

#### one the girl in front of me in the grocery line using food stamps had.

**Is it really** fair to provide free space for vendors to compete with local stores that employ hundreds and pay taxes on brick and mortar buildings?'

## fil've seen the

billboards also that encourage people to sign up for food stamps. Doesn't that encourage fraud? I know several people who get food stamps that don't need it.

#### Congress is adjourned for the summer? I wish I could

be paid \$174,000 a year and have my



Day weekend and return after Labor Day. We need to rid our country of these parasites.

## **4**Anyone with

common sense knows that the problems America faces can't be solved by the people who created them.

## HOT LINE of the week

**66HAS ANYONE noticed** that in every country where Muslims are minorities — like America — they clamor for minority rights. In every country where Muslims are the majority, minorities have no rights."



# 'Flushable' wipes clogging sewer system

## ► Township officials urge residents to flush nothing other than toilet paper

## **By Sharon Stone**

sstone@tctimes.com; 810-433-6786

Fenton Township officials are asking that all Fenton Township residents refrain from flushing

any more cleaning, baby, or adult wipes down the toilet despite being labeled as being flushable. Supervisor Bonnie Mathis said, "We've got a

huge issue in Fenton Township.' The wipes, when flushed, end up in the town-

## Car sales, new and used, way up for July

New technology, aging cars driving sales at local dealerships

## By William Axford

axford@tctimes.com; 810-433-6792 Car sales in the tri-county area and across the nation are

up. According Summary to Bloomberg New technology involving smartphones, and used cars with higher miles, is contributing to purchases of

News, General Motors sold 1.32 million cars and light trucks in the U.S. last month. If sales follow their current trend, GM

could sell more than 15 million cars by the end of this year, up 1 million from 2012.

See SALES on 8A

## Heroin it's cheap, easy to get and deadly

Police believe local residents look to Detroit, Flint for illegal drugs

## By Sharon Stone

sstone@tctimes.com; 810-433-6786 Heroin and its precursor opium have plagued the United States for more than a hundred years, causing countless people to become addicted to its euphoric and rush-like effects. This potentially deadly drug is readily available, inexpensive and its popularity does See HEROIN on 6A

## Summary

To avoid sewer backups and costly repairs, Fenton Township officials are urging resi-dents to be mindful of what they flush down the toilet.

"It's a mess," Mathis said. Mathis said these cloth-like wipes are wreaking havoc in other places, as well. CBS News reported that in the San Francisco Bay Area, See FLUSHABLE on 19A

to Mathis.

ship's sanitary sewer

system and they are

clogging the pipelines.

The wipes do not break down quickly enough

and are causing major

blockages, according



TRI-COUNTY TIMES | TIM JAGIELO Brian Good of Waldorf and Sons Excavating pulls a bucket of "flushable" wipes from a sanitary sewer near Thompson Road Friday.

## Fenton and Linden are 'Tuned Up'



TRI-COUNTY TIMES I WILLIAM AXFORD

The Fenton Tune Up Car Cruise, part of Back to the Bricks celebration in Flint, drew hundreds to downtown Fenton Thursday evening where residents and visitors indulged in classic muscle cars from decades past. See more photos on page 16B

## Where are all the butterflies?

Loss of habitat, cool temperatures drastically reducing Monarch population

### **By Sally Rummel**

news@tctimes.com; 810-629-8282 Have you noticed how few butterflies have been fluttering around your yard this summer? It's not just your imagination.

The Monarch butterfly - recognized universally by its bright orange color and regal stripes -

has wildlife experts concerned that their grace and beauty may soon become a thing of the past.

"The Monarch butterfly population is already down 60 percent from the years 2011 to 2012," said Debbie Jackson of Davisburg, a University of Kansas Monarch Watch conservation specialist. "Part of the problem may be the mass mosquito spraying that destroys plant habitats.

See BUTTERFLIES on 22A WWW.monarchjointventure.com

**Read more about** monarch **butterflies** at: www.monarchwatch.org

more cars.





# NEWSANDFEATURES

## **SMART SOLUTIONS**



## **Fine washables**

Place your fine washables like your bras in a pillowcase and knot before tossing in the washing machine. The pillowcase will keep them from becoming tangled. Your delicates will be thoroughly cleaned, and will emerge smelling fresh and looking flawless



Soften an unscented taper candle in the microwave for three seconds; using a knife, cut an inch off the bottom and insert it into the bottle's opening. The pliable wax effortlessly seals the container. When you're ready to open it back up, simply pull out the wax like you would a cork.

## TRI-COUNTY TIMES

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## **Trade schools** growing as a popular choice

 Jobs requiring trade or vocational skills are on the rise

#### **By Ryan Tackabury** news@tctimes.com; 810-629-8282

There are many options out there for students who have just graduated high school - and trade schools whose popularity is on the

rise are one such option. The state of the current job market shows why.

According to the Bureau of Labor Statistics, middle-skill jobs that require

more education and training than a high school diploma, but less than a bachelor's degree, are expected to make up 45 percent of all job openings through 2014.

Trade or vocational schools can take many different forms, covering a wide range of different possible careers. Electricians, plumbers, cosmetologists, and



TRI-COUNTY TIMES I TIM JAGIELO

Student Dylan Pluta, 18, sets up a CNC mill machine at Epic Machine in Fenton on Thursday. He'll learn how to program, set up and operate the machines. (Below) Milling cutters are lined up on a tool rack near the machine.

more all can find career training through trade schools.

Manifolds, brackets, and nozzles of all different sizes are just a few of the items produced at Epic Machine in Fenton. These pieces have to be produced at very precise measurements, requiring heavy machinery worth hundreds of thousands of dollars. There are many jobs out there available for those with the knowledge and the skills See SCHOOL on 10A



# Are you undecided?

Less than 15 percent decide to stick with original college major

#### **By Tim Jagielo**

tjagielo@tctimes.com; 810-433-6795

Classes begin at Mott Community College on Sept. 8, with an incoming student body of 10,000. Of those that are just out of high school, Student Success Specialist Dan Thomas estimates less than 15 percent of them will have chosen a major they can stick with for the entire two years.

Around 70 percent will be unsure or undecided, and the remaining 20 percent

or so will also end up changing their path. It's Thomas' job to guide them into choosing a major, but first he tells them, "It's OK not to know," he said. "It's a difficult choice."

For the first semester, students can be undecided and safely get through prerequisites like English 101, entry-level math, computer literacy and psychology. "That flows into just about any program you have," he said.

It's toward the end of the second semester that students should be taking electives at least vaguely related to their major. "Now we're running out of things for the gen-eds," he said.

Mott Community College offers links to websites that can also help to identify career interests. Go to mcc.mycareerfocus.org.

## Five college majors that are worth it

- 1. Biomedical engineering Median starting pay: \$53,800 2. Biochemistry
- Median starting pay: \$41,700 3. Computer science
- Median starting pay: \$56,600 4. Software engineering
- Median starting pay: \$54,900 5. Mechanical engineering
- Median starting pay: \$62,900 Source: forbes.com



See UNDECIDED on 8A







## Random royal thoughts

Why do we have 'A' batteries, 'AA' batteries, 'AAA' batteries, 'C' batteries

and 'D' batteries, but no 'B' batteries? I always confuse the 'AA' and 'AAA' sizes. Wouldn't it make much more sense to just have A, B, C, D and E batteries? Who does this?

#### **Remember all the** white people that rioted when OJ was acquitted of murder? Me

neither. Annoyed by illegal immi-

grants? Hmm — wonder what the Indians think about that?

Our schools are failing. Each year the graduates are dumber and dumber because each year we focus more on social issues like anti-bullying, diversity and

# ubmit at: www.tctimes.c or call 810-629-9221 sions, if approved for publication, must be 50 v d do not necessarily reflect the views of the Tri-C the right to edit for clarity length and liab

## ve the right to edit for cla

FOR ALL THOSE who bash gays in the Hot lines, take a tip from the Bible. Even as an atheist, I follow this quote every day. 'Let he who is without sin cast the first stone.'

THE UGLY DISPLAY that I witnessed by a man in a white van by the tennis courts downtown was despicable. Harassing families that enjoy the river and chasing them at high speeds in his van, using vulgar language. Shameful.

#### WHEN A RULER uses the government under his command to intimidate, oppress and harass free people who oppose him politically, he crosses the bridge into tyranny. When he refuses to admit his abuses of power, he then squats in the shadowy corner of cowardice. Does this sound familiar?

REAL WAGES FOR the middle class have been declining since 1971. One reason is that minimum wage does not keep up with inflation. Another is that the average American spends more and more on foreign made products. Look in the mirror if you have to blame someone.

THE KEYSTONE PIPELINE is and will be a Canadian owned and built pipeline. It is to get Canadian tar sands to a refinery with a port for

Compiled by Torrey Christopher, intern

global warming than math and science. Additionally, funding tied to student achievement has resulted in schools lowering their

standards in order to meet government benchmarks. The children's best interests are now secondary.

When the character of a man is not clear to you, look at his friends (will someone please send this to every American voter).

**Did you know** that the 7-11s in inner cities have grocery carts?

Do you keep hearing crazy voices? Turn off MSNBC.

Nobody owes you a living. Half the population has now believes they're entitled to a certain standard of living

export to South America and Asia. They could send it to closer refineries if they wanted it to be for the U.S. market.

WE AMERICANS ARE so tired of being thought of as dumbasses by the rest of the world that we went to the polls in November of 2012 and removed all doubt. - Clint Eastwood

WITH ALL OF the downtown plans, parking will be an issue. Why not make a nice looking (I know an architectural challenge) parking structure where the old Bean Company stands? We could have a walkway

just for being born in America. The only thing you are guaranteed is 'life, liberty, and the pursuit of happiness.' What you do with it is your responsibility.

Liberal logic: The next president should be Monica Lewinsky's ex-boyfriend's wife.

The most courageous people in America are black conservatives.

Why does it make me a bad guy to say that I don't want to feed someone else's children? If a stranger showed up on your doorstep Monday through Friday each week, with half a dozen kids in tow from half a dozen different fathers. and demanded that you feed them a 'nutritious meal' because they are 'disadvantaged,' would that be all right with you? How is this different?

Democratic bumper sticker: Weiner Holder 2016.

Liberal logic: Legalize marijuana, regulate Coca-cola.

from there to the downtown over Silver Lake Road.

U.S. CITIZENS ARE suffering from an overload of information. Much of that information is wrong, or deliberately misleading. If we take those competing voices too seriously, it might make one feel that the country is in a 'death spiral,' as one Hot liner suggests.

LET ME SEE a show of hands — how many have a problem with a man following you around for about half an hour without declaring his intent, just watching you and



Most people don't know that Martin Luther King, Jr. was a staunch Republican.

White House tours for ordinary citizens have been terminated by President Obama for budgetary reasons. They cost \$74,000 per week. The Obamas are going on a 10-day vacation to Martha's Vineyard this week at a cost of \$110 million (not a misprint). That amount of money would fund White House tours for 1,486 weeks, or just over 28 years. Shouldn't it be 'handling and ship-

ping?' Bumper sticker: Annoy a Liberal -Work, Succeed, Be Happy.

Please, don't anyone tell President Obama what comes after trillion. Best liberal bumper sticker: Do you

honestly think Jesus would own a gun?

Opinions offered in If I Were King are the author's alone and do not neces-sarily reflect the opinion of the Tri-County Times or its staff. Email the King at king@tctimes.com. Some content adapted from the internet.

following you? What would you do if someone did that to you? Would you stand your ground, defend yourself? 

ITHINK THE King articles are out to lunch, like Rush Limbaugh. He has his head stuck up where the sun don't shine. 

I'M A 71-year-old man, who sometimes slums around in a hooded sweatshirt and cargo pants especially in the fall and the winter. I hope I don't have to worry about some right-wing gunslinger coming up to me and challenging me in the middle of the night and I have to defend myself.

SO WHAT IF it costs 68 cents more for a Big Mac? Everybody would be willing to pay it. In fact, McDonald's can afford to pay it. They make millions yet they expect their workers to starve to death. I'm all for the unions and higher wages.

TRAYVON MARTIN was a proven thug, burglar and drug dealer. A man has a right to protect his home and his family. End of story. 

WELL IT TOOK me long enough but I finally figured it out. Obama will be in office for eight years and in eight years we'll go from being the number one nation in the world to number eight. That might not be bad because all these other nations may start giving us money.

CONCERNING THE HOT line about 'karma' to the ladies who put the black lab on the side of the road. We were able to bury her properly and we thank you for that. Thank you.

See **HOT LINE** throughout Times

street talk

## Do you like your name? If not, what would you pick?



"Yes, There aren't a lot of Lisas. It's not as common."

– Lisa Barnett

Fenton Township



"I like it now, but growing up I didn't. I thought it sounded like a bulbous person eating a hotdog."

- Stephanie Nutt Fenton



"Yes I like it. I am supposed to be named after Catherine the Great."

— Cathy Short

Gaines Township



"I like my name. It's normal and not weird."

- Trent Sperry

Fenton



"I don't mind it. I was born Esteban, but when I was in the service I lost my catechism certificate and when they sent a new one it said Stephen."

– Stephen Trevino, Fenton



"I do like it, but if I could change it I would change it to a western name like Gunner, Trigger or Duke."





**WEEKDAYS** 

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## **Business owners eager to move** into Cornerstone building

**ff** I feel very

confident and

excited about

— Chip Beltinck

this.'

► Four share why they're so excited about project

#### **By William Axford**

axford@tctimes.com; 810-433-6792

Could the construction of the new Cornerstone building lead to revitalization in the city of Fenton? Sawyer Jewelers owners Chip and Mary Ann Beltinck, who plan to move into the Cornerstone building once it is completed, believe so.

"Sawyer's used to be downtown before urban renewal. Since this project started, it's had our attention," said Chip. "Since we've been announced, we have had a great outpouring of local support from customers."

With the abundance of lakes, a strong school system and a variety of local busi-

nesses, Chip believes the city of Fenton will continue to grow in the next decade. To Chip, the Cornerstone building is the first step toward growth.

The \$4.7 million, 47,000-square-foot project was first unveiled in 2011. At four stories, the building will be the tallest in the city and is aimed at making the community more walkable.

A mixture of businesses and apartments are slated to be inside the building, which will be located at North LeRoy Street and Silver Lake Road.

Shiro Inoue, owner of Sagano's Japanese Bistro and Steakhouse in Flint, is also opening a business in the Cornerstone building, which he anticipates being constructed by next fall.

'Customers kept asking me to open a location in Fenton. I plan on opening a hibachi and sushi bar," Inoue said.

At this stage of development, the

Cornerstone building will have res-Business taurants and retail stores on the bottom level. The other level levels will have 21 to 30 loft-style apartments. The outside of the building will be mostly

brick, glass and architectural cast stone. Toni Widing wasn't thinking of opening a salon until she saw the plans for Cornerstone project. After seeing the site plans, Widing said it was the only place she could ever think of opening up a business.

"The building was so beautiful and I love the fact it'll be in a downtown area. I

feel like God is telling me to do this," Widing said. Widing is aiming for an upscale hair salon where workers will have to have continuous education on the latest hairstyles and industry trends.

For Café Aroma owner Stephanie Evans, the down-

draw a lot of people from out of town into Fenton," Evans said. "It's going to entice people to want to walk more in the main connecting point in town."

Other business owners agree the downtown location is prime and will draw people to the city.

downtown. Fenton is a great place where you don't have to live in a big city and still have everything," Chip said. "I feel very confident and excited about this."

Summary



SPENDING THE WHOLE DAY WITH 27 FRIENDS A BIT

VERWHELMING?

## **Owner of Sawyer Jewelers** town location in the walking district and larger space are draws for her to move into the new building. "The Cornerstone building is going to Faulkwood For a Child's "I think it'll be a great addition to Kin Brain, Body,



## **Police seek witness to** rear-end crash on U.S. 23

►Gaines woman is hospitalized to reattach thumb severed in crash

#### **By Sharon Stone**

sstone@tctimes.com; 810-433-6786

Mundy Township police are hoping that a witness will come forward to help them identify an unknown vehicle that reportedly rear-ended a pickup truck on southbound U.S. 23, about one mile north of Grand Blanc Road at 10:04 p.m. on Wednesday, Aug. 7 and then fled the scene.

As a result of that collision, Sgt. Joel Grahn said the driver lost control and his truck veered off the roadway and into the narrow median, where it struck the end of a guardrail causing it to flip over and land in the northbound lanes. The flipped-over truck was then struck by a northbound vehicle, which was in turn rear-ended by another northbound vehicle.

Grahn said the Gaines couple was hauling a trailer containing tractors and outdoor equipment. When the crash occurred, all of that equipment was thrown about the area. Motorists reported hitting pieces of debris.

cupants of the truck were in-Mundy Township jured and transpolice are investiported to Hurley gating a multiple-Medical Center. car crash that occurred Wednesday The husband at about 10 p.m. on remains at Hursouthbound U.S. ley, however, his 23, one mile north wife was transof Grand Blanc Road. Anyone with ported to Henry information is asked Ford Hospital to call Mundy police where they hope at (810) 655-4646. to reattach her thumb, which

Both oc-

was cut off during the crash.

The driver of the truck did not see the vehicle that struck his trailer and was unable to provide a description to police.

If anyone has information about the crash or the driver of the unknown vehicle, they are asked to call Mundy Township police at (810) 655-4646.



## HEROIN

Continued from Front Page

not seem to be diminishing. It often follows in the footsteps of prescription drug abuse.

Between 2004 and 2009, the number of people requiring emergency room help in this country for prescription drug abuse, including opiates, almost doubled, hitting 1.24 million people, according to Narconon International. As federal, state and county agencies try to respond to this never-ending desire for drugs, local police agencies are also doing what they can to combat drug abuse.

Undersheriff Chris Swanson of the Genesee County Sheriff's Department said in the past six months, the county has experienced a significant increase of overdoses. This includes out-county



areas like Fenton City, Fenton Township and Linden.

When asked why this was so, Swanson said the county medical examiner indicated that a hot batch of heroin has made its way into the area. This batch is laced with fentanyl, an addictive painkiller that is 100 times more potent than morphine. These two drugs are a deadly combination, said Swanson.

Investigators are finding that the heroin is being smuggled in from South America (black tar), Afghanistan (brown stone) and Asia. "It's not coming from the U.S.," said Swanson. "You won't find fields of poppy plants in the U.S. and Asia has a ton of heroin."

The potency of heroin is what is so deadly, said

Swanson. Someone might be addicted to one potency for six months and then use heroin from a different batch, which is more potent, causing a fatal overdose.

Heroin is cheaper than cocaine, but more expensive than crack and way more addictive, said Swanson. In all of the cases that Swanson has seen, every one of the users started out using marijuana, then prescription medication and then heroin. "Every one of them starts out smoking weed," he said. "That seems to



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All your children shall be taught by the Lord, and great shall be the peace of your children. ~Isaiah 54:13

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www.tyronetykespreschool.com 10235 White Lake Rd and US 23 in Fenton



Summary

► The Flint Area

Narcotics Group

has seen double

Genesee County

the number of

heroin calls in

in the past six

months

be the progression."

Swanson acknowledges there have been some high profile cases in the Fenton area however, they are seeing two to six overdoses, not necessarily fatal, per day in Genesee County.

For Fenton Township, the sheriff's department has investigated 26 narcotic incidences in the past five years. The majority of cases involve heroin. "By

far prescription drugs are the most abused, followed by heroin," said Swanson.

