responsibilities with others, sites like lotsahelpinghands.com, caresolver.com and caringbridge.org can help you coordinate together.

Hire help: Depending on your mom’s needs and budget, you may want to hire a part-time ‘home-care aide’ that can help with things like preparing meals, doing laundry, bathing or dressing, or if she needs health care services, a ‘home health aid.’

Costs can run anywhere from $12 up to $40 per hour depending on where you live and the qualification of the aide. To find someone, ask for referrals through friends, doctor’s offices or hospital discharge planners, or visit medicare.gov/homehealthcompare.

If you need additional guidance, consider hiring a geriatric care manager (caremanager.org) who can help you manage and facilitate your mom’s care. Care managers generally charge between $100 and $200 per hour.

Take care of yourself: Make your own health a priority. Being a caregiver is a big job that can cause emotional and physical stress and lead to illness and depression.

The only way you can provide the care your mother needs is to make sure you stay healthy.

Send your senior questions to: Savvy Senior, P.O. Box 5443, Norman, OK 73070, or visit SavvySenior.org. Jim Miller is a contributor to the NBC Today show and author of “The Savvy Senior” book.
Mind games

Challenge your brain by mentally engaging in activities

By Sally Rummel
news@tctimes.com; 810-629-8282

If you think you’re having problems with your memory because you can’t remember where you put your glasses or you’ve forgotten an important date, relax. More than likely you have memory lapses because you’re juggling a lot of activities, especially in mid-life.

According to the Genetics and Aging Research Unit at Massachusetts General Hospital, 80 percent of people over age 70 do not have significant memory loss. Once you’ve reached 85, you’ll be in plenty of company with half experiencing significant memory loss.

But you can keep your mind mentally engaged and beat back dementia by building extra brain capacity, according to AARP magazine.

Why do we lose memory as we age?
The brain tends to get a little sluggish with age, because people don’t hear, see or taste as acutely as they did in their younger years, so incoming signals can be fuzzy or muffled.

Compounding the problem is that people tend not to challenge their brains as much as they age. They may stop working, socialize less and be hesitant to try new things.

It’s not just about doing crossword puzzles or other “brain games.” It’s also about challenging yourself with a new language, reading a book or taking up a new hobby. Whenever you break from routine, you lay down new brain circuits and give your memory muscles the workout they need to stay healthy longer.

At Vicinia Gardens Assisted Living in Fenton Township, keeping residents engaged in life both mentally and physically is a daily goal. “What we try to do is incorporate our residents’ life stories into their activities today,” said Kelly Steffey, R.N., certified dementia practitioner and instructor. She is also the administrator and licensee of Vicinia Gardens.

“In other words, we encourage them to remember what they used to like to do 20 years ago, and pick that activity up again,” said Steffey. “If someone’s not memory impaired, we also encourage them to keep their minds active with crossword puzzles, reading, doing a quiz bowl on current/historical events, etc.”

Here are ways to engage and challenge your brain:

• Play brain games that enhance memory, attention, problem solving, even creativity.
• Stay professionally active, so you have something you can work on every day. Even if you’re retired, get involved with trade associations, education, mentoring, etc.
• Make music. Participants with musical experience scored highest on cognitive tests, even if they hadn’t played an instrument in years.
• Pay attention to each task. Research shows that the ability to learn and remember is seriously compromised when you multitask. Repeat consciously to yourself where you parked your car or where you set down your coffee cup, and you’ll most likely remember.
• Do a jigsaw puzzle, to engage several senses at one time for more robust learning.

See GAMES on 14

Residents at Vicinia Gardens Assisted Living in Fenton Township enjoy coloring Easter eggs with area Girl Scouts. It helped improve their memory function with a fun activity.
Seniors embracing Internet, technology

Loose Center offers classes ranging from social media to digital photography

By William Axford
axford@ctimes.com; 810-433-6792

When it comes to technology, people 65 years and older are leaving their comfort zone and embracing technology. The Pew Research Center reports that six out of 10 seniors are regular Internet users and that 77 percent of seniors own a cell phone.

Melinda Elmore-Hajek, program director at Loose Center in Linden, said improved interface with certain technologies like iPads and other tablets have encouraged more senior citizens to utilize the Internet.