Swanson strongly encourages everyone to rid their home of unused prescriptions. "Get them out of your home," he said. This includes cough syrup with codeine. "Get rid of it."

Those wanting to buy

heroin can do so as easily as tweeting a message or sending a friend a private note on Facebook, said Swanson. "Parents need to be 100-percent vigilant on going through their kids' stuff," he said. He added this is not just a kid problem — adults are also at risk. If anyone suspects a loved one of using heroin, they should confront them and then get them help.

Swanson's first choice for drug abusers is "Reformers Unanimous" (reformu. com) due to their rate of success. His next suggestions would be to ask your church, and then local hospital for help.

Fenton Police Chief Rick Aro was not too surprised when he rounded up the stats for heroin incidences that Fenton police have dealt with from 2008 to the present.

In 2008, '09, '10, there were no deaths or non-fatal overdoses, and two arrests in each of those years. In 2011, Fenton had three deaths, one non-fatal overdose and no arrests. In 2012, Fenton had one death, four non-fatal overdoses and six arrests. In 2013, they have had no deaths, three non-fatal overdoses and four arrests.

Aro said it is common for area residents who are looking to buy heroin to make their purchases in the Flint or Detroit area. He said the user will usually buy a bindle (one dose) of heroin in powder form wrapped in paper and foil. If police recover any, it's a small amount. "It's gone quickly," said Aro. "There's no such thing as a casual user."

Linden Police Chief Scott Sutter does believe there is an increase in heroin use with Linden residents, but the buying and usage is not necessarily taking place in Linden. He said, oftentimes residents of Linden go elsewhere to make the purchase so the stats might not show a clear-cut view.

"We do have parents asking for help," said Sutter. "We try to assist." The chief recalled how one Linden man took credit cards from a Linden schools employee in an effort to buy heroin. That case is pending.

Sutter said he sees parents coming to the police station three or four times a month looking for help with their kids who are addicted to drugs. It's typical for the kids to start stealing valuable items from their parents to buy their next fix. The chief said he knows of at least one resident who prostituted herself to pay for her drugs. He added that police helped her get out of that situation and into rehab.

Sutter said it is common for some people to become addicted to prescription medicine and if that supply is interrupted, they are likely to turn to illicit drugs. He believes the prescription take-back events are helping to rid homes of unwanted drugs. "It gets rid of the temptation," WHAT IS HEROIN?

Heroin is an opioid drug that is synthesized from morphine, a naturally occurring substance extracted from the seedpod of the Asian opium poppy plant. Heroin usually appears as a white or brown powder or as a black sticky substance, known as "black tar heroin."

In 2011, 4.2 million Americans aged 12 or older (or 1.6 percent) had used heroin at least once in their lives. It is estimated that about 23 percent of individuals who use heroin become dependent on it.

### Nearly half of young people

who inject heroin surveyed in three recent studies reported abusing prescription opioids before starting to use heroin. Some individuals reported taking up heroin because it is cheaper and easier to obtain than prescription opioids.

> Source: National Institute on Drug Abuse

#### he said.

Sgt. Julie Bemus of the Holly Police Department said the only heroin incident in Holly Village happened in July 2013. She said a female overdosed on heroin and was saved by the actions of the police and EMS personnel who responded. The woman was unconscious and rescue measures were given by police to keep her alive until EMS arrived and reversed the effects of the drug.

"We've been on other overdose calls since but I believe all of them have been for suspected prescription drug overdose," said Bemus. "I don't show any arrests for heroin possession or any deaths in the last two years."

D/F/Lt. Pat Richard of the Michigan State Police and section commander of the Flint Area Narcotics Group (FANG), said without a doubt, marijuana is the gateway drug to other drugs, including heroin. He bases this opinion on his nearly three decades of working for the state.

While he has seen a 100-percent increase in heroin seizures in the Genesee County, the majority is taking place in Flint. In response FANG investigates around the clock, routinely conducts undercover buys and executes search warrants. Heroin in Flint most likely has come from Detroit, which is a huge source for the drug.

Users will do anything they can to buy their next fix, said Richard. This includes stealing from others and retail fraud, predominately at big box stores. "They will pawn it or trade for drugs," he said.

Richard is convinced that teens need to be educated and to know that smoking pot will lead to bigger drugs. "It happens a lot," he said. With more and more people using medical marijuana, because it is legal, it has taken some of the perceived risk away. However, Richard said since medical marijuana production is not regulated a user can never be 100-percent sure of what is in that medical marijuana. "You don't know what's in it," he said.

Richard said his crew works hard on this everyday. "They are diligent at their profession. We just keep working."

## Grilled, boiled, microwaved the tasty corn on the cob

## **By William Axford**

axford@tctimes.com; 810-433-6792 Ears of delicious, sweet corn are hitting the grocery store shelves and farmers markets now and well into fall. Here's what to keep in mind when looking for the tastiest ears and different way to cook them up.

Check the color of the kernels before buying an ear. You wouldn't purchase a car without giving it a test drive first, would you? Pulling back a layer of the husk and seeing if the ear of corn is a healthy color will save you money and potentially keep you from

getting sick. However, most of the husk should be kept on the ear of corn before it's cooked.

Removing the ear's outer shell exposes the kernels to outside elements, increasing the opportunity for the corn to be spoiled before it's ready to be eaten.

Also, consumers should avoid ears of corn that are white, black or covered in moss, as the ear of corn has contracted a disease.

Once you have found some healthy ears to serve up for dinner, you have a few different ways to cook the vegetable up.

You can grill the whole cob, husk or no husk. Keeping the husk on the cob will protect the kernels from being broiled, as well as trapping moisture. To get the best flavor for grilled corn on the cob, experts recommend leaving only two layers of the husk on the cob, keeping the burning of kernels at a minimum while giving the cob a smoky flavor.

Other grilling recipes call for husking

# Tri-county fundraisers

Benefit dinner for family of Traci Wegmann A spaghetti benefit dinner is planned for Saturday, Aug. 17, from 3 to 7 p.m. at The Baron's M.C. Clubhouse, at 101 Genesee in Gaines. The \$5 dinner has been organized to raise funds to cover funeral costs and hospital expenses for Traci Wegmann of Holly who died on May 19 at the age of 41. The event includes a 50/50 raffle and live auction. For more information, call Nichole at (248) 390-3987.

#### Fenton Karate School to host Mini **Golf Outing Fundraiser**

Fenton Karate School is hosting a mini golf outing on Sunday, Aug. 25 from 11 a.m. to 2 p.m. at Uncle Ray's Mini Golf, 1462 North LeRoy St., Fenton. They are inviting the community to help the martial arts students from Fenton Karate School raise funds to attend the ITF World Tournament held in Portugal. Cost is \$15 per golfer. Price includes hot dogs, chips, soda, Uncle Ray's ice cream and a fun day of mini golf. They will have raffles and Closest to the Pin events on this day. Sponsoring a hole is \$25. Please contact Master Anthony Husted at Fenton Karate for information at (810) 750-9800.

the whole cob and wrapping the corn in tin foil. Cooks who go this route can add butter and spices to the tin foil, giving the corn an extra kick. Grilling corn is economical and quick, with most recipes calling for 10 to 15 minutes of grilling.

Ears of corn can be **boiled** as well. Simply remove the husk and place the corn in a pan of boiling water big enough for at least two ears. The corn should only take 5 to 10 minutes to cook and can be removed once the kernels become soft. Sugar can also be added to the boiling water to give the corn a sweeter taste.

For the quickest results, corn can be microwaved as well.

Remove the husk and throw the ears in and the corn should be ready in as little as two minutes.





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www.basketballsale.com

**Continued from Page 3A** The first thing Thomas does when helping a student pick a major, is he eliminates first what they do not like. He, for example, can't stand math, so he avoids paths like science and engineering.

The next step is identifying the things for which you have a passion. "(Find) the things you don't like, look

at things you have a passion for, do some job shadowing, or talk to other people," he said. Someone may want to help people for a living, so they choose nursing. Once they get into the nursing curriculum, they

find they don't have the stomach for the grittier parts of the job.

Thomas suggested this woman look into social services, and it seems to be a better fit. For most majors, Thomas suggests students shadow a person in their field, and take electives related to their field of choice to make sure it's actually what they think the job is like.

Mark Mattingly, counselor for Holly High School said Holly Area School (HAS) students are exploring their interests consistently starting in eighth grade.

They do an Educational Development Plan (EDP) which, Mattingly said includes an interest inventory. "The results of the interest inventory give our students a starting point," he said via email. "Our students update their EDPs every year. We want our students to update their

## **Building memories at Family Camp**

From the desk of Times Editor Sharon Stone

Ahh, another Stone Family Camp has come and gone. My husband's family has been getting together at my brother-in-law Tim's cabin called 'Hook n Hack,' in Baldwin for years. We call it 'Family Camp' but it has grown to include close friends who are like family. It's a relax-

ing weekend with no agenda, no laptops and hopefully no drama or injuries. All of the families arrive with their own tent, pop-up camper or fifth-wheel trailer.

The weekend in Baldwin, which is about 30 minutes east of Ludington, allows

what the kids are up to, what we're going to fix for dinner and who gets to use Tim's shower first. Another fun topic of discussion is what excuse we're going to come up with to drive to the local grocery store that we'll always call Star Market, despite its name change a few years ago. The market is one of a few places we go, aside from Edie's Log Bar, which now unfortunately just serves breakfast and lunch, and a nearby ice cream stand and canoe rental. This year, instead of canoes, we opted for rafts for floating down the Pere Marquette River. It's a beautiful, clean river that overflows each fall with salmon, attracting fishermen from around the world. It was too early in the season to see many salmon but

men from standing in the middle of the river as we drifted by. While rafting this time, we met a big friendly group of 40-somethings from Ohio who also wanted to enjoy the river.

Family Camp was a weekend of firsts for me, and a few others. I had my first hobo chocolate pudding pie,

a creation of Eddie, my daughter Laura's fiancé. The two love camping and make all sorts of hobo pies over the campfire. Eddie used biscuits, the kind that come in a cardboard roll that you have to pop open, and small cups of chocolate pudding. Using a small griddle attached to a long handle, Eddie con-

structed a pie and cooked an endless number of them once we all figured out what he was doing. The pies were delicious and the campfire's aroma was elevated to a new level. I expect to try Eddie's pizza hobo pies next year.

It was great watching all of the young cousins playing together and building memories that will be talked about — and embellished — over the years, which is another Stone tradition. Family Camp really is about creating the bonds that keep a family close, stepping away from the daily grind, trying something new and realizing it's OK to sleep in, enjoy a cup of coffee over laughter and keeping the campfire embers warm in case there's some marshmallows or hobo pies in your future.

#### few years."

**L** July was our

best used car

sales month

had, volume

General sales manager

we've ever

wise. **77** 

**Matt Stevens** 

One of the increasingly popular features in new cars is the ability to sync features to a smartphone. Drivers can lock and unlock doors, check tire pressure and start cars all from an app. Other features, like touch screens and turn-byturn navigation from OnStar are other features that are encouraging people to buy new cars.

According to Automobile Magazine,

15.5 million vehicles were sold last month, a 14-percent increase from July 2012. Cadillacs and Chevrolets rose 17 percent in sales while Buick and GMC saw 14 percent increases in sales. Other car companies that saw increased sales were Dodge and Ford at 18 percent and 14 percent, respectively.

As technology for new cars continues to improve

and older cars on the road continue to age, car sales may continue to increase into next year as well.

"A lot of people are trading in cars that have been on the road for a long time, Stevens said. "There's been a lot of pent up demand to get into newer cars.'

Jim Hall, owner of Hall Chrysler Jeep Dodge in Fenton also saw a surge in July auto sales, with used car sales increasing 18 percent and new car sales increasing 40 percent.

"Everything seems to be going well with product and the economy," Hall said. "Chrysler is an excellent product right now and the vehicles we have to offer are in high demand."

Things like Computer Aided Drafting (CAD), nursing and criminal justice are popular majors. Five majors that may not be 1. Anthropology Starting salary: \$28,000 2. Fine arts

**It's OK not to** 

choice. 77

Mott Community College

**Dan Thomas** student success specialist,

know, it's a difficult

Starting salary: \$30,000 3. Film and photography Starting salary: \$30,000 4. Philosophy and religious studies Starting salary: \$30,000

the industry.

stick with a program.

5. Graphic design Starting salary: \$32,000 Source: msnmoney.com. Both lists are based on starting salary, unemployment, and projected growth inside

EDP every year because we know their

interests change from year to year. In

eighth grade they might want to be a

doctor, but in 10th grade they might want

to not be sure what career path they

want to take, and that student on average

changes their major three times before

they graduate. "We encourage our stu-

college."

Thomas said they tend to know better

what they like and don't like, and can

dents to keep their op-

tions open and to take

the most challenging

courses in high school

to get them ready for

When it comes to

"non-traditional" stu-

dents in their late 20s,

or early 30s or 40s,

Mattingly also tells students it's OK

to be an engineer."



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us to catch up on small-talk,

that didn't stop wader-wearing fisher-

### SALES **Continued from Front Page**

But it's not just new cars that are being snatched up. Used cars are rolling off the lot as well, with many people looking to trade in their older vehicles. A combination of affordable financing and the older age of cars currently on the road are some factors causing drivers to

look for newer used cars. "July was our best used car sales

month we've ever had, volume wise," said Matt Stevens, general sales manager at Vic Canever Chevrolet. "We have a new system where we're pricing cars competitively with 0-percent financing. Our market is really strong right now."

With the 2014 models soon to fill parking lots, Stevens said most of the 2013 models have been sold.

At Randy Wise Buick GMC, sales have increased 15 percent. Enclaves, Veranos, Arcadias and trucks are leading the sales for the car dealership, according to new car sales manager Lisa Consiglio. Leases have increased as well as the dealership has added new companies from which drivers could choose.

For the dealerships, the spike in new and used car sales is a sign of economic recovery.

"People are feeling more confident. Summer is a good time to get a new car since the incentives are good," Consiglio said. "Overall there are a lot of new exciting products with new technology, which has come a long way in the past







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TRI-COUNTY TIMES | TIM JAGIELO

Dylan Pluta, 18, uses a calculator to add and subtract tolerances for a clamp bolt, with exacting specifications at Epic Machine on Thursday.

Summary

Trade schools

are expected to

make up almost

half of the new job openings until

2014

cover many differ-

ent careers, which

#### SCHOOL Continued from Page Page 3A

to properly read the blueprints and operate the equipment — both skills of which are taught to students at Epic Machine. The eight-week course offered teaches four students at a time in operating the company's heavy machinery like their mills and lathes.

"We are different than your typical educational system," said Mike Parker,

president of Epic Machine. "Your typical education institution gives you a whole curriculum of many things that you have to do over a one- or two-year program. The colleges are doing a mass exposure, and we are doing a concentrated focus." Parker said the investment at Epic Machine is significantly

less than other programs, both in time and cost. Additionally, the hands-on experience students receive is

key to help find jobs. "This is something you really learn by doing not by reading, that's why the trade



The Tri-County Times wants to give our readers the chance to show off the trophies they catch this season. If you have a fish worth showing off, snap a photo and bring it in or mail it to the Times office.



On Monday, Aug. 15, a happy Ben Roach, age 11, landed this 17-inch Large Mouth Bass while fishing on Lake Fenton with his father, Kenny.

school I think is really coming around as being important," he said.

With only able to take in four people at a time, Parker said he has seen an overwhelming amount of interest both locally, as well as from outside the state in the program they offer.

The focus in the chosen career path provided by trade schools is one major benefit they have to offer.

"They provide you with specialized training," said Eric Salzwe-

del of Dave Lamb Heating and Cooling. "In my opinion if you have specialized training you are more apt to find a job faster than perhaps a traditional four-year degree that is more broad."

Those who are looking for a job in a specific field may like the odds that a trade school provides more of an

emphasis on finding career opportunities for students.

"The training they are receiving here is going into the fields that employment rate is good," said Phil Whitmer, dean of Transportation Technology at Baker College of Flint. Auto service technology programs offered include programs such as auto body restoration, welding, and truck driving.

The popularity of trade schools is not just about getting an entry level job another part is also job security as most vocational skills will be needed for years to come.

"There will always be a need," Salzwedel said, especially about heating and cooling. "Because people will always be hot or always be cold, you can go anywhere in the country."

## HOT LINE CONTINUED

**TO ALL PARENTS** of young ones near State Road Elementary, beware of sending your children up there to play. A boy age 13 that moved into our neighborhood four weeks ago was roughed up by a group of high schoolers drinking, smoking and using obscenities.

## 

I AM SO sick of these simple-minded people who think nothing of setting off fireworks night after night. I work weekends, as do many, and after 10 p.m. is too late for this stuff. Put the damn things away once and for all.

BBB.





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## Fentura Financial has fifth quarter of continuous profits

Fentura Financial, Inc. reported net income of \$722,000 for the three months ending June 30. This compares to earnings of \$144,000 reported for the second quarter of 2012.

Responding to the positive results,

President and CEO Ronald Justice said that, "during the first six months of 2013, the Company grew loans by \$27.8 million, strengthening net interest income and in turn improving net income and our capital position.

"Credit quality continued to improve during the first half of 2013 as well, with a reduced level of substandard assets and loan delinquencies.

"These trends contributed to our improved operating results by reducing certain noninterest expense associated with collecting and maintaining substandard assets, also limiting the need for additional provision in order to maintain an appropriate allowance for loan losses during the 6 month period."

Social News

BIRTH



### **Ellison Marie Miller**

Big brothers, Sutton, Hudson and Greyson Miller would like to announce the birth of their little sister Ellison Marie Miller born June 6, 2013 at 9:08 p.m. at Genesys Health Park in Grand Blanc Township. She weighed 8 lbs., 9 ozs. and was 20.5 inches long. Chad and Jessica Miller of Fenton are the proud parents. Maternal grandfather is Rick Morris and maternal grandmother is Marty Neal, both of Fenton. Maternal great-grandparents are Ellen Morris and Betty Hockey both of Fenton. Paternal grandparents are Tom and Nancy Miller both of Fenton. Paternal great-grandparents are Joe and Madeline Ceresia both of Fenton.



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#### Officials warn against potential scams

Memory loss and other ailments associated with aging aren't the only problems senior citizens in Fenton Township may face. At Monday night's board of trustees meeting, Township Clerk Robert Krug said a company called Michigan Whole Services USA went door-to-door and tried to solicit money from senior citizens. The company attempted to extract money from residents by offering an insurance program to "protect people from underground water pipes," Krug said. Krug and Genesee County Commissioner Tony Brown contacted Attorney General Bill Schuette, who sent a cease-and-desist letter to members of the company. "It seemed like they were pinpointing senior citizens. The charges were phenomenal," Krug said. Supervisor Bonnie Mathis has also heard of complaints from residents about a group going door-to-door and asking for money. She and other township officials warned residents against giving money to people going door-to-door and attempting to collect fees. "To anybody who solicits you door-to-door, you should say no," Mathis said. "If they don't explain anything or give you any literature, just say no.