“Like anyone else who learns, using new technology takes time,” said Elmore-Hajek, who has taught technology courses for seniors at Loose. “That kind of instruction begins the process of getting over your fears and giving new things a try.”

Elmore–Hajek said people in their 50s and mid 60s are more likely to be able to use new technology with no or little instructions since computers and cell phones have been a part of their adult lives. Loose Center offers instruction on all aspects of technology for seniors including social media, digital photography, texting and even just exploring the Internet.

According to Pew, Internet use begins to drop off dramatically amongst seniors 75 years and older. Education level and household income also seems to play a part in which seniors go online and which ones shun it. Seniors earning $75,000 or more are 80 to 90 percent more likely to have some sort of Internet connection. Seniors with a college degree or higher are 75 percent more likely to have access to the Internet.

Despite more seniors embracing technology, adapting to devices integrated with the web isn’t always so easy. Physical challenges, skeptical attitudes and difficulty comprehending new concepts are some of the top reasons some seniors have avoided new technology.

Elmore–Hajek is confident that anyone, at any age can learn to use a new piece of technology, with the right teacher and right attitude.

“I’m all for continued education. Anyone can get technology,” Elmore–Hajek said. “I taught a woman who was 85 years old and just wanted to connect. A lot of people are fascinated after watching their grandkids.”

In some ways, learning how to use the Internet is like learning how to ride a bike — once you know, you’ll never forget. According to Pew, 71 percent of technology savvy seniors access the Internet once a day, with tablets and e-books being the most popular devices amongst seniors.

For seniors interested in learning more about technology, Elmore–Hajek said the can contact Loose Center at (810) 735-9406 or visit them online at Loosecenter.org.

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Our care outshines the competition!
These dog breeds are especially compatible with seniors

Pets often make ideal companions. They are around when a person needs support, they can provide protection for those living alone, they’re always willing to lend an ear to problems, and many tend to offer unconditional love. Seniors facing an empty nest or the loss of a spouse may find pets can buoy their spirits. Studies have shown that seniors can benefit both mentally and physically from having a pet around. Pets can alleviate anxiety, depression and boredom.

While pets can provide comfort and companionship, they remain a significant responsibility. Seniors should find an animal that will fit in with their lifestyles. This is an important consideration for those seniors who travel frequently or have mobility issues. In addition, men and women living in senior communities or assisted living facilities should determine if there are any pet restrictions in place.

Those seniors who have decided that a dog will be the best fit can choose among several breeds that may be a good match for their needs. When selecting a dog, consider both size and temperament. Smaller dogs tend to be easier to handle and will need less maintenance. They are easily carried and won’t take as long to bathe and groom. Smaller dogs also consume less food than larger breeds, reducing the expense of dog food and the hassle of wrangling large, heavy bags of chow. Temperament is also important, as some breeds tend to be more easygoing than others. Larger breeds may be preferable to a smaller breeds, which tend to be hyperactive. However, always remember there are pros and cons to each breed, and each dog will demonstrate his own personality traits.

The following are some dogs that can be especially compatible with seniors.

• **Pug:** Equally playful and willing to be a lap dog, the pug requires little exercise and grooming. The breed is typically nonaggressive and submissive. Pugs are good-natured and playful; they don’t often bark and are easy to train.

• **Schnauzer:** These medium-sized dogs hail from Wales and typically require only moderate exercise and little grooming. They are easy to train and moderately dominant. They don’t bark excessively, and they often get along with other dogs.

• **Pembroke Welsh Corgi:** This medium-sized dog hails from Wales and typically requires only moderate exercise and little grooming. They are easy to train and moderately dominant. They don’t bark excessively, and they often get along with other dogs.

• **Shih Tzu:** The Shih Tzu lives for attention, but this breed can be dominant and difficult to train. The Shih Tzu will be alert to its surroundings and, despite its small stature, can be a good watchdog.

• **Pomeranian:** Pomeranians look like big balls of fur and can bring a smile to an owner’s face. The breed tends to be perky, can display dominance and can be difficult to train. Because Pomeranians can be dog-aggressive, they may be best as the only pet in the house.