Shard Financial to host annual Half-Time event on Sept. 12 Shard Financial Services, Inc. of Fenton will be hosting its annual Half-Time event at the Fenton Lucky's Steakhouse on Sept. 12, from 6-7:30 pm. President and Wealth Advisor Margie Shard, CFP, will analyze the events that took place in the market for the first half of 2013. Hear her ideas on how those events, and others, may unfold and possibly impact the remainder of the year. Those interested in attending should contact Shard Financial at (810) 714-5566 to RSVP as seating is limited. While serving a diverse array of clients, Shard and her team have found special interest in women and couples, helping to guide them through major life events. For more information, visit www.shardfinancial.com.

## **HOT LINE** CONTINUED

AMERICA WAS THE land of the free and the brave when I was young. Now it has become a socialist's country. I hope I'm gone before it is a communist dictatorship. May God bless us with a willing and courageous population who will fight once more for our freedoms and morals

**OLIVIA DIMMER'S ARTICLE** 'Love You to the Moon and Back' was very moving and well written. What a beautiful relationship between daughter and mother, something they can cherish forever and something she can pass on when she becomes a mother. What a wonderful legacy her mother has given her. God bless them both always. 

I AM SAD to see that they are not building a skate park at the new park they are building in Fenton Township.



## SPORTS TRIVIA BASEBALL



He was traded to the Tigers by Cleveland for Harvey Kuenn. Name him.

Happy 80th birthday to Rocky Colavito. The ex-Tigers slugger birthday is on Saturday.

## Fall Sports BEGINNING

It's hard to believe, but the fall sports season begins Monday.

As early as midnight on Monday some area prep football teams will start their practice sessions for the 2013 fall sports season. All state prep football squads will begin sometime on Monday.

On Wednesday, all the other fall sports will begin their practice seasons.

After that, it won't be long before the fall sports season's first events will begin.

As early as Aug. 17, many area soccer, tennis and volleyball teams will compete in scrimmages, and on Aug. 20 some area cross country teams will be competing in the Durand Invitational

On Aug. 22 prep football teams will host their scrimmages. A week later on Aug. 29, the football squads will begin their nine-week seasons. Of course, the headliner game in the tri-county area will be Linden at Fenton, starting at 7 p.m. Holly opens the season with a 7 p.m. road game at Swartz Creek. Lake Fenton opens with a road game at Ann Arbor Gabriel Richard, starting at 5 p.m.

After the opening week, all of the area football teams will return to their normal Friday night games.

SUNDAY, AUGU

**Hamilton ready for** first year with Linden girls golf team



t imes



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Dorts LINDEN'S BEN THORNTON

## EAGLES



Photo by **Mark Bolen** 

## **Parcher's Peaks**

It was an injury-riddled season for Linden junior Ted Parcher, but he still placed higher than any other tri-county male athlete at the state meet. Here is a list of a couple of his performances this year.

- Posted a first-place time of 11.07 seconds in the 100 and a top time of 23.33 in the 200. He

- Helped lead team to a co-Metro League championship.

- Was regional champion in the 100 (11.02)

team win a regional title (43.59). State meet

in the 100 (10.88), earning the

meet.

- Ran a 10.74 in the semis of the

Linden's Ted Parcher struggled with injuries for most of his junior track and field season, but he still finished fourth in the state in the 100 meter dash, helping him earn our Tri-County Male Track Athlete of the Year award for a third straight season. No one has ever won it four straight years.

## Linden junior is our Tri-County Male Track Performer of the Year

#### By David Troppens dtroppens@tctimes.com

**Parcher is our running** 

man for a third time

It was a frustrating track season for Ted Parcher to say the least.

He struggled with injuries, missed meets and, in his own words didn't feel healthy until the end of the season.

"It was definitely depressing," Parcher said. "I missed quite a few meets being injured and it hurt. It was my first injury. It was strange and I didn't like it."

Yet, when you are a talent as great Parcher, what seems like a struggling season to him, remains an outstanding year for most.

And that was the case during the 2013 track season. Even with his struggles, it was pretty easy to name Ted Parcher our 2013 Tri-County Male Track and Field Performer of the Year.

While dealing with hamstring issues, Parcher still found a way to finish fourth at the state meet in the 100-meter dash (10.81) and post the area's best time in the 200 dash as well (22.44). He also earned a spot on the tricounty's best 400 relay team as well, earning him three spots on our 2013 Tri-County Boys Track and Field Team. He tied Holly's Sean Barr for the most earned spots on our track team.

Parcher also was a regional champion in the 100(11.02) and on Linden's regional champi-

onship 400 relay (43.59) with Cody Grandy, Taylor Anderson and Connor O'Connell. He also captured the Metro League championships in the 100 and 200, helping lead the Eagles to a co-Metro League championship with the Holly Bronchos.

Parcher has now won our Tri-County Male Track and Field Performer of the Year award all three times in his career, meaning he could become the first four-time player of the year for us in any sport during his senior season.

Parcher said some of his problems stemmed from only training for sprinting for over a season.

"I opted not to play soccer last fall and kept working my sprinting muscles all year round," Parcher said. "I didn't listen to my body and kept doing track and I paid for that."

Parcher said he hurt his hamstring right before the track season. Having to deal with the injury made it a tough season to endure.

"It was a hamstring tear. I was pretty depressed and quite sad for most of the season," Parcher said. "Having to watch all of my other teammates run was tough. I was still on the team, but when you are not running with them, it's a huge difference."

"It was mentally tiring for him. It's mentally tiring when you want to do something you know you can, but can't," Linden track See PARCHER on 18A



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FINANCIA www.financialplusfcu.org. **Metro Meet** 

also ran a 22.97 in the prelims of the 200

Regionals

- Helped Linden's 400 relay

- Placed fourth at the state meet

best placing of any male in the tri-county area in any state

100.



TRI-COUNTY TIMES | SUBMITTED PHOTO

Michigan Wolves player and Linden senior Zach Bakos prepares to kick a ball during one of the Wolves' recent games. Bakos and Ben Thornton were members of the national championship Wolves team.

## Bakos, Thornton capture national championship with Michigan Wolves

Both players compete on Linden's varsity soccer squad

### By David Troppens

dtroppens@tctimes.com Zach Bakos and Ben Thornton can celebrate.

The two Linden varsity boys soccer players are national champions.

But Thornton got his own personal award to commemorate the event — he was given a broken nose.

Thornton suffered a broken nose in the U18 Michigan Wolves' national championship game against Portland Academy, but he wasn't about to complain once the Wolves won the contest 2-0 and captured the national championship at the National Premier Leagues Championship Cup, recently.

"I went up for a header, and I'm not sure if I caught the kid's elbow or head," Thornton said. "I didn't know it was broken until about three hours after the game when my mom looked and me and said 'I think it's broken.' When it happened I went off the field for a minute or two."

The Wolves' soccer academy is well known in the state of Michigan. The national championship represents the 10th in the organization's history.

"It's a once in a lifetime thing," Bakos said. "It was awesome. You have to enjoy every minute of it because you probably are never coming back. And to be on the winning side is just incredible."

The ride to a championship may have been even sweeter for Thornton. His regular team is the Wolves' U16 squad. However, he was called up to participate in the tournament.

"It was fun out there," Thornton said. "We have the same coach for the U16 team as we do the U18 team. Me and my other buddy on the (U16) team got pulled up to play with the 18s. I had a feeling there may be a little chance. Early in the season I got pulled up in regular game and played in tournaments with them too."

The squad had to qualify for the national tournament, which is no easy task, qualifying through state and regional tourneys, but the national tourney was considerably tougher.

The Michigan Wolves tied their first two games, earning a 1-1 draw with Parsippany during their first game and a 3-3 deadlock in their second game against Washington East. The Wolves trailed Washington East at one time by two goals, but fought back to get the draw. In their third match, the Wolves edged out a 1-0 victory against Potomac SA Pre-Academy. The game was suspended due to a tornado watch, meaning it was completed on the same day as the semifinals. In the semifinals the Wolves defeated Aztec Soccer 2-1, earning a spot in the championship game. In the title game, the Wolves took the early lead and scored late, earning a 2-0 national championship victory against Portland Academy.

"The third game stuck out," Bakos said. "We played the first half and we were 20 minutes into the second half when we had the lightning delay. We had to play the final 20 minutes before the semifinal game."

"The semis stuck out for me because we were playing a Boston team with an average 6-1 height and 220 pounds," Thornton said. "We went down 1-0, but came back to win 2-1."

Bakos has been playing with the Wolves since 2007 and has enjoyed several honors with the squad. At the U14 level his team were Midwest Regional League Champions during the spring and fall.

In 2010, Bakos' squad advanced to the State Cup semifinals. The Division 2 Second See **WOLVES** on 18A

## Hamilton proves a perfect fit for Linden's open girls golf coach spot

## By David Troppens

dtroppens@tctimes.com; 810-433-6789 Jon Hamilton wanted to help Linden High School find a new varsity girls golf coach to replace Todd Skinner, who resigned the position in the spring.

But after some thought, the Linden graduate thought maybe he should do the job.

And he is. When Linden varsity girls golf practices start on Wednesday, the Tyrone Hills Assistant Pro will be leading his new team for the first time.

"Todd plays in a league (at Tyrone Hills)," said Hamilton when asked how he found out about the opening. "He told me he was stepping down and was looking for someone who was interested to call (Linden athletic director) Cathy (North). I went to the golf shop and I thought I could do it. I felt obligated. Linden is my hometown.

"I felt maybe I might be a good fit for the job."

Hamilton has good reason to think that. Working at Tyrone Hills, he's worked with youth and also has worked with Tyrone Hills' long-time successful summer junior golf program.

"I've been teaching golf and giving hundreds of students hundreds of lessons for 12 years now," Hamilton said. "I get the feeling I will have people that I will have to teach to play. We lost a lot of players and I know one is a freshman that's never picked up a golf club. But that's OK."

The Eagles competed with the Fenton Tigers for the Metro League title a year ago and have had recent success at state. In 2011, the Eagles placed fifth at the state meet. Last year, the team didn't place, but Julie Guckian did place fourth individu-



New Linden girls varsity golf coach Jon Hamilton (right) works with Corey Koscinski during a recent instructional session.

ally. But most of the nucleus that made those seasons possible have graduated, including Guckian.

"We lost five seniors and they were all good players," Hamilton said.

"I'll learn what we have when tryouts are here."



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## PARCHER Continued from

**Page 16A** coach Nick Douglass said. "But Ted did a phenomenal job working hard and being coachable. He grew as a person this last spring, he matured a lot. He learned from this and got better from this. You never know what the future holds, but thankfully it was Ted's junior year. Not to say something couldn't happen next year."

Parcher is doing what he can to prevent what happened last year from occurring again. First off, he's not sprint training year round. At Douglass' request he's not trained this summer. He also is returning to the Linden boys soccer team. As a sophomore he terrorized Metro foes with his great speed at forward, scoring a boatload of goals. It wouldn't be shocking to see him do that again this fall during his senior year. But more importantly, Parcher will get training by doing something different.

"I was using certain muscles for a whole year and they needed rest," Parcher said. "I'm going to begin cross training again and go back to soccer.

"I honestly missed it last year. I'm hoping that it will help me. Your body needs to work different muscle groups and by playing soccer I'll be able to do more."

But don't mistaken most of the s Parcher's soccer time as less interest in track. He has clear goals he

still wants to accomplish on the track. "In the short term I want to work the hardest I can and do the best in soccer I

can. And, of course, have fun," Parcher said. "I don't want to get injured (dur-



TRI-COUNTY TIMES | SETH NORMINGTON

For the third straight season Linden's Ted Parcher was our Tri-County Male Track Athlete of the Year. Parcher placed fourth at the state in the 100 meter dash, and also is our team member in three of our All Tri-County Team events. Parcher achieved all this despite having injury problems most of the season.

> ing track season) and hopefully it will be more fun than last year. This injury was really horrible and I don't want it to happen again. I'm going to try my hardest not to let it happen again."

"He has an opportunity to work hard

**TRI-COUNTY SPORTS** 

## Male Track Athlete of the Year

## TED PARCHER (Linden)

For the third straight season, Parcher is our selection. He suffered a hamstring injury most of the season, but when it came to crunch time, he performed. He placed fourth in the 100 at state (10.81) and posted the area's best 200 time (22.44). He also resides on our 400 relay team, a regional championship squad (43.3).

All Tri-C	County Boys Tr	ack and F	ield Team
Event	Name	School	Time
100	Ted Parcher	Linden	10.81 seconds
200	Ted Parcher	Linden	22.44 seconds
400	Jake Fife	Holly	52.26 seconds
800	Graham Elliott	Linden	2:04.59
1,600	Max Kryza	Fenton	4:23.98
3,200	Nate Frasier	Holly	9:44.58
110 hurdles	Sean Barr	Holly	15.38 seconds
300 hurdles	Sean Barr	Holly	40.08 seconds
400 relay	Cody Grandy	Linden	43.3 seconds
	Taylor Anderson		
	Connor O'Connell		
	Ted Parcher		1.00.00
800 relay	Sean Barr John Williams	Holly	1:32.30
	Javon Barr		
	Jarrod Schuermann		
1,600 relay	Austin Chmura	Holly	3:31.46
1,000 1014	John Williams	Tiony	0.01.40
	Jake Zorn		
	Jake Fife		
3,200 relay	Graham Elliott	Linden	8:16.74
-,,	Dave Doyle		
	Roger Phillips		
	Zach LeMieux		
Shot put	Kyle Korman	Linden	44-feet-5 1/2
Discus	Dakota Thorrington	Holly	148-feet-11
High jump	Matt Cubr	Fenton	6-feet-2
Pole vault	Justin McKenzie	Linden	14-feet-2
Long jump	Alec Miller	Holly	19-feet-10 1/4

and chase that ultimate goal, to win a state championship in the 100-meter dash," Douglass said. "Who knows what will happen though. You are subject to your opponent, the conditions and your body. His sophomore year he was subject to his opponent. His junior year he was subject to his body. Freshman year he was subject to the conditions. He's experienced the reasons why we can struggle. Hopefully he doesn't have to suffer through those negative consequences again."

## **WOLVES**

**Continued from Page 17A** 

Team All-State player has trained with Derby County, a professional club in England.

Thonton was the team captain for the Wolves 97 team in 2011 and 2012. His team. He was an honorable mention All-State selection in 2012.

The pair love playing for the Wolves.

"It's an amazing club — there are great people and great coaches," Thornton said.

"They are all friendly players and they pick great players, and big kids. It's just a fun team. I've been with the Wolves since U10 and I can't see myself leaving the club anytime soon."

"We all love each other and we all have a great work rate," Bakos said.

"I don't feel out of place because everyone works hard for everyone. You have to be able to play the best of the best and what you do will show up on the field."

And in this case, their best was good enough for a national championship.



End Time: 3:30 pm Monday thru Friday

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  Must meet requirements to be
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   All required paperwork and payment must be submitted by Monday Aug 12<sup>th</sup>

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#### FLUSHABLE **Continued from Front Page**

wipes are causing backups with Bay Area's sanitation plants.

The same situation is also being reported in Minnesota, where residents have flushed down so many wipes that local sewer systems are clogging.

NBC News even reported that a 15-ton "fatberg," caked with grease and fortified with wet wipes, was extracted from London sewers — in the nick of time — by an expert team of sewage flushers from the Thames Water Company. Had the mass not been removed in time, a company press officer told NBC News, "We could have had sewage popping out of manholes all over London.'

Mathis said the township regularly battles tree roots that have grown into some areas of the sewer pipes, which compounds the problem when the roots grab hold of the wipes and increase the blockage. Another cause of clogs is when residents pour hot grease down drains. This grease turns solid when it cools.

A simple remedy is to flush only toilet paper and to throw away any other items into the trash. Residents should also drain cooking grease into a disposable cup and toss it in the trash after it solidifies.

## HOT LINE CONTINUED

FOR THE UAW member that was grateful to President Obama for saving his job. You should be grateful to the taxpayers of this country, we are the ones that saved the jobs and got screwed out of billions of dollars. 

I WISH THE township board would cancel the plans for the park on Thompson Road and put a bike and walking path around Lake Fenton.

#### 

TO EVERYBODY THAT works at the Argentine Township Hall right now guess who will not have my vote this year? I'm tired of paying for all your wonderful benefits that you get. It comes out of my pocket and you obviously will never do anything for me whatsoever.

#### 

I AGREE WITH the Letter to the Editor from Cinda G about the cinnamon bear.

#### 

**NEW PARK IN** Fenton Township, how about bike paths on main roads? Why not put it to a vote?

#### 

I NOTICED IN the paper they have an article by a judge, which I think is great, but my question is 'Could he print the rules or governing for impeachment by a politician whether it be congressional or the president?' I haven't found anybody that knows the answer. I'm sure he does. 

TO THE EINSTIEN who thinks a few cool days in Fenton proves global warming, probably believes the earth is flat, probably believes the sun revolves around the earth and probably believes man wasn't meant to fly.

#### 

TO THE MAN who paid it forward and d for my carwash last Saturdav thanks so much. I have paid for people in line behind me and it came back to me.



## Sanitary sewer system history

Fenton Township entered into an Administrative Consent Order (ACO) with the Michigan Department of Environmental Quality (MDEQ) in 2002. This ACO mandated that the Township improve its sanitary sewer system in order to minimize the risk of sewage spills and overflows. Users of the sanitary sewer system pay a quarterly fee of \$255 to pay for these improvements.

The number of lakes and the topography of Fenton Township make its sanitary sewer system one of the most elaborate and costly to maintain in the entire state. According to township officials, no other community in Genesee County has near the 57 pump stations that are operated

and maintained by Fenton Township. The township spent approximately \$24 million from 2002-2010 on the sewer rehabilitation project, which included:

 Inventory of the entire sewer system, including GPS location of nearly 2,500 manholes.

 Cleaning and video inspection of the entire sewer system (approximately 97 miles of sewer pipe inspected every five years on a rotating cycle)

 Excavation and replacement of approximately six miles of sewer pipe. Lining of approximately five miles

of sewer pipe. • Repairing of more than 200 inflow/

infiltration defects.

- Refurbishing and repainting 22 sewer pump stations.
- Raising over 400 manholes to the proper grade.

• Repairing/rebuilding 45 manholes.





## Could 'In God We Trust' lead to lawsuit?

Summary

Tyrone Township

whether having the words "In God We

Trust" printed on the

township hall could

spark a lawsuit.

When people

are offended by

lawsuits. 77

Tyrone Township resident

**Marv Frankel** 

emotional issues.

they tend to initiate

officials debated

▶Officials, residents contemplate impact of placing religious text on government property

## **By William Axford**

axford@tctimes.com; 810-433-6792 Tyrone Twp. — Do the words "In God We Trust" have a place on the walls of the Tyrone Township hall? It was a

proposal officials discussed at length during the board of trustees meeting on Tuesday. And, depending on the future outcome of certain court cases, the board could vote later to have the words decorated on the walls.

In a 4-2 vote, the board decided to revisit the issue of having "In God We Trust" painted on the town-

ship halls pursuant of the outcome of a court case filed in March. The court case was filed in New York by the Free-

dom From Religion Foundation against the U.S. Treasury for printing the words "In God We Trust" on U.S. currency.

Officials and some township residents were concerned that the words could spark a lawsuit if placed on the township hall walls.

"If the board goes forward with this, I am quite certain someone will feel offended. This is an emotional issue and when people are offended by emotional issues, they tend to initiate lawsuits," said resident Marv Frankel, who suggested the board make a decision after the court's ruling. "To pay out as much as \$200,000 or \$300,000 over two or three years to defend a lawsuit seems counterproductive. If you lose that kind of money, you can't deliver the basic services that the residents are paying for."