• **Yorkshire terrier:** The Yorkshire terrier is a diminutive breed in size only, as they tend to have exuberant personalities that dwarf their stature. The ideal lap dog, Yorkies want to lie around and lounge, though some do like to bark. If the fur is kept short in a “puppy cut,” the dog can be easy to maintain.

• **Brussels Griffon:** These dogs are not shed, but they will require professional grooming at least once every 3 months. If socialized early, the Griffon can be a good companion but will likely remain wary of strangers. They are good watchdogs and devoted to their owners.

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**GAMES**

Continued from Page 12

Dancing provides a similar challenge to the brain, learning new steps while moving in time to the music and interacting with others.

• **Go back to** school to build more cognitive reserve, even just attending lectures or taking online courses.
• **Take a new route** to school, so you’re “teasing” your brain with a new challenge.

**Take a break from tech.** “I advise young people to get away from electronics once in awhile,” said Steffey. Figure out a tip without a calculator, add up a column of numbers, etc. Like any skill, memory improves with practice and using your brain in different ways throughout the day keeps it strong.

• **Rely less on** lists. Practice memorizing important phone numbers, addresses, and account passwords.
• **Get a library** card. Reading stimulates the growth of new neurons and synapses in the brain and strengthens the ones you have. Reading magazines, newspapers and books improves concentration, focus and memory and gives you something to talk about with others.

**Memory tip:**

Create a mental image — the more visually striking the better. If you need to get eggs, a collar for your dog and your black heels back from the cobbler, imagine your pup in heels with a nice smooth egg dangling from a fresh collar.
informal family gathering, you can do it in just a few weeks or more, as long as you have enough time to send out invitations and get RSVPs.”

Judy Toaso and her siblings planned a surprise birthday party for their mother, Mary Kirk of Holly who turned 80 on Oct. 6, 2013. They began planning the party in August, deciding on an indoor restaurant venue for 45 close family members. They specified “no gifts,” and encouraged people to write special memories on their birthday cards, as a keepsake for their mom.

Pulling off a surprise party can be a more challenging way to “theme” a party, but for Kirk, the surprise made the event very memorable. “I would have dressed nicer if I had known,” said with a smile, she quipped, when surrounded by family, expecting only to dine with one visiting brother on her birthday.

Toaso’s advice for a successful party? “Start early to obtain a venue, especially if it’s for a fairly large number of people. Decide early on if you want a private space, or are willing to share space within a restaurant.”

She also suggests that each sibling contribute not only financially, but also with planning, so it’s not too much for one person. Last but not least, she highly recommends having a video at the event, to personalize it and make guests feel very much a part of the celebration. “Each of our guests was pictured in the video at some point in their growing up years,” said Toaso.

5 TIPS FOR PLANNING A SURPRISE PARTY:

- Make sure the invitation tells people that the party is a SURPRISE!
- Specify the start time on the invitation, which should be 30 minutes before you expect the guest of honor to arrive.
- Get an accomplice to plan a “fake” activity with the guest of honor.
- Make sure the guest of honor is doing an activity in which they are appropriately dressed for the party. They’ll want to feel their best on front of their friends and family.
- Enjoy and have fun.

Source: Punchbowl.com
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Newman breaks state record for career goals, leads LF to 8-1 win

By David Troppens dtroppens@tctimes.com

Lake Fenton — For just over three years, Jordan Newman has dazzled those who play against her on a soccer pitch.

It was fitting when she broke the state record for goals in a prep career, she did it with one of those eye-popping goals.

Needing three goals against Perry to break the state record of 108 by Ja-leen Dingledine, who played for Newsags between 2004-2007, Newman got her 169th goal of her career with 2:48 remaining in the first half. It came on a thru pass from fellow Brennan Meicher to the right corner of the Perry defensive zone. Still well right of the net, Newman dribbled the ball by a defender to the center of the net and scored. Fittingly, No. 169 was a dazzler. Newman ended up with five goals, upping her career total to 171 in the Blue Devils’ 8-1 victory against Perry at Lake Fenton High School on Monday.