Trustee Charles Schultz said the words were very vague and could allude to any deity. As for offending people,

Shultz said only a true atheist would be offended but shouldn't care enough to take action.

"We are supposed to support, promote our culture of this township. That is part of our job as a township board," said Shultz, who suggested possibly putting the issue on an upcoming ballot so the residents could vote on it. "Is this something we can let the people of this township decide?"

> Township resident Jade Smith echoed Frankel's reasoning, urging the board to err on the side of caution.

> "People come to this building to take care of important business that affects their livelihood," Smith said. "This building needs to represent a neutral place that doesn't alienate anybody or doesn't make anyone feel

ostracized." Frankel and Smith both said they were neither for nor against the words but

more concerned about the potential financial impact to the township of a lawsuit.

According to recent studies, most Americans hold some sort of belief in God. According to the 2010 U.S. Census, roughly 70 percent of residents in Livingston County

identified with a religion. In 2012, The Pew Research Center reported that 80 percent of adults nationwide identified themselves as religious.

What action the board will take once the court makes a decision is not clear. For Township Supervisor Mike Cunningham, who said he spoke about the issue with his own pastor, the township has to consider every potential before making a final decision.

"Usually we stay neutral on things like this," Cunningham said. "What does the township have to gain from this? My personal feeling is nothing. What does the township have to lose? There's potential for a lawsuit."





# What's in a name?

► What your parents named you says more about their personality than yours

#### **By Sally Rummel**

news@tctimes.com; 810-629-8282

You sign it thousands of time during your life, and it's called out in a classroom for everyone to hear. Your parents say it to you with affection and your boss may shout it with a reprimand.

Whatever you think of it, it's your first name, and it was your parents' first big decision upon your birth that would impact you for a lifetime.

Choosing a child's name is an important decision, but it actually says more about the parent than it does about a child, according to Parents magazine. But as a child gets older, the name will also reflect him, especially when he begins sending out applications for college and job resumes. A name sends out a "first impression" before a person is ever met and can be evaluated on personality, character traits, etc.

Amie (pronounced "ah-MEE") Wilson, 26, of Linden, loves her unusual name now, but didn't like it as much when she was younger, because it is always mispronounced. "I can count on two hands how many times people have correctly pronounced my name the first time they meet me." said Wilson

meet me," said Wilson, a pediatric nurse. "My dad named me after his sister's best friend when she was little. He always liked the name and kept it for me."

Now that she's older, she likes the fact that her name is a little different.

"It means 'friend' in French," said Wilson. "When I have a child, I'll probably pick a name that's a little different, but not too unusual."

She still remembers a 3-year-old girl at a Detroit hospital where she was working, whose name was LadyNasty. "Her name is supposed to be pronounced like LaDynasty, but it's spelled and usually pronounced LadyNasty," said Wilson. "How can

you do that to a little girl?" Obviously, experts might take issue with parents who would choose such a name for their child, but most people do have reasons for picking a particular name.

## Here's how some people choose a name:

• **Something unusual** — If you pick a name like celebrity babies Apple, Pilot, North, etc., you want your child to stand out and be distinctive. Whether that's good or bad in the child's future remains to be seen, but likely an unusual name in Hollywood won't be as big a problem for a child who might face that name in Fenton, Linden or Holly.

• An old-fashioned name — choosing an old-fashioned name — Harry,



**TRI-COUNTY TIMES** I SUBMITTED PHOTO Amie Wilson, left, is pictured here with friends Courtney Kotewa and Libby Robinson.

Emma, Amelia, Jacob, George — is trendy now, especially if it goes back a few generations. Parents who think their own names are boring and the grandparents' names are old, might choose a great-grandparent's name, because it sounds fresh again. It also

shows a conservative side, of wanting to choose a long-standing name. They stand out from the pack, but not in a "weird" way.

• A sentimental family name — many times a child is named for an honored family member, with a personal story behind it. Sometimes, people put a twist on a family name by giving it a more modern flair, for example, naming

a child Donovan after a grandfather named Donald. People also use family surnames as first or middle names, which honor a whole family tree instead of just one person.

• A pop culture name — the names

Bella and Edward are becoming more popular because of the books and movie "Twilight," and some people choose to name a baby after a star or musician they admire, for example, Mariah Carey choosing the name Monroe for her daughter. • A destination be-

**comes a name** — Orlando, Brooklyn, London, Paris, etc. Names like these often hold special meaning for parents, and also give the message

that the parents are world travelers. • **A unisex name** — there have always been gender-confusing names like Terry, Lynn, Robin, etc., and today's parents are picking names that they hope will not hinder their success in the future, by giving them neutral names like Riley, Reagan, Mackenzie, Dakota.

So what's the best way to pick out a name? Try the name out at your local coffee shop, advises Jennifer Moss, author of The One-in-a-Million Baby Name Book and founder of BabyNames.com. How to you feel giving that as your name. What kind of reaction to you get? Since it's a name a child will have to live with for a lifetime, try to see it from a child's point of view.

**1** can count on two hands how many times people have correctly pronounced my name the first time they meet me. **77** 

Top baby names

for 2013

GIRLS

Emma

Olivia

Emily Charlotte

Abigail

Amelia

Avery

Sofia

Harper

Lily

BOYS

Liam

Noah

Lucas

James

Oliver

Elijah

Henry

Daniel

Jackson

Benjamin

Amie Wilson

# town Meet Geno Essenmacher

#### By Sally Rummel

## news@tctimes.com; 810-629-8282

Geno Essenmacher, 62, of Linden, performs many roles in his life, but he is perhaps best known for his work with the Fenton Village Players, both on and off the stage. He was chairman for the last two years, and now serves on the board of trustees. What people may not know about him is that he is an avid gardener, college instructor, referee for high school soccer and basketball teams and a Crim Festival of Races runner for almost a quarter-century.

## How did you get involved with the Fenton Village Players?

When our daughter Leah was a senior at Fenton High School, she wanted to try out for "The Sound of Music." The production was going to be on her graduation night, and she told us she'd only accept the role if she got the lead of Maria. And she did! My wife, Patsy, and I had a small Austrian dance part in that production, and we've been involved in just about every production since then. That was almost 20 years ago.

**Did Leah really miss her graduation?** The director of the show put on a little graduation ceremony for her, complete with cap and gown and diploma, right after the curtain call. It was a complete surprise to all of us. There wasn't a dry eye in the house.

## What's your favorite role with the Players?

I'd have to say acting. An actor's favorite production is always the last one he's in, which for me was "The Foreigner" this past spring. My first lead role was as Mr. Roberts in "Mr. Roberts." I've had several leads since then. Besides acting, I've directed, produced, been stage manager,



data areas inst short

done props, just about everything. Not being chairman this year feels pretty good, just to have a little less responsibility. What do you think of this summer's pro-

duction of "The Secret

**Playhouse?** 

group in this show.

social work therapist.

too.

ment?

Garden," now playing at the

It's a wonderful production. I cried. It's

such a touching story and there are a lot

of great voices, too. You'll really be blown

away by the talent in this production. Sum-

mer productions seem to attract a huge

audience, because people have a little more

time. Plus, high schools and colleges are

out, and we have quite a few in that age

What did you do before your retire-

I was assistant principal at Hartland High

School and retired in 2001. I'm busier

now than when I worked full time. Now I

work part-time at U of M-Flint, handling

the student teacher program and teach

a class in classroom management. My

evenings are spent refereeing basketball

and soccer, in season. I also run every

morning to keep in shape for that, as well

as to train for the Crim. I've been running

the 10-mile for about 25 years. My job is

also to keep everything going at home so

Patsy can continue her full-time work as a

Your gardens are amazing. That must take a lot of time,

I guess you could say I'm a "frustrated farmer." I grew up on a farm in Bad Axe in

the Thumb. Pasty grew up in Minnesota as the granddaugh-

ter of the man who founded aluminum greenhouses. She

always wanted a Victorian house with English gardens,

My favorite is my 52 rose

plants, but we also have an

orchard of all kinds of fruit trees, plus ponds, an herb

garden and a huge vegetable garden. We were on the Open Gate Garden Tour in 2010. I'd

guess that Patsy and I each

Geno Essenmacher picked

peaches Wednesday and

spent the rest of the day

canning.

- TRI-COUNTY TIMES SALLY RUMMEL

so that's what we have.

been stage manager, done props, just about everything. Not being chairman this year feels pretty good, just to have a little less responsibility."

Geno Essenmacher Fenton Village Players

ty." spend an hour or two a day tending the gardens. Today (Wednesday) is my day to pick peaches and do all the canning.

TRI-COUNTY TIMES

Geno Essenmacher stays

very busy tending his gar-

den and fruit tree orchard

at his Linden home.

We're very health-conscious and eat produce mostly from our own garden. **Any other hobbies?** 

I'm also into Napoleonic war-gaming. I have over 5,000 die cast metal soldiers that I hand-painted myself. There's a group of us who get together a few times a year to play. Oh yes, and Patsy and I also like to scuba dive.





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**TRI-COUNTY TIMES** I TIM JAGIELO Monarch butterfly caterpillars cling to milkweed leaves, held by Debbie Jackson. These caterpillars are only about 10 days old.





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## BUTTERFLIES Continued from Front Page

"All over the Corn Belt of the U.S., chemicals like glyphosate (marketed as Round-up by Monsanto) are used to destroy weeds to grow genetically-modified corn and soybean. In the process, the caterpillar's only host plant, milkweed, is entirely destroyed."

The only thing Monarch larvae can eat is milkweed, she explains. The females lay their eggs on the plants. Milkweeds contain a substance that is toxic to birds, so Monarchs are safe from most bird predators. "This is one of the reasons Monarchs can fly higher than other big insects," said Jackson.

Jackson is hosting the first annual Monarch Butterfly Festival on Sunday, Aug. 25 from 11 a.m. to 4 p.m. at the Shiawassee Basin Preserve at 12000 Davisburg Rd. in Davisburg, to celebrate the Monarch butterfly and create awareness about their plight.

"You can help us tag butterflies as they begin their southward migration, and you can learn how to plant a butterfly garden," said Jackson. "We'll also have vendors there selling native plants to attract butterflies and other wildlife, as well as author Brenda Dziedzic, author of "Butterflies in the Garden."

Now is the time of summer when Monarchs will soon begin their southward migration, usually in late August. Midwest and East monarchs will fly to Mexico to spend the winter months, while monarchs from the West will winter in California. It's a miraculous journey of about 3,000 miles, taking six to nine weeks, according to Jackson.

Jackson tells the monarch story to groups all over the tri-county area, to raise awareness about the importance of habitat in maintaining the Monarch population. She speaks for free to school groups, clubs, scouts, retirement centers, to name a few, bringing with her visuals to show the metamorphosis of the butterfly. In less than a month, the butterfly's first stage is as an egg, then larva (or caterpillar), then chrysalis (a bag protecting the changing insect) and finally the adult monarch butterfly.

As a comparison, she said, "If a school child were to grow the rate of a Monarch caterpillar, it would be the size of a school bus in just two weeks."

## Don't miss the first Monarch Butterfly Festival

### WHEN:

Sunday, Aug. 25 from 11 a.m. to 4 p.m.

WHERE: The Shiawassee Basin Preserve at 12000 Davisburg Rd., Davisburg

**COST:** Free, however nominal donations will be taken to cover the cost of the tag and release program

FOR MORE INFORMATION: call (248) 459-1399



**TRI-COUNTY TIMES** I TIM JAGIELO This Monarch butterfly chrysalis is close to hatching.

# What about fireflies?

Remember as a child, when you were playing out in your backyard during warm summer evenings, and the intermittent glow of "lightning bugs" was all around you? It seemed magical back then, and such a harbinger of summer.

Even though the firefly population is dwindling, according to National Geographic, they seem to be everywhere this summer.

"Remember that the fireflies we're seeing this year were hatched from larvae last year," said Howard Russell, entomologist from Michigan State University. "Whether there are actually more this year than other years is hard to say. The insect population tends to be variable."

If this summer's wet, cool weather is good for something, maybe it's good for the firefly population that likes a moist environment. "We always have a light show every year," said Russell. "Fireflies like wooded areas, field edges and dead trees and brush."

Whether you call them lightning bugs or fireflies, they are neither a bug nor fly. They are actually a beetle. Their light organ is located under the abdomen. The insects take in oxygen and, inside special cells, combine it with a substance called luciferin to produce light with almost no heat.

Their light flashes in a pattern that is unique to each species — and there are about 2,000. Each blinking pattern is an optical sign that helps fireflies find potential mates. The light may also serve as a sign to predators that they have an unappetizing taste.

## How did the Monarch butterfly get its name?

Early settlers who came to North America from Europe were impressed by the sight and color of the monarch butterfly. So they named it "Monarch," after King William, Prince of Orange, stateholder of Holland and later named King of England.

## How long do Monarch butterflies live?

In the U.S. adult Monarchs live two to six weeks, if they are in the first three generations of butterflies in the year. The fourth generation can live up to eight months because they will be migrating thousands of miles.

## THIS WEEK'S INSERTS

Ran 🔹 • Alpine Marketplace

- C & L Ward Brothers
- CVS/pharmacy
- Rad 🔷 Holly Foods
  - Kmart
  - Sears Hometown Stores
  - Todd's Services
    - Tractor Supply Co.
  - Walgreens
  - Walmart

• VG's

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WEEKEND TIMES

## Times

SUNDAY, AUGUST 11, 2013

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Life Style

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# My trip to **Iceland THE LAND OF FIRE AND ICE**

## Times reporter says small country has sparse population, but much to see

## **By Ryan Tackabury**

news@tctimes.com: 810-629-8282

Over the last few years, I have been fortunate to have the opportunity to do a lot of traveling overseas. While I don't always get to stay as long as I would like in order to see all of the things I had hoped, my recent trip to Iceland left me with a lot of memories.

Iceland is nicknamed the 'land of fire and ice.' It is definitely a land of extremes. The fire comes from the volcanoes that have helped to shape the island into the mountainous, rocky country that it is, as well as being responsible for its exotic and beautiful look.

The weather was beautiful during my stay - not any cooler than a typical Michigan sum-

mer day and it was clear where the ice of its nickname comes from. The glacial areas of the country are reported to receive up to 150 inches of snow a year.

Ryan

Tackabury

The land of fire and ice also makes for a great slogan to adorn my Iceland coffee mug souvenir I picked up.

The warmest I was in Iceland was at the Blue Lagoon, a geothermal spa, where the water averages somewhere between



TRI-COUNTY TIMES I RYAN TACKABURY

Thingvellir became a national park in 1928, because of the impressive landscape created by commonly occurring seismic activity, and because of its historical significance. It was the site where the first Icelandic parliament was held in 930 A.D.

98 to 102 degrees Fahrenheit. The lagoon is actually a manmade occurrence, which See ICELAND on 2B

For those looking to see some truly unique sights, it is worth the trip.





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## **ICELAND**

**Continued from Front Page** is fed water, utilized by the nearby geothermal power plant.

Aside from the heat, the other notable feature of the lagoon is how unusually

## Summary

The land of Vikings and Volcanoes, Iceland is a place wholly unlike any other I have ever traveled to. appears, giving the spa an almost otherworldly appearance. The water of the lagoon is just one example of

the imagery

blue the water

from the places I visited that will stick with me for some time to come. One of my friends I traveled with, Wesley Winkelman, put it perfectly, "The landscape is amazing. Everywhere you go, you want to take pictures. And the best part is they'll all be incredible."

Two tectonic plates meet at Iceland—a partial responsibility of the volcanoes and earthquakes the island has known. One such earthquake many years ago along the plate fault line caused the ground to split apart — a natural phenomenon which made way for one of Iceland's national parks. Walking through the fissure left behind from an earthquake makes for not only a remarkable sight, but also a striking reminder of Mother Nature's strength.

Another popular tourist site I visited was Gullfoss, which is Icelandic for Golden Falls. More than 140 meters of water a second courses over the falls, and you can feel the moisture in the air before you even see the cascading water.

Adding to the otherworldly feel during my stay was the sun and sky. As

12733 (10-11)



Life Style

TRI-COUNTY TIMES | RYAN TACKABURY

www.tctimes.com

In Southwest Iceland, a series of geysers erupt every few minutes — making it a popular tourist destination. The largest of these is known as Geysir, and although now dormant, it once erupted boiling water 70 feet into the air, and is the origin of our English word for 'geyser.'

Iceland is far to the North, like Alaska, it experiences a day/night cycle that is very unusual to a Michigander like me. In the summer, the sun will start setting at around midnight and then begin rising a few hours later. Waking up in the middle of the night, I would have to check a clock to figure out if I had woken up closer to 4 a.m. or to noon.

Iceland has a population of 330,000, with one third of that living in the capital of Reykjavik. The city itself can be a lot of fun for tourists, which is easy enough to travel around by foot. The flea market has everything you could hope to find, and just outside is the world renowned hotdog stand that is, admittedly, pretty tasty. Streets named after the Norse gods help remind you where you are, as do aptly named restaurants such as Café Loki. Getting lost in the city is also difficult, as all it takes is to look up to the 250-foot-tall spire of Hallgrimskirkja — the Lutheran church that took 36 years to construct to determine where you are.

There are more than just exotic sights to see — there are exotic tastes to enjoy as well. Known for delicacies from the ocean, there was no shortage of places to enjoy the seafood across Reykjavik. While there, I had the opportunity to try whale, which tastes surprisingly not like fish and more like a steak. Less enjoyable was the puffin, a small bird that spends most of its time flying out over the ocean.

Wherever you go, many myths and legends have been passed down through time about Iceland. At times, the places you visit feel more like they are from a storybook than from real life. For those looking to see some truly unique sights, it is worth the trip.





TRI-COUNTY TIMES I RYAN TACKABURY

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✓ Chips
✓ Hot dogs
✓ Seat cushion
✓ Megaphone
✓ Insurance

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The scenery around Iceland, wherever you go, is remarkable. Anywhere you visit, you are likely to find beautiful scenery, whether you are looking for it or not.

Life Style

# Perseid Meteor Shower: AUGUST'S **'FIREBALL CHAMPI SHOULD DAZZLE STARGAZERS**

## Gear up to see some great balls of fire flashing through the sky this month

According to NASA research, the upcoming Perseid meteor shower produces more fireballs — bright meteors that streak across

**66** We have

found that one

meteor shower

produces more fireballs than

any other."

— Bill Cooke NASA's Meteoroid Environment Office

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the sky — than any other annual shower, earning it the title of "fireball champion."

Source: Space.com

During the peak of the Perseids, stargazers under dark skies could see more than 100 meteors per hour, but some bright fireballs can also be spotted in urban, light polluted areas.

"We have found that one meteor shower produces more fireballs than any other," Bill Cooke of NASA's Meteoroid Environment Office said in a statement. "It's the Perseid meteor shower,

which peaks on August 12th and 13th." Cooke and his team of scientists have used meteor cameras around the southern

United States to track fireballs since 2008. The Perseids produced 568 tracked fireballs while the Geminid meteor shower came in a close second, producing 426 from 2008 to 2013.

The high rate of fireballs could have something to do with the meteor shower's progenitor: Comet Swift-Tuttle. Every year, the Earth passes through a trail of dust left behind in the comet's wake. The dust burns up in Earth's atmosphere, creating the brilliant shower.