“I just tried not to think too much about it,” Newman said. “I was doing my own thing. I was going for the net trying to score and the state record comes with it. It’s not about the record to me. I scored all of those goals and it happened to add up to the state record. It’s awesome, but I don’t worry about it. I do remember wanting to break it with someone assisting it who has been around all those years. It happened to be Brenna Mei- cher, and the first two were assisted by Miranda (Quick) and Kaitlyn (Begley). … It’s an honor, but I couldn’t have done it by myself. I had the whole team behind me.”

The first Newman goal came in the third minute on a thru pass from Quick. Lake Fenton’s Mackenzie Kato scored the Blue Devils’ second goal off a corner kick pass from Melissa Williams about two minutes later. With 32:29 left in the half, Newman’s Jordan Newman became the top scorer in girls prep soccer history in Michigan by scoring five goals on Monday.

Castiglione flirts with third straight no-hitter, tosses one-hitter vs. Kearsley

By David Troppens dtroppens@tctimes.com

Fenton — Jamie Castiglione is the first to admit it. When he walks on to the pitcher’s mound this year, he’s thinking no-hitter.

“Yeah, I am a little bit,” Castiglione said. “It’s something to strive for. It motivates me to get it done.”

It’s easy to see why he thinks that way. Castiglione came within a bloop single in the sixth inning of collecting his third straight no-hitter of the season in the Tigers’ opening game of a doubleheader against Flint Kearsley on Monday. As it was, he tossed a one-hitter, leading the Tigers to a 3-0 victory in the opening game of the Metro twinbill. In the second contest, the Tigers’ bats struggled, resulting in a 2-0 loss.

However, in the opener, Castiglione, along with the defense behind him, remained nearly perfect. Castiglione allowed a two-out walk in the first, but didn’t allow another free pass or hit until the single with two out when Kearsley’s Noah Jankowski hit the first pitch of his at bat — a fastball — for a single to right.

In between those baserunners the only other Kearsley player to reach base came on a strike out and a passed ball on the play due to the viciousness of Castiglione’s curve ball. In fact, the Tigers had to make throws to first because of third strikes in the dirt three times during the contest. Castiglione’s curve mystifies.

“Really, I’m just throwing strikes and my curve is working good,” Castiglione said. “My teammates are helping me a lot. I wouldn’t have been able to get that close to a no-hitter today without my team- mates. I have to know they are out there and I trust them.”

See CASTIGLIONE on 18

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Tri-County Times | David Troppens

Fenton’s Jamie Castiglione tossed a one-hitter on Monday in a 3-0 win against Kearsley.

TRI-COUNTY TIMES | DAVID TROPPENS

Lake Fenton’s Jordan Newman became the top scorer in girls prep soccer history in Michigan by scoring five goals on Monday.

TRI-COUNTY TIMES | DAVID TROPPENS

In American River College’s first tryout of its five-game schedule, the Beavers claimed a 3-2 victory over a team from Montana State University-Billings. The Beavers are in the process of developing a travel schedule of four regional games, including a February 25 game against Cal Poly Pomona at 1:30 p.m. at American River College. The Beavers are back in action February 16 with a home game against the Stanford University Cardinal at 1:30 p.m. at American River College. The Beavers are back in action February 16 with a home game against the Stanford University Cardinal at 1:30 p.m. at American River College. The Beavers are back in action February 16 with a home game against the Stanford University Cardinal at 1:30 p.m. at American River College.
CASTIGLIONE
Continued from Page 17

Fenton got what happened to be the game-winning run in the bottom of the first inning. With two out, Chase Coselman walked and went to third when Landon Mikulenas reached base on an error. Another error on a ball hit by McKay Hamilton. Fenton led 1-0.

The Tigers added another run in the fourth when a Casey McLaughlin-Smith single eventually resulted in him scoring Fenton’s second run. In the sixth, Kyle Lock singled and scored on Justin Norris’ RBI-double, making it 3-0.

That was plenty of runs for Castiglione, who has now allowed just one hit in 21 innings. After the single, he struck out three of the four final batters he faced. The batter out in that mix was a harmless fly to short.

“He has pitched 21 innings and allowed one hit,” Fenton coach Shawn Lawrence said. “That’s something. I am kind of glad the pressure is off the kid. It would’ve been cool for him, the team, the community and all that, but that’s also a lot of pressure on the kid. I know he wouldn’t have liked to get the third no-hitter, but that’s fine.

“I have never seen anything like this. It’s gotten to a point where it’s almost expected.”

In the second game, Fenton hurler Austin Landis was pretty masterful himself, allowing just two runs. The first was scored with the aid of an error, giving Kearsley an early 1-0 lead. Later, the Hornets added another run in the fifth after a double and a single.

Fenton’s offense struggled but put together one strong threat in the fourth. Coselman singled and Mikulenas sacrificed him to second. Mikulenas also ended up being safe on an error on the play. Drew Garrison followed with a nother bunt single, loading the bases with no one. However, the next three Tigers struck out, ending the threat.

“We had the bases loaded. You have to score,” Lawrence said. “Right there, that’s execution. If we execute, we have a tie ball game. That’s the difference in the ball game. In the first game we executed. We put some bunts down and made plays. We didn’t put them down in the second game and that was the difference.”

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By David Troppens
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The Holly and Linden varsity track teams competed at the Spartan Classic on Friday and earned their share of strong finishes.

The Holly boys placed sixth with 55 points, while the Linden boys were eighth with 33 points. The Holly girls took 10th (35 points), and the Linden girls placed 15th (eight points).

Just one tri-city participant came home with a first. That was Linden’s Justin McKenzie, winning the pole vault with a jump of 14-feet-0. Linden teammate Kyle Frederick came close to a first, taking second in the 300 hurdles (42.28). He also placed fourth in the long jump (21-4 3/4).

The Holly boys had one individual finish with in the top three and three relays take thirds.

Dakota Thorington earned the highest individual first for Holly, taking second in the discus (142-0). Two of the three relays to place third were the longer distance events. The 3,200 relay squad of

Dino Vicanco, Vince Cantu, Blake Staff
ne and Kurtis Cooley (8:15.65) earned one, while the 1,600 relay team of Anto
nio Wells, Austin Chmura, Cooley and Staffine earned another (3:30.92). Finally, the 800 relay team of Barr, Chmura, Josh Simms and D’Anthony Austin also earned a third-place finish (1:35.19).

The Holly girls had four top-three performances, including two runner-ups. Allyssa Copley placed second in the shot put (39-2), while Emily Alva
redo was the runner-up in the discus (120-3). Third-place performers for Holly were Maggie Schneider in the 3,200 (11:15.67) and Madeline Gross in the pole vault (10-0).

Rebecca McDonald paced the Linden girls by taking second in the 100 hurdles (16.69).

Fenton at Brighton Invitational

The Fenton girls track team came home with two firsts at Brighton.

Kayla Stiles took the top spot in the long jump (16-8 1/2), leading the individual performances. Meanwhile, the team also had the 400 relay squad

(51.72) earn a first.

The Fenton boys one top-three effort. It was earned by Jacob Lee who placed third in the 3,200 (9:46.85).

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SOFTBALL

Lake Fenton at Perry: The Blue Devils (8-0) remained undefeated, beating Perry 12-5 and 9-1 on Monday, earning coach Amos Rinks his 200th win of his career.

In the opener, Kim Roe had five hits, including a home run, and tossed the complete-game victory, leading Lake Fenton to the win. Patricia Whittaker also had a home run among her three hits, while Kayla Ward, Taylor Sheyachich and Allison Petts also collected three hits each.

In the nightcap, Roe tossed a four-hitter and provided another two hits. Melody Draeger, Alexis Melton, Sheyachich and Whittaker also had two hits each.

Linden vs. Brandon: The Eagles were swept by Brandon 11-2 and 12-1. In the opening game, Sterling DeGayer and the pitcher each had two singles. In the second game, Alexia Marsh hit an RBI-single.

BASKETBALL

Linden vs. Brandon: The Eagles split with Brandon losing the first game 5-0, but winning the second 12-5.

In the opener, the Eagles had six errors and had only three hits. In the nightcap, Marshael Ryan tossed a complete-game victory, striking out six. Linden had 13 hits with Hunter Luchenschroll getting three hits, scoring three runs and driving in two more. Brady Stafon and Ryan had two hits and three RBI each.