It's possible that the size of Swift-Tuttle could cause the high number of fireballs produced during the meteor shower.

"Comet Swift-Tuttle has a huge nucleus — about 26 kilometers [16 miles] in diameter," Cooke said in a statement. "Most other comets are much smaller, with nuclei only a few kilometers across. As a result, Comet Swift-Tuttle produces a large number of meteoroids, many of which are large enough to produce fireballs."

Interested observers should look to the skies from 10:30 p.m. to 4:30 a.m. local time on

the nights of Aug. 12 and Aug. 13, Cooke recommends. The rate of meteor activity will begin low and increase throughout the night and wee hours of the morning.

"Get away from city lights," Cooke said. "While fireballs can be seen from urban areas, the much greater number of faint Perseids is visible only from the countryside."

## WHEN TO WATCH?

As Earth rotates, the side facing the direction of its orbit around the Sun tends to scoop up more space debris. This part of the sky is directly overhead at dawn. For this reason, the Perseids are usually best viewed in the predawn hours. This year, the first anticipated peak is on Aug. 12, and the second peak is on Aug. 13.

## WHERE TO LOOK?

Try to turn away from the moon and any source of light pollution. Rural areas provide less light pollution than urban areas. The darker the skies are, the easier it will be to see meteors. You can watch pretty much every direction. Look about two-thirds away up to the sky to avoid light pollution over the horizon.

## **BE READY**

While meteor shower observing requires no specific astronomical equipment, comfort is everything. Bring a lounge chair or a blanket. No use for binocular or telescope: they restrict your field of view. If you want to take pictures, take five to 15 seconds exposures: longer exposures will make your piece of art blurry.

COUNTRY CROCK

## **METEOR SHOWERS AND** SHOOTING FORMATION AND FACTS

Meteor showers happen when the earth passes through a trail of debris left by a comet. Thousands of these particles can enter the earth's atmosphere, ignite, and leave fiery trails as they burn out. On average, meteors can speed through the atmosphere at about 30,000 mph and reach temperatures of about 3,000 degrees Fahrenheit. Most of these particles are the size of sand grains, while a few are as big as peas. They can streak across the sky in a flash, or persist for several seconds before vanishing.



# **GLOSSARY OF TERMS**

Asteroid: A small planetary body in orbit around the Sun, larger than a meteoroid but smaller than a planet.

Comet: A gigantic ball of ice and rock that orbit the Sun in a highly eccentric orbit.

Meteor: A small particle of rock or dust that burns away in the Earth's atmosphere. Also known as shooting stars.

Meteor shower: An event where a large number of meteors enter the Earth's atmosphere from the same direction in space at nearly the same time.

Meteorite: An object, usually a chunk or metal or rock, that survives entry through the atmosphere to reach the Earth's surface. Meteors become meteorites if they reach the ground.

Meteoroid: A small, rocky object in orbit around the Sun, smaller than an asteroid.

works





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#### Putting your faith on the line

Once again, my email program had started presenting problems. 'Error occurred' kept appearing on my computer screen: not an encouraging sign since email is my primary vehicle to send this weekly column to more than 100 newspapers in the United States and Canada. A call to the technical support depart-

ment of my Internet provider sent me on an international telephone journey to technicians who are supposed to know how to fix problems like mine. Starting with an overseas expert who gave up on my difficulty, I was switched to Canada, Arizona and Texas. At each electronic stopover, I probed the needs of these hopeful helpers, ending each conversation saying, 'Remember God loves you.'

'God bless you,' said the overseas contact.

'I try to remember that, but sometimes forget,' replied the Canadian.

'I've made some mistakes in life,' volunteered the Arizonan, while letting me know he was interested in what I had to say. I've mailed a helpful book to him.

The Texan was cheerful, friendly and most helpful of the four, but non-committal.

My email problems were finally solved by a friend not far from my office with some added help from one of my computer-wise grandsons. But I don't count my nearly fruitless telephone conversations with those supposed to be in the know wasted. Each of these people provided opportunities to share my faith.

My affection for ringing telephones is probably rooted in my youth. Our old wind-up, 'party line' phone was one of the lifelines of our family business. During those depression years, phone calls often meant customers were interested in buying cattle and horses, our means of livelihood, so callers were greeted with kind words and courteous information, qualities of conversation I still try to convey to all who call.

The advent of telemarketing temporarily cooled my enthusiasm for phone calls. How did these interrupters of my life know when I was eating, enjoying a conversation or involved in the most pressing work of the day? Why didn't they mind their own business? Then, one day, I realized this was their business and my business was to find out about their personal needs so I could help them.

This change of perspective has enabled me to welcome these formerly unwanted calls, seeing each of them as another chance to connect with a person who is likely in need of encouragement and faith, a candidate for new life. I've been amazed at what a few kind words can accomplish when spoken to a person who has been told off, cursed out and hung up on; some of these wounded ones have written to me for more help.

When I'm away from home, I commission my answering machine to minister for me. If you call today and I'm unable to get to the phone, you'll hear me saying, 'Remember God loves you and nothing you face today will take Him by surprise.' Frequently, when I play back my calls, some thank me for the message, saying it was just what they needed.

The next time your phone rings, consider it the sound of good news.

Every call will either be one of good news for you or an opportunity to put your faith on the line, giving your caller the best news of all.

Roger Campbell is an author, a broadcaster and columnist who was a pastor for 22 years. He can be reached at rcministry@ameritech.net.

## 'BackPack to School' expected to draw thousands

## ► Free family event set for Aug. 17 at Bush Park

#### By Sharon Stone

sstone@tctimes.com; 810-433-6786

The fourth annual BackPack to School event is set for Saturday, Aug. 17 from 10 a.m. to 4 p.m. at Bush Park in Fenton. The event that reaches out to families is hosted by Faith City Church on Thompson Road in Fenton Township.

The BackPack to School program is designed to provide 800 backpacks filled with school supplies to families in and around the community. There is no charge to the families.

Families attending the free event on Aug. 17 at Bush Park will get a chance to enjoy a full day of fun, including inflatables, face painting, food, entertainment, prize drawings, haircuts, vision screening and more. Each child will be provided with a free backpack filled with necessary school supplies.

In order to provide this service to area families, Faith City Church is also seeking sponsorships at every level.



**TRI-COUNTY TIMES** I SUBMITTED PHOTO Volunteers with Faith City Church in Fenton Township help distribute hundreds of backpacks containing school supplies to area children at last year's event.

For more information on sponsoring the program, go to www.backtoschool. org.

Last year's event attracted more than 1,500 participants, 100 volunteers and several local businesses. Organizers anticipate this year's attendance to double.

www.tctimes.com



TRI-COUNTY TIMES | SALLY RUMMEL

Pictured here at left, in seats, are residents Stella Berezny, Donna Browning and her daughter, Joyce Dowling. Staff (from left) includes Kelly Steffey, administrator/ registered nurse; Cindy Kohler, life enrichment coordinator; Debbie Smith, food service; Catrina Kraus, resident director; Steve Steffey, managing member and Kendra Light, resident assistant.

## Vicinia Gardens Assisted Living New senior community opens in Fenton Township

Summary

Fenton's newest

senior community.

Vicinia Gardens,

doors for families

level of personal-

setting

interested in a high

ized care in a small

has opened its

#### **By Sally Rummel**

news@tctimes.com; 810-629-8282

The word "vicinia" is Latin for "neighborhood" — a fitting name for this new senior community now open in Fenton Township.

A sprawling neighborhood behind the Shoppes at Silver Chase plaza, Vicinia Gardens now consists of 20 private suites in a courtyard setting, with a welcoming

lobby anchored by a stone fireplace. Home-cooked meals are prepared in a state-of-the-art cozy kitchen, while residents can enjoy the social atmosphere of a comfortable dining room.

What sets Vicinia Gardens apart from other similar communities is its small size and all-inclusive philosophy. "We're small enough to pro-

vide individual care to our residents and their families," said Catrina Kraus, resident director. "They'll also know every month exactly how much the care will cost, because there are no add-on costs for certain levels of care."

This all-inclusive community includes three meals a day, laundry/housekeeping, life enrichment programs, personal assistance, electronic medication administration and emergency call systems, beauty salon and the use of the Community Garden room for special functions or family visits.

There are three styles of rooms: Vesta (home): patio suite, Venus (love/beauty): garden view and Zahra (flower): courtyard view. Each suite includes a bedroom, sitting area and a spacious ADA-accessible bathroom. "Residents are invited to bring their own furnishings from home, or we can provide a comfortably furnished room," said Kraus.

This first phase of development is only the beginning of a much larger vision for this senior community by its management company, Assisti Care, LLC, of Linden.

Vicinia Gardens Memory Care Community will break ground this fall, with the opening of 20 more private suites for dementia and Alzheimer's patients. This

phase will also include the addition of two Cottage Homes, which will eventually number 20. A five-mile infinity walking/biking path will link all these communities together.

Kraus believes that Vicinia Gardens lives up to its motto, "A neighborhood you can call home." She offers daily personal tours to interested families. For more information, call (810) 354-8136 or visit www.viciniagardens.com.



## **DOWNLOAD THE** TIMES MOBILE APP **"Stay Connected** To Your Community" News. Hot lines.

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I have a 2002 Dodge Dakota 4X4. When driving straight and/or turning right I hear a rumbling/ growling noise. The noise goes away when turning left. It sounds like it is coming from the front end and more on the right side, I think. What could this be?

Jeff, this is most likely a bad wheel bearing causing this

noise. You will need to jack up the front wheels. Check for any movement in the wheel by trying to move it in at the top and out at the bottom, going back and forth. Sometimes we have to run the vehicle on the hoist and listen with a stethoscope to pinpoint the exact cause when there is no obvious play in the wheel bearing. They can be tricky as far as sounding like a right side when it is actualy the left or vise versa. That is why we double check them with the stethoscope.

Do you have a question that you would like to have answered? E-mail it to me at: askthemechanic@wilkinsonautorepair.com

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I am busy raising a 16-year-old daughter and have also been spending more time looking after my parents. I feel like I have been neglecting my own finances. What should I do?

As a member of the so-called "Sandwich Generation" (Americans aged 40 to 60 who are raising a child while caring for an aging parent), it's easy to see how you could potentially face enormous strains, both emotionally and financially. Consider these suggestions: First, pay yourself first by contributing to your IRA and 401(k). Next, talk to your parents about their financial and health-care situations to determine what you may need to do to help them out. Finally, be prepared to delegate responsibility. For example, you could work with a professional trust officer who can help manage your parents' investments, pay their bills, keep their records and supervise distribution of their assets to beneficiaries. After all, just because you're in the Sandwich Generation, it doesn't mean you have to be "squished."

Do you have a question that you would like to have answered? Email it to me at: katie.rozen@edwardjones.com





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## WASH SOME GREEN INTO YOUR LAUNDRY

Wash out your family's green grass stains and wash in even more green savings. The laundry room can be the busiest room in your house, and if your washer and dryer aren't performing at their best, it could show up on your energy bill. It may be time to give your family's laundry habits an energy-saving makeover.

Follow these simple tips from Mr. Appliance to help your laundry room conserve energy and money.

#### Washer:

•When appropriate, wash clothes in cold water. This saves the energy needed to heat the water.

·Wash full loads. Washing machines use about the same amount of energy for all load sizes, so fill up the load to avoid wast ing energy.

•Use the high-speed spin cycle, to take moisture out of your clothes resulting in less drying time and more energy saved. · If you have an older top-loading washing machine, consider converting to a frontloading washer, which uses about 70 percent less water.



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## **Common foot problems — and** what you can do about them

## **By Ryan Tackabury**

news@tctimes.com; 810-629-8282

How many steps do you take a day? While it is a hard to pin down a number, it can depend a lot on your job, age, and the day of the week. Surveys have shown that most people take somewhere



All of that walking can take a toll on your feet - and it does, according to statistics that indicate

three quarters of U.S. adults encounter some form of foot problem.

According to Rebecca Baril, Doctor of Podiatry medicine at Fenton Foot Care, two of the more common problems for people are heel pain and tendonitis.

"If you have pain around the heel, it can shoot up though the arch and radiate through it," Baril said. "Causes of pain we see in the summer time are flip flops and other footwear shoes that don't support the arch, running, or a job that requires a lot of standing and not moving."

Achilles tendonitis, an inflammation of the tendon, is often noticed pain at the back of the heel.

"The pain can be caused by running, or a bone spur on the heel itself with the shoe rubbing on the area. It can be caused by a tight tendon if you are not doing enough



www.sonomadentalgroup.net



While flip-flops and sandals may be a lot more comfortable during the warmer months, in the long term the lack of support can result in a lot of foot pain.

**L** Causes of pain

summer time are

footwear shoes

the arch... 77

**Rebecca Baril** 

Fenton Foot Care

flip flops and other

that don't support

we see in the

#### stretching," Baril said.

There are many different treatments to resolve these issues. Custom inserts to lift the heel and take pressure off the tendon, biofreeze treatments to relieve inflammation and oral anti-inflammatory

medication are all options. It is all about finding the right solution for the right person.

Do you have that awful sensation of having a rock in your shoe no matter how many times you clean it out? You may have a case of Morton's neuroma, a thickened nerve in the ball of your foot. Wearing wider shoes

can help reduce pressure on your feet and relieve pain, as can doing regular toe stretches. The stretches can help lengthen a ligament that is trapping the nerve and causing your source of pain.

Plantar Fasciitis is a stabbing pain in the heel of your fit, across the band of tissue known as the plantar fascia. While surgery is one solution, it should be a last option, as the majority of cases will heal over time with proper care. Applying ice

for 15 minutes, three to four times a day can help relieve pain, as well as taking aspirin or ibuprofen to reduce inflammation. Replacing your shoe insoles, or your entire shoe if worn out are also good ideas. It is recommended that if

> pain has not subsided in three months to check with a doctor.

> Shooting pain that runs along the bone on the front of your leg could be a shin splint also caused by inflammation. Activities such as jogging, basketball, and volleyball that involve sudden starting and stopping can be responsible for this pain.

To fight the aching, use ice to reduce inflammation, and look into arch supports to reduce stress on your lower legs.

The best way to keep yourself on your feet is to stay ahead of the problems. Boril recommends for those who run, to make certain they do lower leg stretches beforehand. Applying ice for five to 10 minutes a day if you are in pain can also help to relieve problems before they become larger medical issues.



www.tctimes.com



TRI-COUNTY TIMES I SUBMITTED PHOTO

The Elite Division 6 squad consists of (front row) Leaha Brackenridge, Sydnie Graham, Madison Fendert, Jordan Moros, Meghan Armbruster, Chloe Adams, and (back row) Taylor Hagel, Alexus Harden, Ciara Horner, Junette Rich, Alex Premo, Reegan Gadany, Macee Sova and Savanah Matras. See more photos at tctimes.com.

## Cheer squads bring home medals

►Linden and Fenton girls compete at Young Champions National Cheer Competition

Three Linden cheerleading teams recently brought home trophies from the Young Champions National Cheer Competition that was held on July 27 in Virginia Beach, Va.

The Elite Division 6 squad earned

## HOT LINE CONTINUED

**CONGRESS VOTING TO** repeal Obamacare is voting to improve the economy. Obamacare is the single biggest thing obstructing the recovery of the economy. Good grief, even the unions are against it.

**IWOULD JUST** love the world to know First Presbyterian Church in Fenton had the most incredible music this past Friday. This one woman did the Lord's Prayer with the bells and then the congregation with the piano player did the Lord's Prayer. It was unbelievable.

**SO CALLING ANIMAL** control wasn't good enough, huh? You had to go and do doughnuts in my yard. What's next?

**I NOTICE WHEN** Obama talks, which is a lot, he excels at pushing his thumb and fore finger together and then things get real hazy. I don't know if they teach that at Harvard. Looks like he's trying to make a point with a 3 year old.

**TWO WEEKS AGO**, Obama told us we'd have Al Qaeda on the run. More lies from the White House.

SHAME ON THE family who went to the church to get groceries for their spring break to Florida. We know who you are.

**I WOULD LIKE** to thank the young lady who helped my handicapped wife put groceries in her car at Walmart.

WHY WASN'T I upset about Trayvon Martin's death? Jesse Jackson told CNN 'homicides against blacks tripled since Florida's (stand-your-ground) law.' Come to Flint Jesse, laws or not we have lots of murders daily for you to get upset about. Murder is a common occurrence, two today. Desensitized? Anyone care? first place in the small category, while the Elite Division 5 squad earned fourth place in the small category and the Division 4 squad earned third place in the large category.

Sixteen states were represented at the event with 77 teams in various divisions. All performances were no longer than three-and-a-half minutes and judged upon dancing, cheering and tumbling.

Linden's group has been training for months, but most of the Elite Division 6 has been together for more than five years. The Elite Division 6s have competed in Indiana, Missouri, Tennessee, Mississippi, Las Vegas, Nevada and Wisconsin usually coming home with a first or second place.

"Congratulations to all my nationally ranked teams who performed outstanding in the competition, said coach Christine Selix. "I couldn't be more proud to be your coach and can't thank you enough for your dedication and support. Way to bring it home ladies," she said.

The young women on the teams are between 10 and 17 years old, in grades five through 11 and are enrolled in Linden or Fenton schools. They practice at the Phoenix Gymnastics facility in Fenton.



(AOA) also recommends first exams at age six months, then at three years, then before kindergarten. Lagree with this approach as well.
The following are some facts from the AOA.
Twenty-five percent of kindergarten students have a vision problem.

 Eleven and a half percent of teenagers have <u>undetected or untreated</u> vision problems.
 Thirty to forty percent of all high school graduates have a vision problem.

• Sixty percent of individuals enrolled in literacy programs have a vision problem.

 More than thirty percent of special education children have a vision problem. We often see children and young adults

with vision problems that went undetected until the individual was behind in school. Many school districts provide vision screenings for children; however these should not replace a comprehensive examination by an optometrist. Our pediatric examinations are extremely

thorough. We make every effort, not only to gather all appropriate data from children, but to also minimize their anxiety. Let's face it, "bedside manner" is critical in examining kids.

> For an appointment call Fenton Vision Center 810-629-3070.



## A dollar spent locally circulates 14 more times in the community!



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# Eat and exercise with your heart in mind

## Kick-start your way toward new diet and exercise habits with these strategies

#### **By Sally Rummel**

news@tctimes.com; 810-629-8282

Everyone knows you're supposed to eat less and exercise more, not only to lose weight, but also to keep your heart healthy. However, it can sometimes be a challenge to know where to start. Diet

Here are eight steps from Mayo Clinic that can help you prevent heart disease with your diet:

#### **Control your portion size**

How much you eat is just as important as what you eat. Eat more of low calorie, nutrient-rich foods, such as fruits and vegetables, and less of high calorie, high sodium foods, i.e., refined, processed or fast foods. Be sure to stick with correct serving sizes for particular foods. You may need to use measuring cups and spoons or a scale until you're comfortable with your judgment.

## Eat more fruits and vegetables

They are full of vitamins and minerals while also being low in calories and rich in fiber. Many of the substances found in these plant foods may help prevent cardiovascular disease.

"Let us have our Senior Certified Trainer work with you to determine your best individual program, based on your condition, medications you're taking, etc."