Linden JV vs. Brandon JV: The Eagles swept Brandon 11-4 and 5-3. In the opener, Bayer Davis, Ty Hoeberling and Nick Rosowa had two hits each. Hoebeling drove in three runs. Bayer Davis was the winning pitcher, striking out seven batters. In the second game, Chase Coleman tossed the five-inning complete game, striking out three batters.

Holly hosts Powers: The Bronchos split with the Chargers, losing the first game 10-9 but winning the second 5-4.

In the opener, Holly’s offense was aided by 10 walks. The Bronchos had just four hits, with Peyton Mola and Tom O’Connor earning doubles. Molaahn drove in three runs. In the second game, Joel Perry hit a three-run home run, while Adam Tootley (double) had two hits.

GOLF

Holly 164, Lapeer West 176

The Bronchos were led in the first game by Kyle Pepper, who carded a 38 at Heather Highlands in windy and cold conditions on Monday. Mitchel Hughes shot a 40. Parker Rowe and Will Motter had a 43.

SOCCER

Linden 4, Clio 0: The Eagles (3-0, 7-3) remained undefeated in Metro play as Katie Wilkowksi scored three goals in a story. Saraha Stiles had a goal and an assist. Ali Frederick and Erica Freeman had assists as well. Bridget Adams and Madison Paige shared time in net, earning the shutout.

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To say the Fenton varsity softball team dominated the Novi Invitational on Saturday may be a slight understatement.

The Tigers won the tourney title by outscoring their three foes by a combined 37-4 on Saturday.

Fenton defeated Rochester Adams 14-4, Walled Lake Northern 7-0 and then beat Novi 16-0 to crush the field.

Fenton continued its strong play on Monday, sweeping Kearsley 11-1 and 14-1.

In the opener of the tourney, Fenton led just 5-3, but scored three runs in each of the final three innings to earn the easy win. Ellee Cowger (double) Doris Carpenter (double) and Rachel Siekierski (double) had three hits each. Taylor Mowery (double triple) had two hits and drove in four runs. Emma Brant also had two hits.

On the mound, Paige Dean got the win, striking out four and allowing five hits over five innings.

In the second game, the Tigers scored two runs in the first and second inning each, eventually earning an easy win in just four innings. Ellee Cowger was dominant on the mound, tossing a three-hitter, while walking just one. She struck out eight. Kately Caiduff led the offense with three hits (double) and four RBI, while Brant also had three hits. Cowger (double) and Carpenter had two hits each.

In the final game, a nine-run second inning blew the game open, earning the Tigers the 16-0 crushing of Novi.

Cairnduff had a home run among her three hits. She drove in six runs. Carpenter (double) also had three hits, while Macie Keller and Mowery (double) had two hits each.

On the mound, Dean tossed a three hitter, striking out two.

Against Kearsley, the Tigers had 13 hits in the first game, led by Cowger’s 4-for-4 day which included four runs scored and two triples. Brant, Cairnduff and Mowery had two hits each.

Dean was the winning pitcher, allowing just five hits.

**NEWMAN**

**Continued from Page 17**

Newman tied the state record with her second goal of the game. And then about four minutes later, with 28:48 left in the first half, she broke the state standard.

Two more goals were scored, putting Newman’s new record at 171 with most of the season still remaining. Others who scored for Lake Fenton were Kaurin Porritt and Brenna Meicher.

“It’s an accomplishment,” Newman said. “My parents have always told me I had a nose for the net.”

Lake Fenton coach Lenny Glassetter is pleased Newman is a Blue Devil.

“Any time she touches the ball, she can score,” Glassetter said. “She has such great moves and great touch on the ball. Three defenders can’t handle her. She’s going to score. Sometimes you can’t believe some of the goals she scores.”

Lake Fenton is 4-0 in the GAC and 4-0-2 overall.

“This is our best season this year by far,” Newman said. I feel like we came together a lot more. There are a lot more people scoring and passing. We are not selfish, and we work great as a team.”

**Kitten Shower**

(Kitten Supply Drive)

Does this mean it’s raining kittens?

Well, not exactly...

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Adopt-A-Pet 13975 N. Fenton Rd.
Fenton, MI 48430
For additional information contact
Adopt-A-Pet at 810.629.6723

Fenton’s Kately Cairnduff is welcomed at home during a recent home run. Fenton won the Novi Invitational on Saturday and swept Kearsley on Monday.

In the nightcap, Cairnduff had a home run to go with her four hits, four RBI and three runs scored. Brant had four hits as well, driving in two runs and scoring two. Cowger, Siekierski and Mowery had two hits each.

Cowger was the winning pitcher, tossing a four-hitter and striking out 11.

Fenton hosts Grand Blanc for a non-league doubleheader on Thursday, starting at 4p.m.
DEAR DR. ROACH: I am 72, and for the past few weeks I have been fighting a case of hives. The dermatologist has taken me off nearly all meds, as a biopsy shows I have a chemical allergy. The itching is severe. Is there anything other than triamcinolone cream that can calm things down? The hives are large, most of them flat, and most ringed with red. The only meds I take are for diabetes and a thyroid condition, and I’ve taken them for ages. — F.L.

ANSWER: I am surprised you aren’t taking an antihistamine, like Benadryl or a prescription equivalent. However, the real issue here is why are you having hives? There are many causes, and the biopsy report, while consistent with chemical allergy, might not be definitive. If the hives last more than six weeks, normally you’d get a series of blood tests, with perhaps some additional follow-up testing if necessary. Sometimes the cause is never found.

KEITH ROACH, M.D.
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**WEDNESDAY, APRIL 30, 2014**

**PAGE 21**
FENTON
FENTON AWESOME garage sale! Lots of goodies for everyone, especially art teachers, crafters and style mavens. Priced to sell! May 1st and 2nd, 9-4pm. 13157 Pine Meadow Drive, off Denton Hill, between Center and Foley.

FENTON GIANT, EXTRA LARGE! 12079 Jeffers Lane, off State/Port Huron Road, May 1st, 8-4pm, May 2nd and 3rd, 9-4pm. Items too numerous to mention.

www.tctimes.com

LINDE...
Virginia M. Hogan 1915-2014
Virginia M. Hogan - age 98, of Linden, died April 27, 2014. Funeral Mass will be celebrat-
She was a member of St. John the Evangelist, LOOSE Senior Center, St. Michael's Gold, Second Tuesday Club and Jolly Mixer Dance Club. Surviving are: children, Carol Green of Fenton, Dan (Ann Hogan of Sebring, FL) and Lawrence (Candace Lyler) Lyles of Linden; 7 grandchildren; 10 great-grandchildren; 11 great-great-grandchildren.
She was also preceded in death by her husband, Michael Green in 2007; brother, Green in 2013; and brother-in-law, of Linden, died April 27, 1915-2014
Virginia M. Hogan was born March 26, 1915 in Detroit. She was married to St. John the Evangelist, LOOSE Senior Center, St. Michael's Gold, Second Tuesday Club and Jolly Mixer Dance Club. Surviving are: children, Carol Green of Fenton, Dan (Ann Hogan of Sebring, FL) and Lawrence (Candace Lyler) Lyles of Linden; 7 grandchildren; 10 great-grandchildren; 11 great-great-grandchildren.
She was also preceded in death by her husband, Michael Green in 2007; brother, Green in 2013; and brother-in-law, of Linden, died April 27, 1915-2014
Virginia M. Hogan was born March 26, 1915 in Detroit. She was married to James Carl Hogan who preceded her in death in 1976. She was also a member of St. John the Evangelist, LOOSE Senior Center, St. Michael's Gold, Second Tuesday Club and Jolly Mixer Dance Club.
Surviving are: children, Carol Green of Fenton, Dan (Ann Hogan of Sebring, FL) and Lawrence (Candace Lyler) Lyles of Linden; 7 grandchildren; 10 great-grandchildren; 11 great-great-grandchildren.
She was also preceded in death by her husband, Michael Green in 2007; brother, Green in 2013; and brother-in-law, of Linden, died April 27, 1915-2014
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