Kevin Law, Powerhouse Gym in Fenton

#### **Select whole grains**

/// Miracle Ear

Whole grains are good sources of fiber and other nutrients that help regulate blood pressure and heart health. Substitute

whole grains for refined grains (white bread, white rice, pasta), or try a new whole grain, such as couscous, quinoa or barley. Another way to add whole grains is to include ground flaxseed into vogurt, cereal, applesauce and more.

#### Limit unhealthy fats and cholesterol

The best way to reduce saturated fats and trans fats is to limit the amount of solid fats in your diet — butter, margarine and shortening. Also, trim fat off your meat or choose lean meats with less than 10 percent fat. Use low-fat substitutions when possible, i.e., top your baked potato with salsa instead of butter. When you do use fats, choose monounsaturated fats, See **HEART** on 10B



## By Sally Rummel news@tctimes.com; 810-629-8282

Almost Home Assisted Living offers assisted living care for adults, 55 and older, in a home-like residence located within the 'heart' of Historic downtown

Fenton at 305 Furlong Ct., Fenton. The business name of this local family-owned company truly reflects its mission for its residents and the community. Nestled in a quiet, safe area, hidden away by a country lane driveway, Almost Home facilitates independence, while at the same time offering security and foundation of family.

'We provide an atmosphere based upon respect, dignity and an excellent quality of life," said Amy Hawkins, who, along with her husband John, has operated this facility in Fenton for 10 years. Their top priority is seeing that the residents are happy, comfortable, and well cared for. "We feel fortunate to be a part of each of our residents lives and are very thankful because we know that our residents have the best care possible, thanks to our wonderful staff," Hawkins said.

And, bigger is not always better, Almost Home



physical needs, but also with what makes

each resident unique, their likes, dislikes

The success of the facility is due to its staff and because they operate with

the knowledge that what they do truly changes lives. Hawkins said the staff

strives to help residents feel at home. "If they are not able to remain in their own

homes, being at Almost Home can feel

like a change of address, not a change of

The staff at Almost Home understands

that the most difficult decision a person

will ever make is what to do when their loved one can no longer be left alone.

"Every moment you are away you fear

that something bad might happen," Hawkins said. "At Almost Home, your

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family becomes our family.'

The staff enjoys being a par

lifestyle," she said.

and what truly matters to them.





residents' lives and the lives of their families. They host family dinners once a month and other family-oriented activities. "We and our staff like to think of ourselves as 'guests' in the home of our residents," explained Hawkins. "We want them to totally feel 'at home" here and know that they are loved and cared for.'

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- A Next, wear our nearly invisible hearing aids for a full 30 days in all kinds of settings; watching TV, while on the phone, at the movies, and a noisy restaurant.
- 5 If after 30 days you are not totally happy and enjoying the sounds of life again, return the hearing aid(s) for a full refund.\*

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# Planes, trains and buses

►No matter what mode of travel you choose, new options offer affordable getaways

#### **By Sally Rummel**

news@tctimes.com; 810-629-8282

There's still plenty of beauty and warm weather left between now and fall, offering lots of time to think about late summer and autumn travel.

Fall color tours, weekend getaways,

## Summary

Late summer and fall travel opportunities abound. Just hop on a plane, train or bus and let someone else get you to your destination.

wine weekends and more await eager travelers and now more than ever, there are plenty of options to get you there. Planes Starting in mid-Au-

gust, you'll be able to fly non-stop daily to Las Vegas from the convenient portal of

Airport in Flint.

**Bishop** International This is the fourth new addition to Bishop's schedule since April, when Southwest Airlines took over AirTran. Since then, five flights a day are flying passengers from Flint to Baltimore, Washington D.C., Orlando and Tampa Bay (on a seasonal basis). Soon, that

schedule will include Las Vegas. "We have wonderful prices on trips from Flint to Las Vegas," said Cheri Church, president of Travel Brokers, Inc., with an office in Fenton. "You can fly for \$355 per person or less, depending on the hotel/air packages you choose. As long as you have a flexible schedule, you can fly to Vegas inexpensively." Church advises trip planners to note that October is convention month in Vegas, so prices will be less expensive in September or November.

Currently, non-stop Las Vegas trips can be booked now through February, she said.

## Trains

Three-day weekend trips to Chicago,

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Folks in the tri-county area have so many options when it comes to choosing which way they want to travel. Local trave agencies can help you plan your next trip, whether it be by plane, bus, train or car.

Toronto, Washington D.C., St. Louis, etc. are just a few of the possibilities, thanks to Amtrak and nearby train stations in Durand, Flint and Ann Arbor. "Almost any point of interest

can be accomplished in a longer weekend, and if you can avoid travel home on Sunday, it will be a much more affordable trip," said Church. Closer to home,

Southern Michigan Railroad offers fall color tours every weekend in October from Tecumseh to Clinton. The route is about 95 miles long one way. Little River Railroad takes guests on 90-minute fall color tours every Sunday in October from Coldwater to Quincy.

For a longer excursion, hop on the Agawa Canyon Tour Train up in Sault Ste. Marie, Ontario and view the breathtaking Canadian wilderness from the comfort of a train with large viewing windows, tinted glass, flat screen monitors, locomotive mounted digital cameras and a GPS-triggered tour narration in five languages.

Summer tour dates are now through Sept. 13, and fall tour dates are Sept. 14 through Oct. 14. For details, visit agawatrain.com. **Buses** 

There's nothing like the comfort of today's modern, fully equipped plush motor coaches, which provide both day trips and overnights for up to nine days.

Travel Brokers provides motor coach excursions to Cedar Point, Greektown, Motor City Casino, Soaring Eagle Casino and fall color tours.

Superior Travel, with an office in Fenton, specializes in motor coach travel, from day trips to overnights. Day trips this fall include trips to Comerica Park,

Saugatuck, Sauder Village in Ohio, Eastern Market and holiday visits to Meadowbrook Hall/Somerset Mall and Cornwell's Dinner Theater in Marshall.

Longer trips include such destinations as the popular Cape Cod/Plymouth trip, Washington, D.C. and Ottawa and the Thousand Road, all in September; New Orleans in October; trips to Branson, Mo., Chicago/Woodfield Mall in November and New York City Christmas in December.

"Due to the popularity of our motor coach trips, we're adding 25 percent more trips in 2014," said John Schmitt, of Superior Travel. "We'll be traveling to Gettysburg, Penn. next year and closer to home, to the Charlevoix Art Festival. Watch for more exciting trips in our Travel Press publication, available online at superiortrvl.com.

For no-frills bus travel at very affordable prices, check out Mega Bus Travel from Detroit and Ann Arbor to Midwest destinations like Chicago, Cleveland, Pittsburgh and Toledo. Seats to Chicago are as cheap as \$1 each way, depending on when you book, how many seats are taken and for which day of the week. Visit u.s.megabus.com for travel schedules and more information.



## **LIVE IT UP AFTER 50**

## **Building a better life**

## Fenton Township woman stays active with do-it-yourself philosophy

#### **By Sally Rummel**

news@tctimes.com; 810-629-8282

Don't tell Kathy Hawes of Fenton Township that she can't do something, because she will set out to prove you wrong. At 72, she's showing no signs of slowing

down and, in fact, may be pushing herself even harder to stay active.

A walk through her Lake Fenton waterfront home is a testament to her busy

lifestyle. She can point at just about any fixture in her home, inside and out, and she had a hand in building it, fixing it or embellishing it.

"I'm just handy," said Hawes, a widow since her husband, Mel, passed away five-and-a-half years ago after suffering

from Alzheimer's for a number of years. "We worked on so many home projects together in about four different houses that I found. I can still do a lot of it myself. It's fun."

Not only did she build her own deck a few years ago, but she has also sided her own home, built a pantry, re-did all the trim work in her bathroom, hung a chandelier even laid carpeting for her parents' in their own home a few years ago.

She also snowplows her own long

driveway and Summary pushes her own

lawnmower.

**I** have a vision

for something and

I can usually make

it work. 77

**Kathy Hawes** 

Fenton Township resident

Fenton Township Probably her woman builds her centerpiece of future on staying pride is her home's active with home projects, family and travel. three-sided fireplace that she built about 12 years

ago. "A friend installed the gas line, but I built the hearth, the mantel and did the tile work," she said. "I have a vision for something and I can usually make it work."

But Hawes' life isn't all work and no

play. She enjoys taking her pontoon out onto Lake Fenton, entertaining family and friends in her home and traveling. "I just got back from Alpena where I went out on a glass-bottomed boat to view the shipwrecks in Lake Huron," she said. "I also went to Mackinac

and the Soo. Last May, I took a seven-day bus trip out to Boston and Cape Cod." Just two summers ago, she went waterskiing on Lake Fenton and was able to get up on her skis right away.

Her three kids and five grandkids live in nearby Swartz Creek, and she's hoping to make a move in the near future to be a little closer to them.

"I guess I have a 'use it or lose it' philosophy," she said. "I like being active for the fun of it."



4016 Vicinia Way, Fenton, MI 48430 (Owen & Jennings Rd.) www.viciniagardens.com 810-513-0969



TRI-COUNTY TIMES | SALLY RUMMEL Kathy Hawes, who lives on Lake Fenton, tends to her geranium pots on the deck she built herself a few years ago. "I like doing projects, it's fun," she said.

#### HEART

**Continued from Page 8B** such as olive oil or canola oil. Or polyunsaturated fats, found in nuts and seeds.

**Choose low-fat protein** Choose lean meat, poultry and fish,

low-fat dairy products and egg whites or egg substitutes when planning your meals. Fish is an excellent alternative for high-fat meats as is flaxseed, walnuts, soybeans, canola oil and legumes, such as beans, peas and lentils.

#### **Reduce sodium**

Much of the salt you eat daily comes from canned or processed foods, such as soups and frozen dinners. Always look for reduced sodium foods, including condiments and use salt substitutes to add flavor with less sodium.

## Plan your meals ahead

Create daily menus using the six strategies listed here. This will help ensure you'll get all the nutrients your body needs, and will make meals and snacks more interesting.

## Indulge occasionally

Allow yourself an indulgence every now and then, but make them the exception, rather than the rule. What's important is that you eat healthy foods most of the time.

#### **Exercise**

Living an active lifestyle to benefit your heart is the other half of the hearthealthy equation. However, even good exercise habits won't override poor nutrition or regular over-indulgence.

"What you put in your mouth is most important," said Kevin Law, owner of Powerhouse Gym in Fenton. "You can't undo poor nutrition with exercise. However, exercise will strengthen your heart, help you maintain a healthy body weight, improve balance and flexibility."

He encourages over-50 exercisers to work with Powerhouse Gym's Senior Certified Trainer to determine their best individual program, based on their physical condition, medications they're taking, etc.

Powerhouse Gym is pleased to offer the only certified Silver Sneakers program in the area, offering classes three times per week with an instructor. "If you're age 62 and up, the cost of the program may be picked up by your insurance carrier. Please stop in or call us at (810) 714-0911 for more information."

## Here are 10 **HEALTHY HEART EXERCISE TIPS** from the American Heart Association:

1. Do aerobic exercise at least 30 minutes a day to increase your heart rate. Climbing the stairs, taking a brisk walk, using a treadmill, using Wii sports or



exercise programs all will help get your heart rate up.

2. Exercising your heart muscle means exercising your body. Any moderate intensity exercise like brisk walking, swimming, jogging, Pilates, yoga will do.

3. Fit in 5 - or 10-minute exercise periods during the day if you don't have time for 30 minutes all at once. Take the stairs, park your car away from the door and count your household chores, like mowing the lawn or vacuuming. Then add a brisk walk around the block at lunch or after dinner.

4. If you already do a vigorous aerobic activity or are enrolled in an exercise class, then three days a week for 20 minutes a day is good.

5. Adults over age 65 or anyone with chronic conditions or limited mobility still need to exercise for 30 minutes, but the activity can be less intense. Use good judgment and follow your doctor's advice.

6. Strength training is a great complement to aerobic training and helps to prevent age-related bone and muscle-mass losses. While it doesn't increase heart rate, it does increase stamina.

7. As with any plan, start strength training slowly and build up to heavier weights and repetitions, especially if you are new to exercise or out of shape.

8. Practice balance exercises to help prevent falls and injuries. You can do yoga, or more simple exercise like walking heel-to-toe, standing on one foot or standing up and sitting down without using your hands.

9. Stretching exercises done twice a week for about 10 minutes helps improve your flexibility.

10. With any exercise program, start slowly by warming up, then increase the pace. A good cooling down afterward is equally important. Always check with your doctor before starting any exercise plan, especially if you are new to exercise or have a chronic health condition and follow the advice of a qualified professional.

Featured Section

By Sally Rummel • news@tctimes.com; 810-629-8282

# DECADES

## Go down 'Memory Lane' with this look back more than 100 years





# **1910s**





# **930s**







- 1900s this decade was dominated by inventions and the excitement of the "turn of the century." The Wright Brothers invented the first successful airplane
- The San Francisco Earthquake devastated the city. The first silent movie, "The Great Train Robbery,"
- was filmed. Kodak invented the first low-cost, hand-held point
- and shoot camera, the Brownie. Albert Einstein published the Theory of Relativity and made famous the equation, E=mc2.
- William Kellogg invents Cornflakes.
- U.S. President William McKinley was assassinated.

## 1910s — this decade was dominated by World War I

- The Christmas Truce was an act of goodwill on Christmas Eve.
- Henry Ford introduced the first automotive assembly line at the Highland Park plant in Michigan. The Oreo cookie was first created.
- The first crossword puzzle ever was published in the New York World newspaper.

1920s — this decade was famous for jazz, flappers and culture, and also for exorbitant inflation and the Stock Market Crash.

- The 19th Amendment gave women the right to vote in the U.S.
- Flappers became a new style of "today's woman" - she smoked, she drank, she danced and voted.
- Sliced bread was invented.
- Prohibition prohibited the manufacture, sale and transportation of intoxicating liquors.
- The stock market crashed sending the country into a massive Depression.
- The first Academy Awards were held, although not very glitzy by today's standards.
- Walt Disney drew the first Mickey Mouse cartoon, "Steam Boat Willy."

#### 1930s — this tough decade battled against the Great Depression, the rise of the Third Reich and the beginning of World War II.

- Bonnie and Clyde, a young couple, went on a twoyear crime rampage before being shot and killed.
- Dachau, the first Nazi Concentration Camp, was built. The Dust Bowl took place in the plains states after an
- eight-year drought, causing the greatest ecological disaster in U.S. history.
- The planet Pluto was discovered.
- Charles Lindbergh's baby was kidnapped and killed. The Star-Spangled Banner became the U.S. Anthem.
- 1940s this bloody decade followed World War II, the Holocaust, atomic bombs and the beginning
- of the Cold War. The atomic bomb was dropped on Hiroshima and Nagasaki, Japan.
- The Slinky toy was invented.
- Dr. Benjamin Spock published "The Common Book of Baby & Child Care."
- 1950s the decade of the building of the hydrogen bomb also brought new technology like color TV and the building of Disneyland by Walt Disney. Disneyland opens in California.
- Elvis brought his gyrating moves to his first appearance on The Ed Sullivan Show.
- LEGOS building blocks were introduced.
- Detroit resident Rosa Parks refused to give her bus seat to a white passenger, beginning the modern day Civil Rights Movement.
- Color TV was unveiled.
- The first Playboy magazine was published.



# 1970s



# 1980s



1960s — a turbulent decade with the unpopular Vietnam War, Cuban Missile Crisis, assassination of President John F. Kennedy and the formation of the Black Panthers. The Beatles burst on the music scene from Liv-

- erpool, England. Charles Manson formed a hippie cult group and
- became a convicted serial killer. The world's first heart transplant was performed
- by South African surgeon Dr. Christian Barnard. Astronaut Neil Armstrong took the first steps on
- the moon.
- 1970s the Watergate scandal brought down a presidency, but disco, Sony Walkman and the Star Wars movie created a vibrant culture.
- Four student protestors were killed at Kent State University in Ohio by national guardsmen.
- The Jonestown Massacre took the lives of hundreds of followers of Jim Jones at the Peoples' Temple Cult, after they were instructed to commit revolutionary suicide.
- M.A.S.H. premieres on TV.
- Louise Joy Brown, the world's first test-tube baby, was born.
- 1980s this was the decade of environmental disasters, from Exxon Valdez oil spill to Chernobyl nuclear leak and Mt. St. Helen eruption.
- Michael Jackson produced the world's top-selling album, "Thriller." PAC-MAN, combining two great American loves –
- pizza and video games debuted. Steven Spielberg's E.T., the Extra-Terrestrial, became the biggest-grossing movie of all time, even surpassing Star Wars, until another Spielberg movie, Jurassic Park, came out in 1993.
- The space shuttle Challenger exploded in space just 73 seconds after lift-off, killing teacher Christa McAuliffe.

#### See DECADES on 13B





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# Look younger at any age

## New cosmetics, treatments aren't just for 'the rich and famous'

## By Sally Rummel news@tctimes.com; 810-629-8282

If you're over 50, you've probably noticed that your skin has lost some of the natural resilience of youth. But because beauty truly is skin deep, there are many things that you can do to retain a more youthful appearance at any age.

While beauty treatments used to be considered a pampering luxury, more and more women are discovering that they can be a part of an everyday lifestyle of looking and feeling their best.

"People used to think of it as being vain," said Tracy Aubuchon, of Rejuv Ave in downtown Fenton. "But your skin is the largest organ in your body, and we neglect it the most. It's what you present to the rest of the world, so take care of it without feeling guilty.'

## Lifestyle

Your lifestyle, plus good genes, probably has more to do with the health of your skin than anything else, according to cosmetic artist Bobbi Brown, of Bobbi Brown Cosmetics.

What you put into your body nutritionally affects not only your looks, but also your energy level and the way you feel about yourself. Drink plenty of water to hydrate and plump up your skin, eat well, exercise and get enough sleep.

## **Rethink your make-up**

After 50, you need to control the level of moisturization and color coverage seasonally, opting for more in winter, less in summer. You also need to be wearing sunscreen all year, which is especially helpful when your cosmetics contain this. Cortney Gwaltney, owner/esthetician

at The Retreat Salon & Skin Spa in Fenton Township, loves the quality of the Jane Iredale Mineral Cosmetics line, including products that contain SPF sun protection.

"The benefit of buying quality cosmetics compared to over-thecounter products is the personalization of

own skin's conditions," said Gwaltney. "Jane Iredale's mineral cosmetics are known as 'the skin care makeup, which goes along with your skin care regimen. If you're already using quality cleansers, moisturizers, etc. it makes sense to follow with natural cosmetics on your face. You're getting the benefit of coverage, color, etc., but also protecting

your lifestyle, tweaking your makeup and taking advantage of new, affordable beauty treatments

► You can

look up to 10

by improving

trying makeup that is formulated for your See YOUNGER on 14B

Summary years younger







# Planning your perfect retirement

## It's about more than just the money. How will you use your time?

## By Sally Rummel

news@tctimes.com; 810-629-8282 Some people plan more for a milestone

birthday than they do for their retirement. Considering that today's retirees may have more than 30 years of a non-working life ahead of them, it's important to figure out the financial "nuts and bolts" of this next phase of life, as well as the reality of what to do with your time.

Experts agree that getting the money right is a major part of making your vision of retirement a reality. That means one important task of thinking about your retirement is looking at your current and desired standard of living and how you balance your needs and wants, according to MarketWatch of The Wall Street Journal.

Creating a sustainable

income for 20 or 30 more years is a challenge in itself, and requires years of preplanning. Retirees also may have to adapt their "ideal" retirement plan if changing financial or health circumstances get in the way

HERE ARE A FEW QUESTIONS TO **ASK YOURSELF BEFORE RETIRING:** Who am I?

How do you spend most of your nonworking hours now, during your employment years, and what activities give you the most enjoyment? What do you believe will be different in how you spend your time during retirement?

What is the priority of your options?

Do you want to travel, volunteer, start a business, spend time with grandchildren, garden, etc.? Also make a list of what you don't want, your pet peeves and annoyances, and try to avoid those situations in your retirement vision.

## **Describe a typical retirement day**

The more specific you are in your vision, the closer to reality you can make it in your actual retirement. Include action plans, not just general ideas. If you say



As you approach retirement age, don't forget to make a list of activities you still want to do. Some start a folder on their computer to add ideas and strategies for maintaining a lifestyle to which one has become accustomed.

you want to spend more time with family, describe how often and which family? Make a list of activities that make you happy, and design your day from there. What would you like to do that you've never done before?

Since it's a transition to a new life, think about those activities you've always wanted to do, but never had time for. Since in retirement you'll have day after day of the same routine, you have to challenge yourself to mix things up a bit with activities you'd enjoy, so you don't get bored or stagnant with every day life. What resources will you need to fulfill

these dreams?

## **Summary**

When you retire, you're not retiring from life, just a job. So make sure your new life still has structure, relationships and keeps you interested and engaged.

Not only will you need financial resources to travel, start a small business, etc., but you also need good health, companionship, friendships, etc. Do you need to go back to school?

### **Expect retirement to evolve** along the way

Your typical day early in retirement (golfing every day, for example) might look

very different a few years down the road, as your priorities, personal situation or health changes. Some experts suggest that you "front end" your retirement with plans to travel, visit family and at least a few items on your bucket list, in case health or financial changes alter your ideal view of retirement.

## What about work?

Discovering how to retire from a job, not from life, is one of retirement's challenges. Work provides so many of people's needs for structure, relationships, mental challenges, etc. It's important to steer your retirement life in directions that will still meet those needs.





# 2000s





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## DECADES

Continued from Page 11B

- 1990s Communism fell, signaling the end of the Cold War and the Internet began its profound affect on communication and culture.
- The Columbine School Massacre in Littleton, Colo. became the first school shooting to define a new generation.
- Lorena Bobbitt went to extreme measures to get revenge on her husband. Princess Diana died in a car crash in
- Paris after fleeing from the paparazzi. The Oklahoma City bombing deci-
- mated a federal building and took the lives of 168 people.
- The 2000s this decade was defined by terrorism following Sept. 11, 2001, natural disasters, the collapse of the dot-com and housing bubble, resulting in two financial crises.
- Sept. 11, 2001 became the defining date of a generation after Islamic fundamentalist terrorists hijacked four U.S. airliners, crashing them into the Pentagon and World Trade Center, killing nearly 3,000 people.
- Tiger Woods became the first golfer to hold all four major golf titles simultaneously.



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Times





TRI-COUNTY TIMES | SALLY RUMMEL

Tracy Aubuchon of Rejuv Ave uses Intense Pulsed Light to remove skin discoloration (age spots) from a client in her downtown Fenton studio.

**The benefit** 

cosmetics

compared to

of buying quality

over-the-counter

products is the

personalization

conditions. 77

The Retreat Salon & Skin Spa

**Cortney Gwaltney** Owner/esthetician at

of trying makeup

that is formulated

for your own skin's

## YOUNGER

Continued from Page 12B your skin from free radicals and adding antioxidants."

Now you don't have to go to a shopping mall make-up counter to get a free makeover. "We offer free makeup and skin care consultations right here at The Retreat," said Gwaltney. "It's per-

sonalized to the needs of your own skin."

Natural cosmetics may be initially more expensive than drugstore makeup because of the quality of ingredients used. But they actually last longer because they're more concentrated, without fillers like talc.

## Non-invasive skin care treatments

Botox and other noninvasive beauty treatments are no longer available only to the rich and famous. Now they have become main-

stream solutions to many skin care conditions that happen as a result of aging. "We're affordable for everyone," said Aubuchon.

Chemical peels are one of the most popular anti-aging treatments, available at many local spas and salons. "These are very beneficial for anyone who wants to turn back the clock, from sun damage, fine lines, dull skin, acne, clogged pores, etc.," said Aubuchon. "They take only about a half-hour of your time, and you can do them as often as once a month. Please come in for an assessment, as there are different strengths available for different skin types."

Botox is another very effective anti-aging treatment, using injections to weaken or paralyze muscle to relax facial wrinkles. It lasts about three to four months.

Juvederm is an injectable facial filler used to soften deep folds and reduce wrinkles. It can be especially effective in

removing "smile lines" around the corners of the mouth, and is also used for lip augmentation and to fill in hollow places and scars on the face.

IPL (Intense Pulsed Light) is a very effective anti-aging tool, using light to remove age spots and other skin discolorations from the face, chest and tops of hands. "It's also known as a photofacial," said Aubuchon.

The Hour Lift, a mini-facelift procedure, continues to be one of the most popular beauty treatments at The Skin

& Vein Center, with an office in Fenton. "The difference between The Hour Lift

and a regular facelift is that the Hour Lift involves cutting the skin and tightening the facial muscles rather than moving the facial muscles, according to Dr. Eric Seiger, board certified dermatologist and cosmetic surgeon. "It lasts between five and 10 years, and there's a huge difference in recovery time and price."

Another benefit of these beauty treatments is how well natural cosmetics work on skin afterward. "When you're undergoing beauty treatments, your makeup sets much better on your skin," added Gwaltney, of The Retreat.

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	Have I had a life transition recently or am I worried about an upcoming life transition – ie. Retirement, divorce, widowhood, etc.?
	Do I have parents that I have to take care of either physically, financially or both?
	Do I have to choose social security options within the next 2 years?
	Do I have pension options that I have to make elections on – i.e. options with or without spousal continuation, lump sum payouts, etc.
	Is my household income \$100,000 or more?
	Are my total assets (excluding real estate) more than \$250,000?
	Do I have a taxable estate (including life insurance death benefits) over \$5,000,000?
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## Scenes from Fenton and Linden's Tune Up Car Cruise

On Thursday, classic cars converged for the Tune Up Car Cruise in Fenton and Linden, while a DJ played songs from the '60s to the '80s. Thursday evening in Fenton the band Sol' Out performed for Music in the Park, which drew more spectators to the downtown area.

The Linden cruise brought hotrods new and old, from a newer Chevy SSR to an ultra rare Packard 645. Classic rock played over the din of car chat in perfect summer weather.

TRI-COUNTY TIMES I PHOTOS TAKE BY TIM JAGIELO AND WILLIAM AXFORD











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FENTON MANY yard sales, on Tipsico Lake Road, between Jayne and Baker. August 16-18th, 9-4p.m.

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TEXT: GARAGESALE to 810-475-2030 for an updated list of area garage sales. Tri-County Times.

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Our long term nursing care facility is seeking individuals that have a passion about providing the best in elderly care and is now hiring for the following:

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(CNAs) positions available, all shifts full-time and part-time. Must have certification from the State of Michigan as a nurse aide and worked with the elderly in long term care environment.

Apply in person at 202 S. Bridge Street, Linden, MI 48451 - OR - send resume to hrcaretellinden@gmail.com

> Caretel® Inns of Linden Long Term/Skilled Nursing Care Facility

## Due to expansion...

Our long term nursing care facility is seeking individuals that have a passion about providing the best in elderly care and is now hiring for the following:

RNs

on all shifts full-time and part-time and

## LPNs on all shifts full-time and part-time

Apply in person at 202 S. Bridge Street, Linden, MI 48451 - OR - send resume to hrcaretellinden@gmail.com

Caretel® Inns of Linden Long Term/Skilled Nursing Care Facility

## **BY TRIBUNE MEDIA** SundaySudoku



## SuperCrossword

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#### **TIMES CLASSIFIEDS**

**TOP 10 SONGS** 

Week of Aug. 11, 1984

As determined by Billboard magazine

- Ray Parker Jr.

The Jacksons

5. Sad Songs Say So Much

Do With It - Tina Turner

4. What's Love Got To

- Elton John

- Lionel Richie

8. I Can Dream About You

- Dan Hartman

10. Sunglasses At Night

- Corey Hart

9. Infacuation - Rod Stewart

- Bruce Springsteen

7. Dancing In The Dark

6. Stuck On You

1. Ghostbusters

2. When Doves Cry

- Prince

3. State Of Shock



REAL ESTATE WANTED. Ca\$h for unwanted houses. Fast closings available. Sell today! Please call 810-584-5575



COUNTRY LOT, Timbercreek, 8 acres, underground utilities, pre-perked, paved street. Holly schools. \$85,000, financing

available. 734-231-7141. FENTON - LOON lake 2 waterfront and 2 wooded lots. \$12,000 and up. Best offer! Quick sale, terms. 810-629-8694, 810-964-3472, 810-735-6887.

ALL REAL ESTATE advertising in this newspaper is subject to the Federal Fair Housing Act of 1968 which makes it illegal to advertise preference, limitation, or discrimination based on race, color, religion or national origin, or an intention to make any such preference, limitation or discrimination. This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. Our readers are hereby informed that all dwellings advertised in this newspaper are available on an equal opportunity basis.

## **PUZZLE ANSWER KEYS**

King Crossword, Wednesday Jumble, Wednesday Sudoku puzzles are located in last Wednesday's issue. All other puzzles are throughout this edition.

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J Answer: Little Bo-Peep lost her sheep because she this-A "CROOK" WITH HER

#### SUNDAY JUMBLE ANSWERS

Jumbles: DUMPY RABBI AERATE DRUDGE Answer: It's good-by to a girl in Paris-"ADIEU"

**BRAND NEW HOMES. Free** Rent until 10/1/13\* on select homes. 3 bedroom homes starting at \$899. \$398 moves you in. Hartland schools. Call Sun Homes at Cider Mill Crossings, 888-703-6652. Offer expires 8/31/13. Located off US/23 and Clyde Rd. Fenton, MI. www.cidermillcrossings.

Manufactured

Homes



**121 LAUREL LEE FENTON OAKS** -Perfect location backing up to private wooded nature. Large home with open floor plan. Large kitchen with plenty of counter/cupboard space, family room w/fireplace, 3 beds, 2 full baths, garden tub in master bath. large closet, double sinks. separate shower. Large private deck and shed.

New roof and paint. \$34,000. 810-714-3668



200 Trealout Drive (In Fenton, off North Leroy) Monday-Friday 9-6 • Closed Sat & Sun 🙆 Professionally managed by MRD 占 fentonestates@ mrdapartments.com

NOTICE OF ERROR - It is the responsibility of the advertiser to check the correctness of each insertion of an advertisement. The Tri-County Times will not be responsible for more than one incorrect insertion and for only that portion that may have been rendered valueless by an error.



**BEAUTIFUL FENTON** area

townhouse apartment,

sparkling 2 bedroom/2 bath

Office, appliances, laundry

hookups, water/trash. \$765. No

FENTON - LAKE WINDS

PLAZA. 2 separate retail/office

units available. New carpet,

iust painted. 1 unit is 1.340

sq. ft. 2nd unit is 1,080 sq.

ft. These units can be rented

separately or combined for

a square footage of 2,420 sq.

ft. Great parking! Get the Best

rate in town! No NNN. brokers

protected. Call 248-884-8167.

VARIOUS ROOMS and suites.

North Towne Professional

ients

**BRAND NEW HOMES. Free** 

Rent until 10/1/13\* on select

homes. 3 bedroom homes

starting at \$899. \$398 moves

you in. Hartland schools.

Call Sun Homes at Cider Mill

Crossings, 888-703-6652. Offer

expires 8/31/13. Located off

US/23 and Clyde Rd. Fenton,

MI. www.cidermillcrossings.

FENTON HEIGHTS

APARTMENTS, one and two

bedroom units starting at \$550

per month. Call 810-354-8006.

LINDEN - ONE and two bedrooms. Close to park and lake. Heat included. \$499/\$599 per month. 810-629-4957.

com. EHO.

Centre, 810-714-3103.

Rooms

smoking/pets. 810-629-6095.

**Office/Retail** 



Tvrone Township is seeking bids for cutting and chipping dead trees along roads in the township. A copy of the bid specifications may be obtained at the township hall, via email, or on our web site at www.tyronetownship.us. Please submit sealed bid to Keith Kremer, Tyrone Township Clerk, 10408 Center Rd., Fenton, MI 48430 by 4:00 p.m. on August 27, 2013.

## **PUBLIC NOTICE CHARTER TOWNSHIP OF FENTON BOARD MEETING SYNOPSIS** AUGUST 5, 2013

The Fenton Township Board held a regular meeting on Monday August 5, 2013 at the Fenton Township Civic Community Center, 12060 Mantawauka Drive, Fenton, Michigan and took the following actions.

- 1. Supervisor Mathis led the pledge of allegiance to the flag.
- 2. Approved the agenda as amended.
- 3. Approved invoices and expenditures for payment in the total amount of \$191,361.63.
- 4. Received the second quarter report from Ordinance Enforcement Officer Robert Atkinson.
- 5. Adopted Ordinance No. 757, an amendment to the Health Insurance Ordinance.
- 6. Adopted Resolution No. 2013-12, recommending approval of the application of Deborah J. King for a new Tavern License at 3235 Thompson Road
- Postponed action on a proposed resolution to approve the Genesee County Solid Waste Management Plan.
- 8. Approved a sealed bid auction for the purpose of selling three parcels of land owned by Fenton Township.
- 9. Adjourned at 8:20 p.m.

A complete copy of the minutes of this meeting and any ordinances adopted at the meeting are on file and available for review at the Fenton Township Office, 12060 Mantawauka Drive, Fenton, Michigan 48430. Office hours are 8:00 a.m. to 5:00 p.m. Monday through Friday. Ordinances, meeting schedules, meeting minutes and other Township information are also available at www.fentontownship.org.

ROBERT E. KRUG FENTON TOWNSHIP CLERK

## **CHARTER TOWNSHIP OF FENTON** PUBLIC NOTICE OF ORDINANCE AMENDMENT ADOPTION

At their meeting of August 5, 2013 the Fenton Township Board adopted Ordinance No. 757, an amendment to Group Health Insurance Ordinance 461 to revise language regarding cost allocation.

A complete copy of the adopted ordinance may be obtained at the office of the Fenton Township Clerk, 12060 Mantawauka Drive, Fenton, MI 48430. The ordinance is also available on Fenton Township's website at www.fentontownship.org.

**ROBERT E. KRUG FENTON TOWNSHIP CLERK** 

## **CITY OF FENTON INVITATION TO BID** OAKWOOD CEMETERY MAINTENANCE

The City of Fenton will receive sealed bids at the City Clerk's Office, 301 South Leroy Street, Fenton, Michigan 48430-2196, for the maintenance of Oakwood Cemetery, until 2:00 PM on November 8, 2012.

Bids will be publicly opened and read at that time in the conference room of the Fenton City Office, 301 South Leroy Street, Fenton, Michigan. Bids shall be submitted in sealed envelopes and plainly marked "OAKWOOD CEMETERY MAINTENANCE BIDS - CITY OF FENTON."

Bids are being solicited only from responsible and established bidders known to be experienced and regularly engaged in the work of CEMETERY MAINTENANCE. Satisfactory evidence that the bidder has the necessary capital, equipment and personnel to do the work may be required.

Proposal forms and specifications are on file for the inspection of bidders at the Fenton City Offices, 301 South Leroy Street, Fenton, Michigan and copies may be obtained by qualified bidders. Sealed proposals must be submitted on the bid forms furnished by the City.

The City Council reserves the right to reject any and all bids and to accept any bid which, in their opinion, is most advantageous to the City.

Daniel Czarnecki **Public Works Director** 810-629-2261

## **PUBLIC NOTICE CHARTER TOWNSHIP OF FENTON**

YOU ARE HEREBY NOTIFIED OF A REGULAR PUBLIC HEARING TO BE HELD TUESDAY AUGUST 27, 2013 AT 7:00 PM BY THE CHARTER TOWNSHIP OF FEN-TON ZONING BOARD OF APPEALS AT 12060 MANTAWAUKA. THIS HEARING WILL BE HELD TO CONSIDER THE FOLLOWING:

ZBA13-023 Gary White 13272 Lakeside Landing Fenton requesting sight line and front set back variances to construct a new home on vacant land west of 13339 Haddon Dr. Parcel 06-14-577-104

ZBA13-024 Gerard DuRocher 11125 Jennings requesting a maximum allowable accessory building square footage variance to construct an accessory building. Parcel 06-03-100-050

COPIES OF THE ABOVE LISTED APPLICATIONS AND THE TOWNSHIP ORDI-NANCES ARE AVAILABLE AT THE TOWNSHIP OFFICE FOR YOUR REVIEW. YOUR OPINIONS MAY BE EXPRESSED VERBALLY AT THIS HEARING OR IN WRITING TO THE BOARD OF APPEALS PRIOR TO THIS HEARING. THE ZONING BOARD OF APPEALS ENCOURAGES YOUR PARTICIPATION IN THESE APPEALS.

This notice is published in compliance with PA 267 of 1976 as amended (Open Meetings Act), MCLA 41.72a (2) (3) and the Americans With Disabilities Act (ADA).

Fenton Township will provide necessary reasonable auxiliary aids and services, such as signers for the hearing impaired and audio tapes of printed materials being considered at the meeting, to individuals with disabilities at the meeting or public hearing upon 14 days notice to Fenton Township.

Individuals with disabilities requiring auxiliary aids or services should contact Fenton Township by writing or calling the following: Robert Krug, Fenton Township Clerk, 12060 Mantawauka Drive, Fenton, MI 48430, (810) 629-1537.

Ordinances, meeting schedules and other Township information are also available at www. fentontownship.org.

ROBERT KRUG, FENTON TOWNSHIP CLERK



## VILLAGE OF HOLLY CDBG RE-PROGRAMMING **PUBLIC HEARING**

Notice is hereby given that in accordance with Community Development Block Grant (CDBG) requirements a Public Hearing will be held by the Village of Holly on Wednesday, August 21, 2013 at 7:00 pm in the Village of Holly council Chambers, 315 S. Broad Street, Holly, MI to receive written and verbal comment regarding the reprogramming of federal CDBG funds as follows:

172170-730733

#### EXISTING – 2012 Program Year

Account	Number	

Amount

**Activity Description** Fire Equipment \$15,358.20

#### PROPOSED – 2012 Program Year

Account Number **Activity Description** Amount

172170-731745 Sidewalks \$15,358.20

Cathrene A. Behrens Clerk/Treasurer



## **TYRONE TOWNSHIP REGULAR BOARD MEETING SYNOPSIS** HELD AUGUST 6, 2013 AT 7:00 P.M.

- 1. Present: Supervisor Mike Cunningham, Clerk Keith Kremer, Trustees Soren Pedersen, Chuck Schultz, David Walker, and Cam Gonzalez. Absent: Treasurer Marna Bunting-Smith.
- 2. Approved the agenda as presented; approved the consent agenda as presented.
- 3. Received and placed on file Communications #1-8 as presented.
- 4. No motion was made to forgive Mr. Nader's fire service charge appeal.
- 5. Tabled the request to hang a banner "In God We Trust" in the township hall pending an affirmative outcome of the US State Supreme Court decision.
- 6. Agreed to pay a portion of the Hartland Road (south of Center Rd.) improvements.
- 7. Adopted Resolution #130801 Sewer Fund Deficit Elimination Plan.
- 8. Accepted the quote from Ricoh to lease a copier.
- 9. Approved the Treasurer and Deputy Treasurer's request to attend the MMTA Fall Conference.
- 10. Adopted the increased fees for the Tax Roll and Assessors Appraisal Roll as presented.
- 11. The board was given an update on the Fenton Sand and Gravel land deposit.
- 12. Authorized the Supervisor to seek bids for road right-of-way tree trimming.
- 13. Adjourned at 8:14 p.m.

The minutes of all regular and special Tyrone Township Board Meetings are on file and may be reviewed at the Tyrone Township Clerk's Office, 10408 Center Road, Monday through Thursday, 9 a.m. to 5 p.m. and online at www.tyronetownship.us. The next regular meeting of the Tyrone Township Board will be held on Tuesday, August 20, 2013 at 7:00 p.m. at the Tyrone Township Hall. The public is encouraged to attend.



of Mortgagee Attorneys: Potestivo & Associates, P.C. 811 South Blvd. Suite

Associates, F.C. 811 South Divid. Suite 100 Rochester Hills, MI 48307 (248) 844-5123 Our File No: 13-85564 Ad #57686 08/11, 08/18, 08/25, 09/01/2013

Read

then

Recycle

A 15-year-old tree made into

paper grocery bags, would

produce about 700 bags. A supermarket could use all of

them in under an hour!

redemption period shall be 6 months from the date of such sale, unless determined abandoned in accordance with MCL 600.3241 or MCL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale, or upon the expiration of the notice required by MCL 600.3241a(c), whichever is later; or unless MCL 600.3240(17) applies . If the property is sold at foreclosure sale unde Chapter 32 of the Revised Judicature Act of 1961, under MCL 600.3278, the borrower will be held responsible to the person who buys the property at the mortgage foreclosure sale or to the mortgage holder for damaging the property during the redemption period. Dated: 8/11/2013 Spartan Equities High Yield Fund I, LLC, Assignee of Mortgagee Attorneys: Potestivo & Associates, P.C. 811 South Blvd. Suite 100 Rochester Hills, MI 48307 (248) 844-5123 Our File No: 13-83257 Ad #57690 08/11, 08/18 FORECLOSURE NOTICE This firm is a debt collector attempting to collect a debt. Any information obtained will be used for this purpose. If you are in the Military, please contact our office at the number listed below. MORTGAGE SALE - Default has been made in the conditions of a certain mortgage made by: Connie Graham to Bay Creek Mortgage, Mortgagee, dated December 17, 2004 and recorded January 4, 2005 in Instrument # 200501040001016 and modified by agreement dated May 12, 2011 and recorded November 17, 2011 in instrument # 201111170078533 Genesee County Records, Michigan Said mortgage was assigned through mesne assignments to:CitiMortgage, Inc., by assignment dated March 30 2011 and recorded April 7, 2011 in instrument #201104070035241 on which mortgage there is claimed to be due at the date hereof the sum of One Hundred Two Thousand Three Hundred Fifty-Nine Dollars and Sixty-One Cents (\$102,359.61) including interest 4.75% per annum. Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, Circuit Court of Genesee County at 10:00 AM on August 21, 2013 Said premises are situated in City of Flint, Genesee County , Michigan, and are described as: The East 25 feet of Lot 841 and the West 35 feet of Lot 840 and the West 35 feet of Lot 839 of EVERGREEN PARK SUBDIVISION No. 1, according to the plat thereof recorded in Liber 16 of Plats, Pages 25 of Genesee County Records. Commonly known as 3743 Jvnn Street Flint MI 48503 The redemption period shall be 6 months from the date of such sale, unless determined lance with MCI 600.3241 or MCL 600.3241a, in which case the redemption period shall be 30 days from the date of such sale, or upon the expiration of the notice required by MCL 600.3241a(c), whichever is later; or unless MCL 600.3240(17) applies. If the property is sold at foreclosure sale under Chapter 32 of the Revised Judicature Act of 1961, under MCL 600.3278 the borrower will be held responsible to the person who buys the property

at the mortgage foreclosure sale or to the mortgage holder for damaging the

property during the redemption period. Dated: 07/21/2013 CitiMortgage, Inc..

Assignee of Mortgagee Attorneys: Potestivo & Associates, P.C. 811 South

Blvd. Suite 100 Rochester Hills, MI 48307 (248) 844-5123 Our File No: 13-84195 Ad #56107 07/21, 07/28, 08/04, 08/11/2013

is a debt collector attempting to collect a debt. Any information obtained will be used for this purpose. If you are in the Military, please contact our office at the number listed below. MORTGAGE SALE - Default has been made in the conditions of a certain mortgage made by: Terry Stump, A Single Man to Mortgage Electronic Registration Systems, Inc., as nominee for Quicker Loans. Inc., its successors and assigns Mortgagee, dated May 24, 2006 and recorded June 1, 2006 in Instrument # 20060601005 3499 Genesee County Records, Michigan. Said mortgage was assigned to: CitiMortgage, Inc., by assignment dated April 4, 2013 and recorded April 16, 2013 in Instrument # 201304160050701 on which mortgage there is claimed to be due at the date hereof the sum of Sixty-Five Thousand One Hundred Forty-Six Dollars and Forty-One Cents (\$65,146.41) including nterest 7.625% per annum. Under the power of sale contained in said mortgage and the statute in such case made and provided, notice is hereby given that said mortgage will be foreclosed by a sale of the mortgaged premises, or some part of them, at public vendue, Circuit Court of Genesee County at 10:00AM on September 11, 2013 Said premises are situated in City of Flint, Genesee County Michigan, and are described as: Lot(s) 210, Franklin Homestead, as recorded in Liber 11 of Plats, Page 19 Commonly known as 651 Vermilya Ave, Flint MI 48507 The redemption period shall be 6 months from the date of such sale, unless letermined abandoned in accordance with MCL 600.3241 or MCL 600.3241a in which case the redemption period shal be 30 days from the date of such sale, or upon the expiration of the notice required by MCL 600.3241a(c), which-ever is later; or unless MCL 600.3240(17) applies. If the property is sold at foreclosure sale under Chapter 32 of the Revised Judicature Act of 1961, under MCL 600.3278, the borrower will be held responsible to the person who buys the property at the mortgage foreclosure sale or to the mortgage holder for damaging the property during the redemption period. Dated: 8/11/2013 CitiMortgage, Inc., Assignee of Mortgagee Attorneys: Potestivo & Associates, P.C. 811 South Blvd. Suite 100 Rochester Hills, MI 48307 (248) 844-5123 Our File No: 13-84759 Ad

\$7684 08/11, 08/18, 08/25, 09/01/2013



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**TIMES CLASSIFIEDS** 



Obituaries,

Services and

Memoriams

Funeral

**Diane Downs**,

com.

com.

Diane Downs - age 59,

memories at www.tem-

rowskifamilyfuneralhome.

500 Main St. • Fenton • 810-629-2533

Jack Overman - age 83,

memories at www.tem-

rowskifamilyfuneralhome.

*Family Funeral Home Cremation Services* 500 Main St. • Fenton • 810-629-2533

Franklin Corbin - died Au-

gust 7, 2013. Share memo-

ries at www.temrowskifami-

Franklin Corbin.

lyfuneralhome.com.

died August 6, 2013. Share

Jack Overman,

died August 7, 2013. Share

Temrowski

Temrowski

Iemrowski

Family Funeral Home Cremation Services

## Arthur R. Barr,

Arthur R. Barr - age 92, of Linden, passed away on August 7, 2013. Beloved husband of the late Dorothy for over 68 years.



(Dwayne) Lane, John Smith IV., Suzanne Valkin, James (Linda) Hartley, Christopher (Suzanne) Fraim, Eric (Alice) Fraim and Amy (Larry) Graham. 14 great grandchildren and 1 great-great grandchild. Art also leaves many nieces, nephews and loving friends. His funeral service will take place 11 AM, Tuesday, August 13th, 2013 at Temrowski Family Funeral Home, 500 Main St., Fenton. Friends may visit Monday 4-8 PM and Tuesday 10 AM until the time of service. Interment at Cadillac Memorial Cemetery. Share memories at www.temrowskifamilyfuneralhome.com



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ley. Grandfather of Julie

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## **TIMES CLASSIFIEDS**

#### **Holland E.Thompson** 1931-1913

Holland E. Thompson age 81, of Fenton, died Tuesday, August 6, 2013 at his residence. Services will be





Fenton Chapel, 1000 W. Silver Lake Rd., Fenton where the family will receive friends from 10 AM until the time of service. Contributions may be made to the American Heart Association or the American Cancer Society. Mr. Thompson was born August 26, 1931 in Edinburg, AR, the son of John and Florence (Taylor) Thompson. He married Carolyn Weaver on October 8, 1957. Mr. Thompson retired from Ford Motor Company after 35 years of service. He was an avid outdoorsman and enjoyed motorcycles. Surviving are: wife, Carolyn of Fenton; two sons, Mark Thompson of Rose Township, Michael Thompson of Fenton; four grandchildren, Amber, Ashley, Crystal and Devin; great-grandchild, Hayden; sister, Rohdean Hopkins of TX; sister-in-law, Jearline Thompson of AR. His daughter, Teresa Thompson, two brothers and two sisters, preceded him in death. Friends may share an online tribute on the obituary page of www.



## Ava M. Hamrick, Ava M. Hamrick - age 85, died August 8, 2013. Share memories at www.temrowski-



Juanita Crane, Juanita Crane - age 87, died August 8, 2013. Services entrusted to Sharp Funeral Homes. www. sharpfuneralhomes.com.



**Denise Poster**, Denise Poster - age 46, died August 7, 2013. Services provided by Sharp Funeral Homes. www. sharpfuneralhomes.com.



Kenneth Robertson, Kenneth Robertson - age 78, died August 6, 2013. Services provided by Sharp Funeral Homes. www.



sharpfuneralhomes.com.

**Randle Schonewetter,** Randle Schonewetter - age 90, died August 7, 2013. Services entrusted to Sharp Funeral Homes. www.



**Judith Chakerian**, Judith Chakerian - age 71, died August 7, 2013. Services entrusted to Sharp Funeral Homes. www. sharpfuneralhomes.com.



## Jon Parker,

Jon Parker - age 23, died August 6, 2013. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com



## Shirley O'Dell,

Shirley O'Dell - age 71, died August 5, 2013. Services provided by Sharp Funeral Homes. www. sharpfuneralhomes.com.



**Robert Suttles,** Robert Suttles - age 83, died August 6, 2013. Services entrusted to Sharp Funeral Homes. www. sharpfuneralhomes.com.



#### **Katherine Tanner**, Katherine Tanner - age 59,

died August 8, 2013. Services entrusted to Sharp Funeral Homes. www. sharpfuneralhomes.com.



## Erik Mageli,

Erik Mageli - age 27, died August 7, 2013. Services entrusted to Sharp Funeral Homes. www.sharpfuneralhomes.com.



## Johnnie Walker, Johnnie Walker - age 78, died August 7, 2013. Services provided by Sharp Funeral Homes. www.

sharpfuneralhomes.com.



#### **Dylan Mossman**, Dylan Mossman - age 11, died August 6, 2013. Services entrusted to Sharp Funeral Homes. www. sharpfuneralhomes.com.



**Richard Henderson**, Richard Henderson - age 69, died August 3, 2013. Services provided by Sharp Funeral Homes. www. sharpfuneralhomes.com.





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## Julia Seconsky,

Julia Seconsky - age 96, died August 2, 2013. Services provided by Sharp Funeral Homes. www. sharpfuneralhomes.com.



#### Sylvia McIntosh. Sylvia McIntosh - age 89, died August 4, 2013. Services provided by Sharp Funeral Homes. www. sharpfuneralhomes.com.



## William Naatz, William Naatz - age 20, died August 3, 2013. Ser-

vices provided by Sharp Funeral Homes. www. sharpfuneralhomes.com.



#### Mark Hull,

Mark Hull - age 62, died August 3, 2013. Services provided by Sharp Funeral Homes. www.sharpfuneralhomes.com.



## **Debra Harris**,

Debra Harris - age 56, died August 5, 2013. Services provided by Sharp Funeral Homes. www.sharpfuneralhomes.com.



## James Kling.

James Kling - age 55. died August 1, 2013. Services provided by Sharp Funeral Homes. www.sharpfuneralhomes.com.



#### James Vaughn Sr., James Vaughn Sr. - age 73, died August 3, 2013. Services provided by Sharp Funeral Homes. www. sharpfuneralhomes.com.





Gail Grove at (810) 433-6822

**MOBILE APPS** 

sharpfuneralhomes.com.

sharpfuneralhomes.com.



#### INGREDIENTS

- 1/4 cup orange juice
- 1/2 t. grated lime rind
- 2 T. fresh lime juice
- 2 T. chopped fresh thyme
- 2 t. bottled minced garlic
- 1 t. grated orange rind
- 1/4 t. salt
- 1/8 t. ground red pepper
- 1 lb. skinless, boneless chicken breast cutlets 1 T. olive oil
- Cooking spray
- 6 cups bagged prewashed baby spinach

#### PREPARATION

- Combine first 8 ingredients in a small bowl, stirring well with a whisk. Pour 1/4 cup juice mixture into a large zip-top plastic bag. Add chicken to bag. Seal; let stand 5 minutes. Add oil to remaining juice mixture; stir well with a whisk.
- Heat a large nonstick skillet over mediumhigh heat. Coat pan with cooking spray. Remove chicken from bag; discard marinade. Add chicken to pan; cook 4 minutes on each side or until done. Place 1 1/2 cups spinach on each of 4 plates. Divide chicken evenly among servings; top each serving with 1 tablespoon juice mixture.bun.

# Released this week

### OBLIVION



Tom Cruise stars in Oblivion, an original and groundbreaking cinematic event from the visionary director of TRON: Legacy and producers of Rise of the Planet of the Apes. On a spectacular future Earth that has evolved beyond recognition, one man's confrontation with the past will lead him on a journey of redemption and discovery as he battles to save mankind.

2077: Jack Harper (Cruise) serves as a security repairmen stationed on an evacuated Earth. Part of a massive operation to extract vital resources after decades of war with a terrifying alien threat who still scavenges what's left of our planet, Jack's mission is almost complete. In a matter of two weeks, he will join the remaining survivors on a lunar colony far from the war-torn world he has long called home. Living in and patrolling the breathtaking skies from thousands of feet above, Jack's soaring existence is brought crashing down after he rescues a beautiful stranger from a downed spacecraft. Drawn to Jack through a connection that transcends logic, her arrival triggers a chain of events that forces him to question everything he thought he knew. With a reality that is shattered as he discovers shocking truths that connect him to Earth of the past, Jack will be pushed to a heroism he didn't know he contained within. The fate of humanity now rests solely in the hands of a man who believed our world was soon to be lost forever. PG-13, 2 hr. 5 min.

#### **TO THE WONDER**

To The Wonder tells the story of Marina (Kurylenko) and Neil (Affleck), who meet in France and move to Oklahoma to start a life together, where problems soon arise. While Marina makes the acquaintance of a priest and fellow exile (Bardem), who is struggling with his vocation, Neil renews a relationship with a childhood sweetheart, Jane (McAdams).

Bold and lyrical, the film is a moving, gorgeously shot exploration of love in its many forms. Written and directed by Terrence Malick.R, 1 hr. 52 min.

# Girlfriend must rethink relationship with cheater

**DEAR AMY:** Three months ago I called off an engagement and have finally been able to move on from that relationship. I decided to ask out a woman who has been in my

life for some time. She always hesitated to date me because of my colorful past, but she finally agreed to a date. The same day she told me that she was ready to give it a shot, I met an amazing woman, and I can't stop thinking about her. We have similar interests and backgrounds, but there are a lot of unknowns. The first woman is a terrific woman from a great family, and I've been trying for years to get



her to go out with me. I am not sure what to do. I don't like the idea of seeing both women at the same time; it just doesn't seem moral to me. — Conflicted

**DEAR CONFLICTED:** The way to handle this is to be transparent. This means that when you ask out 'Woman A,' you invite her to be your dinner partner, not your relationship partner. The same goes for 'Woman B.' Don't plunge headlong into sexual/emotional relationships with these women. Get to know them. Then make a choice about what you want and who you want to be with — and hope the person is also interested in being in an exclusive relationship with you.

**DEAR AMY:** I am being pulled in many directions. I am in my late 50s and have a parttime job, which I like. However, I am an only child with a mother who is terminally ill. I have a grown daughter with emotional problems who is currently unemployed. My husband is semiretired, and he would like to spend more time with me. Also, one of my dogs is dying of cancer. I am already on antidepressants, but there are some days that I wish I could just crawl into a hole and never come out. Is there anything I can do to make my situation more bearable? — Overwhelmed

**DEAR OVERWHELMED:** These stressful and sad times call for 'self-care,' and the most basic way to take care of yourself is to get help. Perhaps your daughter could be more helpful with your mother. Rather than see your husband as yet another person tugging on your sleeve, you should enlist him in your efforts to balance your compelling and competing family pressures. If you two worked as a team, you would feel less depleted because every day you would know that there was somebody out there who has your back. No one can shoulder the personal grief of losing a parent (or a pet) for you, but if this burden is shared, you will feel less stressed, depressed and alone.



iPhone tip of the week



# Switch shooting directions In panorama

Tap the arrow in Panorama mode to switch the shooting direction so you can take a panorama picture from left to right or right to left.





DEAR DR. DONOHUE: I have herpes. I am a 28-year-old woman who never previously had a venereal disease. I am shocked to have one now. I have always been careful about choosing my male partners. I can't believe this has happened to me. Will this affect my chances of having children? What do I do about having sexual relations? — M.N.

**ANSWER:** You have to put herpes infection in perspective. Many people are infected. It's estimated that 50 million Americans have the virus. All of them are free to marry and have children. As for sexual relations, be honest with your partners about having been infected. You should not have relations when you have a recurrent outbreak. Recurrences lessen in frequency with the passage of time. It still is possible to transmit the virus without a visible outbreak, but condom use then lessens the probability of passing the virus to others. The herpes virus comes in two varieties: herpes simplex virus type 1, HSV-1; and herpes simplex virus type 2, HSV-2. HSV-1 is responsible for cold sores (fever blisters). HSV-2 is the cause of genital infections. However, either virus can lead to genital infections (and cold sores). HSV-1 is becoming a more frequent cause of genital infections. Skin-to-skin contact is the method of transmission. A first outbreak of genital herpes may cause fever, headache, muscle pain, pain on urination and enlargement of groin lymph nodes. In men, an outbreak of small blisters appears on the penis. In women, the same happens in the vagina and on the external genitals. The blisters turn into sores. The sores heal in one to two weeks. Some infected people never have any visible manifestations of infection, but they are able to transmit the virus. About one-third of people never experience a recurrence. Another third have less than three outbreaks a year. The final third have more than three yearly outbreaks. People can spread the virus even when there are no obvious signs of infection. Acyclovir (Zovirax), famciclovir (Famvir) and valacyclovir (Valtrex) shorten an outbreak. If recurrences are frequent, these medicines can be used on a daily basis to suppress them.

